

**Pancake party** Thank you to everyone who worked so hard. It was a great event. Together with the card donations, we raised £134.74 for Christian Aid, which will be allocated to the Sudan appeal. It was great to see so many people there.

**Lent lunches** we will be sharing bread and soup on Sundays in Lent from 12.30pm. There will be the opportunity to make donations towards the Bishop's Lent Appeal for Papua New Guinea.

**Bible reflections during Lent** are available online from Embrace <https://embraceme.org/lent-reflections>

**Prayers for Ordinary Moments** produced by Our Daily Bread Ministries for Lent. Short, inspiring prayers for everyday tasks. Copies are available at the back of church.

**World Day of Prayer** there will be a service on Friday 6<sup>th</sup> March at 2.00pm at Trinity Church, Thorpe Marriott. The service has been compiled by Christians in Nigeria and is open to everyone

**Confirmation** Bishop Graham is coming to St Ed's on Sunday 22<sup>nd</sup> March for a Confirmation service at 11.15am. If you would like to be Confirmed, or if you know someone who may be interested, please speak to one of the clergy.

**If you are new....** It is great to see you today. If you are able to, please speak to a member of the ministry team. We look forward to getting to know you!

### **Safeguarding**

If you have any safeguarding concerns or queries please contact the Diocesan Safeguarding Advisor  
: [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org)  
01603 882345 Address: Safeguarding Team, Bishop's House, Norwich, NR3 1SB.  
Or visit the Diocesan web pages: [www.dioceseofnorwich.org/training/safeguarding](http://www.dioceseofnorwich.org/training/safeguarding) for further information.

### **Financial giving to our life and ministry**

St Edmund's Bank details are:

**Name of account: Taverham Parochial Church Council** (Please note there is a space between each of these words)  
**Sort Code: 20 – 62 – 68 : Barclays**  
**Account number: 80881600**

### **Contact details :**

Rev Paul Seabrook 01603 868217

[paulseabrook7@gmail.com](mailto:paulseabrook7@gmail.com)

Rev Val Hooker 01603 746936;

[revvalhooker@gmail.com](mailto:revvalhooker@gmail.com)

Churchwardens :

David Osborne

Sue Beevor

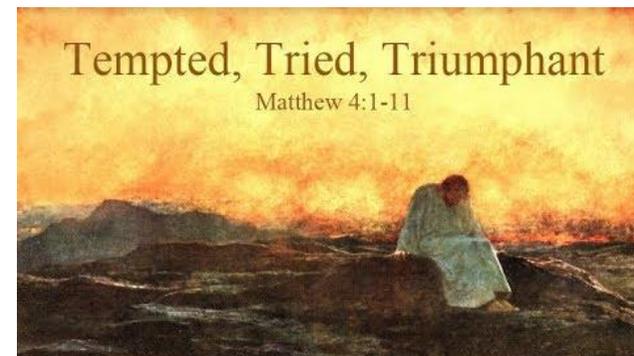
01603 531806

01603 322783

**St Ed's needs...**a new Treasurer, and a Safeguarding officer. Details from our Churchwardens David and Sue

# Welcome to St Edmund's Church Taverham and St Peter's Ringland

22<sup>nd</sup> February 2026



Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. After fasting forty days and forty nights, he was hungry. The tempter came to him and said, "If you are the Son of God, tell these stones to become bread."

Matthew 4 : 1 - 3

 St Edmund's Church Taverham  
[www.achurchnearyou.com/taverham](http://www.achurchnearyou.com/taverham)

## Prayer for this week

Almighty God,  
whose Son Jesus Christ fasted forty days  
in the wilderness,  
and was tempted as we are, yet without  
sin:  
give us grace to discipline ourselves in  
obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen

Heavenly Father,  
your Son battled with the powers of  
darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in  
wisdom and prayer  
that we may witness to your saving love.  
Amen

## Readings this week

Genesis 2 : 15 – 17, 3 : 1 - 7  
Romans 5 : 12 - 19  
Matthew 4 : 1 - 11

## We praise the Lord and give thanks ...

For our growing ministry to the Care  
Homes  
For those being baptised, and those  
being Confirmed at this time

## Thoughts for this week

There are many kinds of wilderness in our  
world today. Wilderness caused by  
climate change, or warfare. By injustice  
and oppression. In our own lives  
wilderness can come through loneliness,  
financial issues. Grief or regret.

Jesus went into the wilderness. The place  
of greatest challenge and trial. A place  
where all human support is lacking.  
Where we are all called to find our inner  
hope, and to know who we can truly  
turn to for strength.

Not only was Jesus tempted just as we  
are, and overcame. His victory came  
through the Word given to us by our  
heavenly Father. The gift of the  
Scriptures for our challenges each day. If  
Jesus relied on the Bible for strength,  
how much more do we need to!

Jesus entered the wilderness and  
overcame. He turned despair into hope,  
and temptation into triumph. It was the  
beginning of His long journey to the  
Cross, the way of sacrifice, of finding  
strength in the love of the Father in the  
power of the Holy Spirit.

Jesus is our Lord who has transformed  
despair into hope. I pray we may know  
that hope, whatever our wilderness may  
be.

**Paul**

## What's on

Sunday 8.00am Holy Communion  
9.30am Mustard Tree  
11.15am Service of the Word  
12.30pm Lent lunch  
2.00pm & 3.30pm Confirmation  
preparation  
Monday 8.30am Langley prayers  
5.00pm Prayers  
Tuesday 10.00am Tuesdays at St Ed's  
6.00pm Rspace  
Wednesday 10.30pm Holy Communion  
3.30pm School visits meeting  
in church  
Thursday 9.00am Caretaking team in  
church  
12.15am Prayer Spaces  
in the Junior School  
5.30pm Confirmation preparation  
7.00pm Compline  
Friday 9.30am Arts Group at Trinity  
Sunday 9.30am Mustard Tree Church  
Holy Communion  
11.15am Holy Communion  
12.30pm Lent Lunch  
2.00pm & 3.30pm Confirmation  
preparation

## St Peter's Ringland

The Gathering 22<sup>nd</sup> February 3.00pm to  
5.00pm for music, food, firepit, and fun

8<sup>th</sup> March 10.30am Service

The Gathering 29<sup>th</sup> March 3.00pm to  
5.00pm for music, food, firepit, and fun