



WHAT'S ON?

In the Parish of Upper Deal & Great Mongeham

First Sunday of Lent - Sunday 22nd February 2026

For all the news, join our weekly email update, please contact stleonardsoffice@btinternet.com

<p><u>St Leonard's</u> 8.00am Holy Communion 10.00am Family Service with Holy Communion</p>	<p><u>St Martin's</u> 11.00am Family Service with Holy Communion</p>	<p><u>St Nicholas'</u> 9.30am Family Service without Holy Communion</p>	<p><u>St Richard's</u> Next service 1st March, 10.00am Youth Choir & Family Holy Communion</p>
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WEEKLY PARISH COMMUNION Please join us on Tuesdays, 12 noon, in St Leonard's church after the Coffee Morning.



St Leonard's

237 Take up thy cross, the Saviour said
 230 O for a heart to praise my God
 115 Dear Lord & Father of mankind
 271 Bread of heaven, on thee we feed
 Anthem: A Litany – plainsong mode 1
 217 Be thou my guardian & my guide

St Nicholas'

237 Take up thy cross, the saviour said
 426 The Lord's my shepherd
 115 Dear Lord & Father of mankind
 217 Be thou my guardian & my guide

St Martin's

202 Forty days & forty nights
 550 O happy band of pilgrims
 14 All hail, the power of Jesus' name
 36 And can it be

This week's music...

The Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

PRINCIPAL READINGS

First reading: Genesis 2. 15-17, 3. 1-7

¹⁵ The LORD God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the LORD God commanded the man, "You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."

3 Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?" ² The woman said to the serpent, "We may eat fruit from the trees in the garden, ³ but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'" ⁴ "You will not certainly die,"

the serpent said to the woman. ⁵“For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Psalm 32. 1-6

¹ Blessed is the one whose transgressions are forgiven, whose sins are covered.

² Blessed is the one whose sin the LORD does not count against them and in whose spirit is no deceit.

³ When I kept silent, my bones wasted away through my groaning all day long.

⁴ For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.

⁵ Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the LORD.” And you forgave the guilt of my sin.

⁶ Therefore, let all the faithful pray to you while you may be found.

Second reading: Romans 5. 12-19

¹² Just as sin entered the world through one man, and death through sin, and in this way death came to all people, because all sinned—

¹³ To be sure, sin was in the world before the law was given, but sin is not charged against anyone’s account where there is no law. ¹⁴ Nevertheless, death reigned from the time of Adam to the time of Moses, even over those who did not sin by breaking a command, as did Adam, who is a pattern of the one to come.

¹⁵ But the gift is not like the trespass. For if the many died by the trespass of the one man, how much more did God’s grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many! ¹⁶ Nor can the gift of God be compared with the result of one man’s sin: The judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. ¹⁷ For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God’s abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!

¹⁸ Consequently, just as one trespass resulted in condemnation for all people, so also one righteous act resulted in justification and life for all people. ¹⁹ For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.

Gospel: Matthew 4. 1-11

⁴ Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.” ⁴ Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

⁵ Then the devil took him to the holy city and had him stand on the highest point of the temple. ⁶ “If you are the Son of God,” he said, “throw yourself down. For it is written:

“He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.”

⁷ Jesus answered him, “It is also written: ‘Do not put the Lord your God to the test.’”

⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour. ⁹ “All this I will give you,” he said, “if you will bow down and worship me.” ¹⁰ Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve him only.’” ¹¹ Then the devil left him, and angels came and attended him.

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

PRAYERS ARE REQUESTED ESPECIALLY FOR: Sarah Robinson, Dennis Burney, Karen Fairclough, David Flewker, Mavis Harris, Michael Chambers, Michael Finney, Baby Lola, Baby Esmae, Margaret Thurgood, Andrew Russell, Heather Brennon, Barbara Sharman, Jean Gear, Dave James, Joan Finney, Ian Instone & his family. Adrian Morley, Wendy Turner, Elizabeth McConnell, Caroline Richards, Steve Milne, Jacob Alger. Also, Father George & all those in Antananarivo, Madagascar.

(Please let Wendy in the office know when names may be removed.)

WE PRAY FOR THOSE WHO HAVE RECENTLY DIED including Karen Beckett. Lord, hold them in your arms, bless and care for them. We ask that you also give peace and comfort to their families and friends and keep them in your loving strength as they come to terms with their loss.

Next Week's Services – Sunday 1st March 2026

<u>St Leonard's</u>	<u>St Martin's</u>	<u>St Nicholas'</u>	<u>St Richard's</u>
8.00am Holy Communion	11.00am Family Service	9.30am Family Service with	10.00am Family Service
10.00am Family Service without Holy Communion	without Holy Communion	Holy Communion	with Holy Communion & Youth Choir

MORNING PRAYER WEEKLY 9.30-9.55am

St Richard's Mon, St Leonard's Tues, St Martin's Weds, St Nicholas' Thurs

NOTICES

SAFEGUARDING Please raise safeguarding concerns immediately with our Safeguarding Officer, Mandy Forrest 01304 372521 or 07999 910197

COFFEE MORNING FUNDRAISER FOR EMMAUS A grand total of £500 raised yesterday. Thank you to Linda Dixon for organising & to Sue & the team for their usual hard work. It was good to hear testimonies from two of the Companions and a Support Worker.

YOUTH CHOIR continues on the first Sunday of the month, 10-11.30am at St Richard's for all children 7yrs & upwards. Snacks will be served

JAMAICA FUND Bishop Rose has asked us to pray and give what we can for Jamaica. If you would like to contribute to a Parish collection please give cash donations in marked envelopes or bank transfer donations with a clear reference to that effect. We have collected £77 so far - thank you.

WHATSAPP GROUP Please use the link to join the new parish **WhatsApp** gp.
https://chat.whatsapp.com/IYnoITbxt0eB0mzylEbmRE?mode=ac_t

VOCATIONAL TRAINING Please continue to pray for Rev John Wakeman, Rev Nick Tomaszewski, Stephen Manion & Julie Murrow.

SAVE THE DATE!

BELONGING COURSE The course comes to an end on **Thurs** 26th, 6.30-8pm (*please note change of day*) at the Rectory, planned & led by Julie Murrow. Thank you to Julie for these very interesting sessions.

LENT COURSE - DIVERSITY & INCLUSION Four **Tuesdays** (*not Wednesdays as previously advertised*) from 3rd March, 7pm at St Richard's led by Rev Nick Tomaszewski. Please join us for this course.

PRIVATE HIRE - LUMOS CONCERTS St Leonard's **church** is being hired for two concerts on Sat 18th April & the church will be unavailable. This is a private event but tickets may be found via the *Lumos Experiences* Facebook page. Bookings & concert enquiries will be *unavailable* from our Parish Office.

ANNUAL PAROCHIAL CHURCH MEETING - ADVANCE NOTICE Sunday 10th May 2026 after the morning service at St Richard's



WHOLE PARISH PLANNING AFTERNOON Sat 23rd May, 12-3pm beginning with a bring & share lunch & performance by **Ravi Holy** (Priest at Wye) at St Richard's. *Absolutely everyone is welcome* – you do not have to belong to any committee to help the parish plan.

CHURCH BANK DETAILS

Paying tithes and pledges electronically is easy. The details you need to know are below. We would also be delighted if you would complete the Gift Aid form if you pay tax, so that your monetary gifts would benefit from tax relief. The QR code below is a quick and safe way to donate to parish funds too. Thank you.

Account Name: Upper Deal and Gt. Mongeham PCC

Sort Code: 40-19-10 **Account No:** 31141228

Parish Giving Scheme URL:

<https://www.parishgiving.org.uk/donors/find-your-parish/upper-deal-w-great-mongeham-deal/>

treasurerudgm@outlook.com

God of Mission,

Who alone brings growth to your Church. Send your Holy Spirit to give, Vision for our planning, Wisdom to our actions, Joy to our worship and power to our witness.

Help our church to grow in numbers, in spiritual commitment to you

And in service to our local community, through Jesus Christ our Lord. **Amen.**



