



‘Pilgrimage
The outer & inner journey’
Led by the Rev’d Fr Alasdair Kay
Saturday 28th March 2026
St Oswald’s Church, Ashbourne

*Pilgrimage encourages us to go deeper into our relationships.
‘The pilgrim seeks to let go of everyday distractions and interior attachments, to be open to new insights into self and the Beloved and, allowing all this to integrate, draws ever closer in union. On my own journeys I realised I had not so much sought the Beloved, but that the Beloved has sought me’,
(extract from *The Kentigern Way* by Stephen Wright, Wild Goose Publications, Glasgow, 2019 p.92)*

The quiet day begins at 10.30am, refreshments will be available from 10am. The day begins with worship and will include three short talks and times of silence. The day ends with a time for questions and finally closing worship. Those attending are asked to bring a packed lunch. The speaker for the day is Rev’d Fr Alasdair Kay MA SCP (The Anglican Greyfriars) who will lead the day on the theme of the ‘Pilgrimage an inner and outward journey’. There is no charge for the day, those attending are invited to make a donation. Please book your place by emailing Cameron Butland – cameron.butland@derby.anglican.org

Programme

10-10.30am Arrive, (*refreshments available on arrival*)
10.30am Morning Prayer
11.00am **First talk**
followed by quiet time of reflection
12noon **Second talk**
followed by quiet time of reflection
1.00pm *Lunch, please bring own packed lunch, drinks provided*
2.00pm **Third talk**
followed by quiet time of reflection
3.00pm Closing Prayer

The venue is St Oswald’s Church Hall, 5 School Lane, Ashbourne DE6 1AN Ashbourne. There is a small car park and parking on the road outside the church.

Glendalough Pilgrim Prayer

*I beg assistance, God of my journey, to accept that all of life is only on loan to me, to believe beyond this moment, to accept your courage when mine fails, to recognise the pilgrim of my heart, to hold all of life in open hands. **Amen***