

Who's who in the Benefice:

Safeguarding Please also see church notices.

sgl.uppermeon@gmail.com

please also contact Fr Tony. Local Contacts will also be published on posters very soon.

Priest -

Fr Tony Forrest fr.antony.forrest@gmail.com

Tel: 01730 642115

Benefice Administrator -

Emily Rich beneficeuppermeon@gmail.com

East Meon Churchwardens -

Emma Bird emmacbird1@gmail.com

Stuart Martin stuartmartin792@btinternet.com

Warnford Churchwardens -

Andrew Sellick andrew@gawthorpeestates.co.uk

Stephen Short short.stephen600@btinternet.com

West Meon Verger -

Michael Johnson mjinc1946@gmail.com

Langrish Verger -

Joy Sang joysang@gmail.com

Collect

Almighty and ever-living God, clothed in majesty, whose beloved Son was this day presented in the Temple, in substance of our flesh: grant that we may be presented to you with pure and clean hearts, by your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Our Benefice Prayer

Lord God, in our striving towards your kingdom, send the gift of your Holy Spirit to work through our benefice. Help us to look forward, to act together with mutual support, to be open to your will, to seek to avoid conflict and to nurture loving relationships. Give us vision, patience and wisdom so that our churches may grow and our communities be blessed with your Grace, through Jesus Christ our Lord. Amen.

Lent Course 2026:

Spirituality – Experiencing God

This is a stimulating introduction to *lectio divina* or sacred reading. (There is a possible alternative).

The sessions begin with a short introduction, followed by a short video, some guided discussion and then a short practical activity to go a little deeper. The materials are engaging, pacy and experiential.

4.30 – 5.30 pm on **Tuesdays**

24th February to 24th March 2026

The Church Room, East Meon.

Tea and Coffee from 4.15 pm.

Please 'sign up' by emailing Fr Tony by 31st January so course materials can be produced in time.

1st Sunday in February

**The Upper Meon Benefice (Designate)
East Meon, Langrish, Warnford and West Meon**



Pew News 1st February 2026

Every Sunday

All Saints' Church, East Meon

8 am Holy Communion BCP

following the BCP Lectionary

Services During the Week

The First Tuesday in the Month

6 pm Compline at Langrish

Each Wednesday

9 am Morning Prayer at West Meon & Langrish

Sunday Services

1st February – Candlemas

(BCP: *Septuagesima*)

All Saints' Church, East Meon

10:30 am – Benefice Eucharist

Malachi 3.1-5, Luke 2.22-40

Our Lady, Warnford

3.30 pm – Candlelit Evensong BCP

Ps 24: 1-10, Malachi 3.1-5, Luke 2.22-40

Services for the next two weeks:

8th February

2nd before Lent

(BCP: *Sexagesima*)

St John the Evangelist, Langrish

09:00 am – Service of the Word

St John the Evangelist, West Meon

10:30 am – Benefice Eucharist

Genesis 1.1 – 2.3, Matthew 6.25-34

15th February

Next before Lent

(BCP: *Quinquagesima*)

Our Lady, Warnford

09:00 am Holy Communion

All Saints' Church, East Meon

10:30 am Service of the Word

2 Peter 1.16-21, Matthew 17.1-9

18th February

Ash Wednesday

St John the Evangelist, West Meon

9 am – Morning Prayer with 'Ashing'

All Saints, East Meon

6 pm – Benefice Communion with 'Ashing'

For your prayers...

Each morning, we are encouraged to pray for: the day ahead and its tasks; the world and its needs; the Church and her life. In the evening, we might pray for: peace throughout the world and individuals and their needs.

IDWAL – Inter Diocesan West Africa Link



Our Benefice has links with Ghana. East Meon with Ayifuah, Langrish with Jameso Nkwanto, Warnford & West Meon with Winneba. Please remember the people and priests of these churches in your prayers.

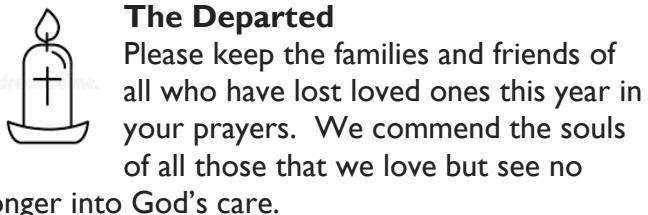
We pray for all our brothers and sisters of the Diocese, and especially for Bishop Jonathan, our Archdeacon Kathryn and our Area Dean Susie, and for our local brothers and sisters of all denominations.

We pray that as we move ever closer to becoming an Official Benefice we may unite through the love of Christ, respecting our differences and enjoying our fellowship. We pray for the community and parish of Langrish as the draft Pastoral Scheme enters the next phase having been considered by the Church Commissioners.

We pray for all our schools around the Benefice and for all those who lead them.

The Unwell – please pray for the full and speedy recovery of those who are unwell or recovering from treatment at this time. Please notify Fr Tony for other private or public prayers.

The Departed



Please keep the families and friends of all who have lost loved ones this year in your prayers. We commend the souls of all those that we love but see no longer into God's care.

Rest eternal grant unto the departed, O Lord and let light perpetual shine upon them. May they rest in peace and rise in glory. Amen.

NOTICES PLEASE

Notices for next week by

Tuesday, 3rd February at 12 noon please to:

beneficeuppermeon@gmail.com

EASTER LILIES

Details of Easter Lilies at West Meon and Warnford will be in the February edition of the Parish News. Full details for all churches here soon.

NOTICES

Whole Benefice

All Saints' Church, East Meon

Jane's Boys! First Wednesday of the month, 6pm-8pm in the George on **Wednesday 4th February**
All men of drinking age welcome to join!

Ringing News:

Interested to know more about bell ringing?
Already ring and would like to ring locally?
We are a friendly band of ringers who practise most Fridays at 7.30. If you would like more information, including about our dedicated learner sessions, contact Pam Barnsley at pmbarnsley@hotmail.com

St John the Evangelist, Langrish

Compline will be sung in Langrish Church on **Tuesday 3rd February at 6pm**. Do join us for this short, quiet, reflective service.

Our Lady, Warnford

It's Snowdrop time again for Warnford Church in February.

Snowdrop Saturdays in Warnford Park

Here in the Meon Valley we are blessed with a wonderful display of Snowdrops in a secret garden spot on a private estate usually not open to the public. You can book ahead and wander around Warnford Park's beautiful snowdrops on four Saturday afternoons this February (7, 14, 21 and 28 Feb 2026, 2pm – 5pm). Nestling in the valley, Warnford Park is a magnificent late 18th Century landscape park and pleasure grounds designed by Capability Brown as the setting for a country house and is the home of the Snowdrop Walk. If you wish to be refreshed after your journey, wonderful tea and cakes await you in the Bell Tower of the Church, with music from the organ to entertain you.

Snowdrop Saturdays contribute funds to help with the running of our historic Warnford Church.

Attendance is by pre-booked tickets only, to manage attendance and traffic carefully to ensure the best visitor experience possible.

Tickets for the Saturday opening are available on the Warnford Snowdrops website <https://www.warnfordparkwalks.org.uk/>