

The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



WELCOME

As we keep in touch, pray and support each other

22nd February 2026 : The First Sunday of Lent

Church Services Today:

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse Trinity Hall
11.00 am	Holy Communion	Great Finborough

Our Lent Course



This year as usual we will be running a Lent course and will be using the 'Draw Near' booklet from the Church of England. It includes 40 daily reflections and life giving habits for Lent. The course will be run on Zoom on Thursday mornings at 10am, beginning on Thursday, 19th February. If you would like a copy of the booklet, even if you're unable to join the course, please let Revd Sarah know, revdsarahjenkins@gmail.com. Many thanks.



World Day of Prayer – Friday 6th March

The World Day of Prayer this year will be held at Shelland Church on Friday 6th March. Anyone interested in preparing this Service please contact Carole Hearn on 01359 302271 or 07743303222.

Forthcoming Events

23rd February – Buxhall PCC meeting, 7.30pm at Combs Rectory

25th February – Lent Lunch, 12pm to 2pm at Trinity Hall, Onehouse

26th February – Lent Course on Zoom

5th March – Churchwardens' meeting, 7pm at Trinity Hall, Onehouse

7th March – Lent Lunch, 12pm to 2pm at Combs Rectory, Combs Ford

9th March – Rural Coffee Caravan, 10am to 12pm at Trinity Hall, Onehouse

9th March – Rural Coffee Caravan, 1pm to 3pm at Harleston Church, Harleston

9th March – Harleston PCC meeting, 7.00pm at Trinity Hall, Onehouse

11th March – Lent Lunch, 12pm to 2pm at Maple Lodge, High Road, Great Finborough

12th March – Rural Coffee Caravan, 10am to 12pm at Combs Green, Combs

14th March – Buxhall Tea Room, 12pm to 3pm at Buxhall Village Hall

21st March – Messy Church for Easter!, 10.30am to 12pm at Trinity Hall, Onehouse

25th March – Deanery Synod, 7.30pm at the Village Hall, Earl Stonham

Meet Up Mondays in Church Hall, Combs

Our next meeting will be a special and will take place on **2nd March 2026** from 11.30am to 1.30pm, tickets must be booked by contacting Revd Alison on 01449 541794. All most welcome.

Wednesday Mornings in Trinity Hall, Onehouse

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake. All welcome.

Saturday Morning Prayer on Zoom at 10am

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service - Meeting ID: 845 3783 4344 Passcode: 916836

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>

Prayer Group

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at emooney6@sky.com.

Collect for the First Sunday of Lent

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



Readings

The New Testament reading is taken from Romans 5.12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned, sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man,

Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. This is the word of the Lord: **Thanks be to God.**

The Holy Gospel is taken from Matthew 4.1-11 : Glory to you O Lord

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord. **Praise to you O Christ.**

Intercessions

Let us bring our prayers to God giving thanks for his willingness to hear us, for his generosity towards all who call on him and for his power to protect us from all that can harm our souls.

Generous God, we pray for your church during this season of Lent that she may remain faithful to the Good News she proclaims. Let her doors always be open and welcoming to those who seek God and her people generous and compassionate towards those who cry out for salvation.

Lord, in your Mercy: **Hear our Prayer**

Heavenly Father, we pray for the nations of this world that their leaders may exercise power with responsibility. We pray that they will seek justice for those who are

oppressed, freedom for those who are held captive and relief for those without food, water or basic medicines.

Lord, in your Mercy: **Hear our Prayer**

Good Shepherd, we pray for those who are weak, or struggling with physical, mental or spiritual health. Knowing you are the great healer, we pray for healing of mind and body for all who are suffering and for those we now name in the silence of our hearts.

Lord, in your Mercy: **Hear our Prayer**

Merciful God, when death comes close to us through the loss of a family member or friend help us to remember them and rejoice in their fellowship, giving thanks for the way that, as their lives touched ours, so we were enriched by that relationship.

Lord, in your Mercy: **Hear our Prayer**

Lord, you have chosen us and set us aside for service in the places where we live, work and move. You have called us to be lights in dark places, drawing others into your glorious light. You have called us to speak out, proclaiming your love, justice and mercy. You have called us to be neighbours to all people. For this privilege of service we thank you but also ask humbly for your power and strength without which we can do nothing. Fill us, we pray, with your Spirit that we might live and work to your praise and glory.

Merciful Father: **Accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

Services for 1st March: The Second Sunday of Lent

9.00 am	Holy Communion	Little Finborough
9.30 am	Morning Worship	Harleston
9.30 am	Spiritual Communion	Zoom Service
11.00 am	All Age Worship	Combs Church Hall

Please remember the families and loved ones of those who have recently died including Sarah Gascoine and Monica Cousins.

May they Rest in Peace and Rise in Glory.

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

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