

News from St Mary's

East Barnet Parish Church

March 2026

Sunday 1 March	10am All Age Messy Eucharist for Lent 2 6pm Evensong
Sunday 8 March	10am Morning Prayer for Lent 3 4pm Sunday Worship at St Mary's School
Sunday 15 March	10am Eucharist for Mothering Sunday <i>No Contemplative Eucharist</i>
Sunday 22 March	10am Eucharist for Lent 5
Sunday 29 March	10am Eucharist with Procession of Palms 6pm Tenebrae

Our Lent Group this year introduces and explores the prophets of the Hebrew Bible: from Isaiah to Micah.

The Lent Group meets on Fridays at 1pm for a light lunch, followed by discussion. On 6 March we meet at Brookside Methodist Church; on 13 March at East Barnet Baptist Church; and 20 March at East Barnet Baptist Church.

During Holy Week we have the opportunity to journey with Jesus in greater intensity as he approaches the cross, and then to rejoice in his resurrection.

Holy Week begins on 29 March. Following the joyful Eucharist with Procession of Palms, our other special services include times of shadow, silence and song. Please do make a special effort to attend these as we walk toward Easter with Christ.

The Church Choir rehearses before special services, on the day.

To join, please contact the Director of Music.

There is a Table Top Sale on Saturday 14 March from 2-4pm.

Please speak with Gail if you can help.

Enjoy coffee and cake in the community halls on the first Thursday of the month from 10:30 - 12 noon.

Every Thursday from 12:30pm there are food parcel packing sessions in the community halls.

For information, please contact the Rector.

Our Parish Lunch continues in the Prince of Wales, meeting on the third Monday of the month from 1pm.

The Sewing Circle meets in the community halls on the second and fourth Thursdays of the month from 10am-1pm.

Young Voices rehearses on Wednesdays at 4pm.

To join, please contact the Director of Music.

Art Deco orchestra play St Mary's on Sunday 8 March at 3pm.

Tickets are only £10, children attend for free.

stmaryseastbarnet.org

[@smaryeastbarnet](https://www.instagram.com/smaryeastbarnet)

Sunday 1 March

At the All Age Eucharist:

John 3.1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above."

Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Some questions to talk about:

What is birth like?

How do you feel the wind?

When have you known you are loved?

How might these images help you to be sensitive to presence of the Spirit of God — in working, while praying, being comforted?

At Evensong:

Numbers 21:4-9

From Mount Hor they set out by the way to the Red Sea,* to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous* serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous* serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Luke 14.27-33

Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, "This fellow began to build and was not able to finish." Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.

Contacts

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