

Prayer intentions this week

Almighty Father,
whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with
him
and be changed into his likeness, from glory
to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are
penitent:
create and make in us new and contrite
hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Those in need

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Beverley Reaney	Ann Kuczak
Francis Berryman	Lindsay Richards
Margaret Johnson	Rebecca Ormian
Wendy Goodwin	Teresa Nicholls
Stephen Keeble	Richard Howells

Those who have recently died

Joan Margaret Pightling
Julia Rosemary Howarth
Neville James Kimmins

Those in our year's mind

Joan Smart	Gus Stafford Allen
Kenneth Pocknell	Doreen Smith
Susan Howard	Jennifer Dove
Poppy Hunt	

***Rest eternal grant unto them O Lord; and
let light perpetual shine upon them***

Nar Valley Benefice

Pew News

15th-21st February 2026

This Sunday 15th February
Sunday next before Lent (green)

9.30am in Castle Acre

Eucharist

The Scriptures are:
Exodus 24.12-end & Matthew 17.1-9
Hymns: 248, 190, 275 EP: G

11am in Narborough

Eucharist

The scriptures are:
Exodus 24.12-end & Matthew 17.1-9
Hymns: 248, 190, 275 EP: G

6pm in West Acre

Traditional Evensong

The scriptures are: Psalm 84
2 Kings 2.1-12 & Matthew 17.9-23
Hymns: 349, 467

Wednesday 18th February

Ash Wednesday (purple)

9am in Narborough

6pm in Castle Acre

Eucharist with imposition of ashes

The Scriptures are:
2 Corinthians 5.20b-6.10 &
John 8.1-11

Thursday 19th February

Lent (purple)

6-6.30pm in Castle Acre

Simply Still

Next Sunday 22nd February

Lent 1 (purple)

8.30am in West Acre

Traditional said Holy Communion

The scriptures are:
Romans 5.12-19 & Matthew 4.1-11

9.30am in Castle Acre

Eucharist

The scriptures are:
Romans 5.12-19 & Matthew 4.1-11
Hymns: 202, 152, 556 EP: E

11am in Pentney

Morning Praise

The Scriptures are: Psalm 32
Romans 5.12-19 & Matthew 4.1-11

Welcome to all

We are always welcome in God's house and greet one another with joy. Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Hearing aids

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies.

Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Pentney

Andrew Smith (01760 755102)

Narborough & Narford

Liz Collins (01760 337403)

Joan Upton (01760 337053)

West Acre

Clare Levere (07709232851)

South Acre

James Stephenson (01760 337901)

Newton

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team safeguarding@dioceseofnorwich.org or 01603 882345

Sue Brice, diocesan safeguarding advisor sue.brice@dioceseofnorwich.org or 07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Mother Angela is building up her database of people's contact details. Please fill in a form and put it in an envelope. Then hand it to her, her husband, or a churchwarden.

Contact details

Mother Angela is happy to be contacted on her landline **01760 338552** or by email narvalleyrector@hotmail.com Her rest day this week is Friday.

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

Anne Loch 01760 755403

David Bowman 01603 483658

Narborough:

James Stephenson 01760 337901

Newton:

Tony Bell 01760 755506

Stephen Laing 01760 755455

Pentney

Sue Neep 01760 338037

Andrew Smith 01760 755102

South Acre:

Davina Barber 07967 369 573

West Acre:

Henry Birkbeck 01760 755254

Notices

Monday 16th February 2-3.30pm

Churchwardens meeting at the Rectory preceded by lunch at 1pm.

Tuesday 17th February 2pm **Pentney PCC** at Little Abbey Farm.

Tuesday 17th February 5.30-6.30pm **Shrove Tuesday Pancake Party** in the Church Rooms. Tell the Rectory if you're coming.

Tuesdays in Lent (so February 24th to March 31st) **Simply Soup** lunches in the Church Rooms in Narborough 12.30pm. Followed by **Simply Spoken** – gently exploring some famous biblical speeches 1.30-2pm.

Thursdays in Lent (so February 19th to March 26th) **Simply Still** in Castle Acre Church 6-6.30pm. Time out sitting with meditative music playing in the background.

Saturday 28th February 6.30pm for 7pm **Pentney Pie and Mash and Games evening** at Little Abbey Farm. Bring your own drinks. Tickets £15 from Janet Beck 01760 337419 All profits to Pentney Parish Church.