# PARISH NEWS

FOR THE BENEFICE OF:
CHILLATON, CORYTON,
DUNTERTON, LAMERTON, MARYSTOWE,
MILTON ABBOT AND
SYDENHAM DAMEREL.



South Tamar Mission Community JANUARY 2026

PRICE: £1

#### RECTOR/VICAR: The Reverend Gillian (Gill) George

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613561

870273

PRIMARY SCHOOLS

Lamerton C of E Head Teacher: Melody Sterry

Milton Abbot Head Teacher: Charlotte Jones

#### **Diary Dates**

Event	December 2025	January 2026
Coffee	e Mornings	
Coffee and Company, Priest's Room, Lamerton 10 - 12pm	12, <del>26</del>	9, 23
Sydenham Damerel from 10.30am	6	3
Lamerton coffee mornings, Community Centre, 10.30 - 12pm	6, 13	3, 17, 31
Church an	d other events	
Christmas Carol Concert, 7pm Mount Kelly	6	
Marystowe Christmas Extravaganza & Panto, from 5:30pm	13	
Christmas Hamper Draw from 10am, Lamerton Village Hall	13	
Christmas Quiz, 7pm Lamerton Hall	13	

# Magazine deadline for February/March 2026 edition is end of day: <u>Saturday 17th January 2026</u>

Thank you for your timely submissions - they are gratefully appreciated.

## From the Vicarage . . .

As we come to the close of another year, we once again find ourselves on the familiar and beautiful road of Advent. It is a season that gently invites us to pause, to breathe, and to notice the longing in our hearts for God's renewing presence. I've planned this year's Advent Group around the traditional themes of the Advent Candles—Hope, Peace, Joy, and Love. This will offer space for conversation, prayer, and fellowship, reminding us that God's light grows steadily among us as we prepare to welcome Christ once more. Even in a world full of uncertainty, Advent gently teaches us that the light shines in the darkness, and the darkness does not overcome it.

For many, **Christmas** is a season of warmth, welcome, and celebration—of gathering with family and friends, exchanging gifts, and remembering the child born in Bethlehem. Yet Christmas is also a time that can sharpen the edges of loneliness or grief. Memories can become heavy; pressures and expectations can feel overwhelming; some may find the season difficult for reasons known only to them. As a church family, we hold all these experiences tenderly. No one should feel alone at Christmas. Our **Pastoral Care Team**—who share more about their ministry later in this magazine—continue to offer support, prayer, companionship, and practical help. We can all encourage someone else who may need a word of comfort or a friendly presence.

I warmly encourage you to join us for **Holy Communion on Christmas Eve and Christmas Day**. There is something profoundly beautiful about receiving Communion at Christmas, surrounded by candlelight and the familiar words of the liturgy: a reminder that God comes close.

As the Christmas season draws to an end, we then turn our attention to the great feast of **Epiphany on 4th January**, celebrating the visit of the Magi. Moving out of Bethlehem, Epiphany reminds us that the good news of Christ is for all people, in every place, and that God's light draws us—like the wise men.

The following Sunday, **11th January**, brings the **Baptism of Christ**, which is also **Plough Sunday**. Later in the month, is the **Week of Prayer for Christian Unity**. It As we pray for reconciliation, shared mission, and

deeper fellowship throughout the global Church we also pray for that continued unity among our six church communities. As we look ahead to 2026, let's do so with gratitude and with hope for how God will continue to shape us as one body in Christ.

As January unfolds, don't be surprised to feel God's renewed call on your life. The diocese is offering a range of short courses early in the year—excellent opportunities to deepen faith, explore new topics, reflect prayerfully, or connect with others from across the wider church. Listen out for those gentle nudges of the Holy Spirit urging you into the fullness of what God has made you for. I am certainly looking forward to my first Christmas with you, and beginning a new year together.

Christ, who by his incarnation gathered into one all things earthly and heavenly, fill you with his joy and peace; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen.

With love in Christ.

Gill

#### The Reverend Gillian George

Priest in Charge of the Parishes of Milton Abbot, Dunterton, Lamerton, Sydenham Damerel, Marystowe and Coryton, known as the South Tamar Mission Community

# Our next PCC meetings

Coryton—6pm Monday 19th January 2026 The Manor House, Coryton, EX20 4PG

Milton Abbot & Dunterton—7pm Tuesday 27th January 2026
The Reading Room, Milton Abbot Village Hall, PL19 0PP

Lamerton & Sydenham Damerel—7pm Tuesday 3rd February 2026
The Priest Room, Church Avenue, Lamerton PL19 8RN

Marystowe—7pm Thursday 5th February 2026
The Cottage, Chillaton, PL16 0HS

#### BIBLE READINGS FOR DECEMBER 2025 (Year A)

DATE	1st READING	PSALM (if used)	2nd READING	GOSPEL
Sunday 7th Dec  Advent 2 (Purple)	Isaiah 11.1-10	72 vss. 1-7, 18, 19.	Romans 15.4-13	Matthew 3.1-12
Sunday 14th Dec Advent 3 (Purple)	Isaiah 35.1-10	146 vss. 4-10 or the Magnificat	James 5.7-10	Matthew 11.2-11
Sunday 21st Dec Advent 4 (Purple)	Isaiah 7.10-16	80 vss. 1-8	Romans 1.1-7	Matthew 1.18-end
Wednesday 24th Dec Christmas Eve (Purple) (For midnight change to Gold or White)	Isaiah 52.7-10	98	Hebrews 1.1-4	John 1.1-14
Thursday 25th Dec Christmas Day (Gold or White)	Isaiah 52.7-10	98	Hebrews 1.1-4	John 1.1-14
Sunday 28th Dec Christmas 1 (White)	Isaiah 63.7-9	148	Hebrews 2.10-end	Matthew 2.13-end

#### BIBLE READINGS FOR JANUARY 2026 (Year A)

DATE	1st READING	PSALM (if used)	2nd READING	GOSPEL
Sunday 4th Jan Epiphany (Gold or White)	Isaiah 60.1-6	72 vss. 10-15	Ephesians 3.1-12	Matthew 2.1-12
Sunday 11th Jan* Baptism of Christ (Gold)	Isaiah 42.1-9	29	Acts 10.34-43	Matthew 3.13-end
Sunday 18th Jan Epiphany 2 (White)	Isaiah 49.1-7	40 vss.1-12	1 Cor. 1.1-9	John 1.29-42
Sunday 25th Jan Epiphany 3 (White)	Jeremiah 1.4-10	67	Galatians 1.11-16a	Matthew 19.27-end
Sunday 1st Feb Candlemas (Gold or White)	Malachi 3.1-5	24 vss. 7-end	Hebrews 2.14-end	Luke 2.22-40

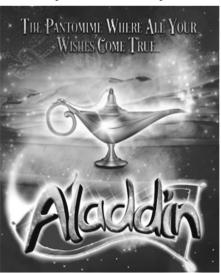
*Plough Service Readings	Genesis	37	1 Cor.	Matthew
(use instead of the 11th Jan readings)	1.9-13	vss.22-38	9.6-14	6.25-end

# Advent & Christmas Services 2025

¥Fri 28th Nov	6pm	Advent Carols at Theale, PL19 0LH *
Wed 3rd Dec	2pm	Milton Abbot School Carols in Church
Sun 7th Dec	2.30pm 4pm	Advent Carol Service at Dunterton Church   Christingle Service at Lamerton Church
Wed 10th Dec	2pm	Lamerton School Nativity in Church (Class 1)
* Sat 13th Dec	5.30pm	Marystowe Panto, Crafts & BBQ
Sun 14th Dec	4pm	Christingle Service at Milton Abbot Church
Tue 16th Dec	2pm	Lamerton School Carols in Church (Class 2)*
Wed 17th Dec	2pm 3pm	Carol Singing & Handbell Ringing at Venn Hs Carol Singing & Handbell Ringing at Camplehaye
* Sat 20th Dec	4pm	Christingle Service at Coryton Church *
Sun 21st Dec	6.30pm 6.30pm	Carol Service at Lamerton Church Carol Service at Sydenham Damerel Church
Christmas Eve	4pm	Crib Service at Milton Abbot
*	6pm 6.30pm	Carols Round the Tree followed by Christmas Communion at Marystowe.
	11.30pm	Midnight Mass at Lamerton Church
Christmas Day	9am	Christmas Communion at Dunterton Church, followed by breakfast
	10.30am	Christmas Communion at Sydenham Damerel
*	11.15am	Christmas Communion at Coryton Church
* *	*	* * * * * *

# The Chillaton Players Present Aladdin

A Christmas Extravaganza
Saturday December 13 From 5:30 PM
St Mary's Church Marystowe



The evening will start with Christmas carols to get us in the mood.

£5 for adults, children can come in free

Proceeds are shared between the children's society, the church and Virgin Arms

Afterwards you are invited to the Chillaton Village Christmas Craft Fair and winter Barbeque.

Advanced Tickets Sales Contact <u>James.Hitchcock55@Gmail.Com</u> or call o7718 494266



#### St. Andrew's, Coryton

#### **Bell Tower Update**

The re-roofing and re-pointing of the Bell Tower is now complete. We hope this work keeps our beautiful church safe for future generations to enjoy. Well done Niel, plus Monlam Kando and Tim Fuge.



The turret roof (shown here), which had previously been replaced with a concrete covering, was completely restored in lead.



#### **Remembrance Sunday**

People from Coryton and Marystowe came to for the Andrew's annual Service Remembrance. The rain held off long enough so that we could gather outside around the War Grave for the Act of Remembrance. Afterwards Coryton coffee, real coffee and Jane's Poppy Biscuits were served. There was an opportunity to browse through the various displays covering the War in the Far East, (featuring the Kingfisher), the Burma Campaign, the 1942 diary of an NCO in the Western Desert and the story of the Poppy. £270 was raised for the Royal British Legion.

#### **Upcoming Services at St Andrew's**

In December, we will have a service of Holy Communion at 11.15am on Sunday 7th December. On Saturday 20th December at 4pm there will be a combined Carol and Christingle Service. Then on Christmas morning, art 11.15am there will be a service of Holy Communion. In January, the new schedule of services during the winter months will begin with Morning Prayer at 11.15am on Sunday 11th January and Holy Communion at 4pm on Sunday 25th January.

Best wishes from Coryton for a Happy Christmas and wonderful 2026!

Josie Whitfield

#### All Saint's Church, Dunterton





Photo credit to Philip Stanbury who was able to capture this "sign of the covenant" just before our patronal service to All Saints

at the church on 2nd November led by Revd Gill George and Richard Searight.

River Walk, Sunday 19th October – We had hoped for better weather this year, but the day started with heavy rain and so it continued until mid-afternoon. However, there were still more than 80 intrepid walkers, and their canine friends, who enjoyed the 5 mile walk through the Tamar Valley and along the river back to the church – not forgetting to enjoy excellent refreshments in shelter at Hardstone Farm. We were also pleased that so many people took the time to pop into the church at the end of their walk to meet Gill and Richard and learn a little bit about its history. As always, we would like to thank the very many people in our community, whether organisers or participants, whose kindness and generosity enable this event to go ahead and be such a success.

This year, with the help of giftaid, we have raised £1,250 which will be used fully in ongoing maintenance and upkeep of the church.

**December Services** – We are delighted to announce that this year we will be holding an Advent Carol Service at Dunterton on Sunday 7th December at 14.30pm.

This is a first for us so please do come along and support us.

Then on Christmas Day we will be having Communion at 09.00 (note the slightly earlier time) with a light breakfast provided.

We look forward to seeing you then.

In Loving Memory of Rosemary "Sylvia" Viggars – We were very sad to have to say a final goodbye to Sylvia this week. Faithful in service and steadfast in friendship, Sylvia will be deeply missed and lovingly remembered by family, friends and neighbours alike.

SERVICES AT DUNTER	TON CHURCH – DATE & TIME
Sunday 7th December	14:30pm - Advent Carol Service
Thursday 25th December	9:00am - Christmas Service (light breakfast included)



## St. Mary's Church, Sydenham Damerel

The Harvest Festival always heralds the start of Autumn and St Mary's was a sight to behold, with beautiful arrangements and artistic arrangements of pumpkins and local seasonal produce. There was also a generous response to the collection of items for the Tavistock Food Bank.

Just a quick update on the St Mary's Heating and Seating Campaign – an amazing£11,500 has been raised!!

Considering our target is £15,000 this is a truly remarkable community achievement. This has allowed us to order the final 20 chairs.

The next stage is to fundraise for our most challenging project yet – installing a toilet and servery. Unfortunately, despite arduous efforts, recent grant applications have been turned down. We do not need help in identifying grants but what we do need is: assistance with the grant application process; political support from various layers of councils; and, as always, donations and fundraising to match any successful grant funding. Please contact Peter phurdwell@hotmail.co.uk if you have any specialist skills, knowledge or energy to give to this next, exciting project.

I know we would all like to thank the Devon Fire and Rescue service who spent the best part of an October Sunday dealing with a severe barn fire in the village. Thankfully no one was hurt. The only casualty was an errant chicken who crossed the path of a dog at the wrong time!

The annual Barn Dance was another fun night out.

https://sites.google.com/view/sd-community-web/bookshop.

Thanks to Giselle and Jim for the use of Tuell Farm. The barn is a wonderful, convivial space and your donation of the very tasty Tuell Farm Cider only added to the conviviality! An amazing £435 was raised. A heartfelt thanks to everybody involve

The Parish Meeting was held on the 6th November. A positive development was announced: a defibrillator is to be purchased for Townlake. Deborah and Robert have kindly offered the side of their garage for its placement and to arrange and pay for the power supply.

As the village book club demonstrates, there are a lot of avid readers in the village. We have an ongoing, honesty book sale; well worth visiting if you are passing the church. There really is something for everyone: an eclectic mix of fact and fiction.

Most are priced at £1 but there are some slightly more individually priced at around £3. To help you browse from the comfort of your fireside, the full list can be found on the Community website:

If you click on the title you will be taken to a review of the book on Amazon – don't say we don't spoil you! As ever all the proceeds go to the Heating and Seating fund.

Speaking of the book club, this month's book is The List of Suspicious Things by Jennie Godfrey. For those who fancy a classic we also threw Silas Marner into the mix.

As ever it was important to us to commemorate Armistice Day. A suitably sombre and thoughtful service was held at St Mary's and a wreath was laid on the war grave of RAF Flight Sergeant Richards, killed in 1944 aged just 21. We will remember them.

As Christmas approaches, we are looking forward to the Christmas Craft Fair on November 15th. John's eagerly awaited Christmas Quiz will be on the 6th December – it is so over subscribed that teams will have to draw lots for a place! The Village Idiots have announced that they are unable to take part this year, so the field is wide open!

It is always such a pleasure to write up the recent happenings in our tiny village. We seem to be the perfect Dibleyesque hamlet! It's interesting to reflect on how, before Covid, we were practically a village of strangers. During a time of need it was so lovely to feel a caring community develop with people genuinely invested in their neighbours' well-being. Five years on, in such a tumultuous world, I know we all feel very grateful for those bonds.

However you spend the festive season, we hope it is a peaceful time for all.



#### St. Peter's Lamerton

It was lovely to see so many at our Harvest Festival Service.

People stayed for our Bring and Share Supper chatting long after the service, which shows that eating together is a very important way to bring people together.

Our Remembrance Service was well attended in spite of the dreadful weather. Fortunately we managed to process up to the cemetery between downpours.

Timing of the bells was again spot on - ringing while we walked to the cemetery then silence while we were there and again ringing while we walked to the church. Our ringers rang with the bells muffled.

On the Tuesday, it was decided that the school should just go to the church for a short service as the weather was again very wet and windy.

We said a "Good Bye" to a long time supporter of the church and a very active member of the WI, Pam Paine who recently passed away. Pam will be missed by many of us. She will be at peace now and will not have to worry about her eye sight and falling down. Mike did a splendid eulogy and told us many things of her very active and varied life.

We hope you will join us for our many services over the Advent and Christmas period. The first will be Carols and Readings at Theale on the 28th November (if the magazine gets out in time!) at 6.00pm. Do join us for your first taste of Christmas with carols, mulled wine and Carole C's delicious mince pies.

Then there is our Christingle Service at 4pm on Sunday 7th December then our Carol Service on Sunday 21st December at 6.30pm and as always our Midnight Mass at 11.30pm on December 24th. We look forward to seeing you over this Christmas time.

Your Church Wardens, Mike and Ian, wish you a Happy and Holy Christmas and a bright New Year.

#### St. Mary's Church, Marystowe

Our open church continues to be popular, as does the "Bell Tower Book Nook", which continues to raise funds for the Church. We offer an extra welcome when the coffee pot is on for **Brew & Browse** 10-11.30am on the last T uesday of every month.

Our PCC met in October and two main things came out of that. James Hitchcock, our groundsman, agreed to organise the pantomime on behalf of the church this year whilst we were a woman down. As a one-off, the Christmas Extravaganza this year will incorporate Carol Singing with the children from Lewtrenchard Primary School, the Panto (Aladdin), the Craft Fair and the Virgin Arms Barbecue. It begins at 5pm on Saturday 14th December, so come and support the church panto!

Secondly, the PCC is working hard to ensure ALL members have completed the mandatory safeguarding training. It is available online and each session lasts just over 1 hour, but can be saved part way through if a solid hour is hard to find. Revd Gill has kept the Diocese updated and arranged for David Cross from the Diocesan Safeguarding Team to come out and do a face-to-face session in February, which will be open to all the parishes and held at a convenient and warm venue.

#### Looking ahead

By the time you read this, the Summer Fair planning group will have met again. We are a mixed group of churchgoers and residents building on the good work of previous years as we look forward to good links between church and community in 2026.

**Sunday 14th Dec at 9.30am** - Morning Praise for the 3rd Sunday of Advent (Rev Gill)

**Saturday 20th Dec at 4pm**—Christingle (with the children from Lewtrenchard School) for Marystowe and Coryton is at Coryton this year. **Christmas Eve at 6pm**—Carols round the Tree, followed by Christmas Holy Communion, led by Rev Gill.

**Epiphany Sunday 4th January at <u>10.30am</u>** we're hosting the Benefice Holy Communion for this festival (please note the later time).

# St. Constantine's Church, Milton Abbot

We were saddened to hear of the death of Sylvia Vigars in October. Sylvia was always a staunch supporter of Dunterton Church and she served for many years as our PCC Secre-



tary. Her funeral service at Milton Abbot on 6th November was attended by over 70 people; our condolences and love go to Sue and Melanie and their families.

Children from Milton Abbot Primary School produced some wonderful pictures and written work to mark Remembrance which were laid out in the church for us all to see, together with various splendid decorations around the building which have been much admired. Rev Gill has been going into RE lessons this term, and in the Spring Term we look forward to working together on a longer church and churchyard project, combining geography, maths, history, SMSC and other parts of the curriculum. We also have an embryonic "Open The Book" due to start next term—do let Rev Gill know well in advance if you would like to be on that team, as the necessary clearance can take time. We are very grateful for all the school are doing with us—Thank You!

Our Christmas Fair was held in the church on Saturday 15th November with the church full of stalls selling a variety of goodies – I hope you all managed to do a little bit of Christmas shopping! We were also musically entertained by the Sydenham Blowers – many thanks to all the musicians and to everyone else who helped.

Pat has once again been sewing and has made some lovely items which will make great Christmas gifts; if you didn't get a chance to buy from her at the Fair, her stall will be making an appearance at Milton Abbot School's Fair on 3rd December and also at Yelverton Fair on 6th December.

We have a full programme of services for you through December, starting with Milton Abbot Primary School Carol Service on 3rd December at 2pm Carols & Christingle on Sunday 14th December at 4.00pm (with the school) Holy Communion on Sunday 21st December at 11.00am, the Crib Service on Christmas Eve at 4.00pm, and a United Benefice Service of Holy Communion on Sunday 28th Dec at 11.00am.

Into January, we'll be mainly back in the Priest Room in Lamerton while we work to replace our heating system—that is apart from looking forward to hosting the **wintery wedding of Selena and Charlie** in church on Saturday 24th January!

We are most grateful to our friends in Lamerton for letting us to make use of their facilities, which will allow us to hold our services in the warm! Please contact me if you would like a lift or directions – all are, as ever, most welcome.

Liz Padmore

# Pastoral Care News for the South Tamar Mission Community

Since the arrival of Rev Gill, the Pastoral Care Team (linked to the local churches) is becoming much more focused on the wider needs of our parishioners and those people who can no longer physically get to church for whatever reason . Already spiritual support is regularly offered at Venn House and Camplehaye Residential Homes, increasingly we are finding that illness and age related mobility are preventing people living in their own homes, from being able to attend church services.

If you, or a member of your family would like to attend church but cannot get there, do let us know and it may be possible for us to provide a solution ( giving a lift etc ).

Alternatively we have a small team of people, male and female, who would be happy to come and visit you at your home. This would involve a member of the pastoral care team coming to your home, initially for a chat whilst we get to know each other, and then providing for you whatever you may feel you need. it could be a chance to read the Bible together, listen to favourite passages, say a prayer together, listen to or sing a favourite hymn and even receive Holy Communion at home if you should so wish. Of course you may feel that you don't wish for any of those things but simply a chance to have a cup of tea together and a chat about life in general!

Anyone who comes to visit you will always have been approved by Rev Gill, and will be one of our trained pastoral care team members. All pastoral care team members have successfully completed their safeguarding training and have their DBS certificates. Two of our team are Anna Chaplains who have been trained and commissioned to do this support work by our Bishop.

To find out more, please contact either me, Annie, on annie.jefferies@ btinternet.com, tel. 07800 721770, or Rev Gill.

Thanks Annie! If anyone is interested from the other angle, the Diocese happens to be offering a short GROW course in March for people undertaking (or considering undertaking) pastoral care in their churches or communities.

This course covers the basics of why and how we care, the practicalities of this work, operating in a team and looking after yourself. I know that many of our pastoral team have done the more detailed Anna Chaplaincy or Anna Friends course—this is probably from a slightly different angle but might be useful for some.

Dates are: Monday evenings online on 2nd, 9th, 16th and 23rd March from 7.30-9pm.

Let me know if you're interested.—Rev Gill



c/o Caradon Milton Abbot, Tavistock Devon, PL19 0PB

Charity Number 267714

## MILTON ABBOT VILLAGE HALL



#### Up coming event Auction and Pasty Evening

Milton Abbot Village Hall are proud to announce their first On-line auction. Kindly supported by local businesses and organisations who have donated generously with many limited-edition items, the auction will open for bidding on Wednesday 4th February 2026 and close with a Pasty and Auction evening in the hall, on Friday 6th February where everyone will have a chance to place their final bids.

Ideal for that unique Valentines Day gift.

We have some very exciting items going under the hammer! Further information nearer the time will be posted on our website and social media.

https://saveourhall.co.uk/

# FRIENDS OF ST MARY'S, SYDENHAM DAMEREL ONE HUNDRED CLUB

Drawn at 10:30am, Saturday 1st November 2025, in the Church at our monthly coffee morning.

Tickets available from:

john.r.hearn19@gmail.com

Congratulations to Novembers winner:

1st prize ~ Tony Williams 2<sup>nd</sup> Prize ~ Clare Williams 3<sup>rd</sup> Prize ~ Karen & Steve Andrews

Join the fun - you have to be in it to win it!



#### A CHILD'S FOOTSTEPS TO FAITH

#### Seeking the Saviour (Matthew 2:1-12)

If we were planning to go visit someone in another town, we might first ask someone who knew how to get there to give us directions. They might give us some general directions and suggest the best roads to take. Another thing we might do is look at a map or use our Satnav to show us exactly how to get where we want to go.

After Jesus was born, some wise men, also called Magi, saw a star in the sky which they believed announced the birth of a king. They travelled to Jerusalem and began to ask, "Where is the new -born king of the Jews? We saw his star as it rose, and we have come to worship him."

Herod heard about the Magi and their search for a king and he was deeply disturbed. So Herod called for a private meeting with the wise men and said to them, "Go to Bethlehem and search carefully for the child. And when you find him, come back and tell me so that I can go and worship him, too!"

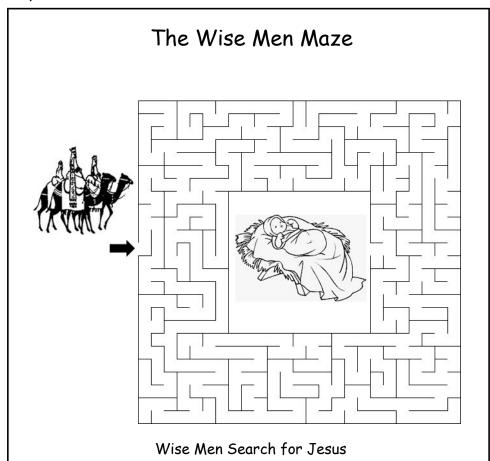
As you know, the wise men did not have a map to guide them to Bethlehem, but they had something even better — they had a star to guide them. So the wise men followed information that the priests had given to Herod and the star that God had given to guide them and it led them



right to Jesus. When they found him, they gave him gifts and bowed down and worshiped him. (Matthew 2:1-12)

Wise men, women, boys, and girls are still searching for Jesus. There are people who want to help -- people like vicars and teachers. The Bible is the map and star that will lead to Jesus. All of us can read it every day to make sure we are headed in the right direction to find Jesus!

Dear Jesus, we seek you today because we want to worship you and crown you as our King. Thank You for the Bible that leads us to you. In Jesus' name, amen.



Can you help the Wise Men find the way to the baby Jesus?

"Where is the one who has been born king of the Jews? We saw his star in the east and have come to worship him." Matthew 2:2

#### A Story on the Theme of Courage

#### From Weakness to Strength

A 10-year-old boy decided to study judo despite the fact that he had lost his left arm in a devastating car accident.

The boy began lessons with an old Japanese judo master. The boy was doing well, so he couldn't understand why, after three months of training the master had taught him only one move. "Sensei," (Teacher in Japanese) the boy finally said, "Shouldn't I be learning more moves?" "This is the only move you know, but this is the only move you'll ever need to know," the sensei replied.

Not quite understanding, but believing in his teacher, the boy kept training. Several months later, the sensei took the boy to his first tournament. Surprising himself, the boy easily won his first two matches. The third match proved to be more difficult, but after some time, his

opponent became impatient and charged; the boy deftly used his one move to win the match. Still amazed by his success, the boy was now in the finals.

This time, his opponent was bigger, stronger, and more experienced. For a while, the boy appeared to be overmatched. Concerned that the boy might get hurt, the referee called a time-out. He was about to stop the match when the sensei intervened. "No," the sensei insisted, "Let him

continue." Soon after the match resumed, his opponent made a critical mistake: he dropped his guard. Instantly, the boy used his move to pin him. The boy had won the match and the tournament.

He was the champion. On the way home, the boy and the sensei reviewed every move in each and every match. Then the boy summoned the courage to ask what was really on his mind.

"Sensei, how did I win the tournament with only one move?"

"You won for two reasons," the sensei answered. "First, you've almost mastered one of the most difficult throws in all of judo. And second, the only known defence for that move is for your opponent to grab your left arm."

The boy's biggest weakness had become his biggest strength.

Moral: Sometimes we feel that we have certain weaknesses and we blame God, the circumstances or ourselves but we never know if our weaknesses can become our strengths one day. Each of us is special and important, so never think you have any weakness, never think of pride or pain, just live your life to its fullest and extract the best out of it!



Terry Neild Chairperson of the Board of Trustees Lamerton Hall Green Hill Lamerton

chair@lamerton-hall.co.uk

Dear Residents of Lamerton

Lamerton Hall: A Call for Volunteers!

As you all know, Lamerton Hall is a vital community hub, hosting diverse events that enrich our village life. Its continued success relies on dedicated volunteers. We urgently need more helping hands to maintain and enhance our services.

We are seeking volunteers to **join the Board of Trustees**. This is a direct opportunity to shape the Hall's future. No prior experience is necessary; just a willingness to contribute time and ideas. The Board meets quarterly, overseeing finances, bookings, and planning.

#### Beyond the Board, you can assist with:

**Event Support**: We always need assistance with setting up, running, and clearing up after events. This could involve anything from serving refreshments to helping arrange seating or managing entry.

**Hall Maintenance**: If you have practical skills or simply a willingness to help, we welcome volunteers to assist with general maintenance tasks, minor repairs, cleaning, and gardening to keep the Hall and its grounds looking their best.

Volunteering is a great way to meet people and contribute to our community. Your contribution, big or small, makes a difference.

If you are interested in joining the Board or helping with events/maintenance, please contact me, Terry Neild, chair@lamerton-hall.co.uk or Katie Ayland, secretary@lamerton-hall.co.uk. Alternatively, come down to one of our bi-weekly coffee mornings and speak to one of the trustees who will be in attendance. We look forward to hearing from you.

Thank you for considering this appeal. Together, we can ensure Lamerton Hall remains a thriving heart of our village.

Warm regards,

Terry Neild,

Chairperson, Board of Trustees,

Lamerton Hall

#### **NATURE NOTES BY BLUEBELL**

'Let choirs make frosty nights sing, let them tell stories of shepherds

caring for sheep, a stable, a donkey, a star in the east, while you remember

the road to the church in the woods. the battened door, timber trusses,'

#### from "Sing" (The River) by Jane Clarke 2015

Bluebell has seen a huge flock (known collectively as 'a deceit') of lapwings on Gibbet Hill near Brentor.

They are moving in towards the coast in the West from bad weather in Eastern Europe.

There must have been nearly a thousand of them, swirling about showing their pale, white breasts and underwings against the dark sky when they turned.



They gather in these huge numbers in winter, though there are many fewer than there used to be.

The 'deceit' collective comes from the Lapwing parents' tactics when protecting their shallow ground nests and young. When danger approaches they fly near, feigning injury or pretending to defend a false nest site at a safe distance away from the real one, to lure the predator away.

There is a sudden glow in the woods, where sunlight lies on golden beech leaves, the last on a young tree, reflected in a puddle on the track.

A clump of gold bracken catches the light.

The leaves usually fall from the canopy before those on young trees and low branches.

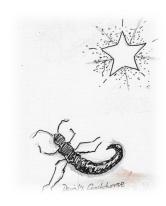
Trees withdraw the valuable chemicals and minerals in green leaves back into the branches, then seal off the leaf by a process called 'abscission'.

This process severs the leaf's attachment to the tree, which is why leaves fall in autumn, when days grow shorter. (How to Read a Tree by Tristan Gooley; 2023).

The Tawny Owls (as seen on the front cover) call at dusk, and also before dawn.

Bluebell has seen a little Devil's coach-horse. It bravely threatened her by raising its tail like a scorpion and opening its jaws. Bluebell caught the little black beetle and took it into the dark garden to scuttle away and hide under wet fallen leaves.

Bluebell wishes a joyous Christmas and a Happy New Year to all her readers.





#### **Lamerton Handbell Ringers**

Lamerton Handbell Ringers held their 52nd Annual Handbell Festival in Lamerton Parish Hall on 11th October with 9 Teams taking part. An event always very well supported with some excellent performances. The competitive element of the evening was hotly contested with The Smith Family from Cheriton Bishop winning The Mr & Mrs P Dawe Cup for best tune ringing.

The William Manning Memorial Shield for best Peal Ringing went to The Pillaton Ringers; The Hamlet Trophy for best 4 in hand ringing went to "The Beauty & The Beast (Alias Fiona and Robert Willis) with Horrabridge Primary School winning The Firkins Junior Shield and Roy Bould Cup for showing most progress. Clapper Chaos from Poole, Dorset, as last year's winners, finished off the evening playing 3 pieces including 'Pirates of the Caribbean' and they joined forces at the end with The Smith Family playing "The Circle of Life" from The Lion King - simply fantastic!!

The judges were Fergus Stracey and Allen Benstead.

Awards were presented by Geoff Hill - he had no idea he was going to do that!!

The Team support a Charity each year. So the £200 profit from the Festival, together with the £100 generous donation received from The Plymouth Soroptimists, has been donated to T.A.S.S. (Tavistock Area Support Services).

The Team are now practising regularly for events leading up to Xmas starting with taking part at Theale on Friday 28th November with 'Carols in the Barn'.



The Team gave a concert after The Plymouth Soroptimists Lunch at The Two Brdges Hotel in September and were kindly presented with a cheque from Ann Keelan for TASS.

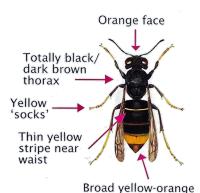
# **Be Alert for Asian hornets!**

Asian or yellow-legged hornets (scientific name *Vespa velutina*) were accidentally introduced into France in around 2004. Now they have spread through much of Western Europe. They are serious predators of honey bees, and also attack bumblebees, solitary bees and other insects.

They defend their nests aggressively and will attack anyone who gets too close: **never approach a nest**. Since 2016, there have been sightings of the Asian hornet in the UK, and a few nests have been found.

#### **Asian hornet**

actual size



Asian hornets are generally smaller (25-30 mm head to tail) than our native hornet, the European hornet (*Vespa crabro*), which is 30-35 mm head to tail (but can seem much bigger!). They are easy to distinguish because Asian hornets are mostly dark brown/black, with yellow 'socks' and an orange-yellow band near the tail. Native hornets look like very large wasps, with brown legs and bright yellow and black/brown markings. Native hornets fly both night and day, while Asian hornets fly only during the day.

If you see this insect PLEASE REPORT IT!

stripe near tail



Asian hornet REPORT



Native hornet do not report

The best way to report the Asian hornet is by using the app:
'Asian Hornet Watch', or you can send photos and location details to:

alertnonnative@ceh.ac.uk

For identification help and advice in your area, go to www.bbka.org.uk (British Beekeepers' Association), hover over Asian Hornet and choose Asian Hornet Action Team map from the dropdown menu. Click on a pin on the map for local contact details.

#### **GARDEN NOTES BY DOUG**



Well, the water butts floweth over!
Bonfire Night gone and Christmas is a-coming.
Then we can settle down with Spring: get ready t

Then we can settle down with Spring; get ready to welcome the daffodils.

I had the last of the tomatoes in the greenhouse in early November. There is still some kale, some chard and a few lettuce in there. Mustn't grumble. But, one thing to grumble about is Honey Fungus.

We had a Cedar tree which in recent years has been a little surrounded by the fruits, or mushrooms, of Honey Fungus. It lost its bright green colour, got rather dull, then very soon after, was dead. Honey Fungus may not have been fully responsible; it may have just stepped in and taken advantage of the poor condition. Honey fungus is very difficult, or impossible, to manage. There is no chemical treatment and even if you think there are very few mushrooms, there could be - or will be - a lot of activity under ground which you

can't see and also under the bark around the base of a tree.



The RHS has a lot of information on its website. This photograph is from that site and shows the characteristics of the mushrooms.

Lots of fungi are to be admired and celebrated. Most are harmless and beneficial to the garden and us humans too.

Clearing up and getting ready for next year is a job that we should all be pursuing. I have had

more success with dahlias in pots than in the beds due to the slugs.

I have now got to dry store those tubers and repot them in the spring in some fresh potting compost - then hope the slugs don't find them.

I also need to restore some of the beds in the 'so called' kitchen garden area. The wood boards have rotted and the soil needs a good digging over and some compost and nutrients adding.

Putting out some battery operated LED string lights is a good idea. Then you can see there is still a garden out there when it has gone dark so early.

Rhododendron buds are already here. Spring is coming. Hang on and enjoy thinking how your garden will delight you.





#### Sex Please, we're Sixty: The Review!

The Milton Abbot Players annual farce!

If you have never heard of the playwrights, Susan and the late Michael Parker, where have you been?

They have produced a string of very amusing, successful and entertaining plays which have toured in the States and internationally and Susan's publisher Concord Theatricals won a number of theatrical awards on both sides of the pond!

So enough of my drivel, on to the play!

The character around whom the play is centred is Bud Davis a letching lothario who lives next door to a small B'n' B hotel and spends his time tracing and chasing his paramours from previous years and holidays. That well known "board treader" Mike Forster from Scotland uses his background to play the part brilliantly.

To the question "what does a Scotsman wear under his kilt" he reveals all, but it is not what you would expect!

Apart from the straight laced hotel owner Mrs Stancliffe impeccably played by Samantha Leach and Henry Mitchell played by Tony Isbell (who idolises her), all the other three guests are conquests of "Bud the Stud" in prior years.

When they realise that Bud wishes to "renew old acquaintances" they decide to work together.

The discovery that Henry is a pharmacist who believes he has found the female viagra pill makes Bud try and spike the girls drinks so he can [insert your imagination!].

However the three girls Victoria Ambrose (played by Sue Champion), Hilary Hudson (played by Norma Massey) and Charmaine Beauregard (played by Susan Forster) get together and feed the female Viagra pills to Bud and Henry.

They have a complete personality change as they appear to be going through the menopause!

The audience were in hysterics, every line was a laugh, the ladies got their own back. Bud the Stud is now Bud the Dud.

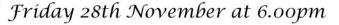
Will next year be another Parker play? Only one way to find out! When I went the Lamerton Village Hall was packed, better book early. Stage Door Johnnie (or Jenny?)







with Carols and Readings Mince Pies and Mulled Wine





Please contact Angela on 810027 if you are coming, car share where possible and wear warm clothing.



### Safeguarding



Please report any safeguarding concerns to your Parish Safeguarding Representative, or to our Priest in Charge, Rev Gill George (07947 604160).

Lamerton: Julie Hibbert 01822 618221 or julie.hibbert3@btinternet.com
Sydenham Damerel: Janet Giles on JLGiles89@yahoo.co.uk
Milton Abbot/Dunterton: Derek Youds on dyouds@aol.com;
Coryton: Jane Vicat 01822 860254 or janevicat@gmail.com
Marystowe: Anita Townsend 01822 860123 or email
mongoosemoondaisy12@gmail.com

If you are concerned for the immediate safety of someone, please dial 999.



'Fan into flame the gift of God, which is in you' - 2 Timothy 1:6

A new year. A new start. A new development. Perhaps it's time to Cultivate. Cultivate is the Diocese of Exeter's list of free opportunities for learning something new, or developing existing skills. There are plenty of courses on offer, of different types and interests, and some are in person at various venues, and lots are online. These are all courses which support us in growing the church wherever we are. If you don't feel able to participate, that doesn't stop you praying for someone who can—the church depends on it.

"We are all learners, and we never stop learning. We are learning about God, learning about different ministries, learning about ourselves and one another, developing skills such as listening, preaching, leadership, governance and so on. Whoever you are and whatever journey you are on, there is always more to learn." - Ian Bussell, Diocesan Director of Mission and Ministry

#### Courses starting soon:

Running a children's experience event in church. Tues 27th Jan, 1 hour online at either 1.30 pm or 8 pm. Although I've led these before I'm planning to do this course because it's useful to have fresh ideas. Do join me if you have an interest—Gill.

Growing Ministry to Children & Families in your Churches and Communities.

Sat 7th March, one day event at Cullompton Community Centre.

This one day event will include the latest research, innova@ve ideas, workshops, and plenty of support, inspira@on and fun! Speakers and workshops include Bishop James Grier, Begin Well, Kids Mater, Hygge Church, Brick Church, and Adventure Church and more! This is a Mission Shed event—I can highly recommend!

**Environment is a tool for Mission.** On Wednesday 22nd April at 7.30pm on zoom there's a session exploring the 'Eco Church' scheme, with a look at how each category can be used for mission. Many years ago I heard A Rocha, the organisation who began the Eco Church scheme, speak about their plans for Eco Church. I can commend it because it's comprised of really sensible simple things. Do not confuse this with some of the slightly daft 'eco' schemes. Eco Church is really useful all round! In fact, Milton Abbot school will be doing some with us soon.

And to end, here's one I'd be glad of some help with—getting our message out there. Lots of people do various parts of this, and it would be good to have that teamwork recognised and supported.

The Digital Ministry Grow Course is aimed at "anyone involved in church communications and tech or anyone who would like to be. Over five weeks we will look at the theology of Digital Ministry and cover practical skills for good communications and engagement in church services, on social media, through church websites and in print too. The course will be delivered by the Diocese of Exeter Communications and Engagement team with contributions from guest experts."

Unsurprisingly, this digital communications course is delivered online, on five Monday evenings from 7pm to 8.15pm, as follows:

2nd February 9th February 2nd March 9th March 16th March.

Who is it for? Anyone involved in church comms, social media, magazine editing, church website, promoting events, producing posters, or supporting people doing any of the above—including your vicar!

This is just a small taster of what's available to help grow your local church. The most effective thing we can be doing is praying, but it's good to put what we can in place from our end while we're doing that!

You can see more details of everything available on the sign-up sheet <a href="https://bookwhen.com/exeterdiocese/e/ev-sric-20260202190000">https://bookwhen.com/exeterdiocese/e/ev-sric-20260202190000</a> or email mandm@exeter.anglican org. They're very friendly!

- Rev Gill



#### Lamerton Art Group

We are looking for new members!

We are a small friendly group of artists who support and help one another. We have the occasional inspiration of a demonstration or talk by a professional artist.

We meet on Thursday mornings between 10am and 1pm at the Lamerton Community Centre.

Do come and join us.

Please contact: Elaine Price, email: elainejprice@hotmail.co.uk





# Christmas Carols

for Choir and Audience

Fantasia on Christmas Carols - Vaughan Williams
O magnum mysterium - Lauridsen

Saturday 6<sup>th</sup> December 2025 at 19:30

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Free for U18s



#### LAMERTON WI

#### Tuesday 2nd December 2:00pm

WI Christmas Party! Competition: Key Ring Raffle and Tea

#### Tuesday 6th January 2.00pm

Resolutions

Competition: Fridge Magnet
Raffle and Tea

All meetings held at Lamerton Village Hall New members welcome

# Put date in your Diary

**Lamerton Summer Fair** 

and Duck Race Saturday 18th July 2026

Incorporating

INSPIRING WOMEN
WI Garden Produce

Classes and Exhibits will be in the next Parish Magazine

and Craft Show

# Wither is. Lucky Lamerton Lottery! The winning number

November 2025 - 14

Congratulations to our winners

All proceeds go towards St Peters Church, Lamerton.





## Coffee @ St. Mary's **Sydenham Damerel**

First Saturday of every month 10.30am onwards All welcome.





Come and join us for a coffee, some cake, and chit chat or a board game.

Every other Friday, 10am-12pm, at the Priest Room (Chapel) by St Peter's Church, Lamerton.

#### Everyone welcome!

After the success of the Warm Hub, several people wished to carry on meeting and wanted more people to come along too, so we have relaunched as Coffee & Company.

Coffee & Company will be on the alternate week to the village coffee morning that takes place on a Saturday every other week, but do check the church calendar regularly as it doesn't always follow an exact alternating pattern: www.southtamar.church/calendar/

We would love you to join us.

## Mid-week Holy Communion



Every Wednesday morning at 10 am in the Priests room at Lamerton

The service is a quiet. reflective said service of Holy Communion. The perfect opportunity to re-charge your spiritual batteries.





With Tea, coffee and cake afterwards.

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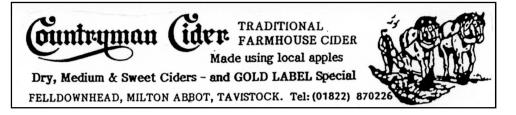
#### **ADVERTISING!**

Contact: Mike Jefferies on 01822 614178

**E-mail:** mike.jefferies5@btinternet.com to discuss your advertising needs.

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#### **Milton Abbot Grouped Parish Council**

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas along with a list of the local parish councillors.

www.magpc.co.uk



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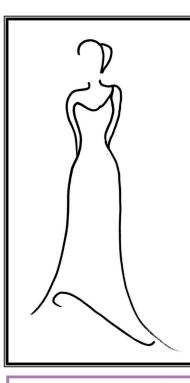


#### **Room for Hire!**

The Priest's Room. Lamerton is an ideal venue for small. meetings (20 people max)

It has full tea/coffee making and washing up facilities, tables and chairs, heating and a toilet nearby.

> For more details and to make a booking call: Irene 01822 616527



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Note: The service rota format has changed slightly. This is to help those who are looking for a service to feel they are not constrained to their own parish, but have the option to enjoy a different style at another shared venue within the team. I welcome your feedback as to whether this layout is helpful in encouraging multi-parish participation.—GG

	0	\\	rch Se	rvice	Church Services for January 2026	uar	y 2026		
Sun 4th Jan Epiphany	10.30am Holy Communion Marystowe	nion						BC	6.30pm BCP Evensong Lamerton
Sun 11th Jan Baptism of Christ / Plough Sunday		10 Holy C	10.30am Holy Communion Sydenham Damerel	11.15am Morning Prayer Coryton	am Prayer on	<b>PI</b> 8 8	4pm Plough Sunday Praise A Shared Celebration in the Priest Room at Lamerton		
Sun 18th Jan Epiphany 2	9.30am Morning Praise <sup>Marystowe</sup>	Φ	11am Holy Communion Lamerton	m munion ton					
Sun 25th Jan Epiphany 3			11am Holy Communion A Milton Abbot Service held in the Priest Room, Lamerton	m munion ervice held in n, Lamerton			4pm Holy Communion Conyton	Syde	6.30pm Songs of Praise Sydenham Damerel
								Please scan QR	
Wednesdays		in the PI	10am Midv riest Room, Chu	<b>10am Midweek Communion</b> sst Room, Church Avenue, Lamerton F	10am Midweek Communion in the Priest Room, Church Avenue, Lamerton PL19 8RN			info on all our events	

		Church S	services f	<b>Church Services for December 2025</b>	ber 2025			
Sun 7th Dec		11.15am BCP Communion	2.30 Cal	2.30pm Advent Carol Service	4pm Crib & Christingle Service	 		
Advent 2		Coryton		Dunterton	Lamerton			
Sat 13th Dec					5.30pm Ca	rols, Panto, C	5.30pm Carols, Panto, Crafts and BBQ at Marystowe	at Marystowe
Sun 14th	9.30am	10.30am			4pm			
<b>Dec</b> Advent 3	Morning Praise Marystowe	Holy Communion Sydenham Damerel		Ö ——	Carols & Christingle Milton Abbot			
Saturday					4pm			
20 <sup>th</sup> Dec				Ö	Carols & Christingle Conyton			
Sun 21st		11am			6.30pm	_ 	6.30pm	
Dec		Holy Communion			Carol Service		Carol Service	0
Advent 4		Milton Abbot			Sydenham Damerel	amerel	Lamerton	
Wed 24th				4pm	6pm Carols round the Tree	ound the T	ree	11.30pm
<b>Dec</b> Christmas Eve				Crib Service Milton Abbot	& 6.30pm	& 6.30pm Communion Marystowe		Midnight Mass Lamerton
Thu 25th	9am Communion	10.30am	11.15am		_		_	
<b>Dec</b> Christmas Day	& Breakfast Dunterton	Holy Communion Sydenham Damerel	Holy Communion Coryton	uoiur				
Sun 28th		11	11am				6.30pm	
Dec		United Benefice Holy Communion	Holy Commun	ion		Son	Songs of Praise	
Christmas 1		Milton	Milton Abbot			Syden	Sydenham Damerel	
							Please scan	
		10am Midweek Communion*	< Communio	,uo			code for	
Wednesdays	int	in the Priest Room, Church Avenue, Lamerton PL19 8RN	Avenue, Lamerto	on PL19 8RN			info on all our	
		(*except Christmas Eve and New Year's Eve)	e and New Year	's Eve)			events	