



St Mary's
Parish Church
Frinton 2025

I press on to reach the end of the race
and receive the heavenly prize for which God,
through Christ Jesus, is calling us.

Philippians 3:14

Welcome!

Tea and coffee available from 10:30 at the back of the church
Time for a chat with friends, old and new

Sunday 23rd November 2025

Parish Church Services (Sunday only)

9:30am **Traditional Service - Celtic (HC)**

Jeremiah 23:1-6 & Luke 23:23-43

11am **All-Age Service (also livestreamed)**

Luke 23:23-43

Old Church Services

Sunday 6:30pm **Evening Service - BCP**

Wednesday 11am **Service of the Word**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

Anne Davis, Chris Glasby, Kelsey Hawkins, David Kidney, Philip Kyriacou, Sue Maloney, Sylvia Wells, Daphne West, Helen Whybrew, and Cate Wilby.

Gina Butler's funeral will be on Monday 24th November at midday in the Parish Church.

With great sadness we send our love and condolences to **Barbara Greer** and her family. On Monday evening, her 55-year-old brother, Chris, passed peacefully away, following a sudden massive heart-attack back in September. For two months Barbara, supported by Chris' fiancée Dessita, campaigned to keep him alive and bring him back to the UK - from Budapest, where he'd been working - and extend his life artificially, praying for a miracle. Barbara is very grateful for the prayers of so many friends at St Mary's, and for financial gifts towards the huge expenses involved. She is also grateful for the extra time they were given to spend with Chris, and to say goodbye. *Let's continue to pray for Barbara and all those affected by Chris' death*

Prayers for people of the **Middle East & North Africa (MENA)** with access to SAT-7 satellite and YouTube broadcasts. Use prayer diaries or website: sat7uk.org/pages/pray



'Journeying towards peace' is a SAT-7 ARABIC podcast that educates and inspires the people of the Arab world to break cycles of violence and embrace reconciliation. **Pray** especially for presenter Sami Mehanna, that he will speak words of wisdom and comfort.

'You were the first people I saw teaching Christian doctrine,' said Angela, a teenager from Egypt. 'You introduced me to many stories from the Bible, and hymns, at about 3 or 4 years old. **You shaped my childhood** ... thank you for everything.' **Pray** that many more young people in the Arab world will have their young years shaped by biblical truth.

The Word of God is a firm foundation for individuals, families, communities and even nations. SAT-7 is committed to sharing the Word of God in the MENA and helping their viewers implement its teaching in their lives. **Pray** that SAT-7's staff teams will keep the Bible at the centre of all they do.

Heather Ursell

Christmas Services Leaflet - Street Leafletting

The Christmas services leaflet is now available to give away, and is ideal to offer friends and neighbours within the community in the lead-up to Christmas. If you feel able to deliver a batch to your street please do so. Leaflets are held in the office with a list for you to complete showing which street/flats you are covering. As you deliver these leaflets we would encourage you to say a brief prayer over each one. This is a lovely way to prayer walk the parish, and bless in Jesus' name the area in which we live.

With every blessing - **Peter Wood (On behalf of the TOE group)**



Christmas at St Mary's



Christingle

Sunday 7th December, 4pm
Oranges, Treats and Candles

Christmas Family Nativity

Sunday 21st December, 11am
Lively Christmas Fun for the whole Family

Christmas Eve

Wednesday 24th December, 11:15pm
Traditional Service with Holy Communion

Blue Christmas

Wednesday 17th December, 6:30pm
Christmas isn't always an easy time of year

Carol Service

Sunday 21st December, 6:30pm
The Story of Christmas with Carols

Christmas Day

Thursday 25th December, 10:30am
Family Festive Celebration

Contact Us

www.stmarysfrinton.org
office@stmarysfrinton.org
01255 679164

London City Mission Service (formerly known as the Toy Service)

On **Sunday 30th November**, there will be one single service at **10:30am**, the same as last year. **Instead of toys**, the service will be raising funds and awareness of LCM's *Webber Street Day Centre*, with its crucial work amongst homeless people.

Lesley Holland



This year our Christingle Service is on **7th December**, at 4pm, however we need people to make the Christingles on Saturday 6th December in Rooms 3&4 at 10am. Please consider giving an hour of your time to help! The more the merrier and the less time it will take! Can you let me know if you can help, and please pray who you might *invite to this very special service.* **Many thanks, Wendy Dyne**



Remembrance Sunday - The collection raised £239 for **The Royal British Legion**

Jaywick Project

In early December we hope to provide selection boxes, fruit, drinks, and crisps for about 70 children who attend the annual Jaywick pantomime, which is laid on by other charities. We would also like to give a Christmas gift to about 20 elderly residents who attend the Lunch Club at the Community Centre, and to about 30 families, and 10 volunteers at the Centre. Donations can be handed in to the Church Office or given to **Eleanor Young** by 30th November.

90 plus

Over 90's Group

Please note our *Over 90's Group* will be meeting on **Wednesday 3rd December at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**

WOMEN OF WORTH

Carols by Candlelight: All ladies are welcome to come and join us on **Saturday, 6th December**, in the Church Hall at 7 pm, for an evening of singing festive songs (with live musicians), sharing our memories and the meaning of Christmas, together with mulled wine and mince pies. We do hope you will be able

to join us and would be grateful if you would kindly let one of us know or confirm your attendance through [ChurchSuite](#). Invitations will be sent automatically to those who have signed up to receive WoW emails. **The Wow team: Barbara B, Chris, Judy, Marilyn & Tricia**

During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

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|----------------------------|---|
| Monday 24 th | Weekly Prayer Meeting 7:30pm |
| Tuesday 25 th | Alpha Course (final/15) 7pm |
| Wednesday 26 th | Service of the Word (Old Church) 11am Wednesday Group Lunch 12pm |
| Thursday 27 th | Smallsorts 10am Knit & Natter 1:30pm |
| Friday 28 th | Coffee Morning 10am Choir Practice 6pm |



The Old Church

Sunday 30th November

10:30am London City Mission Service

(also livestreamed) only service

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



PARISHGIVINGScheme



DATES FOR YOUR DIARY

Christingle - Sun. 7th December 4pm

Blue Christmas - Wed. 17th December 6:30pm

Christmas Family Nativity - Sun. 21st December 11am

Traditional Carol Service - Sun. 21st December 6:30pm

Christmas Eve Service - Wed. 24th December 11:15pm

Christmas Day Service - Thurs. 25th December 10:30am

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org