



St Mary's
Parish Church
Frinton 2025

I press on to reach the end of the race
and receive the heavenly prize for which God,
through Christ Jesus, is calling us.

Philippians 3:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 12th October 2025

Parish Church Services (Sunday only)

10:30am **Mental Health Awareness Service**

1 Kings 19:1-5, 11-13

12:15pm **Bring your Own Picnic – in the Church Hall**

Old Church Services

Sunday 6:30pm **Evening Service - CW**

Wednesday 11am **Holy Communion**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

Gina Butler, David Chapman, Ezra, Chris Glasby, Kelsey Hawkins, Rosemary Heddle, David Kidney, Doreen Nash, Helen Whybrew, and Cate Wilby.

Diana Cobb - It is with sadness for us that I announce the death of Diana Cobb.

Diana went to be with the Lord, whom she loved dearly, on Wednesday 24th September, surrounded by her family. Please remember her family in prayers, in the comfort and peace of Christ. Funeral details to follow. **Rev Funmilayo Vaughan**

Linda Halfacre - Frances writes: *Thank you to everyone who has been praying for my sister over the last few months. She died peacefully on Thursday 25th September and I was with her. Thank you too for the love, support and cards we have received from people at St Mary's.* Our thoughts and prayers are with Frances and David at this difficult time.

Shirley and David Kidney's son, Martin, having now received a kidney transplant, still has a way to go on the path of recovery. He would like to thank all those members of St Mary's church family for their past and continuing prayers.



Haven in Romania: At the Day Centre things are starting to arrange themselves and we are getting our routine back. **Last week we FINALLY received that document** we have been awaiting for a few months, the licence for the next 5 years. **Praise God** we passed this with success!

We are observing some regression in several children after the summer holiday, unfortunately, but these things we cannot control.

Other than that, we started having a little success with Eva - the little three-year-old girl - particularly regarding her eating. Thank you very much for all your care and support for the Day Centre! It means a lot to us that you love these children and the staff!

God bless you! Monica Tifrea (Silvia Day Centre, Piatra Neamt)



Friends of Essex Churches Ride & Stride

I took part in this on Saturday 13th September, which was a beautiful sunny day! **The total amount raised is £1000!** My previous employer, Barclays Bank, will match £750 of this. A BIG THANK YOU to all those who have so generously sponsored me.

Ruth Spellman



Our **Weekly Prayer Meeting**, is every **Monday evening, 7:30 to 8:30pm**. We are meeting in Room 3&4.

Everyone is very welcome, whenever they are able to come.

Graham Dallisson



The Operation Christmas Child Shoebox Appeal

This appeal is underway again, in the run-up to Christmas.

As a church, we are pleased to continue our support for this project.

Please would you consider participating in one of the following ways:

- Wrapping a shoebox (top and bottom separately) in colourful Christmas paper, and filling the box with gifts for the appropriate age group;
- Buying a ready-made shoebox from Reception (60p per box) and filling it with gifts;
- Alternatively, building a shoebox on-line through the link on the Operation Christmas child website ([click here](#)) (*please would you let me know if you choose this option, so that I can add your box to the number donated by St Mary's*); or
- Making a financial donation towards the project to help towards project transportation costs.

Filling a shoebox with gifts for a child overseas, affected by war, poverty, natural disaster, famine, or disease, is a tangible way in which we can reach out at Christmas to children in their own communities, with the good news of Jesus. It might be all a child will receive this Christmas, and might even be the first time they receive a Christmas gift at all!

Please would you bring shoeboxes back to church by
Remembrance Sunday, 9th November.

Full details can be found in the leaflets at church.

If you have any questions, please contact me via the Church Office.

Helen Whybrew

A Cupcake Concert: A light mixture of songs with a sprinkling of flute music and a dusting of piano duets. **Saturday 18th October** at 3pm at St James's Church Hall, Tower Road, Clacton, CO15 1LE.

Tickets £8 with tea & cake. (In aid of *The British Red Cross*)



Supporting Church music in the Tendring area



The Deanery Choir will be singing at

St Mary's Church, Little Bentley CO11 2PP,

30th November at the 11am Communion Service.

All the churches in the Tendring areas are invited.



Free SAT-7 prayer diaries for October to December (including Advent) are available at the front and back of church. Please do take and use one to be better informed about SAT-7's ministry, through praying for people involved in, or reached by, their 24/7 broadcasting to all ages in the **Middle East and North Africa.**

Christmas Fayre

We need items for a Tombola such as gift sets, biscuits, bottles, etc.

If anyone would like to offer any help in anyway for the Christmas Fayre, please see me.

The Fayre will be on **Saturday 22nd November**, from 10am until 2pm.

Wendy Dyne

During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 13 th	RNID 'Hear to help' 11am Weekly Prayer Meeting 7:30pm
Tuesday 14 th	Alpha Course (5) 7pm
Wednesday 15 th	Wednesday Group 10am Holy Communion (Old Church) 11am
Thursday 16 th	Smallsorts 10am Knit & Natter 1:30pm
Friday 17 th	Coffee Morning 10am Choir Practice 6pm



The Old Church



Sunday 19th October

9:30am Traditional Service - BCP

11am All-Age Service (also livestreamed)

6:30pm Evening Service - CW (HC) (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the [Parish Giving Scheme](#) which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



A DATE FOR YOUR DIARY

London City Mission Service - Sun. 30th November 10:30am
raising funds, and awareness of their Webber Street Day Centre, with its work amongst homeless people

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org