

8 March

Lent 3

1100 Soberton: Holy Communion & Sunday Club *DL*
 1100 Hambledon: Holy Communion *RES*

10 March

0800 Hambledon: Morning Prayer

11 March

0930 Hambledon: Holy Communion *SM*

12 March

0800 Hambledon: Morning Prayer

15 March

Lent 4 Mothering Sunday

1100 Soberton: Holy Communion *RES*
 1100 Hambledon: Service of the Word/Family Service *RH*
 1830 Hambledon: Taizé *LM*

COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

POST COMMUNION PRAYER

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

PRAYERS

The Christian Church throughout the world: All worshipping communities, especially those of the Barn Church and those being baptised in the sea at Southsea today: All those attending and leading Lent Groups in the area: All world leaders trying to bring peace, particularly in the Middle East, Ukraine and Russia: All who are ill in mind, body or spirit, whether at home, in care homes, hospice or hospital. In our cycle of prayer we pray for those who live in Kiln Hill, Kingsmead (Soberton and Newtown) and Speltham Hill (Hambledon).

READINGS

8 March

OT Exodus 17.1–7
P Psalm 95
NT Romans 5.1–11
G John 4.5–42

15 March

Mothering Sunday: *Lent 4:*

OT 1 Samuel 1.20–end 1 Samuel 16.1–13
P Psalm 127.1–4 Psalm 23
NT Colossians 3.12–17 Ephesians 5.8–14
G John 19.25b –27 John 9

Rev. Liz Quinn (Associate Priest of the Benefice of Hambledon, Soberton and Newtown, Meon Valley Parishes)

07518 247637 revliz7@icloud.com

Usual working days are Tuesday, Wednesday and Sunday

Rev Liz will remain on compassionate leave until Maundy Thursday. If you wish to send a message, or have a question, please pass it to her husband Paul, who will communicate with Liz when she is available. paul.quinn53@btinternet.com



**Monday 9 March 10am-5pm
 UKRAINIAN EGG PAINTING COURSE
 Soberton**

There are a couple of spaces available on this course, which takes place at St. Peter's. Full details on the attached flyer, or contact Jackie Hunt: jack@swallow2.plus.com

Thursday 12 March 4pm – 5.30pm

LENT COURSE Draw Near: How do we draw near to God?

Continuing the course, we shall meet at 2 George Cottages on Thursdays. All are welcome. For further details contact Betty: 02392 632425

Sunday 15 March 6.30pm

Please join us for a service of prayer and song in the tradition of Taizé in the Church of St Peter & St Paul, Hambledon. For further details contact Louise Millard: 023 9263 2485 or 07717 132433.



NEWS FROM THE DIOCESE

The latest update from the Diocese can found here:

[The Portsmouth Diocese eBulletin](#)



MEON VALLEY PARISHES LENT COURSE 2026 SPIRITUAL GIANTS

Paterson Centre, Swanmore

27 February – 27 March

All welcome. No previous knowledge necessary. Please check the calendar below carefully as we have had to adapt due to our own commitments and the availability of the Paterson Centre. All sessions are in The Paterson Centre apart from Wednesday 18 March*. Tea/coffee will be served from 11.15am and 7.15pm. Each session will stand alone so you don't have to attend all five. You can come to either session in any week so can ring the changes depending on your commitments. Full details, with reading material, can be found in the attached brochure. Please read ahead so you come prepared.

Session 1

St Ignatius of Loyola, Kathy O'Loughlin

Friday 27 February 11.30 – 1pm *This session will only run once*

Session 2

St Francis and St Clare, Jill Kingston

Wednesday 4 March 7.30 – 9pm

Friday 6 March 11.30 – 1pm

Session 3

St Cuthbert and St Cedd, Nick Whitehead

Wednesday 11 March 7.30 – 9pm

Friday 13 March 11.30 – 1pm

Session 4

St Benedict, Hazel Whitehead

*Wednesday 18 March 7.30 – 9pm in Barnaby's

Friday 20 March 11.30 – 1pm

Session 5

St Julian of Norwich, Ruth Schofield

Wednesday 25 March 7.30 – 9pm

Friday 27 March 11.30 – 1pm

THE MEON VALLEY FOOD BANK

07956 375447 www.meonvalleyfoodbank.co.uk

Locally, donations can be dropped off at The Peoples' Market, Hambledon. A list goes up regularly and there's a basket outside the shop, or inside if raining. Donations can also be taken to: Bishops Waltham: Sainsburys, Co-op, St Peters Church, Jubilee Hall, Curdridge: St Peters Church, Upham: Blessed Mary Church, Whiteley: Marks and Spencer, Wickham: Community Centre and the Co-op, Park Gate: Robinson Reade Estate Agents.

Items currently low on stock:

*tinned meat meals, tinned tomatoes
stir in pasta sauces (in plastic tubs not jars)
tea bags, toothpaste*

The following items are always needed:

*small (500g) bags of sugar, tinned meat meals
washing tablets (non-bio), tinned fruit,
tinned vegetables*

From **3 March BARN CHURCH** are running a Bible's Basic course during Lent. More information can be found on the website: www.barnchurch.uk

