



The Benefice of Dickleburgh and The Pulhams

The heartbeat of the community

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Our Ministry Team

Rector: The Revd Carl Melville

📍 The Rectory, Pulham Market, IP21 4TE

01379 452847 ✉ carlmelville@hotmail.com

Rest day: Monday

The Revd John Adlam – ☎ 01379 741999

The Revd Norman Steer – ☎ 01379 854245

Gale Hodgkinson (Reader) – ☎ 01379 740042

The Benefice Office

Mon-Fri 10am-12noon

Julie Woolterton ☎ 01379 741994

📍 Church Rooms, Dickleburgh, IP21 4NQ

✉ thebeneficetogether@hotmail.co.uk

Benefice Prayer List

We pray for those sick, ill, or who need our prayers:

Herbert Websdell, Myra Payne, Paula Brewster, Kathy Leeder, Sheena Duncan, Ruth Cawcutt. Those battling cancer.

For all carers, particularly those caring for loved ones at home.

For the repose of the souls of those recently departed:

Rosamund Gray, Gary Took, Lynda Mitchell, Baby Grace, Edward Fielding

For those whose anniversary of death falls at this month:

Donald Payne, Christopher Fowle, Glenn Smith, Jean Millican

Dates for your Diary

23rd- 27th Benefice Office Closed

27th Funeral of Baby Grace Scrivener, DB Church 10.00am

25th Lent course in DB Church Rooms, 6.30pm for food, 7.30pm course – also 4th, 11th, 18th & 25th March

24th Visiting Bellringers at Pulham Market, 10.30am

25th Communion in PSM Church, 10.00am

26th Ladies Guild Bellringers ringing in DB Church 10.30am

March

4th Communion in PSM Church, 10.00am

4th Lent course in DB Church Rooms, 6.30pm for food, 7.30pm course – also 11th, 18th & 25th March

5th Funeral of Lynda Mitchell, Dickleburgh Church, noon

9th-13th Mirfield trip

16th Funeral of Edward Fielding, 11.30am DB Church

SAFEGUARDING

To report SG concerns please contact Tony Gray on 01379 676321 or tonygray59@gmail.com or to Sue Brice on 01603 882345 or safeguarding@dioceseofnorwich.org

The Weekly Pewslip

Sunday 22nd February 2026

FIRST SUNDAY OF LENT/PURPLE

Services THIS Sunday 22nd February

09.30 Communion, Dickleburgh

09.30 All Age Worship, Pulham Market

11.00 Communion, Pulham St Mary

11.00 Morning Prayer, Starston

11.00 Morning Prayer, Thelveton

Services NEXT Sunday 1st March

08.00 Communion, Pulham St Mary

09.30 All Age Worship, Dickleburgh

09.30 Communion & Lighthouse, Pulham Market

11.00 Communion, Starston

11.00 Morning Prayer, Thelveton

Midweek Communion

Every Wednesday

10.00am

Pulham St Mary Church

Saturday Prayers

Saturday mornings

Dickleburgh Church

9.30am

From our Benefice Cycle of Prayer

For our Cathedral Dean, Andrew; for the life of the Cathedral as a beacon of love and hope in this county. For our Rural Dean, Chris Hutton.

For our Churchwardens and PCCs.

For our Schools – For the Head Teachers. Harriett Beckett (PM) and Moira Croskell (Dickleburgh), and for all who assist them.

(PM – for our brothers and sisters at the Methodist Church).

For those living in our parish, particularly those living in streets (from your parish).

Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

1ST SUNDAY OF LENT

FIRST READING **Genesis 2.15-17; 3.1-7**

A reading from the book of Genesis.

The Lord God took the man and put him in the garden of Eden to work it and keep it. And the Lord God commanded the man, saying, "You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die." Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?" And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'" But the serpent said to the woman, "You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

This is the word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM **Psalms 32.1-8**

+ **Forgive me, O Lord, the guilt of my sin.**

- 1 Happy the one whose transgression is forgiven,
and whose sin is covered.
Happy the one to whom the Lord imputes no guilt,
and in whose spirit there is no guile. +
- 2 For I held my tongue; my bones wasted away
through my groaning all the day long.
Your hand was heavy upon me day and night;
my moisture was dried up
like the drought in summer. +
- 3 Then I acknowledged my sin to you
and my iniquity I did not hide.
I said, 'I will confess my transgressions to the Lord,'
and you forgave the guilt of my sin. +
- 4 Therefore let all the faithful make their prayers
to you in time of trouble;
in the great water flood, it shall not reach them.
You are a place for me to hide in;
you preserve me from trouble;
you surround me with songs of deliverance. +

SECOND READING **Romans 5.12-19**

A reading from the letter of Saint Paul
to the Romans.

Just as sin came into the world through one man,
and death through sin, and so death spread to all
men because all sinned—for sin indeed was in the

world before the law was given, but sin is not
counted where there is no law. Yet death reigned
from Adam to Moses, even over those whose
sinning was not like the transgression of Adam,
who was a type of the one who was to come. But
the free gift is not like the trespass. For if many
died through one man's trespass, much more have
the grace of God and the free gift by the grace of
that one man Jesus Christ abounded for many.
And the free gift is not like the result of that one
man's sin. For the judgement following one
trespass brought condemnation, but the free gift
following many trespasses brought justification.
For if, because of one man's trespass, death
reigned through that one man, much more will
those who receive the abundance of grace and the
free gift of righteousness reign in life through the
one man Jesus Christ. Therefore, as one trespass
led to condemnation for all men, so one act of
righteousness leads to justification and life for all
men. For as by the one man's disobedience the
many were made sinners, so by the one man's
obedience the many will be made righteous.

This is the word of the Lord.

Thanks be to God.

GOSPEL

Matthew 4.1-11

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ
according to Matthew.

Glory to you, O Lord.

Jesus was led up by the Spirit into the wilderness
to be tempted by the devil. And after fasting forty
days and forty nights, he was hungry. And the
tempter came and said to him, "If you are the Son
of God, command these stones to become loaves
of bread." But he answered, "It is written, "Man
shall not live by bread alone, but by every word
that comes from the mouth of God.'" Then the devil
took him to the holy city and set him on the pinnacle
of the temple and said to him, "If you are the Son
of God, throw yourself down, for it is written, "He
will command his angels concerning you', and "On
their hands they will bear you up, lest you strike
your foot against a stone.'" Jesus said to him,
"Again it is written, 'You shall not put the Lord your
God to the test.'" Again, the devil took him to a very
high mountain and showed him all the kingdoms of
the world and their glory. And he said to him, "All
these I will give you, if you will fall down and
worship me." Then Jesus said to him, "Be gone,
Satan! For it is written, "You shall worship the Lord
your God and him only shall you serve.'" Then the
devil left him, and behold, angels came and were
ministering to him.

This is the Gospel of the Lord.

Praise to you, O Christ.