

Worship this week

Sun 8 th	Second Sunday before Lent	9am Children's Mass 9.40am Morning Prayer 11am Sung Mass 4pm Evensong and Benediction
Mon 9 th		9am Morning Prayer at St Mark's (and via Zoom) 12noon Mass 5.30pm Evening Prayer
Tue 10 th	Requiem	8.30am Morning Prayer 6.30pm Evening Prayer 7.30pm Requiem Mass
Wed 11 th		8.30am Morning Prayer 10.15am Mass 11.30 to 12 Exposition of the Blessed Sacrament 5.30pm Evening Prayer
Thu 12 th		8.30am Morning Prayer 12noon Mass 5.30pm Evening Prayer
Fri 13 th		
Sat 14 th	Ss Cyril and Methodius, Missionaries	9.30am Morning Prayer 10.15am Mass 11.30 to 12 Exposition of the Blessed Sacrament
Sun 15 th	Sunday next before Lent	9.30am Morning Prayer 11am Sung Mass 2pm Holy Baptism

Morning and Evening Prayer will also be available on Zoom. Please contact Fr Neil for details. All our Masses will be livestreamed.

This week we offer our Masses for: Sunday: Parish and People, Monday: General Synod, Tuesday, Month's Minds, Wednesday: Southend City Council, Thursday: People of Iran, Saturday: Theologians.

We pray for our local community in: St John's Rd, St Helen's Rd, Preston Rd, Cossington Rd, Hermitage Rd, Leonard Rd, Retreat Rd, Wickford Rd, Hadleigh Rd, Westcliff Ave, Milton Rd, Milton Gate Mews, Winton Ave, Lydford Rd, Westcliff Parade, Trinity Ave, Marine Ave, Tower Court Mews The Pavillions, Alexandra Rd, Wilson Rd.

For those who are sick and in need:

Sunday: Jo Allen, Diane Paisley, Terry Gray, Binu Mullor, Diana, Paul Davison, Jackie Keys, Philip Broomfield, Anna Fong, Charlotte Cheeseman, Marilyn Gray, The King. **Monday:** John Triggs, Robin, Marta, Pauline Maker, David Raglan, Graham Turnidge, Nicole Beard, Mthr Lizzy, Jamie Hawkes, Sheila Grant, Luke Meesher.

Tuesday: Sally, Gregory, Arthur, Maggie, Leesa, Nicholas, Anne Box, Sue Burton, Norma Gray-Griffiths, Helen Pierce, Sue Leuenberger. **Wednesday:** Lisette, Lucy, Neil, John McGuinness, Pauline Barta, Fr Ian Michael, Audrey Berry, Jason, Alice Bossard, Jen & Matt Duff, The Revd Julie Fleming, Keith Lindsay. **Thursday:** Suzi Procaccino, Mary, Christine, Brenda, Keith North, Leah Morassi, Mark, Jim Easton, Jeff Campbell, Rachel Sanders, John. **Friday:** Ken McMillan, Roy North, Danielle Gregory, Jackie Paul, Philip Walker, Cate, Michael Grant, Mark Simpson, Philip St James, Martyn Pinkney.

Saturday: Marcus Gregory, Matthew Gregory, Graham Cushion, Dave, Mary North, Janet Beale, Maureen Gray, Frankie Rose and family, Andrea Walzy,

Recently Departed: Laurence Higham, Steffan Sadowski, Samson Rickard, Anne Barker, Dennis Johnson, Rowan Cumming

In Memoriam: Robert Walter Vincent, Ida Underwood, Harold Hinds, Phyllis Philp, Colin Herbert Dean, .

Next Week's Readings: Exodus 24:12-end, Psalm 2, 2 Peter 1:16-end, Matthew 17:1-9



Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality.

Saint Alban the Martyr Westcliff on Sea Second Sunday before Lent



Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them.

Our Mass begins with hymn **397, Let us with a gladsome mind**, which we sing after the bell rings.

Evensong and Benediction is this afternoon at 4pm

Alban's Allsorts our group for toddlers and their parents and carers is on Tuesdays from 10am until 12 noon.

Pride Pancakes. Shrove Tuesday 17th February 6pm to 8pm at St Mark's. 6pm doors open. 6.30pm Time of reflection and worship led by *Southend Inclusive Churches*. 7pm Pancakes – bring your own toppings.

We are hosting **Winter Pride**, on 28th February again at St Mark's. 10am -5pm

Ash Wednesday, the start of Lent, is on Wednesday 18th February and there will be Masses with Ashing that day at 10.15am and 7.30pm. Please bring your **Palm Crosses** back to church ready for us to make the ash.

During Lent we will meet on Tuesday evenings after Mass for a **Lent Supper and Discussion** at the Vicarage. We will look at Resurrection Journeys this year inspired by the walk to Emmaus and Bishop Guli's *100 Days of Prayer*. Please sign the list at the back of church to let us know if you are coming to the first session on 24th February.

We continue to have good relations with **Milton Hall School** where Fr Neil is Vice-Chair of the Governing Board. The Governing Board is looking for further support and if you might be interested, please speak to Fr Neil.

Taylor Higgs will be giving a **piano recital** here in church on Saturday 14th February entitled *Amoroso* it will include some of the most romantic piano music ever written.

This year our **Parish Pilgrimage to the Shine of Our Lady of Walsingham** will be from 26-28 May. The cost will be £174 plus transport. Hopefully we can do car-sharing again to get there. Please sign-up on the sheet if you'd like to go and indicate if you have any dietary or room requirements. We will need a £40 deposit in the next few weeks please.

Gluten Free wafers are available but please let us know that you need one when you arrive at church.

Church cleaning and gardening on Wednesdays from 12 noon until 2pm. Tea and chocolate biscuits offered in recompense.

Contact Details

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