



WELCOME

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Scan the QR code here with your phone for an easy way to give to St Michael's.



1ST SUNDAY OF LENT

22nd February 2026

Welcome Song (see below)

Entrance

447 Morning has broken

Before the Gospel

64 Be thou my vision

Offertory

30 Amazing grace

Communion

371 Kum ba yah

272 Holy, holy, holy is the Lord

Final

373 Lead us, heavenly Father, lead us



WELCOME SONG

Happy to share, happy to share,
Our blessings with one another.
That's why we are here.

FOR OUR PRAYERS:

Janet & Jason, Victor, members of our family who are not very well. We pray for those who have recently died and all those mourning a loved one.

COLLECT

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

POST-COMMUNION PRAYER

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.

QUIET DAY

There will be a Quiet Day on **Saturday 28 February** from 10:00 to 15:00 led by Father David Vyvyan, from St Saviour's. It will take place at St Philip the Apostle, 11 Coombe Road, SE26 6QW and it is on the 202 and 356 bus routes. You can contact Fr Chika for more details and to book a place: chika4christ@yahoo.com.



PRAYER & OUTREACH GROUP

There is a prayer meeting at the church on the **first Tuesday of every month** at 10:30. The next one will be **Tuesday 3 March 2026** at 10:30.



WORLD DAY OF PRAYER 2026

The service this year is **Friday 6 March, 10:30**, at the Grove Centre on Jews Walk, Sydenham SE26 6PL. All are welcome.



MARCH SUNDAY SCHOOL

Our usually scheduled Sunday School would fall on Mother's Day this year so so in March we will hold Sunday School on **Sunday 22 March**.

NEW PARKING RESTRICTIONS

From March there will be new parking restrictions around church.

The School Street zone will operate 08:15–09:15 and 15:00–16:00, weekdays only, during term time only. This means that vehicles may enter before 08:15 or before 15:00. There is no restriction on the time vehicles leave the zone — departures can take place at any time. As long as people enter outside the restricted entry times, they should not incur a fine.

This will affect Adamsrill Road, Champion Road, Champion Crescent, Burghill Road and Larkbere Road.

The restrictions apply when the “Pedestrian and Cycle Zone – No Motor Vehicles” signs are displayed.

Enforcement will be by ANPR (Automatic Number Plate Recognition) cameras at entry points.

The scheme is expected to become operational at the start of term in March 2026 (subject to infrastructure completion).

ZOOM BIBLE STUDY

Meeting ID: 849 2977 1613

Password: 356850



CHILDREN IN CHURCH

We're so grateful for the presence of children in our worship. Our hybrid Lady Chapel is available as a sensory space for children with additional needs and can also be used for parents and carers to take babies and very young children. For children of school age, a colouring table is provided at the back of the church. They can also use the chapel for careful play before and after the service. To help these spaces work well for everyone, parents/carers are asked to stay with their children in the chapel after the collect and return after intercession prayer, or keep an eye on their child at the colouring table, ensuring noise is a minimum especially during the sermon and intercessions. Thank you for your care and cooperation.

EVENTS THIS WEEK

Monday 16 February

Hall: 09:30-11:30 - Toddler Group

Church: 15:30 - 18:00 - Homework Club

Hall: 17:30 - 18:30 - Rainbows

Hall: 18:30 - 20:00 - Brownies

Tuesday 17 February

Hall: 18:30 – 20:00 - Pilates

Wednesday 18 February

Church: 10:30 - Prayer & Outreach group

Church: 09:30-11:30 - Toddler Group

Online: 17:00 - Bible study

Thursday 19 February

Hall: 18:30 - 20:30 – Guides

Friday 20 February

Hall 18:30 - 20:00 - Learning & Physical Disabilities Club

Saturday 21 February

Hall: 09:00-17:00 - 7th Day Adventists

Sunday 22 February

Church: 10:00 - Holy Communion

Hall: 13:00-17:00 - I AM Church

UPCOMING EVENTS

Wednesday 25 February

Hall: 12:00 - 1:30 - Food bank

Saturday 28 February

St Philip's: 10:00 – Quiet Day

Tuesday 3 March

Church: 10:30 - Prayer & Outreach group

Wednesday 4 March

Hall: 12:00 - 1:30 - **Food bank**

Sunday 22 March

Church: 10:00 – Sunday School

The Old Testament reading is from: **Genesis 2: 15 – 17; 3: 1 – 7**

¹⁵ The Lord God placed the man in the Garden of Eden to tend and watch over it. ¹⁶ But the Lord God warned him, “You may freely eat the fruit of every tree in the garden— ¹⁷ except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die.”

3 ¹ The serpent was the shrewdest of all the wild animals the Lord God had made. One day he asked the woman, “Did God really say you must not eat the fruit from any of the trees in the garden?”

² “Of course we may eat fruit from the trees in the garden,” the woman replied. ³ “It’s only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, ‘You must not eat it or even touch it; if you do, you will die.’”

⁴ “You won’t die!” the serpent replied to the woman. ⁵ “God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil.”

⁶ The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. ⁷ At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.

This is the Word of the Lord.

All: Thanks be to God.



The Gospel reading is from **Matthew 4: 1 - 11**

Hear the Gospel of our Lord Jesus Christ according to **Matthew**.

All: Glory to you, O Lord.

Then Jesus was led by the Spirit into the wilderness to be tempted there by the devil. ² For forty days and forty nights he fasted and became very hungry.

³ During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.”

⁴ But Jesus told him, “No! The Scriptures say,

‘People do not live by bread alone,

but by every word that comes from the mouth of God.’”

⁵ Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple, ⁶ and said, “If you are the Son of God, jump off! For the Scriptures say,

‘He will order his angels to protect you.

And they will hold you up with their hands

so you won’t even hurt your foot on a stone.’”

⁷ Jesus responded, “The Scriptures also say, ‘You must not test the Lord your God.’”

⁸ Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory. ⁹ “I will give it all to you,” he said, “if you will kneel down and worship me.”

¹⁰ “Get out of here, Satan,” Jesus told him. “For the Scriptures say,

‘You must worship the Lord your God

and serve only him.’”

¹¹ Then the devil went away, and angels came and took care of Jesus.

This is the Gospel of the Lord.

All: Praise to you, O Christ.