



WELCOME

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Team Rector: **Rev'd Richard Lane**

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Vicarage: **020 3524 9301**

Scan the QR code here with
your phone for an easy way to
give to St George's.



Parish Safeguarding Officer: Sara Sanbrook-Davies Mobile: 07960 963013

2ND SUNDAY BEFORE LENT

8th February 2026

HYMNS

| | |
|-------------|-----|
| Introit | 379 |
| Gradual | 84 |
| Offertory | 552 |
| Communion | 429 |
| Recessional | 684 |



COLLECT

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord.

POST-COMMUNION PRAYER

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord.

FOR OUR PRAYERS: Tony, Beryl, Mimi, Trevor, Corinne, Karen

RIP: Eula Christie, Elizabeth Ward

IN REMEMBRANCE: Alfred Appleyard

DCC MEETING 10 FEBRUARY

We will be discussing:

- Safeguarding
- Church finances
- Church heat loss report
- Proposal to fit new doors
- Damp in the ladies loo
- Paving around the church
- Sale of old church stained glass



MARCH LUNCH CLUB

Our next meeting will be

Wednesday 4 March. Sign up list available now!



APRIL LUNCH CLUB

Advance notice: due to Holy Week services in April, there is no Lunch Club **Wednesday 1 April** – instead we will be holding our Agape Meal.



OFFICE PHONE NOT WORKING

With apology, the office phone is not working at the moment. We are trying to get it fixed but please email the office or call the vicarage if you need to speak to us.

FILM NIGHT

The Film group meets on the last Tuesday of each month. However because of Lent and Easter, our next meetings are: **Monday 23 February** and **Wednesday 25 March.**



CHANGE OF EMAIL ADDRESSES

With apology, our new emails are:

parish.perryhill@outlook.com

rector.perryhill@outlook.com



MARYANN'S PARTY

Everyone at St George's is invited to celebrate Maryann's birthday on

Saturday 14 February from 14:00.



PARISH WEEKEND AWAY

This year's weekend at **Wychcroft** is on **Friday 5 June to Sunday 7 June.** Cost is £210 for adults and half-price for children. Please sign the list if you'd like to come.



HEALING AT TUESDAY EUCHARISTS

On the first Tuesday of the month, our 10:30 Eucharist will be a healing service. At which the laying on of hands and anointing will be offered. Our next one is **Tuesday 3 March**.



REFLECTIVE EVENING PRAYER

Our monthly evening service is the second Sunday of the month. Our next one is tonight, **Sunday 8 February**, at 18:00.



LENT 2026

Lent kicks off on Ash Wednesday, **18 February**, with services at 12:00 and 19:30. Lent groups will be on Tuesdays from **24 February** at 12:00 and 19:30 in church. Meal sign up sheet are in the lobby.



WORLD DAY OF PRAYER 2026

The service this year is **Friday 6 March, 10:30**, at the Grove Centre on Jews Walk, Sydenham SE26 6PL. All are welcome.

EVENTS THIS WEEK

Monday 9 February

Church: 19:00 - Meditation group

Tuesday 10 February

Church: 09:30- Morning prayer

Church: 10:30 - Eucharist

Church: 18:00 – Brownies

Wednesday 11 February

Hall: 18:00 - Cubs, 20:00 – Scouts

Studio: 19:30-20:30 - Yoga class

Thursday 12 February

Hall: 18:15 - 19:15 – Beavers

Saturday 14 February

Church: 09:30 - Morning Prayer

Studio: 11:00-12:00 - Yoga class

Studio: 1430 - 15:30 - Outside group

Sunday 15 February

Church: 10:00 – Eucharist

Studio: 14:00 - 16:00 - Outside group

UPCOMING EVENTS

Monday 23 February

Studio: 19:30 – Film Group

Tuesday 24 February

Church: 12:00 & 19:30 – Lent Group

Tuesday 3 March

Church: 10:30 - Healing Service

Church: 12:00 & 19:30 – Lent Group

Wednesday 4 March

Church: 13:00 - Lunch Club

Friday 6 March

Grove Centre: 10:30 – World Day of Prayer service

NT: Romans 8: 18 - 25

¹⁸ I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us.

¹⁹ For the creation waits with eager longing for the revealing of the children of God; ²⁰ for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope ²¹ that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. ²² We know that the whole creation has been groaning in labour pains until now; ²³ and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. ²⁴ For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? ²⁵ But if we hope for what we do not see, we wait for it with patience.



GOSPEL: Matthew 6: 25 - end

²⁵ 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing?

²⁶ Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And can any of you by worrying add a single hour to your span of life? ²⁸ And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not clothed like one of these. ³⁰ But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? ³¹ Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" ³² For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. ³³ But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. ³⁴ 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.