



**St Mary's**  
Parish Church  
**Frinton** 2026

But thank God!  
He has made us his captives and continues  
to lead us along in Christ's triumphal procession.  
Now he uses us to spread the knowledge of Christ  
everywhere, like a sweet perfume.

2 Corinthians 2:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday 18<sup>th</sup> January 2026**

### Parish Church Services (Sunday only)

9:30am **Traditional Service - CW**

**Isaiah 49:1-7 & John 1:29-42**

11am **All-Age Service (also livestreamed)**

**John 1:29-42**

### Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**

Wednesday 11am **Holy Communion**

Hearing  
Loop  
available



Access via  
the Old  
Road  
Entrance



Our toilets are located by  
the Old Road entrance



### Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)

Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



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NEVER  
DOUBT THE  
POWER  
OF PRAYER

**... those who are unwell, and those who care for them:**

Anne Davis, Kelsey Hawkins, David Kidney, Philip Kyriacou, Sue Maloney, Sylvia Wells, Daphne West, and Cate Wilby.

**News from the Silvia Centre, Piatra Neamt:** The children have started back at the Silvia Centre after a Christmas break. **Several of the children have chicken pox** and so the children who are able to attend are getting special attention! Also this term, one of the staff who has been on maternity leave (which is a year in Romania) is back and so there is currently a hand-over period. **We welcome Georgiana back.** We thank you so much for your prayer and your support – **we could not serve the Lord in this way without your help.** Happy New Year to all at St Mary's.

**Maggie Wilson**



We are fortunate to have sung services in our old church regularly on a Sunday evening at 6:30pm. If there is someone you know who would be able to play some hymns on the piano once a month, that would be wonderful. Please talk to Duncan or the office for more information.

***RNLI Charity:*** Once again, I shall be collecting used postage stamps for the *RNLI* charity. As requested before, please cut, not tear, the stamps from the envelope, leaving a small margin. They can be left in my pigeonhole for me to collect. Many thanks, in advance, for your support. ***Jill Pert***

***Jill Pert***



A service is held in the Old Church at 11am every Wednesday. This service is an opportunity to take an hour away from our busy weeks, in a quiet, reflective way. It is a 'said service' (spoken only—no songs or music) using the book of Common Prayer, and is either Holy Communion or a Service of the Word.

If you would like a notice put in the noticesheet, please ensure it is received by midday on Tuesdays. If you are planning an event, please see that the information is sent in good time, so it can be advertised on multiple occasions and as much notice as possible can be given. The later your notice, the less impact it has. **ALL** noticesheet items should be sent to the Church Office and Reception Team using the email: [office@stmarvysfrinton.org](mailto:office@stmarvysfrinton.org).

**DO NOT** send items to the Operations Manager.



## St Mary's Parish Church Frinton



### Welcome!

We and our other parishes from 10.30 at the start of the church  
Time for a visit with friends, and new.

## Sunday 11 January 2026

### Parish Church

10.30am Traditional Service - (MC)  
 11.15am Eucharist - (MC)  
 12.00pm AGAP (After lunch service) (MC)

### Old Church Services

Sunday 10.30 Evening Service - MCP  
 Wednesday 10am Service of the Word






## Covenant

**Read the Bible**

Matthew 24: 1-14  
 Luke 21: 20-28  
 1st John 2: 1-17  
 1st John 2: 18-29

**Prayer**

Prayer for the world  
 Prayer for the Church  
 Prayer for the poor  
 Prayer for the sick  
 Prayer for the young  
 Prayer for the old

LIVE

STREAMING



## Want to feel more connected to God's Word?

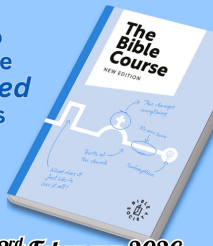
*The Bible Course* begins Tuesday 3<sup>rd</sup> February 2026,  
at 2pm - with a repeat at 7pm - in Rooms 3/4  
The Course runs on 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> February (NOT 24<sup>th</sup>)  
and 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup> March.

A course guide is now available for purchase from the Church Office for £7.50 each. When buying your course guide you will have the opportunity to buy another guide for someone in the Church who might not be able to afford to buy one for themselves.

*\*Buying or receiving a gifted book is completely anonymous\**  
See Dominic, Funmilayo or Peter if you need a gifted book.

The 2pm and 7pm sessions will be duplicated each week, so you could attend an afternoon one week, and an evening the following week, and not miss out.

Want to  
feel more  
*connected*  
to God's  
Word?



*Beginning*

*Tuesday 3<sup>rd</sup> February 2026*

### *The Bible Course*

*2pm & 7pm*

*The Bible Course will be held in  
Rooms 3/4 on the following Tuesdays  
3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> February & 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup> March*

*A course guide will be available for purchase from the Church Office.*

*Discover how Bible characters, stories, and themes are connected,  
from Genesis to Revelation.*

Tel: 01255 879144 Email: [ChurchOffice@stmarysfrinton.org](mailto:ChurchOffice@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)  
St Mary's Parish Church, Church Office, Old House, Frinton-on-Sea, Essex, CO12 9BA



*Discover how Bible characters, stories, and themes are connected, from Genesis to Revelation.*

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**Untied Worship and Prayer Sunday 1<sup>st</sup> February at 6:30pm.** Local Churches together, untied in prayer, worshipping as one body. This time we are at Homeland Church

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Our Rector Funmilayo is writing a letter to the members of our church each month in 2026. These letters appear on our website. Just click on [this link](https://www.stmarysfrinton.org/focus1.htm) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

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**Confirmation Course:** We will be running a Confirmation Course for anyone who would like to be confirmed in the Confirmation Service to be held here at St Mary's in June.

More information is to follow in the next couple of weeks, but do let Funmilayo or the Church Office know if you are interested or would like more information about what confirmation means.

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**90  
plus**

### **Over 90's Group**

Please note our *Over 90's Group* will be meeting on **Monday 2<sup>nd</sup> February at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**

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**Prayer**  
CHANGES THINGS

Please note, that in January and February we will have an after-noon *Hour of Prayer* at 2:30pm on Thursdays 22<sup>nd</sup> January and 19<sup>th</sup> February, in Room 2. Please do join us. **Graham Dallisson**

# During the week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

Monday 19<sup>th</sup>      Weekly Prayer Meeting 7:30pm  
Wednesday 21<sup>st</sup>      Wednesday Group 10am  
                                Holy Communion (Old Church) 11am  
Thursday 22<sup>nd</sup>      Smallsorts 10am  
                                Knit & Natter 1:30pm  
                                Hour of Prayer 2:30pm  
Friday 23<sup>rd</sup>      Coffee Morning 10am  
                                Choir Practice 6pm  
Saturday 24<sup>th</sup>      Uniform Bank 10am



The Old Church



## Sunday 25<sup>th</sup> January

9:30am Traditional Service - Celtic (HC)

11am All-Age Service (also livestreamed)

6:30pm Evening Service - BCP (Old Church)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](http://parishgiving.org.uk/home) and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



## DATES FOR YOUR DIARY

**The Bible Course** - begins Tues. 3<sup>rd</sup> February, 2pm & 7pm

**St Mary's APCM** - Sun. 17<sup>th</sup> May, after 11am Service

**Frinton Mission** - Sat. 25<sup>th</sup> July to Sun. 2<sup>nd</sup> August

Find us on the web!



**Noticesheet Items:** please submit to the Church Office by noon Tuesday, to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - 07882 402 768

**Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)