

# *The Stourhead Benefice*

## **Pew Sheet 1 March 2026**

### *Second Sunday of Lent*

**A warm welcome to all visitors to church on this day**

#### **Today's Services:**

10am Sung Eucharist St Peter and St Paul's Kedington

3pm Lent Course "In the Dust of Jesus" St Peter and St Paul's Kedington

#### **Services this week:**

Evening Prayer Monday 5pm St Peter and St Paul's Kedington

Said Holy Communion Wednesday 10am St Peter and St Paul's Kedington

#### **Services next Sunday**

8am Said Eucharist St Peter and St Paul Kedington

10am Sung Eucharist All Saints Great Thurlow

3pm Lent Course "In the Dust of Jesus" St Peter and St Paul's Kedington

#### **Ministry Team:**

Fr Chris Giles 01440 762901

Jill Davis 01440 713137

Ruth Hopper 01440 783125

Peter Smith 01440 783278

Mary Upton 01440 706237

**Collect:** Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for forever. **Amen**

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First reading	Genesis 12 v 1 – 4a
Second reading	Romans 4 v 1 – 5 and 13 - 17
Gospel reading	John 3 v 1 - 17

Hear The Gospel of our Lord Jesus Christ according to John

**All Glory to you O Lord**

There was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. He came to Jesus at night and said, “Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him.”

Jesus replied, “Very truly I tell you, no one can see the kingdom of God unless they are born again.”

“How can someone be born when they are old?” Nicodemus asked. “Surely they cannot enter a second time into their mother’s womb to be born!”

Jesus answered, “Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit<sup>[b]</sup> gives birth to spirit. You should not be surprised at my saying, ‘You<sup>[c]</sup> must be born again.’ The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.”

“How can this be?” Nicodemus asked.

“You are Israel’s teacher,” said Jesus, “and do you not understand these things? Very truly I tell you, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? No one has ever gone into heaven except the one who came from heaven—the Son of Man. Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, that everyone who believes may have eternal life in him.”

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.

This is the Gospel of the Lord.

**All Praise to you O Christ**

**Post Communion prayer:** Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen**

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## Home Communion - Pastoral Care:

**The Blessed Sacrament** is perpetually reserved for the Communion of the housebound, the sick and dying. Please inform Fr Chris or a member of the ministry team, of parishioners who are sick or in hospital, and of those who are in need of pastoral care. **The Sacrament of Reconciliation** by arrangement with the Rector.

## Prayer List

### **Our prayers are asked particularly for:**

Terry Chittock – Jacob and his family – Leo and Val Farthing – Rev Bob Torrens  
Paul Allard – Steve Watts – Iris Eley – Frank Underwood – Orla – Peter Phillips  
Stephen Giles – Hannah Carpenter – Caroline Sharples – Judith Jesky – King Charles

**We also pray for others.** Those who have asked to be remembered in our prayers in church and at home.

### **We pray for those that have recently died and whose loss we mourn:**

Richard Hart – Alan Hames – Patricia Boddington – Bryan Chambers – Sam Sheppard

Eternal rest grant unto them O Lord

**All And let light perpetual shine upon them**

May they rest in peace

**All And rise in glory**

**An invitation:** If you wish to receive communion please come forward when guided by the stewards. Members of other churches who usually receive communion are welcome to do so here. Those not wishing to receive communion are welcome to come for a blessing; it is helpful if you indicate this by bringing your service booklet with you. If you find it difficult to come to the altar rail, please tell this to the steward on duty, so communion may be brought to you in your seat.

**Gluten free Communion wafers are available** – please ask when you come up to the altar rail. If you do not wish to receive from the Chalice, please say 'Intinct' as the Priest approaches you, and they will intinct the wafer in Consecrated wine from a separate Chalice.

## Notices

### **Forthcoming events:**

Please send me details of events you wish to publicise by email or phone, and I will do my best to include it (subject to space):

Fr Chris Giles – [stourheadbenefice@gmail.com](mailto:stourheadbenefice@gmail.com) 01440 762901

**Church Coffee Morning** “Dolce Gusto” 10am until 12 noon every Tuesday at St Peter and St Paul’s Church in Kedington.

**Lent Course** “**In the Dust of Jesus**”. Sundays 1 and 8 March. In St Peter and St Paul’s Church, Kedington. 3pm until 4pm. All are welcome to join this informal discussion group as we study the Bible together over tea or coffee. Each session stands alone; come to one or all.

**Friday 6 March 2026. Little Bradley Quiz** in The Garden Barn at Little Bradley. Arrive at 6.30pm for 7pm start. Teams of six. Prices: adult including meal, £17.50. adult without meal £10. child with child’s meal £10. Choice of fish, scampi or chicken with chips. Bring your own glasses and drinks. All tickets to be purchased from Mirjam Gault 01440 783756 [mirjamgault@gmail.com](mailto:mirjamgault@gmail.com) All proceeds in aid of Little Bradley Church.

Date for your diary – **Saturday 16 May 2026 Benefice Garden Party at Little Thurlow Hall**. More information to follow.

**Safeguarding** – Safeguarding is about caring for one another and our community. As Christians, this is something we all need to do. If you would like any training or have any questions; please contact Fr Chris or another member of the Ministry team. Benefice Safeguarding Officers are Naomi Shelmerdine and Ruth Hopper. Contact phone number 07405 624132

**The Stourhead Benefice News** is produced every other month. Hard copies are printed by the Barnardiston School. It is also available on the Stourhead Benefice page of “**A Church Near You**”:  
<https://www.achurchnearyou.com/church/1948/news/notice-sheet/grid/>

