

### **Prayer intentions this week**

God of grace,  
ever creating and restoring,  
you breathe life into all things  
and embrace us with an everlasting love;  
help us to grow in wonder and awe,  
to embody a spirit of gratitude,  
and to dream generous dreams;  
that, in gathering what we have,  
we may graciously offer ourselves to  
accomplish what you will,  
in Jesus Christ our Lord. Amen

Eternal God,  
you crown the year with your goodness  
and you give us the fruits of the earth in  
their season:  
grant that we may use them to your glory,  
for the relief of those in need and for our  
own well-being;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen

Almighty God,  
you called Luke the physician,  
whose praise is in the gospel,  
to be an evangelist and physician of the  
soul:  
by the grace of the Spirit  
and through the wholesome medicine of  
the gospel,  
give your Church the same love and power  
to heal;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen

### **Those in need**

|                  |                  |
|------------------|------------------|
| Sarah Davis      | Kelly Sanderson  |
| Stephen Milner   | Eric Dunstan     |
| Roy Wallis       | Ann Kuczak       |
| Beverley Reaney  | Lindsay Richards |
| Francis Berryman | Rebecca Ormian   |
| Margaret Johnson | Teresa Nicholls  |
| Andrew Stevenson | David Bowman     |

### **Those who have died recently**

|                   |                   |
|-------------------|-------------------|
| Stella Rimmington | Danielle Crossley |
| Marilyn Fountaine | Carole Johnson    |

### **Those in our year's mind**

|                   |                   |
|-------------------|-------------------|
| Ronnie Cunnington | Philip Waitman    |
| Ian Harding       | Mariene Conning   |
| Sandra Stacey     | Sylvia Hammond    |
| Michael Goddard   | Kathleen Kirkland |
| Margaret Smith    |                   |

***Rest eternal grant unto them O Lord; and  
let light perpetual shine upon them***

## **Nar Valley Benefice**

**This Sunday 12<sup>th</sup> October 2025**  
**is Harvest: Gratitude (green)**

Today is the last day of  
our **Gratitude and Generosity Novena**

**9am at Pentney**

**Said Eucharist**

The scriptures are:  
2 Timothy 2.8-15 & Luke 17.11-19

**10.30am at Castle Acre**

**Sung Eucharist**

The scriptures are:  
2 Timothy 2.8-15 & Luke 17.11-19  
Hymns: 563,623,532

**6pm at South Acre**

**Traditional Evensong**

The scriptures are: Psalm 144  
Nehemiah 6.1-16 & John 15.12-end  
Hymns: 144,435,195,801  
Harvest bring and share buffet.

**Wednesday 15<sup>th</sup> October**  
**St Teresa of Avila (white)**

**9am at Narborough**

**Said Eucharist**

The scriptures are:  
Romans 8.22-27 & Matthew 5.13-19

**Saturday 18<sup>th</sup> October**  
**St Luke's Day (red)**

**4pm at South Acre**

**Healing Eucharist with anointing**

The Gospel is: Luke 10.1-9

**Next Sunday 19<sup>th</sup> October 2025**  
**is Dedication Sunday (white and gold)**

**10.30am at Narborough**

**Sung Eucharist**

The scriptures are:  
Ephesians 2.19-end & John 2.13-22  
Hymns: 96, 702, 798

**6pm at West Acre**

**Traditional Evensong**

The Scriptures are: Psalm 132,  
Jeremiah 7.1-11 & Luke 19.1-10  
Hymns: 40, 454

### Welcome to all

We are always welcome in God's house and greet one another with joy.

Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

### **Children?**

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church.

Do use them if they are a help to you.

### **Use hearing aids?**

There are hearing loop systems in Castle Acre, Narborough & Pentney Churches

### Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies. Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

#### **Castle Acre**

Dr Ilga Chakrabarti (01760 755368)

#### **Pentney**

Andrew Smith (01760 755102)

#### **Narborough & Narford**

Joan Upton (01760 337053)

#### **West Acre**

Henry Birkbeck (01760 755254)

#### **South Acre**

James Stephenson (01760 337901)

#### **Newton**

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team  
**[safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org)** or  
01603 882345

Sue Brice, diocesan safeguarding advisor  
**[sue.brice@dioceseofnorwich.org](mailto:sue.brice@dioceseofnorwich.org)**  
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

### Contact details

**Mother Angela** is very happy to be contacted on her landline **01760 338552** or by email **[narvalleyrector@hotmail.com](mailto:narvalleyrector@hotmail.com)**  
Her usual rest day is Friday.

**Father Richard** balances a full-time job with being a priest. He is usually happy to be contacted on his mobile **07802432594** or by email **[richardgranthowells4@gmail.com](mailto:richardgranthowells4@gmail.com)**

**Churchwardens** for each church may be rung at home. They are all volunteers.

#### **Castle Acre:**

David Bowman 01603 483658

Anne Loch 01760 755403

#### **Narborough:**

James Stephenson 01760 337901

#### **Newton:**

Tony Bell 01760 755506

Stephen Laing 01760 755455

#### **Pentney**

Sue Neep 01760 338037

Andrew Smith 01760755102

#### **South Acre:**

Davina Barber 01760 755618

#### **West Acre:**

Henry Birkbeck 01760 755254

### Present and future events

For St Luke's day: Eucharist with anointing for **healing and wholeness** 4pm on **Saturday 18<sup>th</sup> October** at South Acre

**Tickets** are now on sale for the Pentney pie, mash & games evening on **Saturday 18<sup>th</sup> October**. Ring Janet on 01760 337419

### Recent events

A big thank you to those of all ages who worked hard decorating our churches so artistically for harvest. It is really uplifting to worship in such beautifully adorned surroundings.

Well done everybody who contributed to the harvesttime collections of non-perishable food items. We send these on to the Salvation Army and the Foodbank to help those in need.

Congratulations to all involved in the Icení Consort Baroque Concert for the Friends. It was great to see so many people attending this truly top-quality musical occasion.

Many thanks to each one of you who has donated to our Gift morning. There is still time to give if you have not done so already. We are also grateful for each one of you who spent the Gift Morning in our churches welcoming visitors and donors.