

Everyday Faith App

Everyday Faith app provides carefully curated daily reflections, including selected Bible readings, a simple prayer to prepare you for the day ahead, and thoughts based on that week's theme.

<https://www.churchofengland.org/faith-life/exploring-faith/everyday-faith>

Daily Hope - A FREE 24 hour national phone line that offers music, prayers, reflections and services.
0800 804 8044

Do you know about Silverline?

Silverline is a free confidential 24 hours phone line for information, advice, and friendship for older people. Ring 0800 4 70 80 90, or from a mobile 0300 4 70 80 90.

Dates for your Diary

Sunday 8th February – Freda's celebration lunch

Wednesday 11th February

10.00am Holy Communion

Thursday March 5th from 10am – 4pm.

Rev. Mark James is leading a Quiet Day for the diocese at the Diocesan Retreat Centre, Pleshey. Christ Pictured: focusing on the life and ministry of Christ as portrayed by different artists. £49 including lunch, or £33 and take your own lunch.

For more details, please see

<https://www.retreathousepleshey.com/events>

Messages

Hope Explored

A course for people who are interested in exploring the Christian Faith or who are considering baptism/confirmation. An opportunity to look together at how Jesus meets our need for hope, peace and purpose. Three evening sessions at 7.30pm, in St Aidan's vestry: 29th Jan, 5th Feb & 12th Feb. For more details or to sign-up, please email Carolyn: rev.carolyn.madanat@gmail.com

A Message From Freda ...

TO ALL MY FRIENDS AT ST. AIDAN'S.

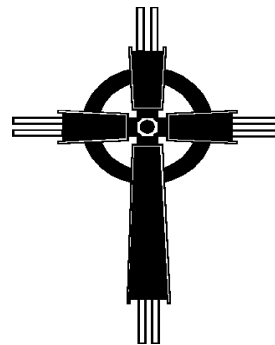
Everyone is invited to a lunch in the Church Hall, following the Morning Service on Sunday 8th February.

This is to celebrate

- My 90th Birthday.
- I've been at St. Aidan's Church for 50 years. (1976 - 2026).

Diane and her team will be organising it, so please sign up this Sunday if you want to come.

THE PEW SLIP *St. Aidan's Parish Church* *Leigh-on-Sea*



1st February 2026 **The Presentation of Christ in the Temple - Candlemas**

Our vision is to be a vibrant, welcoming church, at the heart of the community, reflecting God's love for the world and inviting everyone to join in the adventure of living for Him.

This Week at St. Aidan's:

Sunday 1st February

10.00am – Worship for all with Holy Communion

Wednesday 4th February

10.00am – No service

2.00pm Armchair exercises

Thursday 5th February

7.30pm Hope Explored course

Friday 6th February

10.00am – 12.00 pm.

St. Aidan's 'Drop In' Centre

Sunday 8th February

2nd Sunday before Lent

10.00am – Worship for all with Holy Communion

Vicar: Revd. Carolyn Madanat

07925 941249

rev.carolyn.madanat@gmail.com

Curate: Revd. Sarah Rachell 07891 692355

Church Warden: Sue Cockett

staidans.cw1@gmail.com

Hall Bookings: Kevin Barber

staidans.hallbooking@gmail.com