

Diary

Weds. 25th	10.30am	CAMEO at Holy Spirit Church
	11am	Holy Communion (CW) at St. Mary's
	7pm	Bellringing Practice at St. Mary's
Thu. 26th	10am	Tamerton Tinies in St. Mary's Hall
	10am	Holy Communion (CW) at Holy Spirit
	10.30am	Prayer Course at Holy Spirit Church
Fri. 27th	4.30pm	Brownies meet at Holy Spirit Church
	5.40pm	Brownies meet at Holy Spirit Church
	7pm	Choir Practice in St. Mary's Church
Sat 28th	1.30pm	Roboteers Club meet in St. Mary's Hall

Notices

1. Family Services. At Holy Spirit the All-Age Worship services are usually on the first Sunday of each month at 11am. The next one is on Sunday 1st March. The monthly Family Services at St. Mary's, 'Catch the 9.15!', are on the 3rd Sunday of each month. The next one is on Sunday 15th March – Mothering Sunday.

2. PCC Meetings. The next meeting of the PCC at St. Mary's is on Tuesday 17th March 2026 at 7pm in Church. The next meeting of the PCC at Holy Spirit is yet to be arranged.

3. Tabletop Sale. The next monthly Tabletop Sale at The Church of The Holy Spirit is on Saturday 14th March from 1pm. Please contact Liz Nicholls on **07719959391** or email **liznicholls@blueyonder.co.uk** for more information.

5. Easy Fundraising. Don't forget, when shopping on-line, to use **www.easyfundraising.org.uk** to raise some extra money for St. Mary's at no cost to yourself. We now have **32** people supporting us. Our total raised so far is **£973.21**. Ask Andy King for more details. **(07708590704)**

6. Church News. If you would like to be added to (or removed from) the weekly mailing list to receive the Church News and other messages via email, or to submit queries or notices for the Church News, please contact **andy@saintmarys.org.uk**.

Next Sunday

1st March 2026

Second Sunday of Lent

St. Mary's:

9.15am Holy Communion (CW)

6.30pm Celtic Prayer

Numbers 21: 4 – 9,

Luke 14: 27 – 33

Holy Spirit:

11am All Age Worship

Morning Readings: Genesis 12: 1 – 4a,

Romans 4: 1 – 5, 13 – 17, John 3: 1 – 17

Team Rector:

Rev. Gerda van Ommeren, Email: reverendgerda@outlook.com

53 Whitsoncross Lane, Tamerton Foliot, PL5 4NT Tel. 629255

(N.B. Not available on Mondays)

Reader:

Carrie Tucker Tel. 767661 Email: carrieatucker29@gmail.com

Churchwardens at St Mary's:

Andrew King 4 Drakes Close, Derriford Mob. 07708590704

Susanne Burnett 25 Ashleigh Close, Tamerton Foliot Tel. 791587

Churchwarden at Holy Spirit:

Gwynneth Greenacre 4 Brockton Gardens, Roborough Tel. 775788

Safeguarding Contacts:

St. Mary's: Gill Camp Mob. 07763492286

Holy Spirit: Liz Nicholls Mob. 07719959391

Bank details: St Mary's:

Account name: PCC of Tamerton Foliot

Sort code: 30-96-68

Account number: 00503131

Holy Spirit:

Southway PCC

56-00-63

06604110

Church News



Holy Spirit,
Southway

www.saintmarys.org.uk

<https://holyspiritsouthway.org.uk>

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Saint Mary's,
Tamerton Foliot

Tamerton Foliot & Southway Team Ministry

22nd February 2026

First Sunday of Lent

Today's Services

St Mary's

10am Holy Communion (CW)

Genesis 2: 15 – 17, 3: 1 – 7,

Matthew 4: 1 – 11

(CAHON) 190, 165, 221, 69

Team Service

Romans 5: 12 – 19

6.30pm Evensong (BCP)

Deuteronomy 6: 4 – 9, 16 – 25,

(CAHON) 417, 161, 264, 343

Andy King

Luke 15: 1 – 10

Psalm 50: 1 – 15

Holy Spirit

N.B. No service today

Lent (the 'lengthening' of the days) is an old English word meaning Spring. In earliest times it was observed by those who were preparing for their Baptism at Easter. Later the 40 days of Lent were identified with the 40 days when Jesus was tested in the wilderness. It is an opportunity for Christians humbly to re-examine their lives and through prayer, study and self-denial, to renew their love for God.

Collect

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. Amen.

Please remember in your prayers this week:

Those living in: Fraser Close, Fraser Square, Fraser Road, Barndale Crescent, Corsham Close, Brockton Gardens, Tylney Close, Davenham Close, Barningham Gardens, Hazel Close, Arley Close, Burton Close, Trentham Close, Farnley Close, Coringdean Close, Abney Crescent, Oldlands Close, Colston Close, Eastcote Close.

Our Schools: Mary Dean Primary, Beechwood Primary, Oakwood Primary, Widewell Primary and other nursery schools. Notre Dame High School. All our businesses, pubs and shops. Southway Community Centre. Our Doctors' surgeries and other health care facilities. Our Uniformed organisations. All our Community workers.

First Reading Genesis 2: 15 – 17, 3: 1 – 7

2: ¹⁵The Lord God took the man and put him in the garden of Eden to till it and keep it. ¹⁶And the Lord God commanded the man, ‘You may freely eat of every tree of the garden; ¹⁷but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’

3: ¹Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, ‘Did God say, “You shall not eat from any tree in the garden?”’ ²The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; ³but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ ⁴But the serpent said to the woman, ‘You will not die; ⁵for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.’ ⁶So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Second Reading Romans 5: 12 – 19

¹² Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned - ¹³ sin was indeed in the world before the law, but sin is not reckoned when there is no law. ¹⁴ Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. ¹⁵ But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶ And the free gift is not like the effect of the one man’s sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷ If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. ¹⁸ Therefore just as one man’s trespass led to condemnation for all, so one man’s act of righteousness leads to justification and life for all. ¹⁹ For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

Gospel Reading Matthew 4: 1 – 11

¹ Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² He fasted for forty days and forty nights, and afterwards he was famished. ³ The tempter came and said to him, ‘If you are the Son of God, command these stones to become **(Continued on Insert)**

Coffee, Cake and Chat

A Community Group meets on the first Tuesday of each month in St. Mary’s Church Hall from 10am to 12pm. The next one is on Tuesday 3rd March. It is a chance for anyone to come along for a coffee, some cake and a chat.

Tea and Cake

A social group meets at The Church of The Holy Spirit, Southway from 2pm – 4pm on the first Thursday of the month. The next meeting is on Thursday 5th March.

Tamerton Tinies

If you know anyone with young children who would benefit from attending the Tamerton Tinies group, please let them know the parent and toddler group meet in St. Mary’s Church Hall from 10am – 11.30am every Thursday morning during School Term Time. It’s a chance for parents to meet with others, and for the children to play together.

Lifts For Team Services

It has been suggested several times that we need to do more things together as a Team Ministry, so it would be nice to have as many people as possible from both Churches attending the monthly Team Services.

We are creating a list of those people who need a lift to Team Services when they are not being held at their own Church, and also a list of those who are able to offer a lift to those people. We have 2 people on the list, so far, who can offer lifts. Please let Andy King (**07708590704** or **andy@saintmarys.org.uk**) know if you require a lift, and to which Church, or if you can offer a lift to anyone, and we will try and co-ordinate things.

CAMEO (Come And Meet Each Other)

Cameo meets for Bible Study on Wednesdays at The Church of The Holy Spirit, at 10.30am. The group meets this Wednesday, 25th February, with a Lent course on Jesus and prayers.

The Prayer Course

On Thursdays throughout February and March we are running the Prayer Course. This will take place after 10am Holy Communion at The Church of the Holy Spirit. Each session is 1 hour.

The sessions are written by Pete Grieg from the 24/7 Prayer Movement. There is a book that goes with the course called How to Pray. It’s available on Amazon etc but NOT essential in order to join in the course. Please see Beth or Revd Gerda for further information. It would be lovely to see you there!

And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up.

John 3: 14