

Prayer intentions this week

Almighty Father,
whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with
him
and be changed into his likeness, from glory
to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

(or)

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord.

For the world

For those who are devalued by others
For a reduction in prejudice
For fragile ecosystems
For species at risk of extinction

Those in need

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Beverley Reaney	Ann Kuczak
Francis Berryman	Lindsay Richards
Margaret Johnson	Rebecca Ormian
Wendy Goodwin	Teresa Nicholls
Stephen Keeble	Richard Howells

Those who have recently died

Joan Margaret Pightling
Julia Rosemary Howarth

Those in our year's mind

Ava Holly Gibbons	George Cowen
Gwendoline Wallace	

***Rest eternal grant unto them O Lord; and
let light perpetual shine upon them***

Nar Valley Benefice

Pew News

8th-14th February 2026

This Sunday 8th February Second Sunday before Lent (green)

9.30am at Castle Acre

Eucharist

The scriptures are:

Genesis 1.1-2.3 & Matthew 6.25-end
Hymns: 510, 10 (omitting starred verses), 19
Eucharistic Prayer: G

11am at Pentney

Eucharist

The Scriptures are:

Genesis 1.1-2.3 & Matthew 6.25-end
Hymns: 510, 10 (omitting starred verses), 19
Eucharistic Prayer: G

6pm at South Acre

Traditional Evensong

The scriptures are: Psalm 148
Proverbs 8.1,22-31 & Revelation 4
Hymns: 123, 435, 563, 767

Wednesday 11th February

Ordinary time (green)

**9am in Narborough Church
said Eucharist**

The Scriptures are:

1 Kings 1-10 & Mark 7.14-23

Next Sunday 15th February

Sunday next before Lent (green)

9.30am in Castle Acre church

Eucharist

The Scriptures are:

Exodus 24.12-end & Matthew 17.1-9
Hymns: 248, 190, 275 EP: G

11am in Narborough church

Eucharist

The scriptures are:

Exodus 24.12-end & Matthew 17.1-9
Hymns: 248, 190, 275 EP: G

6pm in West Acre church

Traditional Evensong

The scriptures are: Psalm 84
2 Kings 2.1-12 & Matthew 17.9-23
Hymns: 349, 467

Welcome to all

We are always welcome in God's house and greet one another with joy.
Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Hearing aids

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies.

Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Pentney

Andrew Smith (01760 755102)

Narborough & Narford

Liz Collins (01760 337403)

Joan Upton (01760 337053)

West Acre

Clare Levere (07709232851)

South Acre

James Stephenson (01760 337901)

Newton

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team safeguarding@dioceseofnorwich.org or 01603 882345

Sue Brice, diocesan safeguarding advisor sue.brice@dioceseofnorwich.org or 07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Mother Angela is building up her database of people's contact details. Please fill in a form and put it in an envelope. Then hand it to her, her husband, or a churchwarden.

Contact details

Mother Angela is happy to be contacted on her landline **01760 338552** or by email narvalleyrector@hotmail.com
However, she is into retreat until Friday 13th February and it will not be possible to contact her during this time.

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

Anne Loch 01760 755403

David Bowman 01603 483658

Narborough:

James Stephenson 01760 337901

Newton:

Tony Bell 01760 755506

Stephen Laing 01760 755455

Pentney

Sue Neep 01760 338037

Andrew Smith 01760 755102

South Acre:

Davina Barber 07967 369 573

West Acre:

Henry Birkbeck 01760 755254

Notices

Saturday 14th February 7-9pm **Valentine's Day Wine and Cheese Party** in the Church Rooms. Tickets from a churchwarden or from the Rectory. Donations for the wall.

Tuesday 17th February 5.30-6.30pm **Shrove Tuesday Pancake Party** in the Church Rooms. Tell the Rectory if you're coming.

Ash Wednesday 18th February. 9am in Narborough and 6pm in Castle Acre **said Eucharist with Ashing.**

Tuesdays in Lent (so February 24th to March 31st) **Simply Soup** lunches in the Church Rooms in Narborough 12.30pm. Followed by **Simply Spoken** – gently exploring some famous biblical speeches 1.30-2pm.

Thursdays in Lent (so February 19th to March 26th) **Simply Still** in Castle Acre Church 6-6.30pm. Time out sitting with meditative music playing in the background.

Saturday 28th February 6.30pm for 7pm **Pentney Pie and Mash and Games evening** at Little Abbey Farm. Bring your own drinks. Tickets £15 from Janet Beck 01760 337419
All profits to Pentney Parish Church.