



Upper Fal Parishes

Weekly Bulletin w/c 22nd September 2025

Or sos ger,

I have been negligent in keeping my promise to teach you all the Lord's prayer in Cornish! My most sincere apologies.

Our patch of Cornwall has history with the prayer book rebellion of 1549, in particular, Probus whose rector stood firm in his use of the Cornish language to lead services rather than the widely used Latin. I cannot speak for him, but it is as if he thought that the Cornish people were so precious that they deserved to hear the biblical text in their own vernacular, thus enabling the people of Probus to nurture their connection with God as Father of all - themselves included. Although he may not have realised, he was a pioneer of his time as it is now widely recognised that the Bible is not a gift for a small elite group but is a gift for every people and is now widely translated into almost every language that covers the earth! This remains an ever-present tension for all clergy today as we are instructed to preach the gospel afresh to each generation (this formed part of my licensing service last year, to which the people of the Probus Mission Area all agreed to help me with this!)

Part of the gift of Christian ministry is to learn from our forefathers, not to necessarily imitate everything they did or the traditions/rituals they formed, but to reimagine how they might be worked out for the generation of today with the aim of winning people to Christ. We remember, after all, that it is Christ whom we seek to imitate as we desire to grow in holiness, we do not rely on our own religiosity but, rather, we are open to the teachings and practice of Christ as we are formed through prayer, praise, worship, reading the bible, coming together and exercising the spiritual gifts as they have been bestowed upon us i.e. compassion, organisation, admin, visiting, teaching, service to one another and blessing the neighbourhood.

We are now in the season of Creation, as Christians we recall the passages in Genesis that instruct us to be caretakers of the natural world, in line with the natural world we evaluate the previous year and so reorientate ourselves to the forthcoming year by giving thanks for the harvest, we repent for our

mismanagement or care for God's world, we then reorientate ourselves by thinking and putting into place a plan to help us do better this year as we turn our focus being better stewards of the resources that have been given by God for our health and well-being. Three websites that are good to explore are:

1. <https://www.fairtrade.net/uk-en/get-involved/campaign-with-us/current-campaigns/fairtrade-fortnight.html>)
2. <https://trurodiocese.org.uk/resources/creation-care/>
3. <https://greenchristian.org.uk/>

In Cornish we pray, Agan Tas ni Usi yn nev
Pronounced phonetically 'aggarn Tahz nee uzee in nehv'
In English: Our Father who is in heaven

Gras ha kres,
Caroline

Update on Upper Fal Parishes

Before my appointment last year, it was agreed in the parishes that we would come together as one benefice. The process is a complicated one requiring several layers of consultation as well as ensuring that the proposal and all that it involves is right for the practice of Christian ministry and mission to take place. We have now been issued with a DRAFT proposal which outlines various responsibilities and, inevitably, a few changes to the way some things are managed locally i.e. one incumbent to cover the proposed amalgamation. These things are intended to support us as we exercise ministry here. Each PCC has been asked to review this draft, to check for clarification and accuracy, and to ensure we understand the legal aspects to the proposed changes. Once the PCC's have met, a second draft will be drawn up and issued to each parish so that comment can be made, this is part of the wider consultation. Please do pray for this process of consultation, for archdeacon Clive as he steers us through this process and for the PCC's as they seek to serve the communities in which they are placed.

Small group gatherings

"All who believed were together and had all things in common; praising God and having the goodwill of all the people". (Acts 2: 44a, 47a)

A number of people have asked if I might provide some questions to follow up after the readings and sermon from Sunday. I want to thank you for your encouragement! It is exciting to think that people want to spend some time in the week reflecting over and deepening the things that have been shared on

Sunday.

Here are some questions that will help get a conversation started. You can do these on your own, but it may be more profitable to join someone else and to ponder them together, indeed they could even be used as part of a home group with up to about 8 or 10 people (no larger than this so that everyone has a chance to contribute)

Read the passage out loud.

1. What do already know or believe about this particular passage from the Bible? Can you share something useful with the group?
2. If you heard the sermon on Sunday, did anything strike you or bring any new insights? Was anything particularly helpful or unhelpful?
3. Does your Bible use a different translation to the one just read out? Does anything stand out to you as different or enlightening about that?

Read the passage out loud again- this time more slowly.

4. What seems to be the main meaning of this passage?
5. How does this affect how you live?
6. Is there anything that you can take away from this study that might change how you interact with people who are not part of the church? What is it? What might need to happen to enable you to do it?
7. What do you feel led to pray about as this discussion ends?

I do hope you enjoy going deeper with the text. If you would like me to come and join you for a discussion pleased do get in touch,

Gras ha kres,
Caroline

This Week's Services

Sunday 28th September

Probus	9.30	Holy Communion	Caroline
St Erme	9.30	Morning Prayer	John
St Michael's	10.00	Holy Communion	Linda
Ladock	11.00	Holy Communion	Caroline
St Crida	11.00	Matins	
Holy Trinity	11.15	Holy Communion	Linda
Probus	16.00	Café Church	Scott
Ladock	18.00	BCP Evensong	Linda

Readings for this week

Psalm 91: 1-6

Jeremiah 32:1-3a, 6-15

Luke 16:19 to end

Collect for 15th Sunday after Trinity

Lord God,
defend your Church from all false teaching
and give to your people knowledge of your truth,
that we may enjoy eternal life
in Jesus Christ our Lord.

Next Week's Services

Sunday 5th October

Probus	9.30	Connect	Sara
St Erme	9.30	Holy Communion and Harvest & Lunch	Linda
St Nun's	10.30	Parish Communion	Caroline
Ladock	11.00	Holy Communion	Linda
Tresillian	11.15	Morning Prayer	Billa

Readings for next week

Lamentations 1: 1-6

Luke 17:5-10

Probus Community Hub**Mondays**

Pain Cafe 10am - 12pm

Refreshments 10am -12pm

Community Larder 4pm - 4:30pm

Tuesdays

Coffee and Chat 10:30am - 12pm

Wednesdays

Move More - Falls prevention course for the over 65s 10:30am - 11:30am

Refreshments 10am - 12pm

Community Larder 2:30pm - 3:30pm

Fridays

Community Larder 9am - 10am

Refreshments 10am - 12pm

Saturdays

Community Larder 9:30am - 10:30am

Bulletin - please note all items for the following week's bulletin to be sent to bulletin@probus.church by 5pm on a Monday.

Thanks

Ss Probus and Grace Church

I am currently looking to set up a small team of people who would be willing to open and close the church each day of the week. In the past Steve as Church warden has overseen this, however, now that he has retired from this position we need to think again about how we can manage to keep the church open. The church is widely used by everyone in the community for personal prayer, community group sessions, as well as toddler group, community larder and other things from time to time.

Responsibilities of the role would include

Opening up: unlocking the door, and turning on a couple of lights inside.

Locking up: ensuring that no one is inside, the toilet is locked, lights are off and doors are locked.

It would be helpful to have a small team of people who would be willing either to take a day each, or a regular day...and that you might be willing to cover each other for sickness or holidays.

Please contact me asap if you can help,
Caroline



PROBUS YOUTH CAFE

Calling all young people aged between 11-16 years!

We would love to gather ideas about what a future 'youth cafe' in Probus could look like and we thought who better to ask than the brilliant young people in our local community.

The youth cafe would be held in Probus Church and will provide a safe, relaxed and fun space to gather fortnightly and connect with one another over food and drink with games and activities.

Our leadership team are super excited to meet you and your parents/carers at an informal drop in evening, with refreshments. The evening will provide an opportunity to answer your questions and most importantly, gather your ideas. We also invite adults along to the evening who may be interested in volunteering at the youth cafe and would like further information.

When: Sunday 5th October 2025

Time: Drop in between 6:30pm - 8:00pm

Where: Probus Church

We can't wait to see you there!

Rev. Caroline Husband

Sara Schofield

Helen Godwin

Sara Edwardes

Cliff Husband

Helen Adams

All leaders have been safely recruited and DBS checked.
For more information please email youth@probus.church

Other events



Welcome to our Generosity FIKA!

As Christians we try to live generous lives, responding to our generous God and reaching out to our churches, local communities and the world in generosity.

On October 4th at Probus Church from 2-5pm we will be running a Generosity FIKA for the Upper Fal Parishes benefice to which all PCC members and anyone else who would like to attend are invited.

FIKA is a Swedish word meaning “a moment of quality time to savour with others, accompanied by hot beverage and cakes”

The generosity FIKA is a relaxed time to explore God's generosity to us, biblical generosity and generosity around the world. Through short films, reflections and discussion we can be inspired and encouraged to live more generous lives, helping us to cultivate the abundant and generous life God desires for us. Fikas can be an enormously effective way of developing a generous culture within your church. And there will be cake!!

You can read [HERE](#) a review by Revd. Douglas Wren of a FIKA which we ran on the Roseland.

I hope to see many of you at the generosity FIKA in October and look forward to sharing this time with you.

Christine Salaman

Generous Giving Advisor

ST PROBUS AND ST GRACE CHURCH

HOSTS

Mevagissey Male Voice Choir

11th
OCTOBER
2025
7:30PM



£8 ADULTS
£4 U16S

TICKETS FROM - EVENTS@PROBUS.CHURCH

HARVEST SUPPER

TUESDAY 14TH OCTOBER
6.30PM
GRAMPOUND VILLAGE HALL

ENTRY BY TICKET ONLY
£5.00 EACH

TICKETS AVAILABLE FROM
GRAMPOUND VILLAGE STORE
(CASH ONLY)

AUCTION PROCEEDS
TO TRURO FOOD BANK

PLEASE BRING YOUR OWN PLATES, GLASSES
AND CUTLERY, AS WELL AS YOUR OWN
DRINKS



One minute they need you, the next you're the most embarrassing person alive!

This stage of their development is full of change, so *Tweens and Teens* has been designed to offer hope and help to mums, dads and carers, through the turbulence of the tween years and beyond.

On top of the raging hormones and mood swings, our children are pulling away and becoming their own person. So, how can we give them the freedom to grow without letting them wander into chaos?

At this event, we'll explore principles that will equip you to come alongside your child as they try and establish their identity, assert their independence and find their place in the world.

You'll come away with...

- A better understanding of what's going on in their brains
- Practical ways to stay connected with your child whilst letting them go
- Strategies to keep your child safe, both in the real world and online
- Ways to help your child establish their identity and develop independence
- Increased confidence in how you, and your child, can thrive during this crucial stage in their development
- Bonus content to watch at home to help you with even more specific issues

If interested you can [Book here](https://cff.org.uk/tweens)

Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampound. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)