



Barbrook, Brendon, Countisbury, Lynmouth, Lynton, Martinhoe, Parracombe and Trentishoe

Contact details:-

RECTOR - Reverend Miles Welborn miles.welborn@outlook.com 07919 663 680 Rest Day - Monday

ADMINISTRATION - Sam White lynvalleymissionoffice@gmail.com

Services

Sunday 1 st February – Presentation/Candlemass	9am – Holy Communion at Parracombe 11am – Holy Communion at Lynton 5pm – Evensong at Barbrook	Malachi 3.1-5 Hebrews 2.14 – end Luke 2.22 – 40
Sunday 8 th February – 2 nd Sunday before Lent	9am – Holy Communion at Martinhoe 11am – Holy Communion at Lynton	Genesis 1.1 – 2.3 Romans 8.18 – 25 Matthew 6.25 – 34
Sunday 15 th February – Sunday next before Lent	9.15am – Holy Communion at Lynmouth 10am – Morning Worship at Parracombe (self led) 11am – Holy Communion at Lynton	Exodus 24.12 – 18 2 Peter 1.16 – 21 Matthew 17.1–9
18 th February – Ash Wednesday	10am – Holy Communion with the Imposition of Ashes at Lynton	
Sunday 22 nd February – 1 st Sunday of Lent	11am – Iona Morning Prayer Service 11am – Holy Communion at Martinhoe	Genesis 2.15–17; 3.1–7 Romans 5.12–19 Matthew 4.1–11

Prayers



Prayers for those that have passed away recently and for their families and friends



Prayers for the local businesses as they prepare for the new holiday season



Prayers for Treasurers and PCCs as they are preparing for the Annual Parish Committee Meetings



Prayers for peace and goodwill among all peoples

Coffee Mornings

- Saturday 14th February – the Fox and Goose, Parracombe at 10.30am
- Saturday 28th February – Caffyns Farm, Croscombe Lane, Lynton at 10.30am

If lifts are required, please let Sam know and this can be arranged.

Parish News and Updates



- **Bubble Church**

Rev Miles:- "We are going to be launching an exciting new service once a month after Easter this year - Bubble Church! Bubble Church is a Sunday church service especially for babies, toddlers, and young families. It includes action songs, a Bible story, puppets and a simple activity. Bubble Church lasts around 30 minutes and is a service where we worship, learn about Jesus and develop our Christian faith. It's not a way into church - it is church!"

I would encourage you all to watch the webinar recording on YouTube below to find out all about Bubble Church. We need a small team of volunteers to help run the service. If you feel you could be a core volunteer, or offer time to help to welcome, serve refreshments, or set up please do contact me. The exact Sunday and time TBC."

40-min webinar YouTube link:

<https://www.youtube.com/watch?v=wDiky7Xu-mk>



- **Lent 2026 - Come and See: Discovering Jesus through the Eucharist**

This Lent, rather than having a stand alone Lent course, Rev Miles will be offering reflections during our Sunday services. This feels very appropriate particularly as the Lent course offered by the Bishop of Oxford this year is on the Eucharist (Holy Communion).

If you would like to receive the daily emails with reflections, readings, and encouragements you can sign up at the link below.

<https://www.oxford.anglican.org/come-and-see>



Lent Lunches at Martinhoe



- A frugal lunch will be offered again from Martinhoe village hall on Wednesdays during Lent.

All proceeds: North Devon Hospice.

£7 adult, £4 student @12.30pm.

Dates: February 25, March 4th, 11th, 18th and 25th

Contact: 07864972440 for dietary requests

All are welcome.

Annual Parochial Church Meetings

The Annual Parochial Church Meetings for the Lyn Valley Mission Community will be taking place over the coming months. They are open for everyone on the Electoral Roll for that parish and dates, that have been confirmed so far, are as follows:-

- Lynmouth with Countisbury **jointly** with Lynton with Barbrook – Sunday 22nd March at 11.30am, following the 11am Service of the Spoken Word, at St Mary's, Lynton
- Martinhoe – Sunday 8th March after the 9am Holy Communion Service at St Martin's, Martinhoe
- Brendon – t.b.c

- Parracombe – Tuesday 21st April at 11.30am at Christ Church, Parracombe
- Trentishoe – t.b.c