

DEADLINE DATE the deadline date for the magazine is the **10th** of each month

Email parishnews888@btinternet.com
ADVERTISING IN THE MAGAZINE IS AVAILABLE

March

- 7th Preloved Book Fayre St Mary's High Hesket
- 7th Court Thorn Coffee morning 10.30am to 2pm at the surgery
- 9th Skelton Toppin Memorial Hall AGM—Toppin Memorial Hall 7pm
- 9th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 21st Open Sports Day, Skelton Toppin memorial hall—10 am—2.00 pm
- 21st Ivegill village hall - Soup & Puddings 12—2pm
- 23rd Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 24th Anna Chaplaincy Tea Service Skelton Methodist Chapel 2.30pm
- 27th St Mary's High Hesket Coffee Morning
- 27th Eden Valley Flix Ainstable Institute— The Choral 7pm

April

- 2nd Low Hesket Village Hall Easter egg bingo 7 pm.
- 4th Easter Vigil Service with bonfire at Ainstable Church 7.30pm.
- 13th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 18th John Rutter Ensemble 'Songs for Spring' Ainstable Church 7pm
- 19th John Rutter Ensemble 'Songs for Spring' Hutton Church 2.30 pm
- 19th Old School Hall, Armathwaite—Spring Fayre
- 23rd St Michael's Church, skelton—Butties at cherry Tree House, Skelton 12 noon.
- 24th St Mary's High Hesket Coffee Morning
- 24th St Mary's High Hesket Flower demonstration - David Ryland
- 25th Old School Hall Armathwaite— Live music Arthur Coates and Kerran Cotterell
- 27th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 28th Anna Chaplaincy Tea Service Skelton Methodist Chapel 2.30pm

May

- 11th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 16th Old School Hall Armathwaite— Live music—The Hoo
- 25th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm

June

- 4th Low Hesket village hall Cheese and Wine social
- 6th Old School Hall Armathwaite— big lunch
- 8th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 14th Afternoon teas in All Saints Church, Calthwaite.
- 22nd Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 27th Armathwaite Open Gardens
- 28th Armathwaite Open Gardens

CONTINUED ON PAGE 19

INGLEWOOD NEWS AND NOTES

"The local magazine for the communities
of the Inglewood Benefice & surrounding areas"



March 2026

The Parish news and notes is produced for the community by
THE INGLEWOOD GROUPS OF CHURCHES
 In the Diocese of Carlisle.

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Ainstable	Fiona Macaskill	07941939594		
Armathwaite	Ken Bonsor	016974 72054	Jenny Roscoe	016974 72383
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Hesket	Alma Littlefair	016974 73998	Jill Campbell	016974 73183
Hutton	Lord Inglewood	017684 84500	Myles Walker	017684 84193
Skelton	Jim Mills	017684 84446	Rachel Jones	017684 84170
Plumpton	John Harris	07775 755680		

Anna Chaplains: Jim & Kathryn Mills (Skelton): 017684 84446
 Carol Smithers (Ainstable and Armathwaite) 07584 257870

Associate Priest: Canon Brian Dawson: 016974 73069

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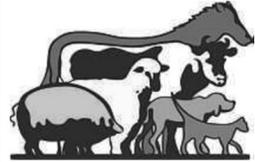
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Notes from the Vicar....

Mothering Sunday falls this year on Sunday 15 March. There is some confusion about the origins of Mothering Sunday, but its place in Lent probably has very ancient roots. Long before Christianity, both the ancient Greeks and Romans held spring festivals to honour motherhood and new life. When the Church became established in Britain, although the focus shifted to the church, some customs were retained, such as giving cakes and flowers.

After the Norman Conquest, a tradition developed of visiting the Mother Church or Cathedral of the diocese. This allowed people from different parishes to meet one another, though it is custom now largely forgotten. A later and more familiar explanation comes from the 18th and 19th centuries, when domestic servants were given a day off to return home to visit their families and their mothers. This usually included worship at the *local Mother Church*, not necessarily a cathedral but the principal church in the area. For example, St Mary the Virgin, Heskett, was once the mother church for Calthwaite parish.

In 1913 a movement began to reclaim the day for the Church, resisting its increasing secularisation and encouraging people to attend church before visiting their mothers with gifts. The Church still seeks to hold on to the deeper meaning of the day. However, we impoverish Mothering Sunday if we restrict 'mothering' only to biological mothers. We want to give thanks for all those who care for us, nurture us and show us love – whether parents, grandparents, friends, teachers or neighbours – while still recognising that for some people this can be a difficult and painful day.

Mothering Sunday therefore holds together several meanings at once: care for our human mothers, care for those who have acted as mothers to us, and care for the Church as our spiritual home. It is a reminder that faith is not only about belief but about nurture, patience and daily acts of love. In a world where families take many different shapes, the idea of "mothering" can help us value relationships of care wherever they are found. The day also points us back to our roots, encouraging us to think about where we belong and who has shaped us. In this way, Mothering Sunday becomes not just sentimental, but a moment for gratitude and reflection. We will be celebrating Mothering Sunday in our services across the Benefice on ****15 March****, and you are very welcome to join us as we give thanks for those who have mothered us, for our Mother Church, and for God who is also like a mother to us. If this is a day you find hard, please let one of the churchwardens or myself know and we will be glad to pray for you.

continued

March is still within the season of **Lent**, and our Lent prayer groups continue on Wednesday evenings and Thursday mornings. The Thursday group meets in the vicarage; the Wednesday evening group meets at Alma Littlefair's house (with apologies to Alma for getting her name wrong in the last Parish News). If you would like to learn more about prayer but cannot attend a group, there is also an excellent course available from 24/7 Prayer online at prayercourse.org

Messy Church is our occasional family-orientated gathering. We meet in Armathwaite Old School Hall for crafts, then walk up to the church for a short, informal service (a reading, some songs and simple musical instruments), followed by a children's lunch. Parents and children (especially ages 1-8) are very welcome. It is a great way to connect with church in a relaxed atmosphere. You'd be most welcome to join, please get in touch with me or one of the Armathwaite church wardens for more information.

You can also find us on Facebook as **Inglewood Benefice**, and online at **A Church Near You – Inglewood Benefice**.

It always surprises me how hard it is to choose images for the front cover which are free from copyright. If you, or someone in your family, would like to offer a simple drawing for any of our magazines which is either 'original' or copyright free, it would be gratefully received! May you find blessings this Mothering Sunday and throughout the season of Lent.

Allison

ST MARY'S CHURCH HIGH HESKET

Our door is open every day from 10 - 3.30pm come along, reflect on your day or just enjoy the peacefulness of our church. We have a Contactless Donation machine situated on the bench at the back of church. If you'd like a coffee or a book or would just like to give something Just tap your card on the machine and it will be greatly appreciated.

ST. MARY'S CHURCH, HIGH HESKET; FOODBANK COLLECTION POINT

St.Mary's Church is open daily from 10.00 a.m. to 3.30p.m. for anyone living locally to drop off items for Carlisle Foodbank. The tub for donated items is in the porch. There is very real ongoing financial hardship for many families now, so please support this extremely important cause as much as you can. Even a single item will make a difference. So please contribute what you can. All donations including food items, toiletries, household products and pet foods are needed, and are regularly forwarded to Carlisle Food Bank for distribution. Your support is and will be greatly appreciated. Thank you



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CAN YOU PLEASE HELP? St. Mary's PCC is looking for someone to become our Treasurer, the books are in good order and you do not need to become a member of the PCC. We would be grateful for someone who may be interested in giving us their support and so can we invite you to have a chat with either the Vicar or Churchwardens please.

Book Club Come and join us every 2nd Wednesday of the month from 2pm to 4pm and tell us about the book you're currently reading or have read or just come for a listen! There's always good discussions! Our next meet up is on Wednesday 11th March and Wednesday 8th April at Low Hesket Village Hall. £2 entry for drinks & biscuits.

St Mary's Church High Hesket Coffee Morning

is on Friday 27th March
from 10am to 11.30am.

Thank you to our wonderful supporters
We look forward to seeing you

Good Companions Monday 9th March the guest speakers are from the Sight support group in Carlisle. Following the A GM in February, the Subs will remain the same at £10. The 1st outing is Wednesday 15th April for lunch at the White Heather stopping in cockermouth /Lakeside for coffee. Other trips suggested are Edinburgh/ Royal yacht Britannia, Harrogate, Hope town railway museum, all trips will now be £15 due to the cost of coach hire more information at the next meeting

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LOW HESKET VILLAGE HALL NOTICES

Booking The Hall The hall is available for anyone to book for parties, christenings, coffee mornings, meetings etc. To check availability and prices please email lowhesketvillagehall@gmail.com

100 Club Winners

February 2026 89 - Cynthia Green 76 - Gail Ewin 79 - Gill Winspear
Subscriptions for the new 100 club year are now due. If you want to renew your number(s), please forward money to Christine Steel as soon as possible. Cost per number is £12. Anyone wanting to join the 100 Club or would like further information please email lowhesketvillagehall@gmail.com

Village Hall AGM Everyone welcome, Monday 13th April at 7pm The village hall is a great asset to the community and is available for anyone to use. It is managed by a very small committee, and we are looking for new members. Anyone interested in joining the committee or with ideas of events you would like the hall to be used for, please come along to the AGM and see what we do, even if you decide after the meeting that it's not for you. Further info from Christine Steel 07519 875822

Cuppa & Cake – 2nd Friday of the month 2pm - 3.30pm in the village hall
Admission £2.50. Info from Christine Steel 07519 875822 Next dates 13th March & 10th April

Easter Egg Bingo

Thursday 2nd April, 7pm in the village hall

Fun for all the family Admission - adults £1, children 50p (includes light refreshments) Bingo books sold separately. Donations of Easter eggs greatly received.

More info from Christine Steel 07519 875822

Upstairs Snooker Room The next improvement for the village hall is to renovate & insulate the snooker room. This is not a small job. We are looking for a local firm to take on this project. Anyone interested in tendering a quote please email lowhesketvillagehall@gmail.com or call Christine Steel on 07519 875822 to have a look and discuss our plans.

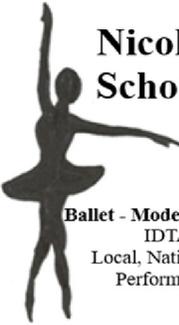
Save The Date

4th June - Cheese & Wine Social Evening

4th September - Quiz night with pie & pea supper

25th October - Christmas Shopping Afternoon

11th December - Christmas Bingo



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March always feels like a month caught between two worlds. Winter is fading, Lent is underway, and people are starting to look toward Easter.

We can hear the garden birds cheerfully singing in the mornings as they begin to build their nests, and the first green shoots are appearing in places we'd almost forgotten to look.

In the church calendar, this gentle shift mirrors the journey of Lent. It's a season that invites us not into gloom, but into clarity — a chance to notice what truly matters and to let go of what doesn't. As a community supporting one another as the seasons change, this is a good time for us to look around and see who might need a word of encouragement, a warm invitation, or simply the reassurance that they're not forgotten.

Mothering Sunday 15th March- Non communion service is at 9.15am in All Saints and everyone is welcome. Refreshments will be served afterwards.

Mothering Sunday later this month reminds us that care is something we offer to one another, not just within families but across the whole community. As March goes on, may we be people who notice the small signs of hope, a kind word, a friendly gesture or a shared moment of joy let us nurture them, and share them generously.

We would love to see you on Easter Sunday 5th April. A communion service and baptism with Rev Allison at 9.15 am in All Saints.

The church is there for the whole community and is open during the day for you to spend time in peaceful surroundings praying, reflecting or just having some alone time.

The daily operations and life of our church are overseen by the vicar, the churchwardens, and the Parochial Church Council (PCC). Together, they work to ensure that the church continues to run smoothly and remains a welcoming place for everyone in the community.

At present, we are seeking additional members to join our team and support us in this important work. If you are interested in getting involved or would like to find out more about what is involved, please do not hesitate to speak with Rev Allison or our churchwardens, Ally and Pat. Our contact details can be found on the inside front cover of this document.

Prayer

Loving God,

Thank you for mums and children and for all the joy of family life.

Be with those who are grieving because they have no mother.

Be close to those who are struggling because they have no children.

Be near to those who are sad because they are far apart from those they love.

Let your love be present in every home,

And help your church to have eyes to see and ears to hear the needs of all who come.

We ask this in the name of Jesus Christ our Lord.

Amen.

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NHS App Every month more patients are opting to download the **FREE NHS App** on to their phones/tablets. There are many benefits including ordering medication, submitting an outline consultation to a doctor, get blood test results, order a FIT (sick) note, ask a general enquiry or update some of your details on line. It is recognised that the NHS App is not accessible to everyone. Staff would be happy to assist and advise. There will be **FREE public training Workshops** on the NHS App at Penrith Library on 19th March, 27th April and 22nd June.

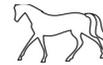


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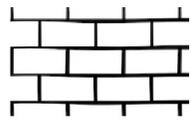


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PATIENT FEEDBACK Feedback is welcome about our care and services. Our dedicated team welcomes feedback to help the service to grow, to learn from comments and to strengthen and develop the care and the service provided. There are many ways to provide feedback: -

- Through the anonymous NHS Friends & Family surveys sent to our patients at random or completed on our website. Go to 'Contact Us', Patient Feedback complete and submit.
- In person with a member of staff or send a letter to the Practice Manager.

PPG ANNUAL GENERAL MEETING The PPG Annual General Meeting took place on 27th January. The meeting was advised that the balance in hand was £2,881, a reduction from the previous year of £3,773. The main expenditure is the Prescription Delivery service costing around £1000, so there is sufficient funds for approximately 2.8 years. Health Seminars had been suspended owing to the poor attendance, but there was some interest in having another seminar later in 2026.

The PPG welcomed 2 new members. We meet 5 times per year with each meeting averaging around 1.5 hours. The next meeting will be **25th March 2026**. If you are interested, please contact the Surgery or any member of the PPG.



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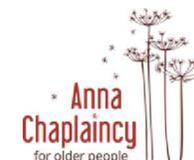
St. Michael's Church Skelton.

St. Michael's Church, Skelton Foodbank Collection Point. A huge thank you to all who kindly donate to the Foodbank. Items for the Foodbank can be left in church. The church is now open every day between 10am and 3pm. All donations will be taken to the Salvation Army in Penrith, for onward distribution to those in need in our local area.



**St Michael's Church, Skelton
'Butties at Cherry Tree House, Skelton'
Thursday 23rd April 2026
12 noon - 1.30pm
£7
Raffle**

All Welcome! Anna Chaplaincy
You are warmly invited to a Tea Service. A short informal church service followed by tea and cake. To be held in Skelton Methodist




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SKELTON TOPPIN MEMORIAL HALL

First Friday Pub evening, 6 March in Skelton Toppin Memorial Hall, Reading Room, local volunteers, popular prices, warm inviting atmosphere: serving 6:30 -10:30 pm, cash or card accepted. (with newly refurbished kitchen from 16 Feb)

Skelton Toppin Memorial Hall, (John Castlehow Toppin Memorial Hall), Skelton, CA11 9TE will hold its Annual General Meeting, (AGM), (for financial year ending 30 Sep 2025), at **7 PM on Monday, 9 March 2026, in the Reading Room**. The regular monthly trustees meeting to immediately follow. **Interested members of the public & representatives of local users groups are encouraged and invited to attend.** Trustees for the following year will be elected. **New trustees are always welcome; This hall is going through a refurbishment of historic proportions and needs your help.** It's an exciting but also challenging time. Completely Refurbished Main hall, integrated solar PVs & Batteries installation & backup system, dual, 2-way, EV carpark charge point, Kitchen refurbishment with stainless steel completing on 16 Feb are among recent accomplishments. Planned extension of the building front to include mobility ramp, new facade and all new ladies, men's and mobility toilets. If you'd like to help/volunteer at any level, to take the development of the Hall forward while also securing benefits for the community, please contact: bobtowers@btinternet.com or bobprovoncha@yahoo.co.uk

Skelton Toppin Memorial Hall will host an Open Sports Day on Sat, 21 March between 10 am and 2 pm ,(or til later if demand?) **with planned** tea/biscuits and possibly baked goods on sale in the Reading Room from the refurbished kitchen, between 10 am-1 pm). **Pickleball demo** for the first hour. If interested in pickleball or other indoor team sport; Badminton, indoor bowls? ..on the day, please contact bobprovoncha@yahoo.co.uk **to book your group/team to play, free of charge.** The hall provides nets, pickleball/badminton paddles/rackets & possibly indoor bowls eqpt, **all free to use on the day.** This, to promote **National Village Halls week 16-22 March 2026 with the theme of: connecting communities to Health & Wellbeing.**

"Exercise Cold Feet " takes place on 28 February 2026 at the Hall to test out procedures and plans for rural community buildings in Cumbria to be utilised as Community Emergency Hubs. This exercise will be filmed and a report prepared for Village Hall Week. Further work will be undertaken with Skelton Parish Council to produce an Emergency Community Plan and Individual Household Plans. To get involved please contact bobtowers@btinternet.com. If we make basic preparations the ability to recover from climate or other problems will be so much quicker. It might be Cumbria that is stuck in a wet weather cycle next time

T:01768 896219

E: info@heatherglencountryhouse.co.uk

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Three course meal included with every bed and breakfast stay

Guests booking one night bed and breakfast can enjoy a three course meal from our chef's special menu at **no extra charge!**

Choose from one of our nine luxury ensuite rooms.

This offer is available until 31st March 2026 and exclusively bookable by telephone.

Friday pub Classics

We're launching our pub classics menu starting Friday 30th January. The same Heather Glen quality you know and love cooked by our fantastic long standing chefs, but featuring delicious pub classics. Serving from 5pm so you can head to us straight from work and start the weekend the Heather Glen way. Get in touch today!

Get married at Heather Glen

We'd love to help you plan your special day here at Heather Glen and can create a wedding package to suit your individual needs. Prices to suit all budgets. Exclusive use and includes all nine ensuite bedrooms.

Private Dining

From birthday meals, family gatherings, baby showers, Christenings and everything in between, we would love to be part of your story. Private bookings available most days. West View Room caters for 70 guests and our Eden Restaurant up to 120 for sit down menu. Up to 200 for buffet.

Exclusive use

Here at Heather Glen, we pride ourselves on our luxury country house being a home from home for our guests, so why not let it be your home for a mini escape?! Gather a group of family and friends and book Heather Glen from Monday to Friday, enjoying bespoke catering throughout. Minimum numbers and rooms apply.



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And 6pm onwards

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SKELTON METHODIST CHURCH

Sunday Services are held at 10.30am and all are welcome. The preachers this month are as follows:

1st March - Rev Julia Reid (Communion)

8th March - Miss Kathleen Williamson

15th March - Circuit Service at Penrith Methodist Church - Rev Julia Reid
at 10.30am (Communion)

22nd March - Rev Julia Reid

29th March - Mrs Lois Morton

Wednesday Get Together each week between 1.30 - 3.30pm. £2 per session which includes refreshments.

Coffee Morning on Wednesday 4th March from 10.00 - 11.30am in aid of Hearing Dogs.

Pop up Cafe on Sunday 8th March from 2.30 - 4.30pm with proceeds going to a children's charity.

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General Interest

CHARITY AFTERNOON TEAS Easter Monday – 6th April

Low Hesket Village Hall 2pm - 4pm

Admission £5, Children 3 – 12 years £3, under 3's free

Raffle, plant, jigsaw and book stall, donations for the stalls gratefully received.

More info from Nicola Carr 07919 326464 **ALL PROCEEDS TO TYPE 1**

DIABETES CHARITY BREAKTHROUGH T1D (formerly known as JDRF)

Court Thorn Surgery 2026 Fundraiser

Saturday 7th March from 10.30am to 2.00 pm.



In aid of Macmillan and court Thorn's wonderful PPG Cakes, Tombola, Refreshments, Quiz, Competitions, Raffle
Talk to PPG members find out how they support our surgery
Chat to our cancer Care Coordinator and Living Well representative.



Cottage Wood Centre

The **Methodist Church** Penrith Circuit

Methodist rural outreach Calthwaite Penrith CA11 9PL
Serving out community in the name of Jesus

The Services will be at 3pm until 22nd March when we will go back to 5pm for the summer months. We hold a relaxed style of Worship sitting around tables sharing refreshments. You would be given a warm welcome so come along and join us.

3c'S Group – This group meet weekly during the school term time beginning with a Bible reflection. We are studding St. Mathew's gospel at present we meet at 10am with others joining at 10.30am. This is open to anyone who would like to join the group.

Take Tea Out - This starts again on Thursday 12th March at 2pm. We serve a full afternoon tea and charge £6 if you would like to join us please give Sheila a call to book a tea or a take away.

Prayer Meeting – This is held in our own homes between 7pm – 8pm on the first Wednesday in the month. Join us whatever time suits you between those times. You could also give Sheila a call if you would like us to pray for you or any situation that is concerning you.

For any more information about Cottage Wood please call Sheila 01768 885362

Services

Sunday 1st March – Dean Lawson – 3pm

Sunday 8th March – Revd Julia Reid – 3pm

Sunday 15th March – Penrith Methodist Church 10.30am

Sunday 22nd March – Members Service – 5pm

Sunday 29th March – Kathleen Williamson

Sunday 5th March – Easter morning – 6.30am

Ainstable Parish Council

Serving the villages of Ainstable, Croglin, Newbiggin, and Ruckcroft, the communities of Dale and Longdales, and the surrounding farms and houses

www.ainstable-pc.gov.uk

Chair: Howard Bellis - chair@ainstable-pc.gov.uk

Neighbourhood Plan

The Parish Council have agreed to move forward with the Neighbourhood Plan. The plan will be an important planning tool as Westmorland and Furness develop their Local Plan, setting out a framework to balance appropriate development with the preservation of the character of the Parish.

Broadband coverage

The Parish Council is aware of concerns that Project Gigabit broadband coverage may not be rolled out to all properties within the Parish. We are continuing to advocate for residents in the Parish, including writing to our local MP, Markus Campbell-Savors to ask him to intervene.



facebook.com/AinstableParish

Could you be a Parish Councillor?

MAKE A DIFFERENCE LOCALLY

We have vacancies in Croglin ward, which includes Newbiggin. Please contact the Parish Clerk at clerk@ainstable-pc.gov.uk for more information.

The next Ordinary Meeting of Ainstable Parish Council will take place on Tuesday 24th March at Ainstable Church Institute at 7.30pm. Members of the public are always welcome to attend.

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EDEN VALLEY FLIX

Friday 27th March 2026 – The Choral – 12A



A choral society's male members enlist in World War I, leaving the demanding Dr. Guthrie to recruit teenagers. Together, they experience the joy of singing while the young boys grapple with their impending conscription into the army.

All films are shown at Ainstable Institute

Doors open 7pm for 7.30pm start

Entry to films £4, refreshments available to purchase.

Sub-titles will be used if requested.

Christ Church, Ivegill

March Services

Sunday 8th Morning Worship at 9.30 am

Sunday 22nd Holy Communion at 9.30 am .

Dalston Flower and Craft Group

New programme for 2026 , annual subscriptions due and new members always welcome to our friendly group .

Wednesday 11th March @7.30pm in Victory Hall , Dalston

"Stepping into Spring " a flower demonstration by Chris Hogg from Skitby restaurant . Always a popular demonstrator .

Flowers will be raffled and refreshments served. Guests welcome to this meeting £7 on the door , side entrance to social room at rear of the hall .

Further information from Annette Brough 07770579618

We are a small, friendly nursery situated in a beautiful rural area. As a small setting we are able to get to know our children and families well. Our intent is to nurture and enrich each unique, individual child through a range of playful experiences in a warm, safe, and caring environment. We run a weekly music session in the village hall for children under 5. Open Monday to Friday 8.50 - 3.30 during term time. Flexible provision for children aged 2 upwards. Free entitlement for eligible 2 year olds, 15 and 30 hour funding for 3 and 4 year olds. For enquiries contact us on 016974 73732 or ivegillnursery@gmail.com



The Catholic Parish of St Catherine, Penrith, with the Chapel of St Wulston, Alston and Our Lady of Appleby with Kirkby Stephen

Is time passing more quickly in this busy world? Already we are almost half way through Lent. In a world, which likes to focus on our physical and mental wellbeing, Lent gives all Christians an annual opportunity to stand back and review ourselves and our families. Have we got the correct goals in life? How do we measure up? Could we be a better person by thinking more about our families, others and ourselves and our impact on their lives? No one is perfect and as we think of our shortcomings, how do we change the results in practice? There are many opportunities to take time out, either by ourselves, attending a Lenten service or reading some appropriate literature. We remember the first step towards improvement is the hardest. Entering any Catholic church and on the wall, you will find 14 small crosses often supported by an image either in a painting or some form of sculpture. The Stations of the Cross also known as the Way of the Cross or the Via Dolorosa, original is in Jerusalem, is a series of 14 images, known as stations, depicting Jesus Christ on the day of his crucifixion. The stations follow a traditional route symbolising the path Jesus took. It has been followed from the 15th and 16th centuries and maybe even earlier. Many Western Christian churches including some from the Lutheran, Anglican and Methodist traditions still hold this service. In Penrith during Lent at St Catherine's, Stations of the Cross will take place every Friday after the 12 noon Mass or about 12.30pm. Why not join us?

Our annual preparation for First Confession and First Holy Communion began in January. It is a big commitment for both children and parents. 26 children and their parents and families publicly promised at a recent 10.30am Sunday Mass to follow the training. In addition to the children working in school there is a class every 2 weeks for children and parents through to their special day in June. It is also very special for the Parish as they welcome parents and children to Mass every 2 weeks and then join in the celebrations in June. Please say a prayer for our children and their parents.

Every First Friday the 1st Friday Group meet for the 3 Ps, Pray, Play and Pizza. Families and young people come together from. 6.30pm-8pm at the end of a school week. The numbers are growing, but there is space for more.

Early in 2018 a new committee was formed to raise money for a Mission Hospital in Monze, Zambia. To date the committee has sent over £39,500.00 enabling a neonatal unit to be built and equipped. 2 visits from Sister Juunza from the hospital in Monze highlighted the need for a neonatal unit in view of the infant and mother mortality rates. The latest report for 2025 states it cares for neonates from day 1 to day 28 of their lives. Capacity is 23 patients, but sometimes the demand means they are catering for more than 30! The challenges are clear with more patients than current capacity, need for additional equipment and a lack of power back up, they need help. The latest report produced by the Acting Medical Superintendent pleads for our support.

TIMES OF SERVICES THROUGH THE YEAR The Catholic Parish of St Catherine, Penrith Please contact St Catherine's to check. Tel: 01768 862273 Website www.stjohnboste.org.uk Email – parishoffice.stcatherines@btinternet.com Fr John B Winstanley, Parish Priest St Catherine's Rectory, Drovers Lane, Penrith, Cumbria CA11 9EL Tel: 01768 862273
Masses: Sunday 8.30 am and 10.30 am Weekday Services: Masses most days
Saturday 9.00 am Mass 9.30am Adoration of the Blessed Sacrament and confessions
St Wulstan's, Kings Arms Lane, Alston CA9 3JF: **Saturday 6pm Mass.** Confessions, 5.30 pm before 6pm Mass **Our Lady of Appleby with Kirkby Stephen** CA16 6UA Sunday Mass 4 pm.

GENERAL INTEREST

PRE LOVED BOOK FAYRE St.MARY'S CHURCH , HIGH HESKET

Saturday 7th MARCH

from 2pm to 4pm New range of brilliant books all at 20p each

Please come and have a browse Tea and Coffee available for donation

All money raised goes towards our renovation of the Vestry

VOLUNTEERS NEEDED

for the Court Thorn Surgery Prescription Delivery Team

Each Friday prescriptions from the surgery are taken to patients who are unable to collect their medication by a driver and deliverer.

The rota is drawn up three months in advance and is not a weekly commitment.

The more people who are involved, the less frequently they are called upon.

Mileage is reimbursed. Training is provided.

The gratitude of the patients who receive this service makes it very rewarding!

Please consider joining the team!

For further information contact: Court Thorn Surgery 016974 73548 or a member of the Patients Participation Group (PPG).

ST JAMES'S HUTTON IN THE FOREST

Hutton End Village Hall is available for hire for family parties, groups etc.

It has been refurbished in the last few years and can seat 60 people . We have chairs, tables and crockery available, and a modern kitchen. The hall is accessible for wheelchairs. Contact : Margaret Gray (booking secretary) for prices and information margaret.e.gray.mg@gmail.com

HUTTON-IN-THE-FOREST

Historic House & Gardens

Although we are now closed, we are looking forward to opening 29 March 2026.

We have job vacancies available in our Cloisters Tearoom, Administration office or as a House Guide.

Please call or email for details.

Tel. 017684 84449

www.hutton-in-the-forest.co.uk

14

Armathwaite Old School Hall

Community Café -Monday 9th and Monday 23rd March 11.30am -2.00pm.

Come and enjoy a heartwarming homemade lunch, every second and fourth Monday. Volunteers are welcomed to serve on the day or make soup, salad or a cake or just come and chat to people.

Contact Jean 07891795490 or Sue 07876485011 for more information.

For bookings contact Emma armathwaiteosh@hotmail.com Check the new website or We are Armathwaite Facebook page for events coming up.

Armathwaite Community Primary School and Nursery

We are a friendly, caring school for children aged 3 to 11 years. We have a real family and community feel, where each child is valued We offer a broad and rich curriculum. Our

Nursery is available for children from the term after they turn 3. Flexible sessions are available. We have a large, exciting outdoor area. We also provide breakfast club and a range of fun after-school clubs and wrap-around care. We would love to show you round

our wonderful school. If you would like to visit call 01697472296 or email [ad-
min@armathwaite.cumbria.sch.uk](mailto:admin@armathwaite.cumbria.sch.uk)



Voluntary Car Scheme (VCS)

The VSC provides transport for any age (under 16s must be accompanied by an adult) who cannot make their journey by public or private transport. Drivers wanted: If you would like to volunteer please contact any of the numbers below:

Skelton /Lamonby area - Mags Towers 01768484727 Sheila Magee 01768484389

Ainstable, Armathwaite, Hesket Ivegill & Calthwaite area - Neil Ruddick 07929761173

CLAIMING DATES CONTINUED

July

13th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm

19th Old School Hall Armathwaite—Family BBQ

21st St Michael's Church, Skelton 'Family Treasure Hunt.

27th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm

August 1st Produce Show—Low Hesket village hall

September

4th Low Hesket Village Hall Quiz night with pie and pea supper.

Big Breakfast for All Saints Church in Calthwaite School.

11th St Mary's High Hesket Cheese and Wine tasting

October

5th St Michael's Church, Skelton Harvest Supper

25th Low Hesket Village Hall Christmas Shopping afternoon

November 28th and 29th St Michael's Church, Skelton 'Crib Festival'

Christ & St Mary's Armathwaite



Come along to **Messy Church on 22 March 2026**
(11.30am to 1.00pm).

There will be crafts, song, story, food and activity.
To register for this **FREE** event, please contact Sian Banks on 078 818 08679

Annual Parochial Church Meeting

All parishioners are invited to attend the Annual Parochial Church Meeting of Christ and St Mary. This will be held on Sunday, 19 April 2026 in church at 10.00am immediately following a shortened Holy Communion service. Please support your church and members of the PCC by attending this meeting. An Agenda will be posted on the notice board at the back of church and www.achurchnearyou/12301.

Armathwaite Open Gardens - 27 and 28 June 2026

If you would like to open your garden, don't forget it doesn't need to be perfect just well loved. Please get in touch with Sue Bonsor 016974 72054 or Jane Dutton 016974 72840.

Don't forget, when you are doing your weekly shop, to add a couple of items which you can donate to the Food Bank. There are lots of people who are really struggling to meet their basic needs at the moment and if everyone contributed a little it would help enormously. Donations can be left in the box on the driveway at 8 Mill Brow or in the box at the back of church.

Thank you so much to all who have generously donated in the past and continue now.



Spring Craft /Food Fayre

Armathwaite Old School Hall Sunday 19th April
From 10.30 - 3pm .

Needing donations for the Bottle/ Chocolate Tombola and volunteers to help during the day.
Contact Jean 07891795490

THE INGLEWOOD GROUP OF CHURCHES—SERVICES

Sunday, 1st March – Second Sunday of Lent

9.15 Armathwaite Morning Prayer
9.15 Calthwaite Holy Communion
11.15 Skelton Holy Communion

Sunday, 8th March -Third Sunday of Lent

9.15 Plumpton Holy Communion
11.15 High Hesket Morning Prayer
11.15 Hutton Holy Communion

Sunday, 15th March – Mothering Sunday

9.15 Armathwaite Holy Communion
9.15 Calthwaite Morning Worship
11.15 High Hesket Holy Communion
11.15 Skelton Morning Worship

Sunday, 22nd March -Passion Sunday

9.15 Plumpton Morning Prayer
9.15 Ainstable Holy Communion
11.15 High Hesket Morning Worship
11.15 Hutton Morning Prayer
11.15 Skelton Morning Worship

Services of Morning Prayer, every week

Tuesdays 10.30am : On Zoom , please
contact Sue and Ken Bonsor
for joining details

Thursdays 8.00 am Skelton Church

March 29th Palm Sunday Benefice Service 10.30

St John the Evangelist, Plumpton The service will start with a procession of palms from Plumpton School car park (please park elsewhere)



Holy Communion services for Holy Week With Revd Brian Dawson as preacher

Monday March 30th, 7.00pm Hesket
Tuesday 31 March, 7.00pm, Calthwaite
Wednesday 1 April, 7.00pm, Plumpton
Thursday 2 April, 7.00pm , Hutton
(with foot washing and stripping of the altar)

THINGS TO DO IN THE GARDEN IN MARCH

March is that month when we finally start to shake off winter when those brave early flower Make an appearance. Snowdrop, followed by crocus and then the main act, the riot of yellow that is daffodils. Who doesn't get excited when the daffodils bloom? So it's time to get outside and tackle these things to do in the garden in March.

Prepare the Soil After months of winter weather, the soil needs attention before planting begins. March is the time to dig over flower beds and vegetable plots, breaking up compacted soil and incorporating organic matter like compost or well-rotted manure. This improves soil structure and fertility, giving plants the best start.

Start Sowing Seeds Many seeds can be sown indoors or in a greenhouse in March, ready for planting out later in spring. Tomatoes, peppers, and aubergines can be started indoors, while hardy vegetables like peas, carrots, and spinach can be sown directly into prepared beds. Flowers such as sweet peas and marigolds can also be started ready for a vibrant summer

Display Tidy UP Shrubs, trees, and climbers benefit from a late-winter or early-spring prune. March is a great time to prune roses, cutting back dead or weak growth to encourage strong, healthy blooms.

Early flowering shrubs, such as forsythia, can be lightly pruned after flowering. Perennials should be tidied up by removing old, dead stems and leaves to make way for fresh new growth.

Mulch and Feed Plants Applying a layer of mulch around plants helps to retain moisture, suppress weeds, and improve soil health. This is also a good time to apply a balanced fertilizer to boost plant growth as they emerge from dormancy.

Encourage Wildlife As birds begin nesting, putting up bird boxes and keeping feeders stocked with seeds and suet helps local wildlife. Leaving a section of the garden wild or planting early-flowering plants like crocuses and hellebores provides an important nectar source for bees emerging from hibernation.

How to care for your lawn Regularly mowing your lawn will help promote lush, green growth. Nip out weeds like dandelions when you see them to stop them competing with the grass and scatter grass seed into bare patches to get them growing again, and grey water to water your lawn in dry summers to stop it going brown. Spike the turf with a fork to aerate trampled areas to help bring them back to life, and rake out dead growth in autumn to maintain a lush, green sward.

Fruit Tasks March is the final window for planting new strawberry beds, so be sure to plant them if you haven't yet. Keep an eye on any fruit trees, especially peaches, apricots, or nectarines, as early frosts can damage blossoms. When frost is forecast, cover these trees with fleece or a similar protective material, but remember to remove it once the frost has lifted. Additionally, check the ties on newly planted fruit trees. If any have loosened due to winter winds or frost, make sure to re-firm them to ensure healthy growth.

Happy Gardening

Thomas the Bucket



Hesket Parish Council

www.hesket.org.uk

Find us on 

facebook.com/HesketParish

Chair: Elaine Martin

The next Ordinary Meeting of Hesket Parish Council will be held on Tuesday March 10th 2026 at 7.30pm at Armathwaite Old School Hall.

At the January meeting of the Parish Council the following matters were discussed:

- The Parish Council agreed to purchase two three-bay noticeboards for Low Hesket and Armathwaite, which completes the replacement programme for noticeboards across the Parish.
- The new bench for Gillian's Well, Calthwaite, has been ordered and will be installed shortly.
- It was agreed to further investigate options for additional green waste skip collections in Calthwaite, with funding provided from the Place Action Group.
- A grant of £479 was agreed for the Fellrunner Bus Service.
- There were no objections to new planning applications in the Parish.
- Councillors agreed to form two new Committees, with Councillors Dawn Pollock, David Ryland, Maxine Graham and John Harris appointed to the Finance Committee, and Councillors Elaine Martin (Chair), Shaun Long (Vice-Chair) and Ruth Murray appointed to the Staffing Committee.

Contact details:

Parish Clerk: Lisa Beken – 07522 939 696 – clerk@hesket.org.uk

CUMBRIA SINGERS

invites you to their **Annual Concert in Carlisle Cathedral**
on **Sat. 25th April 2026 at 7.30pm.**

This programme of choral works by Haydn and Mozart, will include **Mozart's 'Great Mass in C Minor'**
Don't miss this opportunity to enjoy an evening of superb choral music in this magical historical setting!

For further information visit:

www.cumbriasingers.org.uk



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