



Weekly Benefice Bulletin

Sunday 1st February 2026

Message from the Rector

Ow sos ger,

Over the past week or so, I have had several conversations with people across the Upper Fal Parishes. In the main it has been a very encouraging week as people have expressed their gratitude and appreciation for the ministry they have received from their local church, and from the ministry team. As I listen to or read such correspondence I also have a little voice in my ear echoing the doubts and criticisms that are expressed when members of the church or village do not know or understand what the clergy team do from day to day nor how the concept of a ministry team might enhance the ministry and mission of the church.

Jesus' commandment to us is to "go and make disciples"; it was not 'build up your local church'. As we read Acts and the Epistles we discover how the church grew, it grew by the power of God's Holy Spirit. It grew by the disciples - the followers of the Way - the little Christs reaching out to their communities and networks and talking about the way in which their faith in Jesus inspires them to lead to a lifestyle pursuing holiness. Different churches express this in a variety of ways for example by using salvation language, different eras expressed this differently for example by using eschatological language i.e. using fear of hell as a motivator to want to go to heaven.

Each generation has to understand and interpret the Gospel according to their time, sometimes we struggle to do this as the language in the bible can appear formal, rigid, militant, soppy, some people struggle with the different styles of writing, some people struggle with the way in which people of a different time approached their enemies.

There are several ways in which to read the bible, the first is as a devotional practice, we read because we want to discover more of God, we desire thirst hunger for God's word and we glorify God by praying through the gift we have been granted i.e. insight, knowledge, wisdom, love etc; another is that we read the bible in community and like Jacob by the river we wrestle with God, as we learn to listen to one another, consider different points of view and experience God through the lens of another, yet another way - still in community - is that we listen to God's word Sunday by Sunday as we are taken on a journey through the year and we receive the word through a preacher who has studied, considered and prayed through the passages to bring us a word of encouragement, rebuke, challenge, vision, love, teaching, wisdom or insight

So, let me encourage you in the words of Paul and Timothy (1 Thess 5:11 (NIV)

"Therefore encourage one another and build each other up,
just as in fact you are doing"

Gras ha kres,
Caroline

This week's services

Sunday 1st February

Wedding of Cana

Probus	9.30	Praise & Worship with Parish Breakfast at 8.45am	Caroline
St Erme	9.30	Holy Communion	Linda
St Nuri's	10.30	Parish Holy Communion	Pat
Ladock	11.00	Holy Communion	Linda
Tresillian	11.15	Morning Prayer	Caroline

Readings this week

Psalms 36: 5-10
1 Cor 1: 18-31
John 2:1-11

Collect for Sunday

God our creator,
who in the beginning
commanded the light to shine out of darkness:
we pray that the light of the glorious gospel of Christ
may dispel the darkness of ignorance and unbelief,
shine into the hearts of all your people,
and reveal the knowledge of your glory
in the face of Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

Thursday 5th February

Probus	12.00	Holy Communion	Caroline
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Next week's services

Sunday 8th February

Second Sunday before Lent

Probus	9.30	Holy Communion	Caroline
St Erme	9.30	Holy Communion	Linda
Ladock	11.00	Holy Communion	Linda
St Crida	11.00	Holy Communion	Pat
Tresillian	11.15	Holy Communion	Caroline
Probus	19.00	Soul Resonance	Nigel

Readings next Sunday

Psalms 136
Romans 8: 18-25
Matthew 6:25-34

Home Groups

Our midweek home groups are a real blessing to be part of, a place where we share life, faith, and friendship. It's often the first to hear when someone needs prayer or has good news to share.

We hope these groups will continue to grow and welcome new members as we journey together in faith.

For details about the different midweek home groups you can join, please contact the home group leaders.

Grampound with Creed meets on Thursday evenings (weekly) with William & Ruth Trinnick (various locations)

Probus meets on Tuesday evenings (fortnightly) with Scott and Sue Hall

Probus will be meeting Thursday evenings (fortnightly) with Liz and Chris Marshman. Please contact Liz on 07525 496434.

Tresillian - We are hoping to begin a daytime group in Tresillian, more news to follow, but if you would like to offer your home please let [Rev. Caroline](#) know.

Children & Young People's Groups

Probus - Youth Group: Sunday 1st February, 6.00pm - 7.00pm

Probus - Little Lights: Thursday 5th February, 9:30am - 11:30am

Benefice notices

TR2 Community Hub

Monday 2nd February

Pain Cafe: 10am-12pm

Coffee Morning: 10am - 12pm
Community Larder: 4pm - 4:30pm

Tuesday 3rd February

Coffee Morning: 10.30am - 12pm

Wednesday 4th February

More Move Group: 10am-12pm

Coffee Morning: 10am - 12pm
Community Larder: 2.30pm - 3.30pm

Friday 6th February

Coffee Morning: 9am - 11am
Community Larder: 9am - 10am

Saturday 7th February

Community Larder: 9.30am - 10.30am

Coffee Morning: 9.30pm - 10.30pm

Will Keating and True Foxes @ Probus

Friday 7th February at 7.00pm

WILL KEATING & TRUE FOXES

CANDLE-LIT WINTER TOUR 2026

JANUARY
SAT 10TH - ST PIRAN'S CHURCH, PERRANWELL - 7.30PM
WED 14TH - ST STYTTHIANS PARISH CHURCH - 7.00PM
FRI 16TH - ST AGNES CHURCH, ST AGNES - 7.30PM
WED 21ST - TINTAGEL METHODIST CHAPEL - 7PM
FRI 23RD - ST BARTHOLOMEW CHURCH, WARLEGGAN - 7.30PM
SAT 24TH - PENDEEN CHURCH - 7.30PM
WED 28TH - ST MAWGAN IN PYDAR CHURCH - 7.00PM
FRI 30TH - ABOVE THE BAY, FALMOUTH - 7.30PM

FEBRUARY
TUE 3RD - ST MAWGAN IN MENEAGE CHURCH - 7.00PM
WED 4TH - ST WENN CHURCH - 7.00PM
FRI 6TH - ST PROBUS & ST GRACE CHURCH, PROBUS - 7.00PM
SAT 7TH - HELSTON CHAPEL - 7.30PM
TUE 10TH - ST DOMINICK CHURCH, NR SALTASH - 7.00PM
THU 12TH - CONSTANTINE CHURCH - 7.00PM
FRI 13TH - REDRUTH WESLEY - 7.30PM
SAT 14TH - KING CTPI, FALMOUTH - 7.30PM
SAT 21ST - ST ALLEN CHURCH - 7.30PM
SAT 26TH - ST IVE CHURCH, NR LISKEARD - 7.00PM

WILLKEATINGANDTRUEFOXES.COM/TICKETS

To book tickets for Will Keating and the True Foxes at St Probus & St Grace Church on Friday 6th February at 7.00pm please email us [here](#), as tickets sold via us ensures more goes to the church and the artists.

Round the Table @ Probus

St Probus and St Grace Church

ROUND THE TABLE

Following the Way of Christ: Fellowship and Food

Saturday 7th Feb
12:30 pm
at Church

Please RSVP with dietary needs by January 31st To Ann Holland
pcc.secretary@probus.church
Hosts and volunteers are welcome!

Probus "Round the Table" The Big Church Lunch

Dear All,

It has come to my attention that it was not clear that people are required to book their place for this event so that caterers know how much food to make! You are also required to alert us for any dietary needs. Please contact Ann Holland either in person or by email to book your place

pcc.secretary@probus.church

Gras ha kres,
Caroline

Be Attitudes - Lent Course

UPPER FAL PARISHES

Ash Wednesday 18th Feb
11am St Ladock 5pm Ss Graces and Grace

LENT COURSE

The 'Be'- Attitudes

- Living well
- Living openly
- Living Purposefully
- Living lovingly
- Living differently

SAVE THE DATE: 7PM EACH WEDNESDAY THEREAFTER AT PROBUS CHURCH

Dr Sharon Willoughby @ Probus

Are you a Gardener, Environmentalist, Eco Warrior or just want to know how Climate Change is affecting plants?

Then this is for you

Come to Probus Church on
Saturday 7th March 2:00pm - 4:00pm

People, place and faith:
Exploring nature through gardens:
RBG Melbourne, RBG Kew and Cornish Churchyards

Speaker: Dr Sharon Willoughby

There will be a Q&A time, light refreshments and an opportunity to meet our speaker and members of Probus Church Creation Care Team

Entry is FREE, donations to the upkeep of our church most welcome

Dr Sharon Willoughby is the Diocesan Environment Officer for Truro, where she is responsible for the day-to-day management of the Diocesan environment strategy: Creation Care. Before joining the team in Truro, Sharon worked for 25 years in botanic gardens in Australia and the UK. A common thread through her work is the connection between people and place - what can we learn from time in the natural world and an exploration of nature through landscape and gardens.

Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampound. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)

Your Benefice Bulletin needs you!

Our weekly Benefice Bulletin is a vital way we share news, services, and events across our churches and we're looking for someone who would be willing to take on publishing it each week.

The role involves preparing and sending the bulletin email using **Mailchimp**, so confidence with computers and basic software is essential. That said, **full start-up support and guidance will be provided**, so you won't be thrown in at the deep end!

If you enjoy working with emails, like things to be clear and well-presented, and would like to offer a valuable service to the benefice, we'd love to hear from you.

If you're interested, or would like to know more before deciding, please get in touch via bulletin@probus.church. Matthew Hodge



Newsletter Submissions

Please send your items by 5pm on Tuesday 27th January at the latest to Matthew at bulletin@probus.church and make sure the subject line clearly indicates that it is a newsletter submission.
Thank you.

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