



Upper Fal Parishes

Weekly Bulletin w/c 13th October 2025

Ow sos ger,

Agan Tas ni Usi ynnev Our Father in Heaven

Benygys re bo dha hanow, hallowed be thy name

Re dheffo dhawlaskor Thy kingdom come (NB 'dh' makes a 'th' sound)

During a recent service at one of our churches we were graced with the presence of a visitor. At the end of the service I was given a prophetic word Jeremiah 6:16:

'This is what the Lord says:

"Stand at the crossroads and look;

ask for the ancient paths,

ask where the good way is, and walk in it,

and you will find rest for your souls."

We have been traversing through the book of Jeremiah over the summer, and it is true to say that there are some remarkable texts within it. Jeremiah was a prophet who was beside himself with anger because of how the people were behaving, and that what the priests did was contrary to the way that he thought things should be done. He demonstrated this by giving everyone a really hard time. And was dutifully known as the angry prophet. Jeremiah was struggling with the way life was or had changed, he was worried that the people were moving away from God, he couldn't distinguish between the comfort and security of his own religious experiences as a child and the needs of the children of his present day. He hadn't understood that the children of the day were growing up in a very different landscape to the one that he had grown up in. God though, could see Jeremiah's heart and knew that Jeremiah was wanting to honour and worship God in the ways he had been taught. And so Jeremiah received messages, prophecies that would be shared with generations to come to help us learn the same lessons that Jeremiah learnt. Chapter 6 v16 is one such lesson. I was given this as a prophecy, a word of encouragement. The person who gave this to me had no idea that I have been wrestling with this for a few years now, it was in part that led to my interest in Celtic Spirituality. As I looked to the example of the Desert Fathers and Mothers I

discovered that the Celtic Christians in Briton were also inspired by these faithful followers of Christ who had actually left the Church and sought a life of simplicity, solitude and service as they practiced their spiritual disciplines in community together. These spiritual practices seem to me to be part of the ancient paths that lead to the good way and soon rest for our souls.

It is true to say that the world is continuously changing. King Canute discovered that even he could not stop the tide from coming in! (To be fair to King Canute -that was his point! He knew that he was but a man and not Divine.)

Sometimes change can be overwhelming, everyone, everything is constantly changing and we sometimes desperately want to try and control everything within our grasp, but when we do this it leads to anguish, and meanness -see the angry prophet, instead we are encouraged to seek the ancient way, to practice our spiritual disciplines that will draw us closer to God and develop our heart to be more like His. I am not saying that when we are stirred to anger because of injustice we should do nothing, what I am saying is that we need to look to Christ to inspire and lead us, to allow his love for people to penetrate our hearts so that with Paul we can say "it is no longer I who live but Christ in me" (Gal 2:20).

Gras ha kres,
Caroline

NOTICE OF A MEETING OF THE PARISHIONERS OF PROBUS FOR THE ELECTION OF CHURCHWARDENS

Parish of SS Probus and Grace

A meeting for the election of churchwardens will be held in

On the 29th day of October at St Probus and St Grace Church at 7pm

This meeting may be attended by—

1. the persons whose names are entered on the church electoral roll of the parish; and
2. the persons resident in the parish whose names are entered on a register of local government electors by reason of such residence.

All nominations must be submitted before the start of the meeting. For application form and notes such as qualifying criteria please see Church representation Rules 2025 or

<https://www.parishresources.org.uk/wp-content/uploads/nom-cw.pdf>

PARISH SAFEGUARDING

Across the Upper Fal Parishes we are committed to ensuring that all people; regulars, visitors, young, seniors feel safe within Church and within the Church activities. To help us it is important for us to know what is meant by safeguarding, on Saturday 18th October between 2-5pm we are holding an introduction to

safeguarding event to help us learn about the Church's response to helping people be safe. This event is open to every person within the Upper Fal Parishes, especially those who wish to volunteer in some way.

To book your place please email safeguarding@probus.church

This Week's Services

Thursday 16th October

Probus 12.00 noon Holy Communion Caroline

Sunday 19th October

Probus 9.30 Praise and Worship Scott

St Erme 9.30 Holy Communion Caroline

Grampound 10.30 Parish Praise William/Simon

Lamoran 15.00 Holy Communion Celtic Caroline

Ladock 11.00 Holy Communion Caroline

Readings for this week

Jeremiah 31:27-34

Luke 18:1-8

Collect for 18th Sunday after Trinity

Faithful Lord,
whose steadfast love never ceases
and whose mercies never come to an end:
grant us the grace to trust you
and to receive the gifts of your love,
new every morning,
in Jesus Christ our Lord.

Next Week's Services

Sunday 26th October

Probus	9.30	Praise and Worship	Sara/Ant
St Erme	9.30	Morning Prayer	John
Ladock	11.00	Morning Prayer	Sue
St Crida	11.00	Matins	Rev Emma Childs
Tresillian	11.15	Holy Communion	Brian
Probus	16.00	Café Church: the planet and the universe we inhabit	Scott / Sara
Ladock	18.00	BCP Evensong	Local lead

Next Weeks Readings

Jeremiah 14: 7-10, 19 - end

Luke 18:9-14

Probus Community Hub

Mondays

Pain Cafe 10am - 12pm

Refreshments 10am -12pm

Community Larder 4pm - 4:30pm

Tuesdays

Coffee and Chat 10:30am - 12pm

Wednesdays

Move More - Falls prevention course for the over 65s 10:30am - 11:30am

Refreshments 10am - 12pm

Community Larder 2:30pm - 3:30pm

Fridays

Community Larder 9am - 10am

Refreshments 10am - 12pm

Saturdays Community Larder 9:30am - 10:30am

Bulletin - please note all items for the following week's bulletin to be sent to bulletin@probus.church by 5pm on a Monday.

Thanks

Ss Probus and Grace Church

I am currently looking to set up a small team of people who would be willing to open and close the church each day of the week. In the past Steve as Church warden has overseen this, however, now that he has retired from this position we need to think again about how we can manage to keep the church open. The church is widely used by everyone in the community for personal prayer, community group sessions, as well as toddler group, community larder and other things from time to time.

Responsibilities of the role would include

Opening up: unlocking the door, and turning on a couple of lights inside.

Locking up: ensuring that no one is inside, the toilet is locked, lights are off and doors are locked.

It would be helpful to have a small team of people who would be willing either to take a day each, or a regular day...and that you might be willing to cover each other for sickness or holidays.

Please contact me asap if you can help,
Caroline

Other events



One minute they need you, the next you're the most embarrassing person alive!

This stage of their development is full of change, so *Tweens and Teens* has been designed to offer hope and help to mums, dads and carers, through the turbulence of the tween years and beyond.

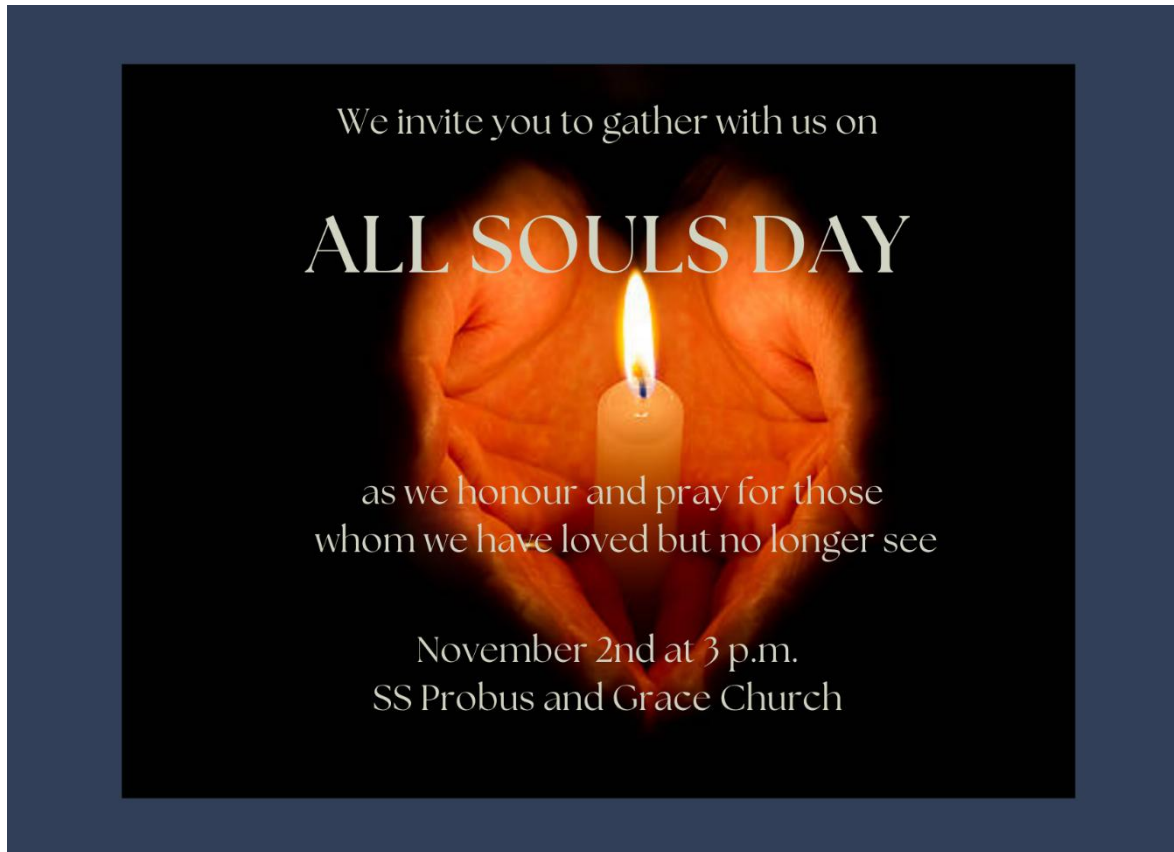
On top of the raging hormones and mood swings, our children are pulling away and becoming their own person. So, how can we give them the freedom to grow without letting them wander into chaos?

At this event, we'll explore principles that will equip you to come alongside your child as they try and establish their identity, assert their independence and find their place in the world.

You'll come away with...

- A better understanding of what's going on in their brains
- Practical ways to stay connected with your child whilst letting them go
- Strategies to keep your child safe, both in the real world and online
- Ways to help your child establish their identity and develop independence
- Increased confidence in how you, and your child, can thrive during this crucial stage in their development
- Bonus content to watch at home to help you with even more specific issues

If interested you can [Book here](#)



Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampound. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)

