# Colton Parish News September 2025



"Fun and Games in Pedley's Croft at a past Colton Festival."
Colton History Society Archives

**Colton Parish News is sponsored by:** 

The Parish Lands Trust, St. Mary's Church & the Parish Council



**Church Services at St Mary's Church Colton** 

First Sunday	Holy Communion	11.00am	
Second Sunday	Morning Worship	11.00am	
Third Sunday	Holy Communion	11.00am	
Fourth Sunday	Morning Worship	11.00am	
Fifth Sunday	Service format will vary	11.00am	
Keep Your eyes peeled for details of special Sunday Afternoon Events			

#### **Colton Community Choir**

Invite you to come along and join our group of Jolly singers. A group of enthusiastic amateurs who enjoy singing a variety of music. We meet every Monday at 7pm at St. Marys Church Colton.

Do come and join us.



#### Message from your editor

Good news on page 15 as prices for hiring the Village hall have been maintained for parishioners thanks to the Parish lands Trust. We are so lute to have such a lovely facility.

I know the children have just gone back but please see page 19 with details of this years Christmas Fair which of course provides valuable income for the maintenance of the Village Hall. Further details will be included next month.

On page 22 see details of the next planning meeting for the Colton Summer Fair. It would be lovely if this village event is able to continue, it was such a lovely day ,but obviously hard work for those organising .

Best wishes

Fiona

All Items for inclusion in the NEXT EDITION

Must reach the Editor by 15<sup>th</sup> of THIS MONTH



coltonparishnews@yahoo.com Thank you Fiona O'Brien Editor

#### Music Lessons

Clarinet, Saxophone, piano and music theory

Adults and children, beginners and more advanced.

Experienced teacher in Colton

Call Karen on 07508 988 718



#### St Mary's Church Contacts

For all Funerals, Weddings, Baptism & any Pastoral Needs

#### Please contact Revd Lynne Dean



#### Resident priest

The Revd Lynne Dean The New Rectory, Bellamour Way, Colton WS15 3JW

07736 972560 lanternlit@hotmail.com



#### Rector

**Prebendary Simon Davis** 

The Vicarage

Marke Place

Abbots Bromley Ws15 3BP

revdsimon@gmail.com

01283 840242

**Church Warden** 

**Rachel Bayliss** 

24 Moorcroft ws153ND

rachel.bayliss@outlook.com

07792 234720

**Church Warden** 

Mrs Victoria Hawley

Mrs Olive Ballard The Old Rectory

Reader Emeritus Bellamour Way

20 High St 01889576050

Colton 07939003153

#### Messages to Parochial Church Council

vacant

#### **Messages to Colton Parish Council**

Ms Alison Parnell

Apartment 48

Handsacre Court

Ws15 1PQ

07969266779

Colton.pc@hotmail.com



Chairman

## Colton Parish Council

The Parish Council meet on the first Wednesday of the month in the Village Hall commencing at 7:30 pm unless advised to the contrary.

Members of the public are welcome to attend and should note their participation is limited to a maximum 20 minutes ate the beginning of the meeting when questions and comments from the public are taken

#### **Parish Council Elected members**

Clerk to the Council

No one elected at Annual meeting.	Ms Alison James		
Councillors will take turns to chair	Apartment 48		
meetings	Handsacre Court		
	Rugeley		
	Mob 07969266779		
	Email colton.pc@hotmail.co.uk		
Nigel Parry	Noel Talbot		
Bank Top House	22 Moorcroft		
75 High St	Colton		
Colton	Mob 07850655807		
Mob 07968823066	Email noeltalbot@hotmail.co.uk		
Email njp5@blueyonder.co.uk			
Garren Edwards	Richard Montbiot		
Mob 07890103450	Mob 07710864138		
Email garren_edwards@hotmail.com	Email richard@richardmonbiot.com		

#### My times are in your hand

All but ten of my sixty-six (and a bit) years of life have been governed by school term time. As a pupil, as a mother of school children and as an employee in school; my year has begun in September and ended somewhere near the end of July.

#### **BUT NOT ANYMORE!**

As of July 18<sup>th</sup> 2025, I have joined the ranks of those who have exchanged the briefcase for a beach bag! When my colleagues are returning to school for this new academic year I will be on holiday.

"What are you going to do with your time? Will you miss it? ", are the usual responses when friends acknowledge this next milestone of my life's journey. I'm well practised in saying that I have things I want to do and have some irons in the fire and yes, I'll miss it, but I won't lose contact completely.

Which is true but not all of the truth because the truth is my time is in God's hands.

Psalm 31:14-15

<sup>14</sup> But I trust in you, O Lord; I say, 'You are my God.'

<sup>15</sup> My times are in your hand;

So while I may have plans, I am more than aware that those plans will only come to fruition if they are part of God's plan too.

I wonder what plans God has for you. Have you felt a stirring of an idea that just will not go away, like an itch that no amount of scratching with relieve? That is usually a first sign for me that the Holy Spirit is giving me a nudge to respond to God's love in a new way.

The first time I became aware of the Holy Nudge was when, at the age of 23, I felt the need to go to church but, mistakenly, thought you had to be Confirmed to go to a Holy Communion service. As all the services in the church were Holy Communion services and I wasn't Confirmed I felt excluded.

A, very nervous, phone call to the vicar and an offer of a lift from a member of the congregation, who became my spiritual Godmother, and the rest as they say is history. Responding to that persistent itch was a big, brave step on the journey that has been, at times, a rollercoaster and sometimes a gentle stroll.

Now, in retirement, one of the plans God has for me is preparing others for Confirmation.

Confirmation follows baptism. For some it happens at about the age 11 or 12 for others it happens much later in life. It is a rite of passage when we confirm for ourselves the vows and promises made for us at our baptism.

There is no upper age limit for Confirmation. I have had the privilege of preparing someone who was 94 for Confirmation. If you haven't been baptised we can sort that out for you too.

This year's Confirmation service will be on Sunday November 2<sup>nd</sup> (more details nearer the time). There is a period of preparation, 6 sessions, which begin on Sunday 7<sup>th</sup> September, at 4 pm, in the meeting room next door to Colton church.

If you have a Holy Nudge, or suspect someone is having one, I would encourage you to come along to explore what God's plans might be for your life.

Let the adventure begin!

Every blessing. Lynda.

#### **Observations From the Kitchen Window**

I have been all of a lather recently having experienced what I am sure will be a life changing episode. Just to give you a bit of background, I had to go along to the surgery for a routine blood test. I thought that this was an unnecessarily complete waste of time, When I



opened my mouth to express my views I got a death look from 'Er Indoors. She did not need to say anything! I thought I ought to try to keep everyone happy by going ahead with it. So, with a "yes dear, that looks like a good idea!" I duly made an appointment! On the day of the appointment I was settled in the chair by a very personable nurse who, with a smile, proceeded to drain large quantities of my blood .I could almost hear the gurgling as it passed down the tube to the phial. So that was that.

I knew for a fact that the results would be showing absolutely nothing to be concerned about. I left the surgery with the customary spring in my step and went home. I thought no more about it. Unfortunately two days later I had what I thought was a very unpleasant skirmish with man flu. Those of the opposite sex who do not suffer from this malady have no idea what pain and suffering we men have to go through. It is totally debilitating. There was none of the outpouring of sympathy from family members that I rightly expected. It was exactly the same as if I had declared a hangover! Just resignation, smirking and a roll of the eyes! Comments such as "it is no good you lounging about in your chair feeling sorry for yourself! How do you think all your jobs will be done?! "So after three days I thought I was getting nowhere and I ought to give it up as a bad job and go for a quick recovery. I just hoped that I had not lost the knack of getting rid of hangovers. I was very much out of practice!!! Would the old methods work this time?

That was only the start of my problem. After a further few days someone at the surgery had taken time to cast an eye over my blood test results. I was immediately summoned to an urgent face-to face interview with a doctor the next day, with a follow up call two hours later. This never normally happens and got me quaking in my boots. How do you ever get to see or speak to a doctor when you want one!? It is a different story when they create the initiative! I duly turned up. The doctor was not exactly wearing a black cap, but she asked in grave tones if I knew why I had been called in. Obviously I was in no position to give a coherent answer. As it turned out it seems that my blood was a mess. Despite me feeling perfectly fit and healthy, the results showed

that there was a significant imbalance of white and red cells which were evidence of some hitherto undetected infection.. She was not very convinced about my explanation of the man flu so she put me an a course of anti-biotics to be followed by a further blood test after finishing the course. I breathed a loud sigh of relief. At



least, at this stage, it did not seem to be a terminal condition...

But then came the doom laden question. She asked "How much do you drink?" This question flagged up all sorts of warning signals. My brain went into overdrive to work out out a tactful response in mitigation about my wine consumption. She then clarified what she was getting at. "I mean how much water do you drink?" At this point, when I thought I had had a lucky escape, 'Er Indoors, who was with me, interjected. "He drinks no water, even though I keep telling him he should. Instead during the day he drinks endless mugs of very strong black coffee which everyone else in the family thinks is undrinkable!" The Doctor leapt upon this information. "Your wife is quite right. You MUST drink plenty of water. Coffee is a diuretic and its effects must be counteracted. In fact you must have a glass before and after each mug of coffee to give your kidneys a chance". I always have to listen to 'Er Indoors and this is yet another matter on which her word should become law!! She now has unimpeachable authority to control what and when I drink.

What is a chap to do? If I followed this advice to the letter I would be taking in additional gallons of liquid every day. Most of my waking hours (not forgetting my sleeping hours too) would be spent in trips to the bathroom. I have impossible choices. Do I give up coffee? Do I continue to enjoy the habits which have served me well to date, but which might have a long term effect on my kidneys. Do I let common sense take over which 'Er Indoors says has never guided me before? Whichever route I take will, almost certainly, have an adverse effect on my quality of life. At least no limits have been placed on wine consumption. Yet!!! Surprisingly, 'Er Indoors has not picked up on this. I think I will try to keep this under the radar!

Best regards from all at Sheringham



#### COLTON GARDEN & PRODUCE CLUB.

Hello to you all once again. It seems very strange not to have to carry out what are normally routine tasks in the garden at this time of the year – grass doesn't need cutting, as well as plants wilting prematurely, but those perishing weeds are extremely persistent. We

will need to battle on bravely, watering the essential plants and vegetables. Suppose we believe the inconsistent and varying weather forecasts. If we do, we may be on the receiving end of another large storm predicted to arrive in the last week of August, just as we are hoping to gather in more of the products of our sweltering hours of hard work. All we can do is to go with the flow, keeping the weeds under control, watering and feeding those precious fruits, vegetables, and any flowers that may be worth saving.

There was no meeting for the club in August, but we will restart the programme on Thursday 4<sup>th</sup> of September at 7.30 pm with a presentation on 'The Rockies' by Peter Coxhead. The October meeting will be our Harvest Supper, which is a 'bring-and-share event. At this time, I believe the vast majority of the harvest was gathered a couple of months before, so is it going to be necessary to bring forward this celebration in the future? Although one of the old sayings was to 'Make Hay while the Sun Shines.'

One of the tasks I will be hoping to achieve is the preparation of borders, vegetable patches, and the wild flower area, by clearing dead vegetation and weeds, and gently forking or hoeing the surface so that any rain we do receive will be able to soak into the soil and not just run off. I have found the soil a few inches from the surface has still been bone dry after any rain or watering process. I am hoping the wildflower seeds I sowed in June are just dormant and will 'spring' into life early next season, along with the Aquilegia and Poppy seeds I have gathered from this year, which will be strewn in this area. The hot, dry weather seems to have been instrumental in causing black spot on the Roses – a tedious task, but do remove the affected leaves, clear the ground from any that have fallen to help prevent serious re-infection next season.



The lawns will take some time to recover from this year's drought, but you can assist the process by applying a weed-and-feed fertiliser after we have had some rain. If it is applied and not watered, you will only kill off the roots of the grass and end up with a prolonged brown area – one bonus is that it will not need mowing! Conifer hedges should now be

trimmed and Laurel hedges cut, but use secateurs to do this so you do not have a large quantity of laurel leaves to clear up into next spring – they go brown and do not rot very quickly. Although there seems to be an abundance of berries around for the birds this year, it has been suggested we leave cutting the Ivy until a little later, as some birds find the black berries they produce are very tasty. This reminds me – please keep cleaning those bird feeders and watering holes to prevent any disease from taking hold on our struggling bird population. I have noticed a distinct reduction in the sparrow population in our garden, although it has been suggested that after the crops are harvested in the fields, they temporarily migrate there to feast on the grains left in the fields. I just hope they return.

It is best to think about Spring. With the change in seasons, we should now be thinking about planting out the bulbs for early spring. The summer Raspberries need to have the old fruiting canes cut out down to ground level, and the new growth canes tied to supports. Hyacinth bulbs and Amarylis can be planted in pots ready for your indoor Christmas display. With that, I think it is time for me to come to a close! See you next month.

KEEP SMILING and even whistle while you work – just hope the neighbours don't complain!!

Peter Brightman - 07896521941

01889803678

#### Colton WI August Report



We met at the Village Hall on a very warm August evening and were pleased to find that this was our Presidents Evening, which meant Prosecco and Strawberries and cream! Ann Nunn had made some of her delicious ice cream too, so we had a real celebration.

Sue opened the meeting and welcomed two prospective new members, Sonia and Hilary.

This was followed by a minute's silence in memory our of dear late member, Judy Winter, who had recently died. Sue told us of the huge contribution Judy had made to our club over the years and reminded us of the delicious shortbread that Judy made for various events and WI sales. She will be greatly missed.

Sue then introduced our speaker for the evening, Rose Sargeant, who told us about her role as a clinical reflexologist.

Rose has a treatment room at her home in Aspley Place, Colton, where she holds 30 or 40 fifty minute treatment sessions a month.

Being clinical reflexologist means that she can go into hospitals to give treatments, unlike under qualified people offering this therapy.

Hers is a complimentary holistic treatment based on Chinese medicine. Reflexology looks at the whole person and goes back as far as Egyptian times. Chinese medicine cannot cure illness but is preventative.

Pressure points on hands, ears and feet are used in reflexology, although western practitioners mostly apply the therapy to clients feet.

Good blood flow is essential for good health, and imbalance can be detected through reflexology. Rose told us how she can detect small grains within the pressure points indicating poor blood flow and depending where on the foot these grains are detected, depends on which organ has imbalance. After three sessions Rose told us that these imbalances should be minimalised.



Our tongues tell us a lot about our health and Rose explained how to tell from the colour of our tongues where problems may lie.

Sue thanked Rose for a most interesting talk and refreshments were served.

We were reminded to take our photos to Ruth for the competition before 21st August in time for Bill Brown to judge them for our September meeting.



The competition, a cup and saucer, was judged by Rose. The winner was Margaret with her cup depicting a painting by Jack Vettriano who just happened to be a favourite of Rose's.

Karen thanked us for our cakes and help in the kitchen at Judy and Tony's funeral. She said the Winter family were very appreciative.

Colton WI are entering a Staffordshire Federation competition, entering a beautifully made paper hedgehog, made from recycled materials, together We think he's lovely and hope to win!





Colton WI are part of a local group of WI's who take it in turns to hold a meeting every year where a more expensive speaker can be invited, and this year, September 18<sup>th</sup>, the Group meeting is at Armitage, Shank's Sisters. The entertainment will be Jayne Darling singing 40's songs, we were encouraged to join the meeting as it is only £5 to include

refreshments, and there is always a fabulous raffle.

On 26<sup>th</sup> September we will be holding another curling session in the village hall. This is always a fun afternoon, its free and includes tea/coffee and a piece of cake.

17<sup>th</sup> December, a Christmas meal at Riverbank Restaurant, Stafford has been arranged.

Our next meeting is Wednesday 10<sup>th</sup> September, when we hold our mini show. Display entries to the hall between 5pm – 6pm. The meeting starts at 7.30, where we will hear a presentation from Bill Brown and he will announce the winner of the photo competition. The entries will have been judged and trophies will be awarded!!!!

We would be very happy to see visitors to our friendly WI, why not come along to our meeting, you will be made most welcome.

#### **VILLAGE HALL NEWS**

#### PRICES FOR PARISHIONERS HELD FOR ANOTHER YEAR!

At its most recent meeting, the Village Hall Management Committee reviewed its room hire charges. In order to comply with our obligation to keep the hall open and in good repair, we are in the process of rebuilding our financial reserves following more than £40,000 of capital expenditure over the last few years. Room hire prices have not changed since early 2023 so we decided to increase charges for external hirers by approximately 10%. But thanks to a very generous grant from Colton Parish Lands Trust, we have been able to freeze rates for parishioners and parents of children attending St Mary's School at 2023 rates for at least the next 12 months, meaning that the parishioner's rate is now less than half of the full commercial rate. So why not take advantage of these ultra low prices while you can?

If you are planning an event of any kind, the village hall is the ideal venue. Visit our fantastic new website at www.coltonvillagehall.co.uk – for which many grateful thanks to Rose Sergeant - and see what we have to offer. Alternatively, you can follow us on Facebook.

To make a booking, email us at <u>bookings@coltonvillagehall.co.uk</u> or telephone Fiona on 07748 497048.

If you would like a copy of the minutes of our most recent meeting, email me at mrjkmac@sky.com

John Macmillan

Chair of Trustees

#### Colton History Society Summer Outing July 2025.

Earlier in the year we had listened to a talk given by Dave Marriott on the History of Uttoxeter through the ages. For our Summer outing we had arranged a guided tour around Uttoxeter with Dave as our guide. We were lucky enough to have a beautiful warm evening and the tour he gave us was fascinating.

We started on the narrow road that was by the exit to the main town car park. Dave pointed out that the large building opposite was an old grain store. As we were soon to find out Uttoxeter was a very important busy market town from the 16<sup>th</sup>. Century onwards and one of the main commodities that was traded in the town was grain. This building was one of the many grain stores that had been built to accommodate the grain before it was sold and shipped to other places. The street we stood in was very narrow and wound its way down to the Parish church and beyond to the River Dove. From early times this had been one of the main routes in and out of the town to take goods to and from the River Dove; the river being the "highway" to all parts of the country. The Dove eventually runs into the Trent which in turn feeds into the River Humber and then on to the sea on the East Coast. This important route was to make a huge difference to the success of Uttoxeter market.

We then headed around into the market place itself. It became immediately apparent how many vey old buildings still stand around the market place although we soon found out that there were a lot more than were immediately visible. When medieval markets were established by the Lord who owned the town, the main traders would rent a plot of land from him. These plots were of a particular width and depth to allow the traders to establish their premises. These were known as burgage plots. Dave pointed out that nearly all the shops that are around the market square today stand on the same plots of land that still have the dimensions of these burgage plots. Infact many of the present day buildings might look modern but if you go inside or look at the backs of them, you can still see that they are infact the medieval buildings that have been altered over time. He took us down a particular alley between two of the buildings and all the medieval timbering was still visible in the side of the building. As Uttoxeter market became more and more successful with many people visiting,

these people would have to be accommodated and the number of pubs grew rapidly. There are some of these same pubs still operating today.

Uttoxeter not only became a centre for trading for grain but rapidly became a centre for the trading of cheese. Cheese was produced on many of the farms all around this part of Staffordshire and most of Derbyshire as well. The area was known for the production of particular types of cheese such as stilton and the creamy Derbyshire cheeses. The River Dove provided the good trading links so that the cheese could be shipped particularly to London where there was a huge demand for quality cheeses.

Uttoxeter also boasted a successful cattle market and the spin of trades using leather meant that there was a thriving leather industry in the town. It even became a centre for jewellery making a long time before Birmingham boasted its jewellery quarter. The town was prosperous so traders and visitors could afford the finer things of life such as fine jewellery.

We finished our tour at the town's heritage centre in Redfern Cottage which is a beautiful medieval building. It is a splendid museum displaying the history of the town. The centre was recently enhanced by a substantial lottery grant allowing them not only to improve the museum but also to add a café. Well worth a visit.

Footnote. Colton received a market charter 1240 when the Lords of Colton Manor were the De Wasteney Family. Some burgage plots were established thought to have been where The Greyhound and adjoining cottages stand today. Rugeley received its market charter a few years later but probably because the road links to Rugeley were better, Rugeley market grew whilst Colton's never really got going.

#### STAFFORDSHIRE COUNTY COUNCIL

#### ROAD TRAFFIC REGULATION ACT 1984 (AS AMENDED) ROAD TRAFFIC (TEMPORARY RESTRICTIONS) ACT 1991

#### TEMPORARY PROHIBITION OF TRAFFIC Moor Lane Hamley Heath

**NOTICE** is hereby given that Staffordshire County Council on 30th September 2025 intends to make an Order the effect of which will be to prohibit any vehicle from proceeding in that length of Moor Lane in Hamley Heath for its entire length, unless the vehicle is being used in connection with the work; or unless the vehicle requires access to properties on the length of road or is being used for police, fire brigade or ambulance purposes.

An alternative route for traffic is available and will be signed on site. For more information, visit: https://one.network/?tm=144655383.

The order will come into operation on 8th October 2025 and the said works will commence on or as near as practicable to that date. It is anticipated that the works will be completed by 8th October 2025.

The Order will remain in force for a period of 18 months, or until the pole replacement works, which it is proposed to carry out on or near the road have been completed, whichever is the earlier.

Date: 18th September 2025
Kate Loader, County Solicitor
No. 2 Staffordshire Place, Tipping Street, Stafford. ST16 2DH
Ref: 4447562
Enquiries: Customer Contact Centre
Tel: 0300 111 8000

https://one.network

#### STAFFORDSHIRE COUNTY COUNCIL

#### ROAD TRAFFIC REGULATION ACT 1984 (AS AMENDED) ROAD TRAFFIC (TEMPORARY RESTRICTIONS) ACT 1991

#### TEMPORARY PROHIBITION OF TRAFFIC Blithbury Road near Rugeley

NOTICE is hereby given that Staffordshire County Council on 23rd September 2025 intends to make an Order the effect of which will be to prohibit any vehicle from proceeding in that length of Blithbury Road near Rugeley for its entire length unless the vehicle is being used in connection with the works; or unless the vehicle requires access to properties on the length of road or is being used for police, fire brigade or ambulance purposes.

An alternative route for traffic is available and will be signed on site. For more information, visiti: https://one.network/?tm=144660868.

The order will come into operation on 30th September 2025 and the said works will commence on or as near as practicable to that date. It is anticipated that the works will be completed by 2nd October 2025.

The Order will remain in force for a period of 18 months, or until the fibre optic cabling and jointing works, which it is proposed to carry out on or near the road have been completed, whichever is the earlier.

Date: 11th September 2025 Kate Loader, County Solicitor No. 2 Staffordshire Place, Tipping Street, Stafford. ST16 2DH **Ref: 4446606** 

Enquiries: Customer Contact Centre Tel: 0300 111 8000 https://one.network





This year's Christmas Fair will be on Sunday November  $30^{th}$  from 12.00 to 3.00. All the usuals will be on offer including Shirley's bags. (Shirley would be grateful for any donations for the bags which please take to her house – leave at the back door if no one is home)

The raffle is being co- ordinated by Fiona O'Brien who would welcome donations for prizes. She is happy to collect , just drop her an email on <a href="mailto:colloparishnews@gmail.com">coltonparishnews@gmail.com</a>, or drop off at Evergreens Hight st.

#### **EXTERNAL ORGANISATIONS CONTACTS**

Name	Contact No or E-mail	Web site Address
Lichfield District		
Council		
Customer Services	01543 308000	https://www.lichfielddc.gov.uk/
Out of Hours	01527 406643	https://www.lichfielddc.gov.uk/
Waste and	0345 002 0022	https://www.lichfielddc.gov.uk/recycling-bins-
Recycling		waste
District Councillor -	07711758852	
Keth Vernon		
Miscellaneous		
Numbers		
Age Concern	0800 678 1602	https://www.ageuk.org.uk/
Advice Line		
Childline	0800 1111	https://www.childline.org.uk/
Citizen advice -	0808 278 7977	https://www.casestaffs.org.uk/
Lichfield		
Crimestoppers	0800 555 111	https://crimestoppers-uk.org/
Cruise	0808 808 1677	https://www.cruse.org.uk/
Bereavement Line		
Deer casualty Line	101	https://www.deeraware.com/report-incident/
Domestic Violence	0808 2000 247	https://www.nationaldahelpline.org.uk/
Drug/Alcohol	0300 123 1110	https://www.staffordshire.gov.uk/Health-
Information line		wellbeing-and-leisure/Keeping-well-and-
		staying-healthy/
Electrical Power	105	National Grid ED (West)
Loss		
Gas escape	0800 111 999	
Highway repair	0300 111 8000	https://www.staffordshire.gov.uk/
Hotline		
NHS Direct	111	https://www.nhs.uk/
Neighbourhood	Back Page	https://www.staffordshiresmartalert.co.uk/
Watch		
Relate		https://www.relate.org.uk/
Rugeley Library	01889 869063	
	rugeley.library@staffordshire.gov.uk	
Samaritans	116 123	https://www.samaritans.org/how-we-can-
		help/contact-samaritan/
Social Services	0300 111 8010	staffordshirecares@staffordshire.gov.uk
Staffordshire	0300 111 8010	https://www.staffordshire.gov.uk/
County Council		
Staffordshire	01543 490758	
County Councillor-	Richard.cox@staffordshire.gov.uk	
Richard Cox		
South Staffs Water	0800 389 1011	https://www.south-staffs-water.co.uk/contact-
		us/

#### **Colton Organisation Contacts**

Colton Local nature reserve	Colton Parish Council
	ACCURATION A PROPERTY OF THE P
John MacMillan Tel: 01889 575394	Ms Alison James
ATTACAGE SECONDARION CONSTRUCTION OF THE SECONDARION OF THE SECONDARIO	Tel: 07969266779
Email:mrjkmac@sky.com	
	Email:colton.pc@hotmail.com
Nille and Hell	Pariah Lau da Turret
Village Hall	Parish Lands Trust Claire Collier
Bookings	
Fiona O'Brien	Tel: 07966637044
Tel: 07784497048	Email:clerk.cplt@gmail.com
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Email:mrjkmac@sky.com	
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Tel: 01889224506	Tel: 01889 570724
Email:stmatysoffice@tssmat.staffs.sch.uk	Email: ruth46jones@gmail.com
Emailistinaty some Cosmacistans.somak	Email: 144/140joines@gmail.com
Colton Old People's Welfare Committee	Colton Women's Institute
Mrs Amanda Pratt	Email:secretarycoltonwi@gmail.com
Tel: 07976975960	
Email: mandspratt@msn.com	
Colton Produce Guild	Colton Almhouses
Mr Peter Brightman (Chairman)	Email:coltonparishnews@yahoo.com
Tel: 07896521941	
Email: pd.brightman@hotmail.co.uk	
Colton History Society	Colton Friendship Club
Mrs Gill Sykes	Mrs Karen Hill
Email: gillsykes@btinternat.com	01889 586 379
Burial Ground Trustee	
Ms Alison James	
INIS MISON JUILES	
Tel: 07969266779	
Email:colton.pc@hotmail.com	
	<u> </u>





We need a lot of help to run the Festival again next year and your input is vital.

So if interested and you can help, then please come along to the

**Greyhound Pub** 

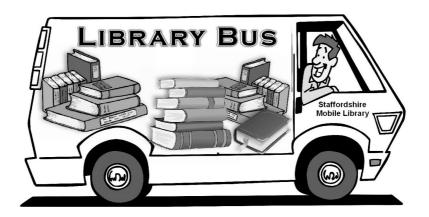
Tuesday 2<sup>nd</sup> September at 7pm

Nigel Parry - Colton PC

Njp5@blueyonder.co.uk

M: 07968 823066

#### **Staffordshire Mobile Library**



#### Calling at St Mary's School Colton on Thurdays 11:35—11:50

#### Dates from April 2025

Apr	May	Jun	Jul	Aug	Sep
10,24	8,22	5,19	3,17,31	14,28	11,25

Oct	Nov	Dec	Jan	Feb	Mar
9,23	6,20	4,18	15,29	12,26	12,26



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### REFLEXOLOGY



Clinical reflexology is a therapy with deep roots in ancient traditions, originating in China approximately 4,000 years ago. Reflexology involves applying pressure to specific points on the feet that correspond to various organs and systems in the body. These reflex points are linked to different bodily functions, promoting healing and fostering balance 'homeostasis'. Recognised by the NHS, Clinical Reflexology is commonly used to relieve stress, manage pain, and enhance overall well-being. Research indicates that it may help reduce anxiety, improve sleep quality, and elevate mood. While it should not replace medical treatment,

Reflexology is appreciated for its ability to enhance quality of life and complement traditional medical practices, as more people seek natural, integrative and drug



Rose is a skilled Clinical Reflexology Practitioner running a successful clinic in Colton (Rugeley).

She is listed on the NHS website as a recognised practitioner and holds membership in the Association of Reflexologists.

free health options.

To arrange an appointment contact: EMAIL:

ROSE@THEGOODZESTCOMPANY.CO.UK

TEL OR TEXT: 07719023882

WEBSITE:

WWW.THEGOODZESTCOMPANY.CO.UK

Appointments are available Weekdays and Saturdays. Based in Colton Village (WS15 3FF). Due to demand Home visits & evenings no longer available



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### Colton Art Club



# EVERY WEDNESDAY 10am-1pm COLTON VILLAGE HALL



The Art Club is run by local artist Della Welch



Come along & join in the fun!

My aim is to provide a fun, friendly & productive environment in which all skill levels are welcome & encouraged to artistically thrive; the classes are ideal for beginners, those looking to reinvigorate their practical art skills, wanting to learn to work with a new medium or to just simply have a few hours of focussed creativity each week in a relaxed & informal setting.



Our Art Club has been running since August 2016 and continues to run on a Pay-As-You-Go basis, so you can attend just on the weeks that you're able (GIFT VOUCHERS are also now available, please see full details below); each week we look at various subject matter & artistic styles & explore different media along the way.

Everyone participates at their own pace & I provide guided tuition throughout each session to encourage personal development of your own ideas & knowledge.

#### NEW MEMBERS ARE ALWAYS WELCOME

Simply turn up if you fancy giving the club a try or if you would like to treat someone who is interested in attending the art club, I now offer GIFT VOUCHERS which can be bought in advance for single or multiple sessions and can be used on any Wednesday.

If you'd like to purchase Gift Vouchers, please contact me.

Everyone's first class is half price at £7.50 (inc. Gift Vouchers), full fees apply thereafter

• All materials provided (just bring an apron) • Refreshments provided



Just come along or for more info please contact Della Welch; <u>mrswelchsartclub@gmail.com</u> or 07792 741219



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www.ColwichTaiChi.org.uk



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