

February 2026

St Mark's Church
Parish News
for Natland & Oxenholme

70p per copy or £7.00 per year





St Mark's Church is proud to be ...



Vicar of the Benefices of Crosscrake, Natland, New Hutton and Old Hutton and	Reverend Becky Gibbs 07460990631 Becky's day is Saturday and occasionally Friday
Associated Priest	Rev Lucy Foster revlucyfooster@gmail.com 07494248183
Assistant Priest:	Rev Marion Mashiter revquackers5@gmail.com 01539 731957
Lay Reader:	Graham Day 015395 61418
Local Lay Minister & Church Warden:	David Walker 01539 732524
Church Warden:	Roy Watkinson 015395 61373
PCC Secretary:	Elsbeth Jayne 015395 60942
Treasurer:	Hilda Walker 01539 732524
Stewardship Secretary:	Martin Jayne 015395 60942
Parish Safeguarding Officer:	Roy Watkinson 015395 61373
Organist::	Clive Walkley 01539 723482
MU Families Group:	
Magazine Distribution & Subscription:	Shirley Miller 015395 61193
St Mark's School Head Teacher:	Mrs Louise Hinton 015395 60719
Anna Chaplain:	Gill Pilling - gillpilling.annachaplaincy@gmail.com 07354 377606

MAGAZINE TEAM

st-marks-natland-magazine@googlegroups.com

Articles for the **March 2026** edition of the magazine to be handed in by 14th February. **Please send articles to the magazine email address above.** The team welcomes articles for future editions of the magazine. The Editorial Team reserves the right to decline to publish any item or to amend or shorten material. Opinions expressed in this magazine are those of the contributors, not necessarily those of the PCC, or the editorial Team.

From The Vicarage

Whose Cross?

A few months ago, the roundabout at the top of Crown Hill in Grange suddenly sported a large red cross painted across it. Of course, this was in common with a flourishing of Union Jacks and St George's flags nationwide together with red crosses everywhere. Then we saw the cross used as a prop in various political and ideological rallies and marches. It all felt rather aggressive. Is this a misuse of Christianity? If the cross and flags are used as a political statement, then I think it is. If marches have an intent of frightening sections of our community, especially immigrants and people who are labelled as different to ourselves, then this is far from what Jesus taught. Jesus is about welcome, inclusion of the outcast, and care for even those we feel who are different.

Yet there are many in our communities and in our churches who are genuinely concerned about money, jobs, boat people arriving illegally, the NHS, and how the demographics of society seem to be changing. What was secure now often seems less so. We need to acknowledge this. Perhaps we do not feel it as strongly as in those communities where asylum seekers are housed.

Jesus came into this imperfect world. Jesus engaged with those who struggled to understand him. Our mission too is to be alongside those who are fearful on whatever side of the political debate, offering kindness and trying to understand.

That red cross in Grange has now faded away. But the cross we proclaim will never fade. The cross for us is all about what Jesus achieved on our behalf. Whatever 2026 throws at us there is much work for us to do in proclaiming the cross of Christ; a cross of love and reconciliation.

God bless you all,

Terry

We need a New Christian Aid Representative.

Christian Aid Week has long been a part of the calendar of St. Mark's Church. It has long been a part of the lives of all those who have collected for it, and of those who have given so generously too. For nearly 30 years we knocked on doors, sometimes getting to know each other that way, sometimes having to accept a rebuff. One of the possibly rather welcome consequences of Covid was the subsequent change to deliver only envelopes. I expected income to fall as a result, but no, people donated over £2,000 in 2021. There has been a decline since, however, but that is probably due to people donating online directly to Christian Aid, which is to be very much welcomed.

Sadly, the need for help for people in developing countries has not gone away. Though Christian Aid nationally has maintained a steady income from Christian Aid Week, its income from the government has fallen. Also climate change is impacting more and more on smallfarmers, accompanied by droughts and floods.

So, sometimes a demanding role, but always very well worthwhile. It would be possible to keep the same way of doing it as previous years, but it could also be developed in other ways, just as it has evolved over the last thirty or so years that I have been involved, and probably for many years before that

Please contact elspethjayne@gmail.com



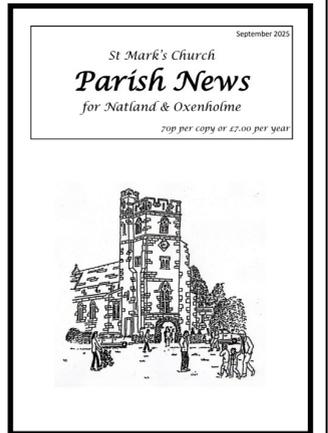
Volunteer(s) wanted

Can You Help

Many of you will know that Diane Letheren is stepping down from being our Parish Administrator and also from putting together the Parish magazine which she has done for the last 15 years.

We are looking for a volunteer or a couple of people to edit the Parish Magazine in January and February, before we decide what is happening with the magazine.

Please speak with Becky if you are interested in helping.



'Walk & Talk' Join us for a gentle walk. We meet at the post box on Natland Village Green at 10.30am. We will return by 11.50am. We walk in most weathers!

- ◆ **Tuesday 24th Feb, 3rd March, 10th, March, 17th March, 24th and 31st March**

All are very welcome



You are invited to join us for **Worship at Kendal Care Home**

Thursday 5th February at 3pm - Hymns & Readings
Thursday 12th February at 3pm - Hymns & Readings
Thursday 19th February at 3pm-Holy Communion
Thursday 26th February at 3pm -Hymns & Readings

Come and join us. All are very welcome.



Helm Mission Group Environment Group

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him.
Col. 1: 15-16

We had a lovely meeting at St Mark's Natland this morning - thanks to David, Shirley, et al for hospitality and hosting. The vegan lemon cake was especially delicious.

RSPB Big Garden Bird Watch

The wind was a bit brisk but we spotted 11 bird species: robin, wood pigeon, blackbird, blue tit, greenfinch, great tit, chaffinch, starling, house sparrow, goldfinch and long-tailed tit. Most numerous species: starlings - 22 of them!

The year ahead

We have some plans for meetings including a talk from the local Butterfly Conservation group, our now annual visit to Leighton Moss, a river walk, Fairtrade Fortnight bake sale, and potentially a creation care themed Songs of Praise service.

Our next meeting will be on **Saturday 28 Feb** - very probably at Kendal URC 106 Highgate. Please pop it in your diaries - usual time: 10am refreshments, 10.30am - noon meeting.

Lucy

Rev Lucy Foster



**God
for All**

Coffee morning

St Mark's Church

Thursday—February 19th

From 10:30am to 11:45am



You are invited to Fun @4

in church on

Sunday 8th February 4pm



10am on Tuesdays at Crosscrake Church

Our free all-age community drop-in continues through the winter months providing a warm space for anyone needing a break or some company for a couple of hours. We've loved welcoming around thirty people so far from all parts of our community and aged from a few months to 90-something to share cuppas, and conversation (and play!). Healthy snacks are provided for young children alongside cakes and biscuits. The kettle's always on so please join us in church between 10am and noon on Tuesdays.



MU Families Group

*MU Families Group will meet on
Thursday, 5th February at 2pm
There will be a talk on hedgehogs*

*Thursday 5th March at 2pm
The speaker will be Rowena Pavey of the Carer's Association*

PARISH NEWS SUBSCRIPTION REMINDER

The annual subscription for the magazine is due by the April edition. Subscriptions run from April to March.

This year the subscription for the magazine remains at 70 pence per magazine/£7 for the 10 magazines per year.

Methods of payment are; -

Cash given directly to your distributor

Cash put in the wall safe – please label ‘magazine’ and your name

Pay online quoting ‘magazine’

HSBC Bank Highgate Kendal LA9 4TT

Sort Code 40-26-02

Account number 61594214

Account name – St Marks Church Natland

Cheques are welcome but unfortunately, they now incur bank charges of 40 pence per cheque therefore if you choose this method, it would be greatly appreciated if you could add the 40p to your payment.

If needed cheques can be sent to; -

C/O the treasurer

18 St Mark’s Fold

Natland

LA9 7Q

Many thanks

Shirley Miller

(Magazine distribution coordinator)

From the Registers

Funeral

23rd December 2025

Barbara Nelson

Memorial

28th December 2025

Michael Wild

‘Nothing can separate us from the love of God’

Candlemas Electricity and Gas Sponsorship Scheme 2026

In January for many years there has been a display in church inviting sponsorship of our electricity and our gas charges. This year (2025) the total raised towards the cost of gas and electricity was £2,025.00 to which the Government contributed further under the Gift Aid scheme. The PCC would like to say a very big thank you to all of those who felt able to support the scheme.

Whilst electricity and gas charges increased greatly over recent years our new lighting system uses less power and we are still restricting heating in church to try and keep our bills down. We do, of course, use other equipment that requires electricity. For 2026 our electricity will likely cost us around £1,000 and gas around £6,000. We purchase fuel via a Church of England approved bulk buying scheme which secures a better price than if we went to the open market on our own.

In January 2026 there will be the same style of display as 2025.

The cost of heating church for Sunday or Thursday services or other events fluctuates considerably on account of various factors including the external



The next meeting is the 18th February at
7.30pm at the Village Hall

The talk will be on Healthy Aging

.

All new members welcome.

theWI
INSPIRING WOMEN



The Winter Warmth Fund provides financial support to those unable to afford to keep warm and well. Funds are raised through voluntary donations from individuals and local businesses.

Who can apply:

Individuals aged 60 or over who reside in Cumbria and who receive a state pension and/or pension credit, or who struggle to maintain a basic acceptable standard of living during the winter due to the cost of heating their home.

THE WINTER WARMTH FUND

www.cumbriafoundation.org

If you would like to apply to this fund please contact one of the following:

Age UK South Cumbria

South Lakeland: 01539 728118

Barrow: 01229 831425

Age UK North Cumbria

(Allerdale, Carlisle and Eden districts)

01228 536673

Copeland Age & Advice Service

01946 552166

Full application details and eligibility criteria can be found here:

www.cumbriafoundation.org/fund/winter-warmth-fund-individuals



"I'd rather go without something else than without heat. The grant meant I didn't have to suffer."

Grants can only be awarded if sufficient funds are raised and so we cannot guarantee availability.



CUMBRIA
COMMUNITY FOUNDATION

Dovenby Hall, Dovenby,
Cockermouth, CA13 0PN
enquiries@cumbriafoundation.org
Registered charity no: 1075120

LENT 2026 EVENTS

WALK & TALK with reflection 10:30

Tuesday's 24th February, 3rd March, 10th March
17th March, 24th March, 31st March

LENT LUNCHES @ 12 Noon

25th February, 3rd March, 11th March,
17th March, 25th March and 31st March

COMPLINE @ 6pm

Tuesday's 24th February, 3rd March, 10th March
17th March, 24th March, 31st March &
Easter Eve 4th April

AGAPE MEAL

April 1st joint with Crosscraque

CHARITIES

The King's Food Bank
Medecins Sans Frontieres
(Medicine without Frontiers)

I'm stressed about being able to afford food for my family as the colder months set in. We will be spending more on heating, and we're barely making it through as it is. Can I use a food bank if I need to?

You're not alone - Citizens Advice helps lots of people in this position. Food banks are community organisations and you'll usually need a referral before you can use one.

Contact South Lakes Citizens Advice and ask them to refer you. They'll make an appointment for you to discuss your situation with an adviser, who will check you're eligible. If you are, they will make the relevant referral. They can also check if you are eligible for any benefits, assist with budgeting, and tell you about other local help you could get. You can also ask for a referral from another organisation, for example your GP or social worker.

When you visit the food bank, let them know if you have any allergies or dietary requirements. You'll get a food parcel and it will usually contain enough food for three days, and you might also get essential toiletries.

If you live in a rural area or are sick or disabled, the food bank might be able to deliver your parcel - contact them to ask. If the food bank is run by a religious group, they'll still help you if you don't belong to that group.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

How to access:

- ***Call 015394 46464 (9.30am – 2pm, Monday – Friday)***
- ***Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)***
- ***Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)***
- ***email advice via the submission page on our website www.southlakescab.org.uk***

South Lakes Citizens Advice is a local charity based in the heart of South Lakeland. Can you help us by giving six hours a week to train to be a volunteer and help local people, or by joining our Trustee Board, or by donating to support our vital service? If so, please contact Karen – manager@southlakesca.org.uk

A poetry challenge for 2025 from Miggy Scott

February

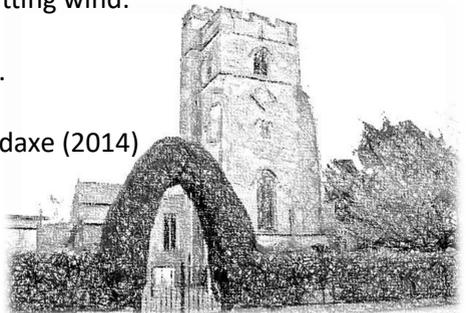
Often when I attend a poetry sharing, not one arranged for aficionados, but more like CAMEO, I am reminded that many cast back to their school days to remember one, as poetry has had little place in their lives since then. I attended school in the 50s and early 60s, and the poetry was all pre-1914, probably for copyright reasons. What a revelation to encounter 'the War Poets' such as Wilfred Owen, once school was behind me. I would like to encourage you to read an occasional 'modern' poem, and from time to time I will submit one to the Parish Magazine, that you might appreciate. It is a bit like studying a picture – let the poet create a picture for you.

Whether you are alone, or in company, can I encourage you to read it out loud, and twice! You will get so much more from it, than in skimming the printed page in silence. I hope you enjoy this one:

Churchyard under Snow

The newer headstones tense against the cold
having no moss to befriend the snow;
and footsteps to them are specific, directed
not for idle search, but to a particular bolster of earth.
Year long widowers right a tipped vase
and shake the Christmas wreath back into greenness.
A thrush cascades snow off a bouncing
high branch and offers its clear song
over the uniform white ground.
The cold makes it so much worse,
indiscriminate in its disregard
for the memory of this one's summer dress
and the angle of that one's cap over his shrewd brow.
We used to hurry them inside from the cutting wind:
now, from that unimaginable weathering
we can only trust their souls do well to fly.

David Scott. From 'Beyond the Drift', Bloodaxe (2014)



WORLD DAY OF PRAYER
A service for everyone!

Friday 6 March

I will give you rest, come

Nigeria 2026

**STRICKLANDGATE
METHODIST
CHURCH**

2-00 pm.

ALL ARE WELCOME



INFORMED PRAYER PRAYERFUL ACTION

24-7 365 Days a year Prayer movement Ecumenical International Women-led

wwdp.org.uk

Registered Charity Number 233242

Natland Lunch Club

Enjoy a catch up with friends and a freshly cooked meal on the 3rd Tuesday of very month at The Punch Bowl, Barrows Green at 12 noon.

If you are interested in joining, please contact us on 01539 728118 or admin@ageuksouthlakeland.org.uk

Booking essential

Lunch Club Dates 2025/2026

16 Dec

20th Jan

17th Feb

17th Mar

Gentle Exercise Classes

in Natland every Monday in September from 2-3pm at the Village Hall, Natland except the 3rd Monday of the month

Gentle exercise for the over 50's. Stay healthy and active with simple, chair-based exercises aimed at improving mobility and fitness. ***There's no need to book a place or call ahead - simply come along to a class.***

For more information about this or other exercise classes, please call on 01539 728118 or email: admin@ageuksouthlakeland.org

Cash In The Attic

Thank you for all donations so far. If you have any items that you think might be saleable and which are also capable of being consigned to the post then please send details for consideration to Collin. Thank you.

If in doubt speak to or call Collin on 07740 447858 or collin4mansfield@me.com



For more Natland News visit:
www.natlandnews.blogspot.co.uk

Why not also visit <https://www.stmarkschurchnatland.co.uk/>





A free phone line of hymns, reflections and prayers

Postage Stamps



Please keep saving postage stamps to help the work of the RNIB. They can be left in the porch or in church.

Help & Support

If you are in need of help at this time (or someone you know is) please let us know and we will try to help.

Please contact us on:

07460990631

(Reverend Becky Gibbs)

07494248183 (Rev Lucy Foster)

01539 732524 (David Walker)



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Please ring Margaret Doust
07525803994 to arrange an appointment

Keep in touch



St Mark's Church Website

[https://
www.stmarkschurchnatland.co.uk/](https://www.stmarkschurchnatland.co.uk/)

St Mark's Church

Facebook page:

@churchofstmark



For more Natland News visit:
www.natlandnews.blogspot.co.uk

Home Communion or Visit



If you are at home and, for whatever reason, not back to church yet or not out and about as much as you would like to be we can arrange for a Service of Holy Communion in your own home. Please just contact a member of the Ministry Team to request this or indeed just a visit (contact details on inside cover).

Easyfundraising

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising free donations for St Mark's Church with easyfundraising?



There are over 7,000 brands on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Amazon, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to https://www.easyfundraising.org.uk/causes/stmarkschurchnatland/?utm_campaign=raise-more and join for free, or scan the QR code above
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, the brand will make a donation to St Mark's Church at no extra cost to you whatsoever!

There are no catches or hidden charges and St Mark's Church will be very grateful for your donations. Thank you for your support.

Thank You

Thank you to everyone who generously gives time, skills and money in support of the church and wider community.

And a special thank you to the volunteers who put this month's magazine together

From Reverend Becky and the PCC.

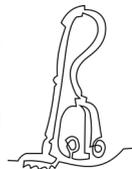
CHURCH CLEANING



Margaret Bateman and Debbie Sutherland	7th Feb
Clive & Gill Walkley	14th Feb
John & Shirley Miller	21st Feb
Bill & Linda Wood	28th Feb



If you are coming on your own to arrange flowers or work in church please ensure you have a mobile phone with you or that someone knows where you are. Thank you.



Altar Flower Rota

Thank you to everyone who helps to beautify the church with flowers. **If you would like to 'pay for' the flowers but not arrange them please send an email to the editors and we will pass the message on.**

February 8th

Cath Gaskell

February 15th

Jenny Kelly

No flowers in Lent

Please note flowers can be placed at any time of year in the Lady Chapel in remembrance of a loved one.

Jams & plants

We are very grateful to all who support our church porch sales and to those who keep the porch well stocked with plants and different kinds of produce.



Message from Reverend Becky, Vicar in the Benefices of Crosscrake, Natland, Old Hutton and New Hutton.

The churches in our team are full of variety – in age, background and personality – yet we share the same purpose: to give everyone the opportunity to grow closer to God. This reflects the Carlisle Diocese **God for All** vision, which calls us to be *a church that welcomes, values and makes space for everyone, enabling all people to encounter the transforming love of God.*

The four churches in our team (St Thomas, St Marks, St Stephens and St Johns) are diverse yet unified. St Paul reminds us in his letter to the Corinthians that “there is one body, but it has many parts... and God has put the body together” (1 Corinthians 12:12, 24).

Each month I would like to share with you how we, as churches together, are attempting to make the God for All vision a reality in our locality. I will be looking to you, our readers and the congregations, to share with me ideas for these pages. Please do email me at revbgibbs@outlook.com if you have something to share.

This month I will share a summary of each of the four themes of the vision and some thoughts about where we see the themes in our mission and ministry in the parishes...

We will help each other to follow Jesus more closely, seeking to grow as his disciples in all aspects of life, both corporately and as individuals.



Follow Daily

St Thomas, Crosscrake and St Marks, Natland both run home groups and Bible study groups that are open to anyone who wants to explore what it means to be a follower of Jesus in today's world. We also run special seasonal services and events in Holy week and Easter, for example.

We will listen to our local communities, and respond in loving service, seeking to transform injustice, challenge oppression and pursue peace & reconciliation.



Care Deeply

The churches support local and national charities through fundraising and collections for the Food Bank. We partner with local care homes and visit those who are housebound.

We will share our faith in Jesus Christ in everyday ways, seeking to connect with everyone, especially those currently unrepresented in our churches. We'll do this in both time-honoured & pioneering ways.



Speak Boldly

We are very blessed to have three Church of England Primary Schools in our patch. Representatives from the churches often visit the schools, leading collective worship, serving on the governing bodies and supporting teachers in their delivery of RE. Look out for "Experience Easter" as it comes to a church near you this Lent. We hope that this interactive travelling installation will be available to schools to visit in the fortnight before the spring holiday.

We will strive to safeguard the integrity of God's creation, seeking to sustain and renew the life of the earth.



Tread Gently

There are lots of ways that the parishes are trying to be environmentally friendly, from making vicarages and church halls more sustainable to counting birds for the RSPB birdwatch. The Crosscrake community hub generates its own electric through solar power. To reduce their carbon footprint and to try to achieve carbon neutral by 2030, St Marks have signed up to follow the Eco church scheme and have achieved the Silver award.

These are just a few examples of the ways in which some of the churches in our team are seeking to make the Gd for All vision a reality. Do get in touch with me revbgibbs@outlook.com to find out more and do let me know if there's something we're doing that you would like mentioned in these pages next month.

God for All prayer

God for all, you reached out to the world in your Son Jesus Christ.

Help us to reach out in faith and love and witness to all.

God for all, you send your Holy Spirit to empower and gift your Church.

By your Spirit help us grow in unity,

grow as followers of Jesus Christ,

and grow your kingdom in Cumbria and in this world.

Amen.

King's food bank

The Kings Food Bank thank us for our gifts of food throughout the year.

According to the website the following items would be particularly welcome:

- instant pasta
- instant noodles
- instant mash
- UHT semi-skimmed milk
- large tins of vegetables (eg. carrots, sweetcorn)
- sponge puddings
- Custard
- crisps

Please leave any donations of food in the box in the porch. The box is emptied each Monday (except bank holidays).

We hope that one day the food bank will no longer be needed, however looking back over the past months and years know that this is not going to happen soon.



Donations are always welcome

We are currently asking for:

- ◇ cheese
- ◇ sugar and coffee
- ◇ butter/margarine
- ◇ tuna, corned beef, spam and other tinned meats
- ◇ gravy granules
- ◇ honey
- ◇ olive oil
- ◇ evaporated or UHT milk (blue top)
- ◇ custard
- ◇ deodorants and toothpastes (male and female)
- ◇ laundry liquid tabs
- ◇ washing-up liquid
- ◇ tin-foil
- ◇ toilet rolls
- ◇ carrier bags for wrapping food parcels
- ◇ long-johns and winter vests

Please note we have enough tea, beans, pasta and rice at the moment. Thank you.

*Manna House, The Stephenson Centre,
Ann Street, Kendal, LA9 6AA*



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sales@ableworldofstone.co.uk

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Cumbria
LA9 6LU



Way of Life!

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FAX 01539 734321

Website: www.cumbria.suzuki.co.uk

Mini Marks Toddler Group

Wednesdays from 9-11am

in term-time

St Mark's CofE School Hall

*Enter by the
hall door
please.
£2 per adult.*



Natland Past and Present

Facebook Group

**Sharing memories of Natland
from the past to present day**

Find us on

Natland past and present

www.facebook.com/groups/natlandpastandpresent

St Mark's Church

If you would like to give a donation to St Mark's Church there are several ways in which this can be done:

- ◇ Write a cheque to 'St Mark's Church Natland' and send it to '**The Treasurer c/o The Vicarage, 18 St Mark's Fold, Natland LA9 7QU**'
- ◇ Leave a donation on the collection plate by the font at the beginning or end of services
- ◇ Use our contactless machine at services or events
- ◇ Make an online donation (quoting your name) to:
 - ◇ HSBC Bank, 64 Highgate, Kendal, LA9 4TF
 - Sort Code 40-26-02 Account Number 61594214
 - Account Name St Marks Church Natland
 - ◇ Ask about setting up a regular standing order.
 - ◇ via the QR code.



All donations are gratefully received. Thank you.

How can I help? Thinking of a new role?

See below for upcoming vacancies

Church Warden - Natland (voluntary post)

We are looking for someone with a heart for the church, who is willing to support the clergy, care for our church buildings, and help ensure the smooth running of parish life.

PCC Secretary – Natland (voluntary post)

We are looking for someone organised and reliable, who can support the PCC by preparing agendas, taking minutes, and helping with communication and administration.

Assistant Parish Safeguarding Officer (voluntary post) – We are looking for someone to, alongside our PSO, help promote a safe and caring church environment, acting as a point of contact for safeguarding matters and supporting good safeguarding practice within the parish.

Church Administrator – Crosscrake, Natland, New Hutton & the Huttons (paid role, up to 8hrs per week)

We are looking for an enthusiastic and self-motivated person with good administrative skills and experience to provide support to the Vicar and work with the volunteers to ensure the smooth operation of the Church office.

Thank you! We are grateful to our outgoing PCC Secretary and Church Warden, Elspeth and Roy, for their faithful service to the church over many years

. If you are interested in a post please email Rev Becky for a role description and application form. If you would like to have a chat about this please contact Rev Becky or any of the other wardens or members of the PCC.

For more Natland News visit: www.natlandnews.blogspot.co.uk



THE SMALL BEATITUDES.

Blessed are those who can laugh at themselves

They will have no end of fun.

Blessed are those who can tell a mountain from a molehill,

They will be saved a lot of bother.

Blessed are those who know how to relax without looking for excuses;

They are on the way to becoming wise.

Blessed are those who are sane enough not to take themselves too seriously:

They will be valued most by those about them.

Blessed are you if you can take small things seriously and face serious things calmly:

You will go far in life:

Happy are you if you can appreciate a smile and forget a frown:

You will walk on the sunny side of the street,

Happy are you if you can be kind in understanding the attitude of others even when the signs are unfavourable:

You may be taken for a fool but this is the price of charity

Blessed are those who think before acting and pray before thinking:

They will avoid many blunders.

Happy are you if you know how to hold your tongue and smile, even when people interrupt

and contradict you or tread on your toes

The Gospel has begun to seep into your heart.

Above all, blessed are you who recognises the Lord in all who you meet.

The light of truth shines in your life for you have for you have found true wisdom.

A BLESSING.

May the Lord bless you:

Bless you through the coming year, bless all those that you hold dear,

Bless the journeys that you make; bless the tasks you undertake,

Bless you each and every day; bless your life in every way. Amen.

From Norma and Paul.

PRAYER PAGE



Children's Church Pages



Isaiah 58:1-9a

God is displeased with the people because, although they are fasting, they do not look after the poor and oppressed as they should.



God's heart has room for everyone.

Jesus loves to Write

Find the words from today's story to remind us what God wants from us.

justice
clothe
fairness
light
fast
share
poor
God
shelter

j	j	u	s	p	a	g	m	s
s	l	u	s	h	a	r	e	h
h	p	o	s	h	d	e	h	e
f	c	l	o	t	h	e	o	l
p	a	l	G	l	i	g	h	t
r	o	s	t	o	c	c	o	e
g	e	o	t	r	d	g	e	r
f	a	i	r	n	e	s	s	t
i	s	l	o	h	n	f	i	t

???????

Puzzle

Justice is...
tick the
words which
show justice.

Justice is...

Fair

Kind

Mean

Unfair

Greedy

Selfish

Sharing

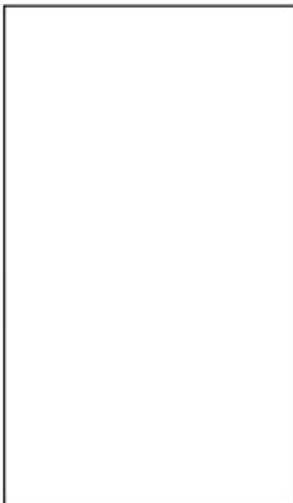
Caring

Equal

Giving



Choose what happens next and draw it in the box.



SERVICES IN FEBRUARY	Readers	Readings	Sides people
1st February (Candlemas) 10am Holy Communion		Hebrews 2:14-end Luke 2:22-40	Espeth & Martin Jayne
8th February (Second Sunday before Lent) 10am Holy Communion 4pm Families@4	Martin Payne Hilary Atkinson	Genesis 1:1 –2.3 Matthew 6:25-end	Liz & Tony Bontoft
15th February (Sunday next before Lent) 8am Holy Communion 10am Morning Worship	Mike Trelogan Collin Mansfield	Exodus 24:12-end Matthew 17:1-9	Pam Noonan & Gill Pilling
Wednesday 18th February (Ash Wednesday) 7pm Holy Communion		2 Corinthians 5:20b-6.10 Matthew 6:1-6, 16-21	
22nd February (First Sunday of Lent) 10am Holy Communion	Jane Martin Miggy Scott	Genesis 2:15-17, 3:1-7 Matthew 4:1-11	Paul Singleton & Hilary Atkinson