

**Today is Racial Justice Sunday.** We are called to remember the importance of racial justice and to respond by working to end injustice, racism and ignorance through prayer and action.

**Pancakes!** we will be making delicious pancakes at St. Edmund's on Shrove Tuesday 17th February from 2.30 to 4pm. Come along and bring your friends! Offers of help gratefully received - please speak to Sue B or Linda J.

**Lent begins on 18<sup>th</sup> February (Ash Wednesday)** with services of Holy Communion with Ashes at 10.30am and 7.00pm at St Ed's.

**Lent lunches** we will be sharing bread and soup on Sundays in Lent from 12.30pm. There will be the opportunity to make donations towards the Bishop's Lent Appeal for Papua New Guinea.

**Bible reflections during Lent** are available online from Embrace <https://embraceme.org/lent-reflections>

**Confirmation** Bishop Graham is coming to St Ed's on Sunday 22<sup>nd</sup> March for a Confirmation service at 11.15am. If you would like to be Confirmed, or if you know someone who may be interested, please speak to one of the clergy.

**If you are new....** It is great to see you today. If you are able to, please speak to a member of the ministry team. We look forward to getting to know you!

### **Safeguarding**

If you have any safeguarding concerns or queries please contact the Diocesan Safeguarding Advisor : [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org)  
01603 882345 Address: Safeguarding Team, Bishop's House, Norwich, NR3 1SB. Or visit the Diocesan web pages: [www.dioceseofnorwich.org/training/safeguarding](http://www.dioceseofnorwich.org/training/safeguarding) for further information.

### **Financial giving to our life and ministry**

St Edmund's Bank details are:

**Name of account: Taverham Parochial Church Council** (Please note there is a space between each of these words)  
**Sort Code: 20 – 62 – 68 : Barclays**  
**Account number: 80881600**

### **Contact details :**

Rev Paul Seabrook 01603 868217

[paulseabrook7@gmail.com](mailto:paulseabrook7@gmail.com)

Rev Val Hooker 01603 746936;

[revvalhooker@gmail.com](mailto:revvalhooker@gmail.com)

Churchwardens :

David Osborne

01603 531806

Sue Beevor

01603 322783

**St Ed's needs...**a new Treasurer, and a Safeguarding officer. Details from our Churchwardens David and Sue

# Welcome to St Edmund's Church Taverham and St Peter's Ringland

8<sup>th</sup> February 2026



"Seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

Matthew 6 : 33 – 34

## Collect for Racial Justice Sunday

Merciful God,  
you are righteous and love justice:  
stir the hearts of your people that,  
rejoicing in our diversity,  
we may repent  
of the wrongs of the past,  
and, by your grace, seek the peaceable  
kingdom of your Son,  
our Saviour Jesus Christ,  
who lives and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

## Readings this week

Genesis 1 : 1 – 2 : 3  
Romans 8 : 18 - 25  
Matthew 6 : 25 - 34

## We praise the Lord and give thanks ...

For those discovering their faith in Jesus  
For our Bible studies and home groups  
For our caretaking teams who work so  
hard on Thursday mornings

**Prayers for Ordinary Moments** have  
been produced by Our Daily bread  
Ministries for Lent. Short, inspiring prayers  
including for when brewing coffee,  
watching a football game, for travelling,  
for reading the Bible. Copies are  
available at the back of church.

## Thoughts for this week

Jesus words in our Gospel reading speak  
very powerfully into our modern lives. The  
call to 'Not worry'. So much of our lives is  
preoccupied with things that could  
worry us, yet would disappear if we lived  
more simply. Also Jesus calls us to 'Look'.  
To see the flowers and the birds, their  
variety and majesty in the world around  
us. Also Jesus calls us to think of each  
day, and not tomorrow. Each day is a  
gift, and we can learn to appreciate  
each moment more fully.

This Sunday is Racial Justice Sunday, a  
reminder that the Lord's love spans the  
diversity of the human race. We each  
have so much to learn from one  
another. Without question each life is so  
precious to Jesus. We live in the  
aftermath of the hurts of the past. We  
also live in a world broken by sin,  
including prejudice, and how we treat  
other people.

Jesus came to call us to focus on the  
Father's heart of love for the world. To  
step away from all that hurts and  
damages us in our sin. In becoming  
human, Jesus embodies the full diversity  
of human life, and heals and restores our  
humanity, and our own personal lives  
when we turn to Him and receive from  
Him. In Jesus, every life is treasured, full of  
gift, deeply loved, and full of hope.

Paul

## What's on

Sunday 8.00am Holy Communion  
9.30am Mustard Tree  
11.15am Livestream service  
Monday 8.30am Langley prayers  
5.00pm Prayers  
Tuesday 10.00am Tuesdays at St Ed's  
6.00pm Rspace  
Wednesday 10.30pm Holy Communion  
Thursday 9.00am Caretaking team in  
church  
12.30pm Prayer Spaces  
in the Junior School  
7.00pm Compline  
Friday 9.30am Arts Group at Trinity  
Sunday 9.30am Mustard Tree Church  
Holy Communion  
11.15am Holy Communion

**Our Livestreams** continue as follows :  
Sundays : 11.15am Livestream team on  
2<sup>nd</sup> (in church) and 4<sup>th</sup> Sundays each  
month

## St Peter's Ringland

Sunday 8<sup>th</sup> February 10.30am in the  
Village Hall, followed by PCC meeting  
  
Sunday 8<sup>th</sup> February PCC meeting  
12.30pm  
  
The Gathering 22<sup>nd</sup> February 3.00pm to  
5.00pm for music, food, firepit, and fun