

### **Prayer intentions this week**

Almighty God,  
who caused the light of the gospel  
to shine throughout the world  
through the preaching of your servant Saint  
Paul:  
grant that we who celebrate his wonderful  
conversion  
may follow him in bearing witness to your  
truth;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.

Eternal God,  
who enriched your Church with the learning  
and holiness  
of your servant Thomas Aquinas:  
give to all who seek you  
a humble mind and a pure heart  
that they may know your Son Jesus Christ  
as the way, the truth and the life;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.

### **Those in need**

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Beverley Reaney	Ann Kuczak
Francis Berryman	Lindsay Richards
Margaret Johnson	Rebecca Ormian
Wendy Goodwin	Teresa Nicholls
Stephen Keeble	Richard Howells

### **Those who have recently died**

Samuel Keeble	Rosemary Howarth
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### **Those whose ashes are being interred**

Douglas Haden-Scott
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### **Those in our year's mind**

Douglas Starling	Norman Hamblin
Geoffrey Pightling	Kathleen Gagen

***Rest eternal grant unto them O Lord; and  
let light perpetual shine upon them***

### **Nar Valley Benefice**

#### **Pew News**

**25<sup>th</sup> – 31<sup>st</sup> January 2026**

### **This Sunday 25<sup>th</sup> January** **the Conversion of Paul (white)**

**8.30am at West Acre**

#### **Traditional Holy Communion**

The scriptures are:  
Acts 9.1-22 & Matthew 19.27-end

**9.30am at Castle Acre**

#### **Eucharist**

The scriptures are:  
Acts 9.1-22 & Matthew 19.27-end  
Hymns: 192, 36, 777 EP: E

**11am at Pentney**

#### **Morning Praise**

The Scriptures are: Psalm 67  
Acts 9.1-22 & Matthew 19.27-end

### **Tuesday 27<sup>th</sup> January**

10am Interment in Castle Acre churchyard.

### **Wednesday 28<sup>th</sup> January**

#### **St Thomas Aquinas (white)**

**9am at Narborough church**

#### **Said Eucharist**

The scriptures are:  
2 Samuel 7.4-17 & Mark 4.1-20

### **Friday 30<sup>th</sup> January**

2.30pm Funeral and burial at West Acre

### **Next Sunday 1st February**

#### **Candlemas (gold & white)**

**8.30am at Newton**

#### **Traditional Holy Communion**

The scriptures are:  
Malachi 3.1-5 & Luke 2.22-40

**9.30am in Castle Acre church**

#### **Morning Praise**

The Scriptures are: Psalm 24.7-end  
Malachi 3.1-5 & Luke 2.22-40

**11am in Narborough church**

#### **Eucharist**

The scripture is Luke 2.22-40  
Hymns: 105, 39, 479 EP: A

## Welcome to all

We are always welcome in God's house and greet one another with joy. Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

## Children

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

## Hearing aids

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

## Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies.

Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

### **Castle Acre**

Dr Ilga Chakrabarti (01760 755368)

### **Pentney**

Andrew Smith (01760 755102)

### **Narborough & Narford**

Liz Collins (01760 337403)

Joan Upton (01760 337053)

### **West Acre**

Clare Levere (07709232851)

### **South Acre**

James Stephenson (01760 337901)

### **Newton**

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team  
**safeguarding@dioceseofnorwich.org** or  
01603 882345

Sue Brice, diocesan safeguarding advisor  
**sue.brice@dioceseofnorwich.org** or  
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

**Mother Angela is building up her database of people's contact details.** Please fill in a form and put it in an envelope. Then hand it to her, her husband, or a churchwarden.

## Contact details

**Mother Angela** is happy to be contacted on her landline **01760 338552** or by email [narvalleyrector@hotmail.com](mailto:narvalleyrector@hotmail.com)  
This week her rest day is Saturday.

**Churchwardens** for each church may be rung at home. They are all volunteers.

### **Castle Acre:**

Anne Loch 01760 755403

David Bowman 01603 483658

### **Narborough:**

James Stephenson 01760 337901

### **Newton:**

Tony Bell 01760 755506

Stephen Laing 01760 755455

### **Pentney**

Sue Neep 01760 338037

Andrew Smith 01760 755102

### **South Acre:**

Davina Barber 07967 369 573

### **West Acre:**

Henry Birkbeck 01760 755254

## Notices

Monday January 26<sup>th</sup> 4pm

**Castle Acre P.C.C.** in Old Mill House.

St James Castle Acre has **new pew Bibles**. You are invited to sponsor one - £15 each.

**We have begun our new Sunday service pattern.** Volunteers, please sign the sheets in church or email Mother Angela.

**A big thank you to all those who have worked to make our church life here in the Nar Valley special -**  
those who work to make our churches look beautiful,  
those who work to make our events welcoming,  
those who work to make our worship inspiring,  
those who work to make our life together loving,  
those who do the practical organising to make things happen.

As our treasurers present the parish accounts for 2025 and budgets for 2026 to our PCCs, we give thanks for all who give to our churches. We pray for the **financial health** of our churches and their work. We consider what part we are called to play.