



**St Mary's**  
Parish Church  
**Frinton** 2025

I press on to reach the end of the race  
and receive the heavenly prize for which God,  
through Christ Jesus, is calling us.  
Philippians 3:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday 14<sup>th</sup> September 2025**

### Parish Church Services (Sunday only)

9:30am **Traditional Service - CW (HC)**

**1 Timothy 1:12-17 & Luke 15:1-10**

11am **All-Age Service (also livestreamed)**

**Luke 15:1-10**

### Old Church Services

Sunday 6:30pm **Evening Service - BCP**

Wednesday 11am **Holy Communion**

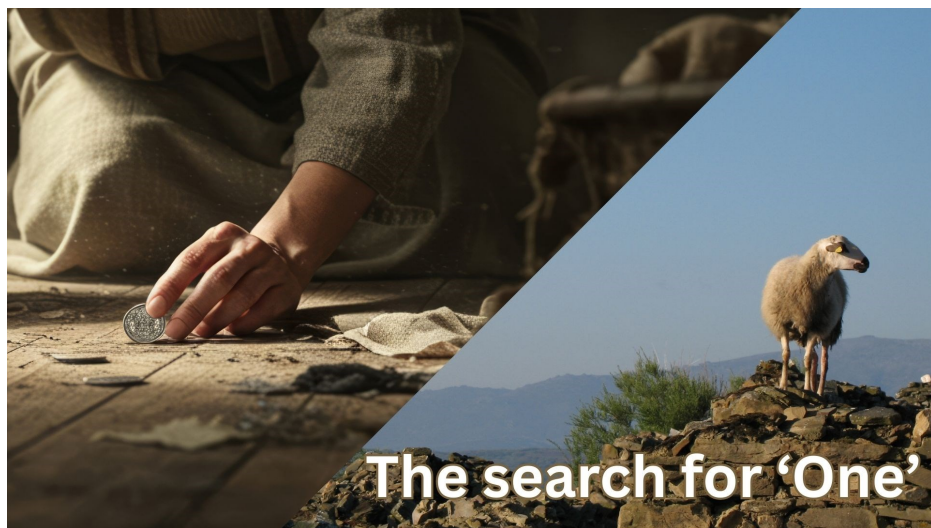
Hearing  
Loop  
available



Access via  
the Old  
Road  
Entrance



Our toilets are located by  
the Old Road entrance



**The search for 'One'**

### Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)

Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.

**LIVE**

**STREAMING**



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

**Prayer requests for the Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594

NEVER  
DOUBT THE  
POWER  
OF PRAYER

**For our prayers during the week ...**

**... those who are unwell, and those who care for them:**

Gina Butler, David Chapman, Linda Halfacre, Kelsey Hawkins,  
Rosemary Heddle, David Kidney, Terry Puttick, and Cate Wilby.



**Haven in Romania:** A message from Monica Tifrea, who runs the *Silvia Centre*: "The children are due to start back at the *Silvia Centre* on 8<sup>th</sup> September for the new term. This week we are having the last touches of cleaning and disinfecting and preparing all the documents for the start. We still don't have any news about the certificate of accreditation for the next 5 years, so please, **pray for this!** May God bless you. Monica."

**Maggie Wilson**

## Updates from the PCC

- The PCC is pleased to report that the **solar panels** are at last making money for St Mary's.
- From Sunday 14<sup>th</sup> September, there will be a **designated children's area** around one of the tables in the central coffee table area of church, which it is hoped will help families with babies and young children to feel welcome at our services.
- To conserve heat, please note that, following the Remembrance Service (Sunday 9<sup>th</sup> November), the south door will be **closed for the winter**. It will re-open on Palm Sunday (Sunday 29<sup>th</sup> March 2026).

**Macmillan Coffee Morning:** We are hosting a Macmillan Coffee Morning on **Friday, 26<sup>th</sup> September** from 10am until 12 noon.



All money raised on the day will go to *Macmillan Cancer Support*, so please come and support this event if you are able. The doors into church will be open and Wendy Willis will be playing lovely piano music during the course of the morning. *If you wish to donate electronically then please [click here](#) to send a donation directly via the Macmillan Coffee Morning page.*

**WORLD'S BIGGEST  
COFFEE  
MORNING**

## Alpha Course: Tuesday 16<sup>th</sup> September at 7pm in Rooms 3&4

Got questions about life and Christian faith or know someone who does? Then maybe it's time to ask? Each session involves video clips, small group discussions and a time for reflection. Sessions last about 90 minutes and are free to attend. The course will help you discover more about God, Jesus, and the journey of life. For planning of refreshments it would be helpful if you booked a FREE place by going to: <https://stmarysfrinton.churchsuite.com/events/c6gggnpj> or contact the **Church Office** and Reception by email or phone.





our **Weekly Prayer Meeting**, is every **Monday evening, 7:30 to 8:30pm**. We meet in Rooms 2 and everyone is very welcome, whenever they are able.

**Graham Dallisson**

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### **Jaywick Project: Letter from The Jaywick Centre**

I just wanted to say thank you for the bags you and your supporters have donated this year for the children. They were gratefully received and much appreciated.

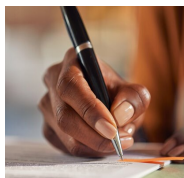
We had one little boy about 6 years old who came with his grandma every week to the shop and he called them "my bag" he loved to go through and see what was in there.

Also we have had a couple of people just moved into the area with children who hadn't yet had their benefits sorted out. Again really appreciative of the help. So please pass thanks on to the people that donate, and of course yourself for all that time and effort you put in.

**The Jaywick Centre**

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**National Autistic Society:** Maggie Wilson will be doing the 100 mile walk / run in October for the National Autistic Society. A 'JustGiving' page will be available and also a sponsorship form at the back of the church. Any support will be gratefully received.



Our Rector Funmilayo is writing a letter to the members of our Church each month in 2025. These letters appear on our website. Just click on [this link](#) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

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**SAT-7 Prayer Diaries:** Please tell Heather if you would like to receive these helpful three-monthly booklets which give all sorts of information about the work of SAT-7, as well as people and situations needing our prayers. Sadly, not all the prayer diaries the SAT-7 office sends us are used at St Mary's, so, unless more people ask to receive them, we will reduce the number that are sent to us, rather than have them be wasted.

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**Prayer Ministry:** Prayer will be available during 9:30am and after 11am services *every* Sunday morning from **today**. The service leader will invite and direct anyone who wants prayer - during, or at the end of, the service - to the *Prayer Ministry Team* where they will find someone to pray with them. Confidential prayers will take place in the Lady Chapel, the area behind the organ.



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### **Harvest Lunch**

*Posh Ploughman's & Pud* in the Church Hall

**Sunday 28<sup>th</sup> September 12:30pm**

£9 Adults and £4 Children (11 and under)

**Tickets available at Reception, Monday - Friday**  
or reserve by email ([office@stmarysfrinton.org](mailto:office@stmarysfrinton.org))



# During the week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

Monday 15<sup>th</sup>      Happy Place (for children) 10am  
Weekly Prayer Meeting 7:30pm  
Tuesday 16<sup>th</sup>      Alpha Course 7pm  
Wednesday 17<sup>th</sup>      Wednesday Group 10am  
Holy Communion (Old Church) 11am  
WoW event 5pm  
Thursday 18<sup>th</sup>      Smallsorts 10am  
Knit & Natter 1:30pm  
Friday 19<sup>th</sup>      Coffee Morning 10am  
Choir Practice 6pm



## Sunday 21<sup>st</sup> September

9:30am Traditional Service - CW

11am All-Age Service (also livestreamed)

6:30pm Evening Service - BCP (HC) (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.

## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](https://parishgiving.org.uk/home) and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



## DATES FOR YOUR DIARY

**Alpha Course** - Tues. 16<sup>th</sup> September, 7pm

**Macmillan Coffee Morning** - Fri. 26<sup>th</sup> September, 10am

**Harvest Lunch** - Sun. 28<sup>th</sup> September, 12:30pm

## Find us on the web!



**Noticesheet Items:** please submit to the Church Office by noon Tuesday to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - 07882 402 768

**Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)