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The service will be live streamed on YouTube.

To avoid being seen online, please speak to the person who welcomed you.

**Sunday 22nd February**

**1st Sunday of Lent**

	9.15 a.m.	Holy Communion followed by fairtrade refreshments
		Baptism of Chloe and Noah after the service today
Tues. 24th	11 a.m.	Funeral service in church for Shirley Lapworth
Wed. 25th	7 p.m.	P.C.C. Meeting
Thur. 26th	10.30 a.m.	MIND meeting in the Holy Cross Chapel
	11 a.m.	until 1.30 p.m. Place of warmth & welcome including Lunch
	7.15 p.m.	Choir practice
Fri. 27th	9.30 a.m.	until 11 a.m. Praise & Play for pre-school children, parents and carers: Short service + chat, drink & snack - all free!
Sat. 28th	10 a.m.	until 12 noon St. Helen's is open for coffee, tea and cake for a donation to 'EMBRACE Middle East'.

**Sunday 1st March**

**2nd Sunday of Lent**

	9.15 a.m.	Worship Together Communion
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### **Welcome**

A very warm welcome to St. Helen's! When it comes to receiving Holy Communion, please feel free to stand or kneel. After you have received the wafer, you will be offered the wine but if you prefer not to drink from the chalice, please just return to your seat. Taking the wafer only, is just as valid as taking both.

### **Giving to St. Helen's**

Please kindly put cash on the collection plate or give via the QR code, contactless machine or by BACS: **Northwich PCC 40-35-07 Account No.: 41013289**. Please use a Gift Aid envelope or tick the appropriate box to increase the value of your gift by 25%.

### **Crèche**

Apart from the first Sunday of the month when it's 'Worship Together', a crèche is available in the vestry (up the ramp) and is set up for the children with resources.

### **A date for your diary:**

**World Day of Prayer Friday 6th March 2 p.m. at Holy Trinity, Castle.**

# St. Helen's Notices



**World Day of Prayer Service  
written by the Christian women of Nigeria  
Friday 6th March 2 p.m. at Holy Trinity, Castle.**

During Lent, instead of the epistle we will be having psalms from the Old Testament. Psalms can very often touch the soul. The 23rd Psalm, known as the Shepherd's Psalm fits well, having just begun our Lenten journey.

## The Lord is my Shepherd - **THAT'S RELATIONSHIP!**

## I shall not want - **THAT'S SUPPLY**

He maketh me to lie down in green pastures - **THAT'S REST!**

He leadeth me beside still waters - **THAT'S REFRESHMENT!**

He restoreth my soul - **THAT'S HEALING!**

He leadeth me in the paths of righteousness - **THAT'S GUIDANCE!**

**For His name sake - THAT'S PURPOSE!**

Yea, though I walk through the valley of the shadow of death - **THAT'S TESTING!**

I will fear no evil - **THAT'S PROTECTION!**

For thou art with me - **THAT'S FAITHFULNESS!**

Thy rod and Thy staff they comfort me - **THAT'S DISCIPLINE!**

Thou preparest a table before me in the presence of mine enemies - **THAT'S HOPE!**

Thou anointest my head with oil - **THAT'S CONSECRATION!**

**My cup runneth over - THAT'S ABUNDANCE!**

Surely goodness and mercy shall follow me all the days of my life - **THAT'S BLESSING!**

And I will dwell in the house of the Lord - **THAT'S SECURITY!**

## Forever - **THAT'S ETERNITY!**