



St Mary's
Parish Church
Frinton 2025

I press on to reach the end of the race
and receive the heavenly prize for which God,
through Christ Jesus, is calling us.
Philippians 3:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Harvest Sunday 28th September 2025

Parish Church Services (Sunday only)

9:30am **Traditional Service - Celtic (HC)**

Philippians 4:4-9 & John 6:25-35

11am **All-Age Service (also livestreamed)**

John 6:25-35

Old Church Services

Sunday 6:30pm **Evening Service - BCP**

Wednesday 11am **Holy Communion**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Jesus Is the Bread of Life

Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

Gina Butler, David Chapman, Ezra, Chris Glasby, Linda Halfacre, Kelsey Hawkins, Rosemary Heddle, David Kidney, Doreen Nash, Helen Whybrew, and Cate Wilby.

Church Family News- It is with sadness for us that I announce the death of Diana Cobb. Diana went to be with the Lord, who she loved dearly on Wednesday 24th September, surrounded by her family. Please remember her family in prayers in the comfort and peace of Christ. **Rev Funmilayo Vaughan**



Once again, Frinton and Walton churches worked together to organise and put on a wonderful *Frinton Mission 2025*.

The week started on Sunday 27th July with a **joyful opening morning service of praise, prayer, and worship** in a full marquee and surrounding area, led by ministers and volunteers. **200 volunteers** were ready to serve in many different ways, with

children and youth of all ages, to help them learn about Jesus and have fun and games in churches and in our towns!

An average of **370 children attended** every day and **38 have chosen to become Christians**.

The marquee was open for tea, coffee, prayer, hand massages, and conversation every morning. The *Love Frinton/Love Walton* volunteers walked around the streets, Greensward, and beach praying with people and helping them to follow Jesus.

We thank You, Lord, that Frinton Mission has been going for over 120 years. We thank you also for the many adults and children who have come to learn more about, and follow, You through the Mission. We thank You that visitors are inspired in seeing all that can be done to spread Jesus' word by many churches working together. We thank You, Lord, that over 80 people have signed up for the Alpha Courses, which started in local churches on the 16th of September. We pray that many come to know and follow you.

Tricia Hamilton



Our **Weekly Prayer Meeting**, is every **Monday evening, 7:30 to 8:30pm**. We meet in Room 2 and everyone is very welcome, whenever they are able to come.

Graham Dallisson

Bring Your Own Picnic!

Sunday 12th October, **after the 10:30am Service** has finished we are having a *Bring Your Own Picnic* in the Church Hall.

Tea/coffee and cold drinks will be available for 30 minutes after the service at the back of Church.

We hope everyone is able to stay to be part of this gathering.





The Operation Christmas Child Shoebox Appeal

This appeal will soon be underway again, in the run-up to Christmas.

As a church, we are pleased to continue our support for this project.

Please would you consider participating in one of the following ways:

- Wrapping a shoebox (top and bottom separately) in colourful Christmas paper, and filling the box with gifts for the appropriate age group;
- Buying a ready-made shoebox from Reception (60p per box) and filling it with gifts;
- Alternatively, building a shoebox on-line through the link on the Operation Christmas child website ([click here](#)) (*please would you let me know if you choose this option, so that I can add your box to the number donated by St Mary's*); or
- Making a financial donation towards the project to help towards project transportation costs.

Filling a shoebox with gifts for a child overseas, affected by war, poverty, natural disaster, famine, or disease, is a tangible way in which we can reach out at Christmas to children in their own communities, with the good news of Jesus. It might be all a child will receive this Christmas, and might even be the first time they receive a Christmas gift at all!

Please would you bring shoeboxes back to church by

Remembrance Sunday, 9th November.

Full details can be found in the leaflets at church.

If you have any questions, please contact me via the Church Office.

Helen Whybrew

National Autistic Society: Maggie Wilson will be doing the 100 mile walk / run in October for the *National Autistic Society*. A 'JustGiving' page will be available and also a sponsorship form at the back of the church. Any support will be gratefully received.

Welcoming

We NEED someone to help with 9:30am welcoming, on the 3rd Sunday of each month. Speak to Heather if you can help.



The Bereavement Journey: 7 Sessions of films and discussion, for anyone who has been bereaved. This begins on Monday 6th October 1:30 - 3:30pm at Frinton Free Church, Connaught Avenue with a suggested donation of £10 (for course materials). To find out more visit: www.mynextstep.church or call The Free church office on **01255 679585**

Prayer Ministry: Prayer will be available during 9:30am and after 11am services *every* Sunday morning. The service leader will invite and direct anyone who wants prayer – during, or at the end of, the service – to the *Prayer Ministry Team* where they will find someone to pray with them. Confidential prayers will take place in the Lady Chapel, the area behind the organ, or elsewhere in the main church.



Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 6th October at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**

During the week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

- Monday 29th Weekly Prayer Meeting 7:30pm
Missionary AG 2.30pm
- Tuesday 30th Alpha Course (3) 7pm
- Wednesday 1st Wednesday Group 10am
Holy Communion (Old Church) 11am
- Thursday 2nd Smallsorts 10am
Knit & Natter 1:30pm
- Friday 3rd Coffee Morning 10am
Choir Practice 6pm



The Old Church

Sunday 5th October

9:30am Traditional Service - BCP

11am All-Age Service (also livestreamed) (HC)

6:30pm Evening Service - CW (HC) (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

Over 90s Group - Monday 6th October, 3pm

Mental Health Sunday - Sunday 12th October, 10:30am
followed by a 'bring your own picnic' in our hall

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org