



St Mary's Parish Church Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 18th January 2026

Parish Church Services (Sunday only)

9:30am Traditional Service - CW

Isaiah 49:1-7 & John 1:29-42

11am All-Age Service (also livestreamed)

John 1:29-42

Hearing
Loop
available



Old Church Services

Sunday 6:30pm Evening Service - BCP (HC)

Wednesday 11am Holy Communion

Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,
Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.

LIVE 
STREAMING

Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594



For our prayers during the week ...

... those who are unwell, and those who care for them:

Anne Davis, Kelsey Hawkins, David Kidney, Philip Kyriacou, Sue Maloney, Sylvia Wells, Daphne West, and Cate Wilby.

News from the Silvia Centre, Piatra Neamt: The children have started back at the Silvia Centre



after a Christmas break. **Several of the children have chicken pox** and so the children who are able to attend are getting special attention! Also this term, one of the staff who has been on maternity leave (which is a year in Romania) is back and so there is currently a hand-over period. **We welcome Georgiana back.** We thank you so much for your prayer and your support – **we could not serve the Lord in this way without your help.** Happy New Year to all at St Mary's.

Maggie Wilson



Can you play the piano?

We are fortunate to have sung services in our old church regularly on a Sunday evening at 6:30pm. If there is someone you know who would be able to play some hymns on the piano once a month, that would be wonderful. Please talk to Duncan or the office for more information.

RNLI Charity: Once again, I shall be collecting used postage stamps for the RNLI charity. As requested before, please cut, not tear, the stamps from the envelope, leaving a small margin. They can be left in my pigeonhole for me to collect. Many thanks, in advance, for your support.

Jill Pert



11am Wednesday Service

A service is held in the Old Church at 11am every Wednesday. This service is an opportunity to take an hour way from our busy weeks, in a quiet, reflective way. It is a 'said service' (spoken only—no songs or music) using the book of Common Prayer, and is either Holy Communion or a Service of the Word.

Notices for the Noticesheet

If you would like a notice put in the noticesheet, please ensure it is received by midday on Tuesdays. If you are planning an event, please see that the information is sent in good time, so it can be advertised on multiple occasions and as much notice as possible can be given. The later your notice, the less impact it has. **ALL** noticesheet items should be sent to the Church Office and Reception Team using the email: office@stmarysfrinton.org.

DO NOT send items to the Operations Manager.



Want to feel more connected to God's Word?



Beginning

Tuesday 3rd February 2026

The Bible Course

2pm & 7pm

The Bible Course will be held in Rooms 3/4 on the following Tuesdays

3rd 10th 17th February & 3rd 10th 17th 24th 31st March

A course guide will be available for purchase from the Church Office.

Discover how Bible characters, stories, and themes are connected, from Genesis to Revelation.

Tel: 01255 879344 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

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St Mary's Parish Church, Church Office, Old Road, Frilstone, Tiverton, EX13 9BX

Want to feel more connected to God's Word?

The Bible Course begins Tuesday 3rd February 2026,

at 2pm - with a repeat at 7pm - in Rooms 3/4

The Course runs on 3rd 10th 17th February (NOT 24th)

and 3rd 10th 17th 24th 31st March.

A course guide is now available for purchase from the Church Office for £7.50 each. When buying your course guide you will have the opportunity to buy another guide for someone in the Church who might not be able to afford to buy one for themselves.

Buying or receiving a gifted book is completely anonymous

See Dominic, Funmilayo or Peter if you need a gifted book.

The 2pm and 7pm sessions will be duplicated each week, so you could attend an afternoon one week, and an evening the following week, and not miss out.

Discover how Bible characters, stories, and themes are connected, from Genesis to Revelation.

Untied Worship and Prayer Sunday 1st February at 6:30pm. Local Churches together, untied in prayer, worshipping as one body. This time we are at Homeland Church



Our Rector Funmilayo is writing a letter to the members of our church each month in 2026. These letters appear on our website. Just click on [this link](#) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

Confirmation Course: We will be running a Confirmation Course for anyone who would like to be confirmed in the Confirmation Service to be held here at St Mary's in June. More information is to follow in the next couple of weeks, but do let Funmilayo or the Church Office know if you are interested or would like more information about what confirmation means.



Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 2nd February at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**



Please note, that in January and February we will have an after-noon *Hour of Prayer* at 2:30pm on Thursdays 22nd January and 19th February, in Room 2. Please do join us. **Graham Dallisson**

During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 19 th	Weekly Prayer Meeting 7:30pm
Wednesday 21 st	Wednesday Group 10am
	Holy Communion (Old Church) 11am
Thursday 22 nd	Smallsorts 10am
	Knit & Natter 1:30pm
	Hour of Prayer 2:30pm
Friday 23 rd	Coffee Morning 10am
	Choir Practice 6pm
Saturday 24 th	Uniform Bank 10am



Sunday 25th January

9:30am Traditional Service - Celtic (HC)

11am All-Age Service (also livestreamed)

6:30pm Evening Service - BCP (Old Church)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the [Parish Giving Scheme](#) which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - **WITH NO BANK FEES!**

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with ***Dominic Gardner, Operations Manager***



DATES FOR YOUR DIARY

The Bible Course - begins Tues. 3rd February, 2pm & 7pm

St Mary's APCM - Sun. 17th May, after 11am Service

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - [07882 402 768](tel:07882402768)

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org