

Nar Valley Benefice

Prayer intentions this week

O Lord Jesus Christ,
who at your first coming sent your
messenger
to prepare your way before you:
grant that the ministers and stewards of
your mysteries
may likewise so prepare and make ready
your way
by turning the hearts of the disobedient to
the wisdom of the just,
that at your second coming to judge the
world
we may be found an acceptable people in
your sight;
for you are alive and reign with the Father
in the unity of the Holy Spirit,
one God, now and for ever.
(or)
God for whom we watch and wait,
you sent John the Baptist to prepare the
way of your Son:
give us courage to speak the truth,
to hunger for justice,
and to suffer for the cause of right,
with Jesus Christ our Lord.

For Advent

With love and compassion,
come, Lord Jesus.
With judgement and mercy,
come, Lord Jesus.
In power and glory,
come, Lord Jesus.
In wisdom and truth,
come, Lord Jesus.

Those in need

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Beverley Reaney	Ann Kuczak
Francis Berryman	Lindsay Richards
Margaret Johnson	Rebecca Ormian
Wendy Goodwin	Teresa Nicholls
Richard Howells	

Those who have died recently

Roy Wallis

Those in our year's mind

Alan Henry	David Baker
John Spalding	Andrew Duffell
Sylvia Carter	Lillian Coe
Rosalind Stuart	Josie Wright
Madeleine Westlake	

***Rest eternal grant unto them O Lord; and
let light perpetual shine upon them***

This Sunday 14th December 2025

is Advent 3: Joy (rose & purple)

9.30am at Castle Acre

Sung Eucharist

The scriptures are:
Isaiah 35.1-10 & Matthew 11.2-11
Hymns: 286, 288, 315

11am at Pentney

Eucharist

The scriptures are:
Isaiah 35.1-10 & Matthew 11.2-11
Hymns: 286, 288, 315

6pm at South Acre

Carol Service

The scriptures are: Micah 5.2-4,
Isaiah 11.1-9, Isaiah 40.1-11,
Luke 1.26-38, Luke 2.1-20
Carols: 13(v1-3), 17(v1-2&5-6), 11, 16,
23(v1-3&6), 12.

Wednesday 17th December

9am at Narborough

Said Eucharist

The scriptures are:
Genesis 49.2,8-10 & Matthew 1.1-17

2pm at Narford

The Advent Antiphons

Thursday 18th December

6pm at Castle Acre

Expectant

Saturday 20th December

6pm at Castle Acre

A quiet approach to Christmas

Next Sunday 21st December 2025

is Advent 4: Love (purple)

9.30am at Castle Acre

Sung Eucharist

The scriptures are:
Romans 1.1-7 & Matthew 1.18-end
Hymns: 535, 140, 451

11am at Narborough

Sung Eucharist

The scriptures are:
Romans 1.1-7 & Matthew 1.18-end
Hymns: 535, 140, 451

6pm at West Acre

Carol Service

The scriptures are: Zechariah 9.9-10
Jeremiah 23.5-6, Micah 5.2-4, Isaiah 9.2,6-7,
Isaiah 7.10-15 & Matthew 1.18-25
Carols: 11, 27v1-4, 9, 3, 20, 12

Welcome to all

We are always welcome in God's house and greet one another with joy.
Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children?

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Use hearing aids?

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies. Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Pentney

Andrew Smith (01760 755102)

Narborough & Narford

Joan Upton (01760 337053)

West Acre

Henry Birkbeck (01760 755254)

South Acre

James Stephenson (01760 337901)

Newton

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team
safeguarding@dioceseofnorwich.org or
01603 882345

Sue Brice, diocesan safeguarding advisor
sue.brice@dioceseofnorwich.org or
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Contact details

Mother Angela is happy to be contacted on her landline **01760 338552** or by email **narvalleyrector@hotmail.com**
Her usual rest day is Friday.

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

Anne Loch 01760 755403

David Bowman 01603 483658

Narborough:

James Stephenson 01760 337901

Newton:

Tony Bell 01760 755506

Stephen Laing 01760 755455

Pentney

Sue Neep 01760 338037

Andrew Smith 01760 755102

South Acre:

Davina Barber 01760 755618

West Acre:

Henry Birkbeck 01760 755254

Present and future events

St James Castle Acre has **new pew Bibles**. You are invited to sponsor one - £15 each.

We have begun our new Sunday service pattern. Volunteers please sign the sheets in church or email Mother Angela.

Wednesday 17th December

2pm come out to Narford church for a short service (c20 minutes) based on the ancient Advent Antiphons. Then go on to Narborough for a traditional Advent tea.

Thursday 18th December

6-6.30pm 'Expectant' in Castle Acre church. Half an hour of space to recharge and recentre. You can choose stillness or colouring or listening to calming music.

Friday 19th December

School Christmas Services. 9 for **9.30** at Narborough and 1.15 for **1.45** at Castle Acre.

Saturday 20th December

10.30-11.30am easy Christmas crafts for all ages in Narborough Church Rooms.

6pm a gentle approach to Christmas at Castle Acre church – a quiet service of c35 minutes without the noise or jollity often associated with Christmas events. Suitable for all including those mourning loved ones.

Recent Events

Many thanks to all involved in Santa Claus day. Over 30 children visited Santa and over £200 was raised for charitable causes. It was a welcoming, kind and generous community time for all ages.