



**Sunday 22<sup>nd</sup> March 2026**  
**5<sup>th</sup> Sunday of Lent; Passiontide begins**

<p><b>Sunday 22<sup>nd</sup> March</b> <b>5<sup>th</sup> Sunday of Lent</b> <b>Passiontide begins</b></p>	<p><i>8.30 am Holy Communion (Traditional language)</i> <i>President: Rev Brian Ruddock</i> <i>preacher: Rev James Spanner</i></p> <p><i>10.00 am Sung Eucharist</i> <i>President: Rev Natalie Bawcutt</i> <i>preacher: Rev James Spanner</i></p> <p><i>Readings: Romans 8:6-11, John 11:1-45</i></p>
<p><b>Collect</b></p>	<p><i>Most merciful God,</i> <i>who by the death and resurrection</i> <i>of your Son Jesus Christ</i> <i>delivered and saved the world:</i> <i>grant that by faith in him who suffered on the cross</i> <i>we may triumph in the power of his victory;</i> <i>through Jesus Christ your Son our Lord,</i> <i>who is alive and reigns with you,</i> <i>in the unity of the Holy Spirit,</i> <i>one God, now and for ever.</i></p>
<p><b>Post Communion</b></p>	<p><i>Lord Jesus Christ,</i> <i>you have taught us</i> <i>that what we do for the least of our brothers and sisters</i> <i>we do also for you:</i> <i>give us the will to be the servant of others</i> <i>as you were the servant of all,</i> <i>and gave up your life and died for us,</i> <i>but are alive and reign, now and for ever.</i></p>

**\*\*\* What's on \*\*\***

<b>Monday 23<sup>rd</sup> March</b>	4.00 pm Monday Rocks (church)
<b>Tuesday 24<sup>th</sup> March</b>	12.30 pm Noah's Ark (church hall)  2.15 pm 0-5s worship (church)  4.30 pm Bolders (church hall)
<b>Wednesday 25<sup>th</sup> March The Annunciation</b>	8.30 am Coffee Break (church hall)  10.00 – 12.00 noon Pantry (church hall)  11.00 am Holy Communion President and preacher: Rev Edward Jervis  Hebrews 10:4-10, Psalm 40:5-11, Luke 1:26-38
<b>Friday 27<sup>th</sup> March</b>	7.00 pm Choir practice
<b>Sunday 29<sup>th</sup> March Palm Sunday</b>  <i>Beginning in the church hall and processing to church for those who are able.</i>	8.30 am Holy Communion (Traditional language) President: Rev Natalie Bawcutt; Passion Gospel  10.00 am All Age Eucharist President: Rev Natalie Bawcutt; Passion Gospel  Readings: Liturgy of the palms – Matthew 21:1-11 Liturgy of the Passion – Philippians 2:5-11, Matthew 27:11-54

**Morning Prayer: There will be no morning prayer on Monday 23<sup>rd</sup> March.** Morning prayer is usually at 9.00 am Monday, Wednesday, & Thursday. (Not on Bank Holidays)

**Private Prayer:** The church will open for private prayer on Monday, Tuesday, Thursday, Friday and Saturday this week between 10.30 am – 12.00 noon.

**Parish Prayer Time (PPT)** will meet in the Church on Monday mornings at 9.30 am, (following Morning Prayer). Parish Prayer Time lasts about 40 mins and usually starts with a shared scripture passage or words of encouragement to lead us into prayer for the Parish, the world and individuals who have requested our prayers.

**Please remember in your prayers:** Wendy Turner, Tracy Howman, Rosemary Colwell, Isla, Gordon and Bridget Dustan, Anne Springham, Keith Worrall, Penny Godwin, Anna Waterman, Gina Broadhead, John Harding, Anne Foster, Peter Watson, Steve

*If you wish a name to be included, please let Natalie in the office know. The list will be refreshed again soon, if you wish a name to be kept on after next week, please let us know.*

**Years Mind:** Bob Richardson (2009), Dawn Lindsey (2019), Denise Hill (2025), Barbara Alexander (2013), Norman Gilmore (1996), Derek Fox (2016), Andrew Robson (1974), Frederick Evans (2014), Joy Syms (2006), Jessie Merry (2017), Nora Tizzard (2006), John Thomas (2016).

**Temporary Volunteer(s) needed** - Hazel, our hall cleaner, is away the week of 23rd March and we are looking for one or two volunteers to empty the bins and stock up the toilet rolls/soap/paper towels etc. This would be every day over the week (about 30 mins) If you are able to help out please contact Christopher Simmance.

**Seasight - April Edition.** This will be ready for collection by distributors from the Church Office next Wednesday and also available at the back of the Church and in the Church Hall for those not subscribing.

*Seasight Team.*

**Good Friday Walk of Witness** – 3<sup>rd</sup> April; this will be starting at 10.45 am from the Methodist church.

**Pantry:** It was the Pantry Social this Wednesday. COOK kindly gave us Chilli con Carne, which we served with potato wedges, scrumptious! It was a lovely atmosphere as our Pantry users shared a meal together. Hazel from Citizens Advice was a great help to several from our community. Next week we will have Energy Efficiency Advice, AA and Breakeven Gambling Support on hand to have a chat over coffee with anyone who might need a bit of help. We had 73 households use your Church Pantry so we could use your help to restock. If you would like to help, we are very short of milk, pasta sauce, teabags, tinned fruit, custard and toiletries please. As always, thank you so much for your support each week. *The Pantry Team*

**At the Quiet Morning** (thank you to everyone who helped and who came to it), people were invited to take a pebble away with them and keep it with them during Lent, to hold or feel or rub when feeling anxious or concerned. There are some pebbles left if you'd like to take one today. You are asked to decorate them and bring them back at Easter to lay at the foot of the cross, as we are able to lay our cares at Jesus' feet.

**Easter Breakfast** – following the Son/sun-rise service on Easter day (5<sup>th</sup> April @ 6.15 am) we will be offering breakfast in the hall – fruit juice, tea/coffee and a choice of a bacon or sausage sandwich. If you would like to come, please let one of the Social Team have your name and preferred option. There is a suggested donation of £5.00.

*Carrie, Jan, Joanna, Lisa, Sarah*

**Quiz night with a fish and chips supper –  
Saturday 25<sup>th</sup> April @ 7.00 pm**

Tables of six only; tickets are £15 each and available from the Social group today. Please bring your own cutlery and drinks. There will be a raffle on the night. Categories – not giving too much away, but the categories will be loosely related to aspects of our worship or church. That is not to say the answers will all be hymns! Get thinking!

*Carrie, Jan, Joanna, Lisa, Sarah*

**Cake and care for children**

Thank you to Barbara for the delicious cakes after last Sunday's morning service. Thank you to those who made a donation which has been sent via Links which Nicci intends to use to provide life-saving antibiotics and antimalarials for children on the ward at Al Sabbah, Juba, South Sudan.

**Solar Panels** – as agreed by the PCC, we are currently applying to have solar panels installed on the flat roof of the church (south side). These will not be visible from ground level and have been carefully considered by the PCC, our architect and Diocesan advisors. It would be really helpful for our application if you are able to give your support as this is an important part of journey of faith caring for our planet. Long term, we hope it will also help with our energy bills. You can do this by clicking on the link below and following the steps (press enter comment). Closing date for this is the 20<sup>th</sup> April. Thank you.

<https://www.l.arun.gov.uk/aplanning/OcellaWeb/planningDetail?reference=R/37/26/PL>

## **Generosity**

A huge thank you to everyone who supports the church by using the Parish Giving Scheme (PGS); it relieves the finance team of a lot of work claiming back the gift aid and ensures the church has a regular income for all its vital work and daily expenses. If you do give via PGS you could put a token in the offertory plate to signify this on your way into church, if you wish, which would then be taken to the altar for a blessing. The tokens are next to the offertory plate.

Easy Fundraising ([www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)) is a simple and free way to give to the church; there will be a presentation in the spring re this but meantime do go to the website and choose Parish church of St Peter and St Paul's Rustington as your chosen charity and encourage family and friends to do the same.

We do hope some of you are attempting the 40 acts of kindness and feel blessed by your actions during this Lenten time.

*The Generosity group*

## **Mission Matters**

Pray for South Sudan and our CMS Mission Partner Nicci Maxwell in Juba According to BBC News Africa the situation in South Sudan is worsening. **'Aid agencies say they are at breaking point. Life saving programmes are shutting down and more families are being displaced. The risk of cholera and famine is rising. Now there are calls for the international community to step in and push for real peace in South Sudan'**

Using Links (Act 4 You) (Project), gifts can be made to the account 'Supporting Child Health in South Sudan', account number 3209  
If you have any problems you can contact Links for assistance by phone 01903 778515 or [hello@links.charity](mailto:hello@links.charity)

**Supporting our church.** If you would like to give to the church regularly, details of the **Parish Giving Scheme** which enables the church to budget for the future are below: Ring PGS confidentially on 0333 002 1271 or go to <https://www.parishgiving.org.uk/home/> to activate regular giving. There are also forms at the back of the church or ask in the office for further information. Our parish code is 101010024.

***The notice sheet was sponsored this week by Maureen and Simon***

***“Remembering Andrew a much loved son and brother. In our prayers too, all who suffer with Cystic Fibrosis that a cure may be found”***

If you would like to sponsor the Church Notice sheet, to remember or recognise a special event or anniversary please contact the church office.

***The seven-day candle was sponsored this week by Dennis and Barbara Lock:***

***“In loving memory of our beloved daughter, Wendy on her birthday, 22<sup>nd</sup> March.”***

If you would like to sponsor the seven-day candle that is in the chancel next to the Reserved Sacrament, in memory of someone, or for a special event or anniversary, please contact the Church office.

Material for **Sunday 29<sup>th</sup> March 2026** should reach the church office by **10.00 am Wednesday 25<sup>th</sup> March 2026** and be sent to [sarahlouisegc@gmail.com](mailto:sarahlouisegc@gmail.com) Please note the change of address for the time being as I am having technical issues with outlook!

# Easter



## at St Peter and St Paul

### **Palm Sunday 29<sup>th</sup> March**

8.30am Holy Communion  
(traditional language)

10.00am Sung Eucharist (livestreamed)  
*Beginning in the church hall.*

### **Holy Monday, Tuesday, Wednesday**

7.00pm Compline and Talk  
(no Holy Communion on  
Wednesday morning)

### **Maundy Thursday**

7.00pm The Liturgy of Maundy Thursday  
and Vigil (to 9.15pm)

### **Good Friday**

10.45am Churches Together Walk of  
Witness (*begins at the Methodist church*)  
1.30pm The Liturgy of Good Friday

### **Easter Sunday**

6.15am Sunrise Service (on the beach)  
10.00am Celebration Communion  
(livestreamed)

Registered Charity Number 1133812



**Vicar: Reverend Natalie Bawcutt (Day of rest - Friday)**

**email: [vicar@rustingtonparish.church](mailto:vicar@rustingtonparish.church)**

**Telephone number: 07485 298145**

**Church Wardens: Jean Bulley & Henry Bott**

**Children and families worker: Gill Renny**

**email: [families@rustingtonparish.church](mailto:families@rustingtonparish.church)**

**Safeguarding Officer: Keith Henderson**

**email: [safeguarding@rustingtonparish.church](mailto:safeguarding@rustingtonparish.church)**

**Church Office: Natalie Stone -**

**Weds, Thurs, Fri 10.00 am – 12.00 noon**

**Rustington Church Hall, 77 The Street, Rustington,  
BN16 3NL**

**email: [admin@rustingtonparish.church](mailto:admin@rustingtonparish.church)**

**Website: [www.sspeterandpaul-rustington.org.uk](http://www.sspeterandpaul-rustington.org.uk)**

**Tel: 01903 850509**

**Registered Charity Number 1133812**

