

The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



WELCOME

As we keep in touch, pray and support each other

8th February 2026 : The Second Sunday before Lent

Church Services Today:

9.30 am	Morning Worship	Shelland
9.30 am	Holy Communion	Buxhall
11.00 am	Morning Worship	Great Finborough
11.00 am	Holy Communion	Onehouse Trinity Hall

Preparing for Lent



This year as usual we will be running a Lent course and will be using the 'Draw Near' booklet from the Church of England. It includes 40 daily reflections and life giving habits for Lent. The course will be run on Zoom on Thursday mornings at 10am, beginning on Thursday, 19th February. If you would like a copy of the booklet, even if you're unable to join the course, please let Revd Sarah know, revdsarahjenkins@gmail.com. Many thanks.

Fundraising for EACH



Mr Chauffour, Year 6 teacher at Trinity CofE Primary School in Combs Ford, will be fundraising for EACH, East Anglia's Children's Hospices by taking on the Marathon des Sables, one of the world's toughest endurance races. This multi-day ultramarathon takes place in the Sahara Desert, where runners cover around 250 kilometres over six to seven

days. Competitors must be largely self-sufficient, carrying their own food and equipment while running in extreme heat across sand dunes and rocky terrain. The event is a true test of both physical endurance and mental resilience. Mr Chauffour's fundraising page is here https://www.justgiving.com/page/mike-chauffour-1768852401515?utm_medium=FR&utm_source=WA and any donation, big or small, will be greatly appreciated.

Forthcoming Events

9th February – Rural Coffee Caravan, 10am to 12pm at Trinity Hall, Onehouse

9th February – Rural Coffee Caravan, 1pm to 3pm at Harleston Church

12th February – Rural Coffee Caravan, 10am to 12pm at Combs Green, Combs

14th February – Buxhall Tea Room, 12pm to 3pm at Village Hall, Buxhall
18th February – Community Café, 2pm to 3pm, Finborough Court Flats, Gt Finborough
19th February – Lent Course on Zoom
23rd February – Buxhall PCC meeting, 7.30pm at Combs Rectory
25th February – Lent Lunch, 12pm to 2pm at Trinity Hall, Onehouse
26th February – Lent Course on Zoom
11th March – Lent Lunch, 12pm to 2pm at Maple Lodge, High Road, Great Finborough

Meet Up Mondays in Church Hall, Combs

Our next meeting will take place on **16th February 2026** from 10.30am to 12.30pm, for further information please contact Revd Alison on 01449 541794. All most welcome.

Wednesday Mornings in Trinity Hall, Onehouse

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake. All welcome.

Saturday Morning Prayer on Zoom at 10am

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service - Meeting ID: 845 3783 4344 Passcode: 916836

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>

Prayer Group

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at emooney6@sky.com.

Collect for the Second Sunday before Lent

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. Amen.

Readings

The New Testament Reading is taken from Romans 8.18-25

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour

pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the word of the Lord: **Thanks be to God.**

The Holy Gospel is taken from Matthew 6.25-end : Glory to you O Lord

Jesus said 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

This is the Gospel of the Lord. **Praise to you O Christ.**

Intercessions

Holy God, sometimes our lives are so full of worries that we forget how you look after us through every aspect of our lives. When our worries begin to spiral out of control, help us turn them into a conversation with you, confident that you will calm our anxiety and give us hope for the future.

Lord, in your Mercy, **Hear our Prayer**

Gracious God we pray for your church, and the churches in our benefice asking that there will be a growing desire to get together. We give you thanks for those who come up with fresh ways of making your name known to the wider community. We remember the General Synod, which will meet this coming week in London and for all those who work so hard to make important and sometimes difficult decisions regarding the everyday running of the Church of England.

Lord, in your Mercy, **Hear our Prayer**

Father God we thank you for the joy of human love, and for all those among whom we live and work. We pray particularly for loved ones who worry us with their health,

or circumstances, or life direction. We pray for those among our friends and families who do not know you, or whose faith has been shaken.

Lord, in your Mercy, **Hear our Prayer**

Loving God, we pray for all who bear the burdens of pain, bereavement, worry and depression. We pray for those whose illness stems from anxiety. We pray that they may have an awareness of your presence and an understanding that you are bearing those burdens with them and always working towards their healing and wholeness.

Lord, in your Mercy, **Hear our Prayer**

Merciful God through your love and mercy you turn the darkness of death into the dawn of new life. Comfort those who grieve in their sorrow and those who are worried about how they will cope on their own and reassure them that you will never leave them to carry the burdens of life unaided.

Lord, in your Mercy, **Hear our Prayer**

Everlasting God we ask you to lead us into the coming week, help us to believe that you are close by us, keep us from making mistakes and help us never to disappoint you through our words and actions.

Merciful Father: **Accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

Services for 15th February: The Sunday Next before Lent

9.30 am	Holy Communion	Harleston
11.00 am	Family Communion	Combs Church Hall
3.00 pm	Evensong	Little Finborough
6.00 pm	Healing and Wholeness Service	Great Finborough

Please remember the families and loved ones of those who have recently died including Sarah Gascoine. May they Rest in Peace and Rise in Glory.

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

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