

Feb 2026	Sunday 1st Presentation of Christ. Candlemas	Sunday 8th 2 before Lent	Sunday 15th Next before Lent	Sunday 22nd Lent 1
Athelington	9.30am JM CW Holy Communion			
Denham				11am JM CW Holy Communion
Horham			11.15am EG BCP Holy Communion	
Hoxne	9.30am EG BCP Holy Communion	9.30 EG for 10am Café Church	9.30am EG CW Holy Communion	11am EG CW Holy Communion 4pm EG All Age Service
Redlingfield		9.30am JM CW Holy Communion		
Syleham	4pm Team Messy Church Syleham/ Wingfield village hall		10am JM Village Service	9.3am EG BCP Holy Communion
Wingfield	11am EG CW Holy Communion		6pm JM Evensong	

On the rotas.... EG - Revd Eleanor Goodison JM - Revd John McCracken
RC - Revd Richard Court ML - Mary Lewis

Online Services

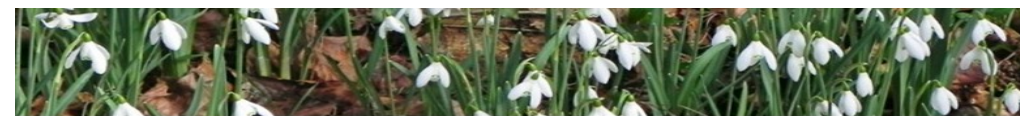
Every Friday: Compline on Zoom at 6pm.

For an invitation to Zoom services, please email eleanor.goodison@gmail.com

Some church services also live streamed/uploaded to facebook.com/WingfieldChurch.

Church contacts

Athelington: St Peter	Colin Palmer 01728 628747
Denham: St John the Baptist	Barbara Irwin 01379 669077, Hilary Castleden 01379 668458
Hoxne: St Peter & St Paul	Guy McGregor 01379 668434, Wilf White 01379 668046
Horham: St Mary	David Spall 01379 384239, Daphne Harvey 01379 384216
Redlingfield: St Andrew	Hazel Abbott 01379 678217
Syleham: St Margaret	Mary Lewis 01379 669258, Sarah Buckley 01379 668480
Wingfield: St Andrew	Peter Demetriadi 01379 586231



Hoxne Benefice Churches

Athelington Denham Horham

Hoxne Redlingfield

Syleham Wingfield

January / February 2026



Winter: Nature's Sabbath

The winter months are ones when nature rests. Trees let their leaves drop to conserve energy; animals hibernate. Some plants die back – although they are still alive below the ground. But this period of rest is essential for many plants and animals. Some seeds require the cold weather and the frosts to germinate. Even people enjoy a quiet period with more time spent at home and a bit less rushing around. Some of our social activities as churches are pared back at this time, accordingly.

The concept of Sabbath is of course in the Bible from the very first. God made the world in six days, and then he rested on the seventh day. The fourth commandment instructs us to remember the Sabbath day to keep it holy. Sometimes in history this has become a matter of rules and regulations, not all of which make sense to us today. But the principle of weekly rest has always been a good one, nurturing our health, mental, physical and spiritual. It's particularly good to make time in stillness to be open to God.

We move on, of course, from winter to spring and the season of Lent, which begins this year on 18th February. All those conserved resources then go into growing and blossoming. Look out for more information coming soon about our new plans for growing and developing as a church. **Revd Canon Eleanor Goodison**

Revd Eleanor and Revd John will be away from Monday 29th Dec to Friday 2nd Jan; from Friday 9th to Monday 12th Jan; and from Monday 23rd to Friday 27th Feb.

Revd Eleanor usually works Friday to Monday and is available for urgent matters on Tuesday and Wednesday. Thursday is her day off. Messages received Thursday will normally be dealt with Friday. If you need help or just want to chat, please contact us:

Revd Eleanor: 07876 143579, eleanor.goodison@gmail.com

Revd John: 07876 507288, vj.mccracken@gmail.com

Revd Richard: rev.richard.court@icloud.com

January / February 2026

Sundays 4th Jan / 1st Feb

Messy Church meets at 4pm in Syleham church in January for our Messy Christingle service for Epiphany. Scrummy tea as ever! Designed for children aged 3-7 with parents or carers and siblings, but all welcome to participate. In February we will be back in Syleham village hall as usual.

Tuesdays 6th Jan / 3rd Feb

Coffee and cake: drop-in café at the village hall in Syleham. 10 to 11.30am. Come with a friend or on your own for a friendly chat.

Wednesdays 7th Jan / 4th Feb

There will be no **winter coffee morning** at Redlingfield in January but on Wednesday 4th February we hope to be able to get together – venue to be confirmed.

Wednesdays 14th Jan / 11th Feb

Our new **Community Lunch Club** launches today at Hoxne Village Hall, 11am to 1.30pm. Come for coffee and stay for lunch, served between 12 and 1pm. All ages very welcome from 0-99 and beyond! Toys and craft activities for children. No need to book; for further information call 01379 668359. A suggested donation of £5 would be very welcome. To be held in future on the second Wednesday of each month.

Fridays 16th Jan / 13th Feb

We will be singing hymns and saying prayers at **The Depperhaugh**. Additional singers are always welcome!

Saturdays 17th Jan / 18th Feb

There will be no **Hoxne coffee morning** in January or February.

Tuesdays 20th Jan / 17th Feb

Wingfield winter coffee morning at Wingfield Barns. 10 am to 12 noon. Everybody welcome for coffee, cake and chat and in February it is Shrove Tuesday which means PANCAKES!

Also Tuesday 20th Jan

Our **Bible Study group** will meet at 7.30pm on Zoom for an hour. For more details, contact Revd Eleanor. Look out for news of our Lent Study programme coming soon.

Fridays 23rd Jan / 27th Feb

Look out for news of future plans for the **Youth Café**. If you would like to be added to the What's App group, please get in touch with Revd Eleanor.

Wednesday 28th Jan

Our next **Book Club** meeting will be held at 5pm to discuss the book *Orbital* by Samantha Harvey. Contact Revd Eleanor for details.

Saturday 28th Feb

Fieldwork: Celebrating Rural Mission and Ministry in Suffolk

A Diocesan day conference for church members, PCC members, those in our church schools, lay ministers and clergy from our rural parishes. We will hear from a great keynote speaker, the Revd Jo Neary – Tutor in Rural Ministry and Mission (part-time) at Sarum College, Salisbury, alongside her part-time post as team vicar and pioneer priest in the Beaminster Area Team in Wiltshire, who will encourage us to think about the distinctive identity, calling and potential of the rural church. 9.30am to 4pm at Wingfield Barns, free entry. To book, visit: <https://insight.cofesuffolk.org/courses-events-and-resources/fieldwork/>

Jan 2026	Sunday 4th Epiphany	Sunday 11th Baptism of Christ	Sunday 18th Epiphany 2	Sunday 25th Epiphany 3
Athelington	9.30am EG CW Holy Communion			
Denham				11am EG CW Holy Communion
Horham			11.15am JM BCP Holy Communion	
Hoxne	9.30am JM BCP Holy Communion	9.30am BI for 10am Café Church	9.30am JM CW Holy Communion	11am JM CW Holy Communion 4pm EG All Age Service
Redlingfield		9.30am RC CW Holy Communion		
Syleham	4pm Team Messy Christingle Syleham church		10am EG Village Service	9.30am JM BCP Holy Communion
Wingfield	11am JM CW Holy Communion		6pm EG Evensong	

Check out our [facebook](#) pages:

facebook.com/WingfieldChurch or
facebook.com/athelingtonchurch
facebook.com/HoxneMC

* To receive this newsletter by email, contact hoxnebeneficeoffice@gmail.com

* To receive weekly news from the diocese, send your email address to communications@cofesuffolk.org

Waveney Foodbank 07484 394749.

Please don't forget to donate food (in Hoxne church or your supermarket) or go to the website to donate online. Non-perishable goods always required.

Take a new look at easyfundraising

Churches of the Hoxne Benefice are registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! These donations really mount up. **We have raised over £1100 since we started this scheme.** Please sign up and support us. It is completely **FREE** and only takes a moment. You can find our easyfundraising page at easyfundraising.org.uk/causes/hoxnebenefice