

Nar Valley Benefice

Prayer intentions this week

God of grace,
ever creating and restoring,
you breathe life into all things
and embrace us with an everlasting love;
help us to grow in wonder and awe,
to embody a spirit of gratitude,
and to dream generous dreams;
that, in gathering what we have,
we may graciously offer ourselves to
accomplish what you will,
in Jesus Christ our Lord. Amen

Eternal God,
you crown the year with your goodness
and you give us the fruits of the earth in
their season:
grant that we may use them to your glory,
for the relief of those in need and for our
own well-being;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Those in need

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Roy Wallis	Ann Kuczak
Beverley Reaney	Lindsay Richards
Francis Berryman	Rebecca Ormian
Margaret Johnson	Teresa Nicholls
Andrew Stevenson	David Bowman

Those who have died recently

Stella Rimmington
Danielle Crossley
Marilyn Fountaine

Those in our year's mind

Paul Moulton
Edward Carter
Paul Swaine
Norman Creed
Kevin Frost
Frank Goldsmith

*Rest eternal grant unto them O Lord; and
let light perpetual shine upon them*

This Sunday 5th October 2025 is Harvest: Generosity (green)

8.30am at Newton
BCP Holy Communion
The scriptures are:
Philippians 4.4-9 & John 6.24-35

10.30am at Narborough
CW sung Eucharist
The scriptures are:
Philippians 4.4-9 & John 6.24-35
Hymns 801,624,273

10.30am at Castle Acre
CW sung Morning Praise
The Scriptures are: Psalm 100,
Philippians 4.4-9 & John 6.24-35

This week: Generosity Novena

Prayer during the day
Monday noon at **West Acre**
Tuesday 11.45am at **Pentney**
Thursday noon at **Castle Acre**
Friday noon at **Newton**
Saturday noon at **Narford**

Wednesday 8th October Generosity Novena (green)

9am at Narborough
Said Eucharist
The scriptures are:
Jonah 4 & Luke 11.1-4

Next Sunday 12th October 2025 is Harvest: Gratitude (green)

9am at Pentney
Said Eucharist
The scriptures are:
& Luke 17.11-19

10.30am at Castle Acre
Sung Eucharist
The scriptures are:
2 Timothy 2.8-15 & Luke 17.11-19
Hymns: 563,623,532

6pm at South Acre
Traditional Evensong
The scriptures are: Psalm 144
Nehemiah 6.1-16 & John 15.12-end
Hymns: 144,435,195,801
Harvest bring and share buffet.

Welcome to all

We are always welcome in God's house and greet one another with joy.
Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children?

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Use hearing aids?

There are hearing loop systems in Castle Acre, Narborough & Pentney Churches

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies. Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Pentney

Andrew Smith (01760 755102)

Narborough & Narford

Joan Upton (01760 337053)

West Acre

Henry Birkbeck (01760 755254)

South Acre

James Stephenson (01760 337901)

Newton

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team
safeguarding@dioceseofnorwich.org or
01603 882345

Sue Brice, diocesan safeguarding advisor
sue.brice@dioceseofnorwich.org or
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Contact details

Mother Angela is very happy to be contacted on her landline **01760 338552** or by email **narvalleyrector@hotmail.com**
Her usual rest day is Friday.

Father Richard balances a full-time job with being a priest. He is usually happy to be contacted on his mobile **07802432594** or by email **richardgranthowells4@gmail.com**

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

David Bowman 01603 483658

Anne Loch 01760 755403

Narborough:

James Stephenson 01760 337901

Newton:

Tony Bell 01760 755506

Stephen Laing 01760 755455

Pentney

Sue Neep 01760 338037

Andrew Smith 01760755102

South Acre:

Davina Barber 01760 755618

West Acre:

Henry Birkbeck 01760 755254

Present and future events

School Harvest Festivals in church. Castle Acre 9.45am **Monday 6th October** and Narborough 9.30am **Thursday 9th October**.

Gratitude and Generosity Novena

Nine days of prayer **Saturday 4th October – Sunday 12th October** - usually a 20 minute service called prayer during the day.

Iceni Baroque Concert in Castle Acre church

Tickets £16.50 fundraising for the Friends
6pm on **Friday 10th October**

Our **annual gift morning** for the Nar Valley churches is 10am-noon on **Saturday 11th October**. There will be extra hospitality at Narborough Church.

For St Luke's day: Eucharist for **healing and wholeness** with anointing 4pm on **Saturday 18th October** at South Acre

Tickets are now on sale for the Pentney pie, mash & games evening on **Saturday 18th October**. Ring Janet on 01760 337419

Recent events

Thank you to Deborah Davis who edited the Nar Valley News for 18 years. We pray for Clare Levere our new editor.

Thank you to Tony Bell and James Stephenson for the beautiful replacement noticeboard in Narborough church porch.