



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 1st March 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - CW**

Genesis 12:1-4 & John 3:1-17

11am **All-Age Service (also livestreamed) (HC)**

John 3:1-17

Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**

Wednesday 11am **Holy Communion**



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the **Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Kelsey Hawkins, Margaret Knell,
Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells,
Daphne West, Cate Wilby, and Wendy Willis.

LCM's PIONEER SCHEME:

The aim of this two-year scheme is to raise up and equip local believers from across London who have a passion for sharing their faith.

Fully funded by generous LCM supporters, Pioneers receive a part-time salary, theological training, work placement with LCM and, for one day a week, work in their home church to develop a ministry.

Linking with their home church is key, rooting the programme

locally and creating effective urban gospel ministries across the city.

It has proved to be a life-changing opportunity for many, raising up believers across London who might not fit the stereotypical image of Christian leaders, equipping them to share the love of Christ in our capital city.

Lesley Holland

World Day of Prayer

Friday 6th March, 2pm

St Michael's Parish Church, Kirby-le-Soken.

Everyone is welcome.

This year's service has been prepared by the women of Nigeria.



Clacton Choral Society welcomes you to enjoy their **Easter Concert**,

chosen this year as *Mozart's Requiem Mass*.

Under the direction of Carol Newnham, with

organist Duncan Archard, the choir will include four guest soloists.

St. James' Church, Tower Road, Clacton CO15 1LE

4pm on Saturday 28th March

Refreshments will be served at the conclusion of the concert. Tickets in advance at £15 from:

www.ticketsource.co.uk/clacton-choral-society or from Roger Broomfield on **07949 127 216**.

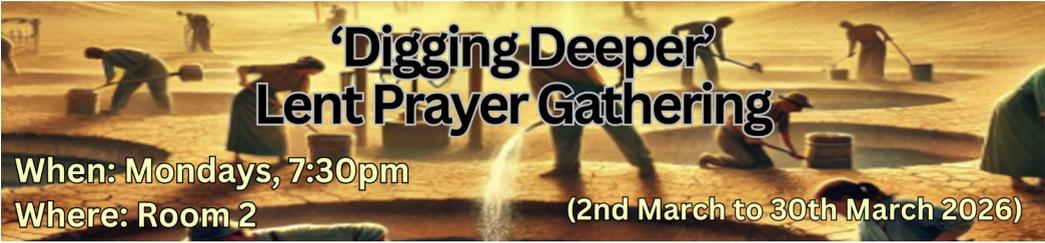
CLACTON
choral
SOCIETY

90
plus

Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 2nd March at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

Ruth and Tricia



'Digging Deeper' Lent Prayer Gathering

When: Mondays, 7:30pm

Where: Room 2

(2nd March to 30th March 2026)

Jaywick Project

We would be pleased to receive any **donations for Jaywick for Easter**, between now and 22nd March. These will be used to purchase Easter eggs for the children, and biscuits/cakes for the elderly, in Jaywick. Gifts will be delivered to them during the week after 22nd March.

Thank you again for your prayers for the Jaywick community.

Eleanor Young

The Bible Course continues on Tuesday 3rd March each week until Tuesday 31st March

The 2pm and 7pm sessions continue to be duplicated each week, so you could attend an afternoon one week, and an evening the following week, and not miss out.

The Bible Course

The Bible Course will be held in **2pm & 7pm**
Rooms 3/4 on the following Tuesdays
3rd 10th 17th February & 3rd 10th 17th 24th 31st March



Men's Breakfast - Saturday, 14th March at 8:30am

If you are interested in joining the *Men's Breakfast*, please contact David Kidney or book via the [Church Calendar](#). For catering purposes, please let Reception know if you wish to attend. Email invites are sent on the Monday before. If you are male, young, old, fighting fit, falling apart, or somewhere in the middle you will be most welcome in our Church Hall at 8:30am.

St Mary's Men's Flower Guild

The annual (and only) meeting will take place on Saturday, March 14th, in the church hall immediately after the Men's Breakfast. Please come armed with secateurs, elastic bands, and as much 'greenery' as you can muster.

Andrew Rose



Our Rector Funmilayo is writing a letter to the members of our church each month in 2026. These letters appear on our website. Just click on [this link](#) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

21st February, 9:30am - Going Deeper

28th March, 9:30am - Going Deeper

15th April, 3pm - Simply at Home

2nd May 9:30am - Going Deeper

20th June 9:30am - Going Deeper

22nd July 7pm: Speaker - Russ Palmer

18th August 12:00noon - Quiet Day

12th September 10:30am - Going Deeper

7th November 9:30am - Going Deeper

3rd December 7pm - Christmas Evening

Wow - 2026



During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 2 nd	Over 90's Group 3pm
Tuesday 3 rd	Weekly Prayer Meeting 7:30pm
Wednesday 4 th	The Bible Course 2pm & 7pm
Thursday 5 th	Wednesday Group 10am
Friday 6 th	Holy Communion (Old Church) 11am
Saturday 7 th	Smallsorts 10am
	Knit & Natter 1:30pm
	Coffee Morning 10am
	World Day of Prayer 2pm (at St Michael's Parish Church, Kirby-Le-Soken)
	Choir Practice 6pm
	Frinton Mission Prayer Meeting 9am



Sunday 8th March

9:30am Traditional Service - CW (HC)

11am All-Age Service (also livestreamed)

6:30pm Evening Service - BCP (Old Church)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service

Confirmation Service - Thurs. 4th June

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Notice sheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org