



# Four Ways Mission Community

St Michael East Buckland, St Paul Landkey, St James Swimbridge with the Chapel of the Holy Name Gunn, St Peter West Buckland



Sunday 1st March 2026 – Lent 2

How wonderful it is to see all the daffodils in bloom now across our Mission Community. The daffodils along the bank going up to West Buckland are mixed with snowdrops - a double blessing of joyful hope! The native British wild daffodil, is often called the "Lent lily" because it typically blooms between Ash Wednesday and Easter. They are wonderful signs of resurrection.

Spring flowers as signs of Spring often make us feel more hopeful and thankful. This second Sunday of Lent is also St David's Day and as Patron Saint of Wales, David is often remembered with daffodils. St David was known to be a joyful, inspiring follower of Christ, leaving a legacy who continues to inspire faith and pilgrimage. David's last words to his followers are said to have been: *'Be joyful, keep the faith and do the little things that you have heard and seen me do.'*

During Lent, remembering to be especially thankful and hopeful helps us to do the little things, which are such important parts of our lives and communities. Christ calls us to be thankful people as we remember God's Grace, sharing God's generosity in the world around us. We find our Lent focus through Christ's gratitude and calling as we journey together. Here's a reflection from this week's *Draw Near* CoFE Lent booklet/app:

### Thanksgiving – Lent reflection Week 1 • Wednesday

*Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.'* Luke 22.19

Every time Jesus broke bread, he expressed his gratitude in thanksgiving to his Father in heaven. But his thankfulness went beyond saying grace; it extended to every aspect of life, for Christ lived a truly thankful life.

He cultivated gratitude, trusting that his good Father would continue to provide, even when times were hard. Jesus expressed thanks not just in his prayers, but in the way he treated people with dignity, especially those who were struggling. Similarly, we are called to keep giving thanks for the many signs of God's generosity in our lives and in our world, recognising that all good gifts around us are sent from heaven above.

Thankfulness is central to the prayerful life. It should be echoed in our praying and reflected in our living. It's so important and so helpful, for gratitude that is hidden is like faith without works – it's not alive.

**Responding** - *Thank the Lord now. Show your thanksgiving. Put your hand on your mouth and ensure that today you speak your thanksgiving, and smile your thanksgiving. Even if today is tough, find something you're grateful for, and offer it in thanks.*

With thanks and prayers for you all - Cathy  
Revd Preb Cathy Scoffield - Rector, Four Ways Mission Community

The Rectory, Barnstaple Hill, Swimbridge EX32 0PH Tel: 01271 830352 revcathyscoffield@gmail.com

**Sunday 1<sup>st</sup> March – Lent 2**

**9.30am Holy Communion, Swimbridge**

**10.30am Holy Communion, Landkey**

**11.15am Holy Communion, West Buckland**

Lectionary Readings:  
Genesis 12: 1-4a; Romans 4: 1-5, 13-17;  
John 3: 1-17

**Collect – Lent 2**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

---

**Sunday 8<sup>th</sup> March – Lent 3**

**9.3am Holy Communion, East Buckland**

**9.30am Holy Communion, Swimbridge**

**10.30am Holy Communion, Landkey**

**11am Holy Communion, Gunn**

Lectionary Readings:  
Exodus 17: 1-7; Romans 5: 1-11;  
John 4: 5-42

### SOME LENT RESOURCES which you may find helpful:

[Draw Near: Life-giving habits for Lent | The Church of England](#) Bible Society: [Free daily devotionals for Lent 2026](#)

New Daylight: [Journeying through Lent](#) [Sign up for Lent 2026 weekly devotionals - Tearfund](#)