



# WELCOME

Tel: 020 8613 0295 | [www.stgeorgesperryhill.org.uk](http://www.stgeorgesperryhill.org.uk) | [parish.perryhill@outlook.com](mailto:parish.perryhill@outlook.com)

Team Rector: **Rev'd Richard Lane**

[rector.perryhill@outlook.com](mailto:rector.perryhill@outlook.com)

Vicarage: **020 3524 9301**

Scan the QR code here with your phone for an easy way to give to St George's.



**Parish Safeguarding Officer: Sara Sanbrook-Davies Mobile: 07960 963013**

## 1ST SUNDAY OF LENT

**22<sup>nd</sup> February 2026**

### HYMNS

Introit 527

Gradual Psalm Antiphon (Ps. 51)  
*Have mercy on us, Lord, for we have sinned.*

Offertory 191

Communion 150

Recessional 141



### COLLECT

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

### POST-COMMUNION PRAYER

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.

FOR OUR PRAYERS: Tony, Beryl, Corinne, Karen

RIP: Elizabeth Ward, Elizabeth Davies, Mimi Howes

## ELIZABETH WARD

Those who knew Elizabeth are warmly invited to help the family celebrate her life at a Service of Thanksgiving at St Paul's Church, Lawn Road, Beckenham BR3 1TP at 12:00 on **Tuesday 24 February**, followed by refreshments at the Bricklayers' Arms, 237 High Street, Beckenham BR3 1BN. Donations in lieu of flowers to Sightsavers, 35 Perrymount Road, Haywards Heath RH16 3BW.



## MARCH LUNCH CLUB

Our next meeting will be **Wednesday 4 March**. Sign up list available now!



## DULWICH PICTURE GALLERY

We have a new community card that gives members free entry for up to 10 people plus leader. If you would like to use the card, contact Richard or Luiza.



## OFFICE PHONE NOT WORKING

With apology, the office phone is not working at the moment. We are trying to get it fixed but please email the office or call the vicarage if you need to speak to us.

## CHURCH / GARDEN SPRING CLEAN

We will gather at 10:00 on **Saturday 28 March** to clean the church and tidy the garden. Please come and help!



## LENT 2026

Lent groups will be on Tuesday **24 February** at 12:00 and 19:30 in church. Our Lent book is *A Place of Belonging* by Lavinia Byrne. On Tuesday we are looking at chapters 1-2. Meal sign up sheet are in the lobby.



## FILM NIGHT

The Film group meets on the last Tuesday of each month. However because of Lent and Easter, our next meetings are: **Monday 23 February** and **Wednesday 25 March**.



## CHANGE OF EMAIL ADDRESSES

With apology, our new emails are:  
parish.perryhill@outlook.com  
rector.perryhill@outlook.com



## PARISH WEEKEND AWAY

This year's weekend at **Wychcroft** is on **Friday 5 June to Sunday 7 June**. Cost is £210 for adults and half-price for children. Please sign the list if you'd like to come.

## HOLY WEEK SERVICES

### ***Sunday 29 March***

Palm Sunday with procession 10:00

### ***Monday 30 March***

Stations of the Cross 19:30

### ***Tuesday 31 March***

Stations of the Cross 19:30

### ***Wednesday 1 April***

Agape Meals 12:00 & 19:30

### ***Thursday 2 April***

Maundy Thursday Eucharist 19:30

### ***Friday 3 April***

Good Friday workshop 09:30 – 11:30

Good Friday service 13:00 – 15:00

### ***Sunday 5 April***

Vigil & Easter Liturgy 05:30

Family Communion 10:00



## WORLD DAY OF PRAYER 2026

The service this year is **Friday 6**

**March, 10:30**, at the Grove Centre on Jews Walk, Sydenham SE26 6PL. All are welcome.



## QUIET DAY

There will be a Quiet Day on **Saturday 28 February** from 10:00 to 15:00 led by Father David Vyvyan, from St Saviour's. It will take place at St Philip the Apostle, 11 Coombe Road, SE26 6QW and it is on the 202 and 356 bus routes. You can contact Fr Chika for more details: [chika4christ@yahoo.com](mailto:chika4christ@yahoo.com).

## EVENTS THIS WEEK

### ***Monday 23 February***

Church: 19:00 - Meditation group

**Studio: 19:30 – Film Group**

### ***Tuesday 24 February***

Church: 09:30- Morning prayer

Church: 10:30 – Eucharist

**Church: 12:00 & 19:30 – Lent Group**

Church: 18:00 – Brownies

### ***Wednesday 25 February***

Hall: 18:00 - Cubs, 20:00 – Scouts

Studio: 19:30-20:30 - Yoga class

### ***Thursday 26 February***

Hall: 18:15 - 19:15 – Beavers

### ***Saturday 28 February***

Church: 09:30 - Morning Prayer

**St Philip's: 10:00 – Quiet Day**

Studio: 11:00-12:00 - Yoga class

Studio: 14:30 - 15:30 - Outside group

### ***Sunday 29 February***

Church: 10:00 – Eucharist

Studio: 14:00 - 16:00 - Outside group

## UPCOMING EVENTS

### ***Tuesday 24 February***

**Church: 12:00 & 19:30 – Lent Group**

### ***Tuesday 3 March***

Church: 10:30 - Healing Service

**Church: 12:00 & 19:30 – Lent Group**

### ***Wednesday 4 March***

**Church: 13:00 - Lunch Club**

### ***Friday 6 March***

**Grove Centre: 10:30 – World Day of Prayer service**

## **OT: Genesis 2: 15 – 17; 3: 1 - 7**

**2** <sup>15</sup> The Lord God took the man and put him in the garden of Eden to till it and keep it. <sup>16</sup> And the Lord God commanded the man, 'You may freely eat of every tree of the garden; <sup>17</sup> but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

**3** Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' <sup>2</sup> The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; <sup>3</sup> but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" <sup>4</sup> But the serpent said to the woman, 'You will not die; <sup>5</sup> for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' <sup>6</sup> So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup> Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.



## **GOSPEL: Matthew 4: 1 - 11**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

<sup>2</sup> He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup> The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' <sup>4</sup> But he answered, 'It is written,

"One does not live by bread alone, but by every word that comes from the mouth of God."

<sup>5</sup> Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup> saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",

and "On their hands they will bear you up, so that you will not dash your foot against a stone."

<sup>7</sup> Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."

<sup>8</sup> Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup> and he said to him, 'All these I will give you, if you will fall down and worship me.' <sup>10</sup> Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God, and serve only him."

<sup>11</sup> Then the devil left him, and suddenly angels came and waited on him.