



St Mary's Parish Church Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 25th January 2026

Parish Church Services (Sunday only)

9:30am Traditional Service - Celtic (HC)

Isaiah 9:1-4 & Matthew 4:12-23

11am All-Age Service (also livestreamed)

Matthew 4:12-23

Hearing
Loop
available



**Access via
the Old
Road
Entrance**

Old Church Services

Sunday 6:30pm Evening Service - BCP

Wednesday 11am Service of the Word

**Our toilets are located by
the Old Road entrance**



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,
Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.

LIVE



STREAMING

Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594



For our prayers during the week ...

... those who are unwell, and those who care for them:

Anne Davis, Kelsey Hawkins, David Kidney, Philip Kyriacou, Sylvia Wells, Daphne West, and Cate Wilby.

Please remember to pray for all our friends living in local residential homes, many of whom are no longer mobile enough to join us on Sundays, and pray God's blessing on each person.

The funeral of **Jean Tinsley** will be held on Thursday 5th February in St Mary's Parish Church at midday.

The funeral of **Tricia Westlake** will be held on Wednesday 11th February at St Michael's Parish Church in Kirby-le-Soken at midday.



Prayers for people of the Middle East & North Africa (MENA) with access to SAT-7 satellite and YouTube broadcasts. Use prayer diaries or website: sat7uk.org/pages/pray

The Christmas story was not about Jesus alone, but also about the generous Father who gave His one and only Son.

Pray for the many fathers in the *MENA* who will learn about God the Father through SAT-7, and model their own parenting on His character.

Jesus' mission on earth, which began with His birth in humble circumstances, reached its climax with His harrowing death on the cross.

Pray for seekers in the *MENA* who need to know that God identifies with them, and that they will find Jesus, the 'man of suffering, and familiar with pain.' (Isaiah 53:3b).

Pray for Christians in the many *MENA* conflict zones, such as Iran, Syria, Israel, Sudan, Yemen ... **Pray** they will encounter the Prince of Peace and be protected from violence. **Heather Ursell**

Notice of PCC meeting

The next meeting of the Parochial Church Council will take place on Monday 2nd February 2026 at 7:00 pm.

Sound, Projection, and Livestreaming help required: We need extra technicians to join our Sound, Projection, and Livestreaming teams. This is now an essential area of church life. Training will be given and the more people who volunteer, the better, so nobody is on a rota too often. If you think you can help, see **Dominic Gardner, David, or Karen Hepworth**.

11am Wednesday Service

A service is held in the Old Church at 11am every Wednesday. This service is an opportunity to take an hour away from our busy weeks, in a quiet, reflective way. It is a 'said service' (spoken only - no songs or music) using the book of Common Prayer, and is either a *Holy Communion Service* or a *Service of the Word*. See the front of this weekly noticesheet.

Want to feel more connected to God's Word?



Beginning

Tuesday 3rd February 2026

The Bible Course

2pm & 7pm

The Bible Course will be held in Rooms 3/4 on the following Tuesdays

3rd 10th 17th February & 3rd 10th 17th 24th 31st March

A course guide will be available for purchase from the Church Office.

Discover how Bible characters, stories, and themes are connected, from Genesis to Revelation.

Tel: 01255 879344 Email: Office@marysnewchurch.org Website: www.marysnewchurch.org

St Mary's Parish Church, Church Office, Old Road, Penicuik, Midlothian, EH22 1BX



Discover how Bible characters, stories, and themes are connected, from Genesis to Revelation.

United Worship and Prayer - Sunday 1st February at 6:30pm: Local Churches together, united in prayer, worshipping as one body. This time we will be at Homelands Church.



Can you play the piano?

We are fortunate to have sung services in our Old Church regularly on a Sunday evening at 6:30pm. If there is someone you know who would be able to play hymns on the piano once a month, that would be wonderful. Please talk to Duncan or the Church Office for more information.

Confirmation Course: We will be running a Confirmation Course for anyone who would like to be confirmed in the Confirmation Service to be held here at St Mary's on Thursday 4th June 2026.

More information will follow in the next couple of weeks, but do let Funmilayo or the Church Office know if you are interested or would like more information about what confirmation is all about.

Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 2nd February at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

Ruth and Tricia



Please note, that, in addition to our weekly Monday meetings, we will have an afternoon *Hour of Prayer* at 2:30pm on Thursday 19th February, in Room 2. Please do join us.

Graham Dallison

During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 26th Pastoral Care AG Meeting 11:45am

 Weekly Prayer Meeting 7:30pm

Wednesday 28th Service of the Word (Old Church) 11am

 Wednesday Group Lunch 12pm

Thursday 29th Smallsorts 10am

 Knit & Natter 1:30pm

Friday 30th Coffee Morning 10am

 Choir Practice 6pm



Sunday 1st February

9:30am Traditional Service - BCP

11am All-Age Service (also livestreamed)

6:30pm Evening Service - CW (HC) (Old Church)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the [Parish Giving Scheme](#) which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - **WITH NO BANK FEES!**

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with ***Dominic Gardner, Operations Manager***



DATES FOR YOUR DIARY

The Bible Course - begins Tues. 3rd February, 2pm & 7pm

St Mary's APCM - Sun. 17th May, after 11am Service

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - [07882 402 768](tel:07882402768)

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org