

## St Mary the Virgin and All Saints Potters Bar

15th February 2026

### The Sunday next before Lent

*A warm welcome to St Mary's,  
especially if this is your first time here.*

#### TODAY'S SERVICES

8.00am **SAID EUCHARIST**

10.00am **SUNG EUCHARIST**

Old Testament Reading: Exodus 24 vv 12-18 *Today we recall the Transfiguration of Our Lord. Our Old Testament reading reminds us of another occasion in scripture when the transfiguring glory of God appeared – on Mount Sinai.*

New Testament Reading: 2 Peter 1 vv 16-21 *St Peter reminds us that he was an eyewitness of the Transfiguration of Our Lord.*

Gospel: Matthew 17 vv 1-9 *The Transfiguration of Our Lord was a wonderful showing forth of His glory.*

**Hymns:** 234, 407, 343, 15, 494

12 noon **THAI LUNCH** in the hall

*Our flowers have been arranged by Pearl Shepherd and donated by Faith & Washington Mhangami in memory of Washington's parents Veronica & Job and his sister Mavis*

### The Week Ahead

**Tuesday** *Janani Luwum, archbishop & martyr*

9.30am Morning Prayer

10.30am – 12 noon Church open for visitors

5.00pm Evening Prayer

**Wednesday** **ASH WEDNESDAY**

10.00am Said Eucharist with imposition of ashes

10.45am – 12 noon Church open for visitors

5.00pm Evening Prayer

7.30pm Ecumenical Ash Wednesday service at Our Lady & St Vincent Church, Mutton Lane

**Thursday** 9.30am Said Eucharist (BCP)

10.30am – 12 noon Church open for visitors

5.00pm Evening Prayer

**Friday** 9.30am Morning Prayer

12.30pm Stations of the Cross

5.00pm Evening Prayer (BCP)

**Next Sunday** is the **First Sunday of Lent**

8.00am Said Eucharist

10.00am **SUNG EUCHARIST**

5.00pm Evensong

Eucharist readings will be: Genesis 2 vv 15-17; 3 vv 1-7; Romans 5 vv 12-19 and Matthew 4 vv 1-11.

Website: [www.stmaryspb.org.uk](http://www.stmaryspb.org.uk)

## Parish Notices

Tea & coffee after the Sung Eucharist will be served this week at the back of church. We will then move to the hall at around 12 noon for our pre-Lent lunch. We are most grateful once again to Graham & Aoy Jones for providing Thai food for this lunch. The proceeds will be divided between St Mary's and our Lent charity – the **Church Urban Fund**, which was founded nearly 40 years ago to support local, faith-based responses to urban poverty in England – and they have been equipping churches and transforming communities ever since.

**This Wednesday is Ash Wednesday.** There will be a Eucharist with imposition of ashes here at **10.00am**. In the evening, we shall join with other churches in the town for an ecumenical non-eucharistic service at Our Lady & St Vincent Church at **7.30pm**.

**Study groups** will meet during Lent on Monday evenings at 8.00pm (beginning 23rd February) and Thursday mornings at 10.15am after the 9.30am Eucharist (beginning 26th February). More details will be available next week.

**Stations of the Cross** will take place each Friday during Lent at 12.30pm, beginning **this Friday**.

The Knit & Natter Group will meet on **Tuesday 24th February** at 12 noon in the choir vestry.

The PCC will meet on **Thursday 26th February** preceded by a Eucharist at 7.30pm.

The next lunchtime recital will be on **Tuesday 3rd March** at 12.30pm when we welcome organist Ivan Linford. Light lunches will be available from 12 noon.

The World Day of Prayer led by women is on **Friday 6th March**. There will be a service at **11.00am** at Our Lady and St Vincent Church. Please support this service if you can.

**Watchers and Welcomers** Please let Heather know if there are dates in April & May when you are unavailable.

The latest house box collection for the Children's Society resulted in the sum of **£290.16** being banked.

Looking ahead .... there will be a Confirmation Eucharist here on **Sunday 10th May** with Bishop Rob Wickham, an Assistant Bishop in the diocese. If you are interested in being confirmed, please have a word with Fr Stefan.

### For your prayers

**The sick** Anna Downes, Margaret Terry, Elizabeth Wiseman, Valerie Taylor, Elizabeth Liney, Carole Waller, Joan Golden, Francoise Groves-de-Milleret, Carlos Perez, Lisa Collins, Linda, Daren Ellis, Maureen Alderman, Alison Stevens, Bob Keefe, Lindsey Lyons, Steven Seal

**We also pray for** Keith Downes, Jayne Hutton, Janet Daniels, Susan North, Julia, Tessa, Nicola Stiff, Ron Golden, Ricky Mella, Sasha Burt, Betty Lockton, David Evans, Richard Barnes, Dave Gough, Pauline Phillips, Keith Probert, Prussia Blake, Charlotte

**The recently departed** Eileen Irons, Mavis Munhamo

**Those whose anniversary of death falls this week**

Harry Aslett, Norah Kettlestring, Nora Wood

**Our parish** We remember those who live and work in St Vincent's Way, Salisbury Close and the Service Road

Fr Stefan Chrysostomou, Vicar Tel: 01707 859028

Email: [vicar@stmaryspb.org.uk](mailto:vicar@stmaryspb.org.uk)

Please send any items for this sheet to **Richard Osborn**

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Tel: 07803 756088 / 020 8363 8197

**COLLECT**

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with  
him  
and be changed into his likeness, from  
glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**FIRST READING Exodus 24:12-end**

*A reading from the book of Exodus.*  
The LORD said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

**PSALM Either Psalm 2**

*R The Lord is the strength of his people, a safe refuge for his anointed.*

Why are the nations in tumult,  
and why do the peoples devise a vain plot?  
The kings of the earth rise up,  
and the rulers take counsel together,  
against the Lord and against his anointed:  
"Let us break their bonds asunder  
and cast away their cords from us." **R**

He who dwells in heaven shall laugh them  
to scorn;  
the Lord shall have them in derision.  
Then shall he speak to them in his wrath  
and terrify them in his fury:  
"Yet have I set my king  
upon my holy hill of Zion." **R**

I will proclaim the decree of the Lord;  
he said to me: "You are my Son; this day  
have I begotten you.

"Ask of me and I will give you the nations  
for your inheritance  
and the ends of the earth for your  
possession.  
"You shall break them with a rod of iron  
and dash them in pieces like a potter's  
vessel." **R**

Now therefore be wise, O kings;  
be prudent, you judges of the earth.  
Serve the Lord with fear, and with  
trembling kiss his feet,  
lest he be angry and you perish from the  
way, for his wrath is quickly kindled.  
Happy are all they  
who take refuge in him. **R**

**Or Psalm 99**

*R He spoke to them out of the pillar of cloud.*

The Lord is king; let the people tremble;  
he is enthroned above the cherubim; let  
the earth shake.  
The Lord is great in Zion  
and high above all peoples.  
Let them praise your name, which is great  
and awesome;  
he is the Holy One. **R**

Mighty King, who loves justice,  
you have established equity;  
you have executed justice and  
righteousness in Jacob.  
Lord our God Exalt  
bow down before his footstool, for he is  
holy. **R**

Moses and Aaron among his priests  
and Samuel among those who call upon  
his name,  
they called upon the Lord and he  
answered them.  
He spoke to them out of the pillar of  
cloud;  
they kept his testimonies and the law that  
he gave them. **R**

You answered them, O Lord our God;  
you were a God who forgave them  
and pardoned them for their offences.  
Exalt the Lord our God and worship him  
upon his holy hill;  
for the Lord our God is the holy. **R**

**SECOND READING 2 Peter 1:16-end**

*A reading from the second letter of Peter.*  
We did not follow cleverly devised myths  
when we made known to you the power  
and coming of our Lord Jesus Christ, but  
we had been eyewitnesses of his majesty.  
For he received honour and glory from  
God the Father when that voice was

conveyed to him by the Majestic Glory,  
saying, "This is my Son, my Beloved, with  
whom I am well pleased." We ourselves  
heard this voice come from heaven, while  
we were with him on the holy mountain.  
So we have the prophetic message more  
fully confirmed. You will do well to be  
attentive to this as to a lamp shining in a  
dark place, until the day dawns and the  
morning star rises in your hearts. First  
of all you must understand this, that no  
prophecy of scripture is a matter of one's  
own interpretation, because no prophecy  
ever came by human will, but men and  
women moved by the Holy Spirit spoke  
from God.

**GOSPEL Matthew 17:1-9**

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

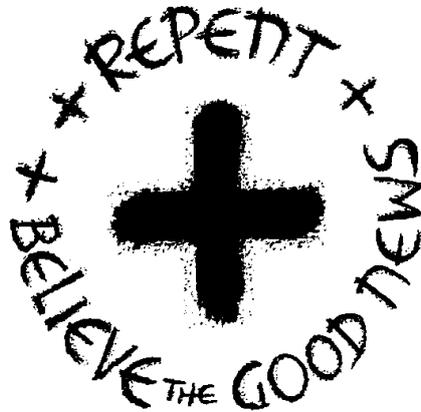
**POST COMMUNION**

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know  
his power to change and save.  
This we ask through Jesus Christ our Lord.



Churches Together in Potters Bar

## UNITED SERVICE



## ASH WEDNESDAY

Wednesday 18<sup>th</sup> February 2026

7.30pm

Church of Our Lady & St Vincent,  
243, Mutton Lane, EN6 2AT

*Preacher: Revd Mary Moody,  
Regional Minister for the Central Baptist  
Association*

All are very welcome. Refreshments and fellowship afterwards in the hall.

# WORLD DAY OF PRAYER

A service for everyone!

# Friday 6 March

*I will give you rest, come*

For the World Day of Prayer Service 2026 the women of Nigeria have created a service of prayer and sharing that speaks to our need for peace and solace, drawing on their faith and experiences in a world filled with struggles and anxieties.

**Please do join us on Friday 6<sup>th</sup> March at Our Lady & St Vincent Church at I I am for this beautiful annual event.**

Refreshments to follow in the Parish Hall.

All are welcome.



# Nigeria 2026



**INFORMED PRAYER PRAYERFUL ACTION**

24-7 365 Days a year Prayer movement Ecumenical International Women-led

[wwdp.org.uk](http://wwdp.org.uk)

Registered Charity Number 233242