

### **Children?**

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

### **Use hearing aids?**

There are hearing loop systems in Castle Acre, Narborough & Pentney Churches

### **Safeguarding**

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies. Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

#### **Castle Acre**

Dr Ilga Chakrabarti (01760 755368)

#### **Pentney**

Andrew Smith (01760 755102)

#### **Narborough & Narford**

Joan Upton (01760 337053)

#### **West Acre**

Henry Birkbeck (01760 755254)

#### **South Acre**

James Stephenson (01760 337901)

#### **Newton**

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team  
[safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org) or  
01603 882345

Sue Brice, diocesan safeguarding advisor  
[sue.brice@dioceseofnorwich.org](mailto:sue.brice@dioceseofnorwich.org) or  
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

### **Contact details**

**Mother Angela** is very happy to be contacted on her landline **01760 338552** or by email [narvalleyrector@hotmail.com](mailto:narvalleyrector@hotmail.com)  
Her usual rest day is Friday.

**Father Richard** balances a full-time job with being a priest. He is usually happy to be contacted on his mobile **07802432594** or by email [richardgranthowells4@gmail.com](mailto:richardgranthowells4@gmail.com)  
But is resting until Tuesday 23<sup>rd</sup> September.

**Churchwardens** for each church may be rung at home. They are all volunteers.

#### **Castle Acre:**

David Bowman 01603 483658

Anne Loch 01760 755403

#### **Narborough:**

James Stephenson 01760 337901

#### **Newton:**

Tony Bell 01760 755506

Stephen Laing 01760 755455

#### **Pentney**

Sue Neep 01760 338037

Andrew Smith 01760755102

#### **South Acre:**

Davina Barber 01760 755618

#### **West Acre:**

Henry Birkbeck 01760 755254

### **Present and future events**

Do support **Castle Acre fete** on **Sunday 7<sup>th</sup> September** 2-5pm and raise money for the playing field.

Please note that **Father Richard** is taking **rest time** until Tuesday 23<sup>rd</sup> September

At noon on **Monday 8<sup>th</sup> September** there will be prayer during the day at **Narford church** for their **patronal festival**

**Saturday 13<sup>th</sup> September.** Raise money for your church by participating in the **sponsored walk/cycle/drive** visiting churches. Alternatively, be present to welcome visitors to our church buildings.

**Saturday 13<sup>th</sup> September.** **Narford church** will be **open** for a least the last part of the morning and for prayer during the day at noon.

**West Acre PCC** in the Estate Office at 4pm on **Thursday 25<sup>th</sup> September**

**Tickets** are now on sale for the Pentney pie, mash & games evening on **Saturday 18<sup>th</sup> October.**

### **Recent events**

Thanks and congratulations to all involved in the Castle Acre flower festival. It was a triumph of creativity and community building which has now raised over £1000.

Thanks to David Bowman and Pentney church for the delicious birthday refreshments last Sunday.

### **Prayer intentions this week**

Almighty and everlasting God,  
you are always more ready to hear than we  
to pray  
and to give more than either we desire or  
deserve:  
pour down upon us the abundance of your  
mercy,  
forgiving us those things of which our  
conscience is afraid  
and giving us those good things  
which we are not worthy to ask  
but through the merits and mediation  
of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
or  
God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may grow,  
through Jesus Christ our Lord.

Almighty God,  
who looked upon the lowliness of the  
Blessed Virgin Mary  
and chose her to be the mother of your only  
Son:  
grant that we who are redeemed by his  
blood  
may share with her in the glory of your  
eternal kingdom;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Those in need**

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
Roy Wallis	Ann Kuczak
Beverley Reaney	Lindsay Richards
Francis Berryman	Rebecca Ormian
Margaret Johnson	Teresa Nicholls

### **Those who have died recently**

Stella Rimmington
-------------------

### **Those recently laid to rest:**

Jack Clarke

### **Those in our year's mind**

Janet Boldero	Annabel Law
Brian Forster	Alan Richards
Frederick Ferguson	

***Rest eternal grant unto them O Lord; and  
let light perpetual shine upon them***

## **Nar Valley Benefice**

### **Welcome to all**

We are always welcome in God's house and  
greet one another with joy.  
Just before worship, we quieten ourselves  
to be met by God in prayer, word, and  
sacrament.

### **This Sunday 7<sup>th</sup> September 2025 is the Twelfth Sunday after Trinity (green)**

**8.30am at Newton**

**BCP Holy Communion**

The scriptures are:  
Philemon 1-21 & Luke 14.25-33

**10.30am at Castle Acre**

**CW Morning Praise**

The scriptures are: Psalm 1  
Philemon 1-21 & Luke 14.25-33

**10.30am at Narborough**

**CW sung Eucharist**

The scriptures are: Deuteronomy 30.15-20,  
Philemon 1-21 & Luke 14.25-33  
Hymns 127,334,627,556(not star verses)

### **Monday 8<sup>th</sup> and Saturday 13<sup>th</sup> September**

**Noon prayers at Narford**

### **Wednesday 10<sup>th</sup> September**

**Ordinary time (green)**

**9am at Narborough**

**CW midweek Eucharist**

The scriptures are:  
Colossians 3.1-11 & Luke 6.20-26

### **Next Sunday 14<sup>th</sup> September**

**Holy Cross Day (red)**

**9am at Pentney**

**CW said Eucharist**

The scriptures are:  
Numbers 21.4-9 & John 3.13-17

**10.30am at Castle Acre**

**CW sung Eucharist**

The scriptures are: Numbers 21.4-9  
Philippians 2.6-11 & John 3.13-17  
Hymns 740,820,521,437(not starred verses)

**6pm at South Acre**

**BCP Evensong**

The scriptures are: Psalm 110  
Isaiah 63.1-16 & 1 Corinthians 1.18-25  
Hymns 563,36,627,340