

Second Sunday of Lent

1st March 2026



Collect

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord. **Amen.**

First Reading (Genesis 12:1-4a)

A reading from the Book of Genesis.
Now the LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the LORD had told him;
and Lot went with him.

Psalm (Psalm 121)



My help comes from the Lord.

Response: My help comes from the Lord.

I lift up my eyes to the hills:
From where shall come my help?
My help comes from the Lord
Who made heaven and earth. **R**

The Lord is your guard and your shade;
At your right side he stands.
By day the sun shall not smite you
Nor the moon in the night. **R**

The Lord will guard you from evil,
He will guard your soul.
The Lord will guard your going and coming
Both now and for ever. **R**

Second Reading (Romans 4:1-5,13-17)

A reading from Paul's Letter to the Romans.
What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")--in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Gospel Reading (John 3:1-17)

A reading from the Holy Gospel according to John.
Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being

born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Post Communion

Almighty God, you see that we have no power of ourselves to help ourselves:

keep us both outwardly in our bodies,
and inwardly in our souls;

that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts

which may assault and hurt the soul;
through Jesus Christ our Lord.

Amen.

For your prayers

In our Prayers:

Tommy Lacken, Martin Fletcher, Terry Folan, Sheila Hoppenbrouwers, Eamon Irvine, Fr Michael Shier, Carol Martin, Philomena Sorrenti, Maggie Stevenson, Hope Oram, Sherry Lacken, Doug Williams, Neville Thomas, Lynn Williamson, Juan Carlos Mandich, Nancy Mandich, Eliane Ferreira Batista, Joanne Dack, Jaqueline Ives, Joan Rivellini, Tommy Naylor, Albert Kwasi Kkwateng, Lenny Shaw, baby Maison, Stephen Green, Riva Hodges, Sue Bloom, Sarah Chambers, Dwight d'Aguilar Gooden, Bea Ray

Among the departed:

Rose Nolan, Guillem Vicens Yousfi, Jason Kelly

Anniversaries of Death:

Gladys Everett, George Arnall, Frederick Douglas Lock, Alice MacLaughlan

In our parish:

We pray for Goswell Road and Turnpike House

In the wider world: We pray for peace between Russia and Ukraine, and for all those caught up in the conflict on both sides.

Notices

This week in church...

Wednesday Open Church: 10am-1pm

Study Group: 11-12

12.30pm Mass

Next Sunday Third Sunday of Lent

10.30am Parish Mass

Mondays at 6pm Stations of the Cross

The ancient and beautiful devotion, following Christ's path to the Cross with readings and reflection.

Wednesdays at 11am Lent Group

"Lent Wise: Spiritual Essentials for Real Life"

A user-friendly guide to season of Lent by Paula Gooder.

Wednesdays at 6pm Compline

A short, meditative service with space for silence and guided reflection on Lenten themes.

St Clement's Shopping Basket

The basket provides the chance week by week to donate to a collection of dried and tinned food and toiletries which can be passed directly to the Dunloe Centre at St Saviour's Priory which works with the homeless and the very poor in our part of London. Please give what you can.

Can you help?

Please speak to the clergy or churchwardens if you'd like to help set up for the service and with the refreshments or clear away on Sundays.

We're looking for volunteers to help share out these jobs.