# First Reading Isaiah 60.

<sup>1</sup> Arise, shine: for your light has come, and the glory of the Lord has risen upon you. <sup>2</sup> For darkness shall cover the earth, and thick darkness the peoples; but the Lord will arise upon you, and his glory will appear over you. <sup>3</sup> Nations shall come to your light, and kings to the brightness of your dawn. 4 Lift up your eyes and look around; they all gather together, they come to you; your sons shall come from far away, and your daughters shall be carried on their nurses' arms. <sup>5</sup> Then you shall see and be radiant; your heart shall thrill and rejoice, because the abundance of the sea shall be brought to you, the wealth of the nations shall come to you. <sup>6</sup> A multitude of camels shall cover you, the young camels of Midian and Ephah; all those from Sheba shall come. They shall bring gold and frankincense, and shall proclaim the praise of the Lord. 7 All the flocks of Kedar shall be gathered to you, the rams of Nebaioth shall minister to you; they shall be acceptable on my altar, and I will glorify my glorious house. 8 Who are these that fly like a cloud, and like doves to their windows? 9 For the coastlands shall wait for me, the ships of Tarshish first, to bring your children from far away, their silver and gold with them, for the name of the Lord your God, and for the Holy One of Israel, because he has glorified you. 10 Foreigners shall build up your walls, and their kings shall minister to you; for in my wrath I struck you down, but in my favour, I have had mercy on you. 11 Your gates shall always be open; day and night they shall not be shut, so that nations shall bring you their wealth, with their kings led in procession. <sup>12</sup> For the nation and kingdom that will not serve you shall perish; those nations shall be utterly laid waste. <sup>13</sup> The glory of Lebanon shall come to you, the cypress, the plane, and the pine, to beautify the place of my sanctuary; and I will glorify where my feet rest. 14 The descendants of those who oppressed you shall come bending low to you, and all who despised you shall bow down at your feet; they shall call you the City of the Lord, the Zion of the Holy One of Israel. 15 Whereas you have been forsaken and hated, with no one passing through, I will make you majestic forever, a joy from age to age. 16 You shall suck the milk of nations, you shall suck the breasts of kings; and you shall know that I, the Lord, am your Savior and your Redeemer, the Mighty One of Jacob. <sup>17</sup> Instead of bronze I will bring gold, instead of iron I will bring silver; instead of wood, bronze, instead of stones, iron. I will appoint Peace as your overseer and Righteousness as your taskmaster. <sup>18</sup> Violence shall no more be heard in your land, devastation or destruction within your borders; you shall call your walls Salvation, and your gates Praise. 19 The sun shall no longer be your light by day, nor for brightness shall the moon give light to you by night; but the Lord will be your everlasting light, and your God will be your glory. <sup>20</sup> Your sun shall no more go down, or your moon withdraw itself; for the Lord will be your everlasting light, and your days of mourning shall be ended. 21 Your people shall all be righteous; they shall possess the land forever. They are the shoot that I planted, the work of my hands, so that I might be glorified. <sup>22</sup> The least of them shall become a clan, and the smallest one a mighty nation; I am the Lord; in its time I will accomplish it quickly.

# Second Reading John 6: 51 - 69

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." 52 The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" 53 So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; 55 for my flesh is true food and my blood is true drink. <sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I in them. 57 Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. 58 This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." 59 He said these things while he was teaching in the synagogue at Capernaum. 60 When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" 61 But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? 62 Then what if you were to see the Son of Man ascending to where he was before? 63 It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. <sup>64</sup> But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. 65 And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." 66 Because of this many of his disciples turned back and no longer went about with him. 67 So Jesus asked the twelve, "Do you also wish to go away?" 68 Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. <sup>69</sup> We have come to believe and know that you are the Holy One of God."

## **CAMEO** (Come And Meet Each Other)

Cameo meets for Bible Study on Wednesdays at The Church of The Holy Spirit, at 10.30am. The meetings start again this week, on Wednesday 17th September.

### **Team Services**

From October there will be Team Services on the 4th Sunday of each month, usually alternating between the two Churches. The first, on Sunday 26th October, will be at St. Mary's. There will be Evensong as usual on these 4th Sundays of the month.

#### Harvest

This year Harvest Festival will be celebrated on Sunday 28th September in both churches at the usual times.

Come and Catch the 9.15 next Sunday!

