

Worship this week

Sun 1 st March	Second Sunday of Lent	9.30am Morning Prayer I Iam Sung Mass
Mon 2 nd	(Commemoration: S. Chad)	9am Morning Prayer at St Mark's (and via Zoom) 12noon Mass 5.30pm Evening Prayer 6pm Zoom Rosary Group
Tue 3 rd	Requiem	8.30am Morning Prayer 6.30pm Evening Prayer 7.30pm Requiem Mass
Wed 4 th		8.30am Morning Prayer 10.15am Mass 11.30 to 12 Exposition of the Blessed Sacrament 5.30pm Evening Prayer
Thu 5 th		8.30am Morning Prayer 12noon Mass 5.30pm Evening Prayer
Fri 6 th		
Sat 7 th	(Commemoration: Ss Perpetua and Felicity)	9.30am Morning Prayer 10.15am Mass 10.45 Stations of the Cross 11.30 to 12 Exposition of the Blessed Sacrament 1pm Confessions
Sun 8 th	Third Sunday of Lent	9am Children's Mass 9.40m Morning Prayer I Iam Sung Mass 4pm Evensong and Benediction

Morning and Evening Prayer will also be available on Zoom. Please contact Fr Neil for details. All our Masses will be livestreamed.

This week we offer our Masses for: Sunday: Parish and People, Monday: Alcoholics Anonymous, Tuesday: Month's Minds, Wednesday: LGBTQ+ Chaplain, Thursday: Children and Young People's worker, Saturday: Southend Deanery.

We pray for our local community in: Manor Rd, Clifton Drive, Seaforth Rd, Argyl House, Homecove House, Holland Rd, Palmeria Ave, Water's Edge, Shorefield Ave, Shorefield Gdns, San Remo Parade, Station Rd, Valkyrie Rd, Ditton Court Rd, Canewdon Rd, Anerley Rd, Argyll Rd, Ceylon Rd, Hamlet Court Rd, London Rd, Burdett Ave.

For those who are sick and in need:

Sunday: Lisette, Lucy, Neil, John McGuinness, Pauline Barta, Fr Ian Michael, Audrey Berry, Jason, Alice Bossard, Matt Duff, The Revd Julie Fleming, Keith Lindsay, The King. **Monday:** Suzi Procaccino, Mary, Christine, Brenda, Keith North, Leah Morassi, Mark, Jim Easton, Jeff Campbell, Rachel Sanders, John. **Tuesday:** Ken McMillan, Roy North, Danielle Gregory, Jackie Paul, Philip Walker, Cate, Michael Grant, Mark Simpson, Philip St James, Martyn Pinkney. **Wednesday:** Marcus Gregory, Matthew Gregory, Graham Cushion, Dave, Mary North, Janet Beale, Maureen Gray, Frankie Rose and family, Andrea Walzy, **Thursday:** Jo Allen, Diane Paisley, Terry Gray, Binu Mullor, Paul Davison, Jackie Keys, Anna Fong, Philip Broomfield, Charlotte Cheeseman, **Friday:** John Triggs, Robin, Marta, Pauline Maker, David Raglan, Graham Turnidge, Nicole Beard, Mthr Lizzy, Jamie Hawkes, Sheila Grant, Luke Meesher, Marilyn Gray. **Saturday:** Sally, Gregory, Arthur, Maggie, Leesa, Nicholas, Anne Box, Sue Burton, Norma Gray-Griffiths, Helen Pierce, Sue Leuenberger,

Recently Departed: Laurence Higham, Steffan Sadowski, Anne Barker, Dennis Johnson, Rowan Cumming, Jen Duff, David Duncan, Jackie Paul, Keith Ashton, Margaret Watson.

In Memoriam: Dorothy Wilson, Ivor Morris (priest), Sekura Gwena, Sister Agnes, Eilen Hunt, Alice Watson, Charles Nicholson, Edward Rolph, Ron Crouch, John Hassell (priest), Michael Bradley.

Next Week's Readings: Exodus 17:1-7, Psalm 95, Romans 5:1-11, John 4:5-42

Saint Alban the Martyr

Westcliff on Sea

Second Sunday of Lent



Our Mass begins with hymn **73, My God, I love thee not because**, which we sing after the bell rings

During Lent the Gospel Acclamation is: **Praise to you, O Christ, King of eternal glory.**

Evensong and Benediction on Sunday 8 March at 4pm.

There are Smarties to take away to enjoy in return for some donations to the **Children's Society.**

Alban's Allsorts our group for toddlers and their parents and carers meet on Tuesday 10am to 12noon.

During Lent we meet on Tuesday evenings after the Mass for a **Lent Supper and Discussion** at the Vicarage.

Please sign the list at the back of church to let us know if you are coming to the next session.

We will pray the **Rosary** each Monday in Lent at 6pm on Zoom for the 100 Days of Prayer. Let Fr Neil know if you'd like to join.

Stations of the Cross on Saturdays in Lent at 10.45am.

Lent is a good time to consider going to **Confession (the Sacrament of Reconciliation)**. Fr Neil will be in church to hear confessions on Saturdays from 1-2pm or by appointment at another time.

The **World Day of Prayer**, prepared by the women of Nigeria, is on Friday 6th March from 10.30am at King's Road, United Reform Church

Jackie Paul's funeral will take place on Monday 16 March at 2pm at Saint Andrew's Church, Aylestone, Leicester.

This year our Parish Pilgrimage to the Shine of Our Lady of Walsingham will be from 26-28 May. The cost will be £174 plus transport.

Gluten Free wafers are available but please let us know that you need one when you arrive at church.

Church cleaning and gardening on Wednesdays from 12 noon until 2pm. Tea and chocolate biscuits offered in recompense.

Contact Details

Vicar:

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Assistant Curate:

LGBTQ+ Chaplain
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Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality.