

## Up Coming Events

**Saturday, March 28th ;  
Chrism Mass at  
Guildford Cathedral,  
Easter Sunday Lunch  
at the Collingwood  
Hotel and Tuesday,  
April 21st at 7.00pm,  
'Joint Catholic  
Societies Mass' with  
Confirmation,  
celebrated by our  
bishop, Bishop Luke.**

Email: [simonjcooke@outlook.com](mailto:simonjcooke@outlook.com)

Email me two weeks in advance with any events,  
please.



*St. Ambrose  
The Parish Church of Westbourne  
Palm Sunday*

**511, 82, 86, 83 & 95**



The Nicene Creed can be found on page 562  
of your New English Hymnal

**A reading from the Prophet Isaiah 50.4-9a**

The Lord God has given me  
the tongue of those who are taught,  
that I may know how to sustain with a word  
him who is weary.  
Morning by morning he awakens;  
he awakens my ear  
to hear as those who are taught.  
The Lord God has opened my ear,  
and I was not rebellious;  
I turned not backwards.  
I gave my back to those who strike,  
and my cheeks to those who pull out the beard;  
I hid not my face  
from disgrace and spitting.  
But the Lord God helps me;  
therefore I have not been disgraced;  
therefore I have set my face like a flint,  
and I know that I shall not be put to shame.  
He who vindicates me is near.  
Who will contend with me?  
Let us stand up together.  
Who is my adversary?  
Let him come near to me.  
Behold, the Lord God helps me;  
who will declare me guilty?  
Behold, all of them will wear out like a garment;  
the moth will eat them up.

**Thanks be to God**

**SUNDAY SERVICES**

8:00 a.m. **Said Mass** (Book of Common Prayer)

10:00 a.m. **Sung Mass** (Common Worship)

4:00 p.m. **Evensong** (Book of Common Prayer) followed, on the second Sunday of the

month, by **Benediction**

**WEEKDAY SERVICES**

8:45 a.m. **Said Mass** (Common Worship) is

offered daily in the Lady Chapel.

There are occasional variations (such as when a Society is hosting a mid-morning public Mass) but these are well advertised.

*For full details see the noticeboards or the Facebook Page.*

5:30 p.m. **Evening Prayer** (Common Worship) is said daily in the Lady Chapel.

On

Wednesdays this is preceded by the

**Rosary**

at 5 p.m.

As they went out, they found a man of Cyrene, Simon by name. They compelled this man to carry his cross. And when they came to a place called Golgotha (which means Place of a Skull), they offered him wine to drink, mixed with gall, but when he tasted it, he would not drink it. And when they had crucified him, they divided his garments among them by casting lots. Then they sat down and kept watch over him there. And over his head they put the charge against him, which read, "This is Jesus, the King of the Jews." Then two robbers were crucified with him, one on the right and one on the left. And those who passed by derided him, wagging their heads and saying, "You who would destroy the temple and rebuild it in three days, save yourself! If you are the Son of God, come down from the cross." So also the chief priests, with the scribes and elders, mocked him, saying, "He saved others; he cannot save himself. He is the King of Israel; let him come down now from the cross, and we will believe in him. He trusts in God; let God deliver him now, if he desires him. For he said, 'I am the Son of God.'" And the robbers who were crucified with him also reviled him in the same way.

Now from the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" And some of the bystanders, hearing it, said, "This man is calling Elijah." And one of them at once ran and took a sponge, filled it with sour wine, and put it on a reed and gave it to him to drink. But the others said, "Wait, let us see whether Elijah will come to save him." And Jesus cried out again with a loud voice and yielded up his spirit.

And behold, the curtain of the temple was torn in two, from top to bottom. And the earth shook, and the rocks were split. The tombs also were opened. And many bodies of the saints who had fallen asleep were raised, and coming out of the tombs after his resurrection they went into the holy city and appeared to many. When the centurion and those who were with him, keeping watch over Jesus, saw the earthquake and what took place, they were filled with awe and said, "Truly this was the Son of God!"

## Psalm 31

PRINCIPAL SERVICE

2ND SERVICE

3RD SERVICE

Palm Sunday:

4 Lent A (vs. 1-16)

Liturgy of the Passion ABC (vs. 9-16)

(or vs. 1-8)

Easter Eve ABC (vs. 1-5)

5 Easter A (vs. 1-5)

Proper 4 A (related) (vs. 19-24)

Andrew Moore

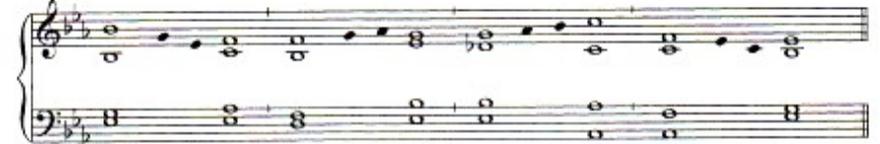
### Response

cf. v. 14

I trust in you, O Lord, for you are my God.



### Verse



G.N.

4 Have mercy on me, Lord, for I | am in trouble;  
my eye is consumed with sorrow, my soul and my | body also.  
10 For my life is wasted with grief, and my | years with sighing;  
my strength fails me because of my affliction,  
and my bones | are consumed.

5 11 I have become a reproach to all my enemies  
and even | to my neighbours,  
an object of dread to my acquaintances;  
when they see me in the | street they flee from me.  
12 I am forgotten like one that is dead, | out of mind;  
I have become like a | broken vessel.

6 13 For I have heard the whispering | of the crowd;  
fear is on | ev'ry side;  
they scheme together against me, and plot to | take my life.  
14 But my trust is in you, O Lord. I have said, 'You | are my God

7 15 'My times are in your hand; deliver me from the hand | of my enemies,  
and from | those who persecute me.  
16 'Make your face to shine u | pon your servant,  
and save me for your | mercy's sake.'

## **A Reading from the Epistle of St.Paul the Apostle to the Philippians 2.5-11**

Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but made himself nothing, taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

**Thanks be to God**

## **Hear the Gospel of our Lord Jesus Christ according to St.Matthew 27.11-54**

Now Jesus stood before the governor, and the governor asked him, "Are you the King of the Jews?" Jesus said, "You have said so." But when he was accused by the chief priests and elders, he gave no answer. Then Pilate said to him, "Do you not hear how many things they testify against you?" But he gave him no answer, not even to a single charge, so that the governor was greatly amazed.

Now at the feast the governor was accustomed to release for the crowd any one prisoner whom they wanted. And they had then a notorious prisoner called Barabbas. So when they had gathered, Pilate said to them, "Whom do you want me to release for you: Barabbas, or Jesus who is called Christ?" For he knew that it was out of envy that they had delivered him up. Besides, while he was sitting on the judgement seat, his wife sent word to him, "Have nothing to do with that righteous man, for I have suffered much because of him today in a dream." Now the chief priests and the elders persuaded the crowd to ask for Barabbas and destroy Jesus. The governor again said to them, "Which of the two do you want me to release for you?" And they said, "Barabbas." Pilate said to them, "Then what shall I do with Jesus who is called Christ?" They all said, "Let him be crucified!" And he said, "Why, what evil has he done?" But they shouted all the more, "Let him be crucified!"

So when Pilate saw that he was gaining nothing, but rather that a riot was beginning, he took water and washed his hands before the crowd, saying, "I am innocent of this man's blood; see to it yourselves." And all the people answered, "His blood be on us and on our children!" Then he released for them Barabbas, and having scourged Jesus, delivered him to be crucified.

Then the soldiers of the governor took Jesus into the governor's headquarters, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe on him, and twisting together a crown of thorns, they put it on his head and put a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" And they spat on him and took the reed and struck him on the head. And when they had mocked him, they stripped him of the robe and put his own clothes on him and led him away to crucify him.

**Please Turn over**