

Lent is approaching! It begins on 18th February (Ash Wednesday) with services of Holy Communion with Ashes at 10.30am and 7.00pm at St Ed's.

Pancakes! By popular demand we will be making delicious pancakes at St. Edmund's on Shrove Tuesday 17th February from 2.30 to 4pm. Come along and bring your friends! Offers of help will be gratefully received - please speak to Sue Beevor or Linda Johnson.

Prayers for Ordinary Moments have been produced by Our Daily bread Ministries for Lent. Short, inspiring prayers including for when brewing coffee, watching a football game, for travelling, for reading the Bible. A hard copy is at the back of church.

Confirmation Bishop Graham is coming to St Ed's on Sunday 22nd March for a Confirmation service at 11.15am. So far we have ten candidates of all ages. If you would like to be Confirmed, or if you know someone who may be interested, please speak to one of the clergy.

Racial Justice Sunday is on 8th February, for all churches to reflect on the importance of racial justice, to give thanks for the gifts of human diversity, and to commit to end racism and acts of discrimination. This will be reflected in our thoughts and prayers for that day.

If you are new.... It is great to see you today. If you are able to, please speak to a member of the ministry team. We look forward to getting to know you!

Safeguarding

If you have any safeguarding concerns or queries please contact the Diocesan Safeguarding Advisor : safeguarding@dioceseofnorwich.org
01603 882345 Address: Safeguarding Team, Bishop's House, Norwich, NR3 1SB. Or visit the Diocesan web pages: www.dioceseofnorwich.org/training/safeguarding for further information.

Financial giving to our life and ministry

St Edmund's Bank details are:

Name of account: Taverham Parochial Church Council (Please note there is a space between each of these words)
Sort Code: 20 – 62 – 68 : Barclays
Account number: 80881600

Contact details :

Rev Paul Seabrook 01603 868217

paulseabrook7@gmail.com

Rev Val Hooker 01603 746936;

revvalhooker@gmail.com

Churchwardens :

David Osborne

01603 531806

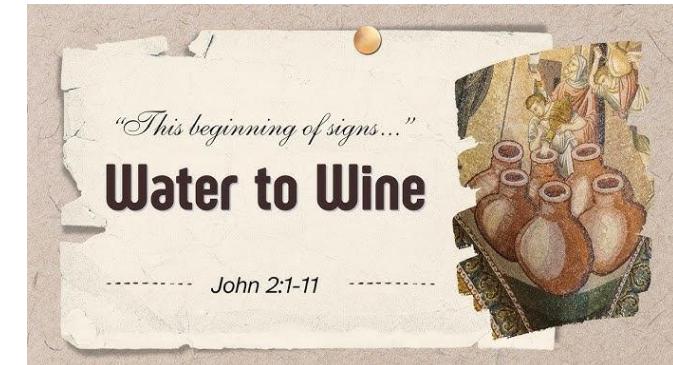
Sue Beevor

01603 322783

St Ed's needs...a new Treasurer, and a Safeguarding officer. Details from our Churchwardens David and Sue

Welcome to St Edmund's Church Taverham and St Peter's Ringland

1st February 2026



Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

John 2 : 11

Epiphany at Cana, by Malcom Guite

Here's an epiphany to have and hold,
A truth that you can taste
upon the tongue,
No distant shrines and canopies of gold
Or ladders to be clambered
rung by rung,
But here and now, amidst your
daily living,
Where you can taste and touch
and feel and see,
The spring of love, the fount of all
forgiving,
Flows when you need it,
rich, abundant, free.
Better than waters of some outer
weeping,
That leave you still
with all your hidden sin,
Here is a vintage richer for the keeping
That works its transformation from within.
'What price?' you ask me,
as we raise the glass,
'It cost our Saviour everything he has.'

Readings this week

1 Kings 17 : 8 - 16
1 Corinthians 1 : 16 - end
John 2 : 1 - 11

We praise the Lord and give thanks ...

For the joy and encouragement of our
fellowship
For our continuing outreach to the
housebound, the Care Homes, the
schools and Day Centre

Thoughts for this week

We are easily unsettled by change. If a bus stop is moved, or a favourite programme changes time, or the supermarkets move their groceries about, we can be thrown. Some may even have a sense of outrage.

At the wedding of Cana everything changed. Maybe Jesus had an idea about His first miracle, but here He was confronted by a situation of human need, and He responded. This was to be the pattern of His whole ministry, having to change course, yet always showing His love and compassion.

Jesus' relationship with His disciples, and with Mary, changed. He had revealed His power within a deeply human situation, and 'they believed in Him'.

Jesus also used the jars of water for purification rites. This was a deep change in terms of ritual and the new life Jesus is bringing.

Yet the deepest change is within us. In our attitudes and priorities. The work of the Holy Spirit that brings the fruit of the Spirit, so we become more loving, more joyful, more peaceful, (the list goes on!) Believing in Jesus brings change in our lives. When we are open to that change, the Kingdom is unstoppable.

Paul

What's on

Sunday 9.30am Mustard Tree Church
11.15am Holy Communion
Monday 5.00pm Prayers
Tuesday 10.00am Tuesdays at St Ed's
6.00pm Rspace
Wednesday 10.30pm Holy Communion
Thursday 9.00am Caretaking team in
church
12.30pm Prayer Spaces
in the Junior School
7.00pm Compline, and
Deanery Synod
Friday 9.30am Arts Group at Trinity
Sunday 8.00am Holy Communion
9.30am Mustard Tree
11.15am Livestream service

Our Livestreams continue as follows :
Sundays : 11.15am Livestream team on
2nd (in church) and 4th Sundays each
month

St Peter's Ringland

Sunday 8th February 10.30am in the
Village Hall, followed by PCC meeting

Sunday 8th February PCC meeting
12.30pm

The Gathering 22nd February 3.00pm to
5.00pm for music, food, firepit, and fun