

DATES FOR YOUR DIARY

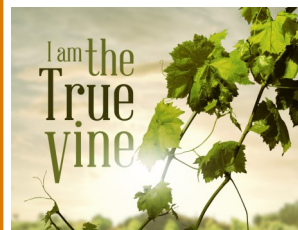
Wed 1st Oct:	10.00am	Holy Communion in Royal Room
Wed 1st Oct:	11.00am	MU
Fri 3rd Oct:	12.30pm	Chair Based Tai Chi
Fri 3rd Oct:	8.00pm	Choir Practice
Sun 5th Oct:	After church	Harvest Lunch in the church
Mon 6th Oct:	9.45am	Sparkles
Mon 6th Oct:	1.00pm	Zoom Prayer Meeting
Mon 6th Oct:	6.30pm	Ignite
Tues 7th Oct:	All Day	Prayer and Fasting
Tues 7th Oct:	10.00am	Community Sunshine Café
Tues 7th Oct:	1.15pm	Chair Exercise
Tues 7th Oct:	7.30pm	Lighthouse Home Group
Tues 7th Oct:	7.30pm	Prayer for Revival in P/Room
Wed 8th Oct:	12.00	MCC
Fri 10th Oct:	12.30pm	Chair Based Tai Chi
Fri 10th Oct:	8.00pm	Choir Practice
Mon 13th Oct:	9.45am	Sparkles
Mon 13th Oct:	6.30	Ignite
Tues 14th Oct:	10.00am	Community Sunshine Café
Tues 14th Oct:	1.15pm	Chair Exercise
Tues 14th Oct:	7.30pm	Prayer for Revival in P/Room
Wed 15th Oct:	10.00am	Holy Communion in Royal Room
Wed 15th Oct:	12.00	MCC
Fri 17th Oct:	12.30pm	Chair Based Tai Chi
Fri 17th Oct:	8.00pm	Choir Practice
Sat 18th Oct:	8.00am	Men's Breakfast in Royal Room
Mon 20th Oct:	9.45am	Sparkles
Mon 20th Oct:	6.30	Ignite
Tues 21st Oct:	10.00am	Community Sunshine Café
Tues 21st Oct:	1.15pm	Chair Exercise
Tues 21st Oct:	7.30pm	Prayer for Revival in P/Room
Wed 22nd Oct:	12.00	MCC
Sun 26th Oct:	2.00am	Don't forget to put the clocks back 1 hour
Tues 28th Oct:	10.00am	Community Sunshine Café
Tues 28th Oct:	1.15pm	Chair Exercise
Tues 28th Oct:	7.30pm	Prayer for Revival in P/Room
Fri 31st Oct:	12.30pm	Chair Based Tai Chi
Fri 31st Oct:	6.00pm	Light Party in church
Fri 31st Oct:	8.00pm	Choir Practice



Chadderbox October 2025 Newsletter of St. Chad's Church, Chadwell Heath

Are we connected with our creator? The Vine and the Branches John 15

Since I finished college at Ridley Hall, I often wonder how I am connected with God, community, family life, friendship and all sorts of connections and dependence. On many occasions, I feel that I am connected; unfortunately, it hasn't been the case. Human connections, expectations and relationships can vary most of the time. However, John 15 explains how we ought to be connected with our creator.



In that passage, Jesus is the true vine, the Father is the gardener, and we are the branches. This passage elucidates the ways in which God cares for us, whether through pruning or cutting off. It's one of the intimidating, powerful teachings before crucifixion. It brings connection, dependence and fruitfulness, a role model of life, which Jesus is expecting from each one of us.

In this passage, the word 'abide' is mentioned multiple times. Jesus is not referring to a casual, day-to-day connection; rather, He is referring to and wanting us to have a deep, daily-basis-dependent connection. We often discover ourselves, self-satisfied or outwardly prosperous, overwhelmed and flourishing. However, it's not the same where Jesus is referring to 'abide'. It's about the spiritual connection. One day, I had a feeling. Flashed like saying, 'You have been working for me but not walking with me.' That has hit me and made me ponder how I should abide in him. That spark has changed my thought of abiding in Him.

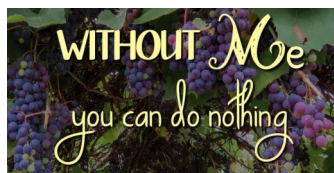
I still remember the pain in labour when my wife was giving birth to our son. It's quite difficult and unbearable during that time. However, the joy of that pain is everlasting. In our life, we hardly let ourselves go through any pains. We do not like to have any pain in any manner. However, Jesus mentioned the painful process of pruning. The gardener, our Father, cuts away anything unwanted or unfruitful from us. We may not like it, as it's painful. He is not doing it with any anger; however, he wants us to bear fruit and to grow mature.



Recently a friend of mine has lost his job. He has been successful in his career while he was working, as he got a promotion and a salary increment. However, things happened unexpectedly. He was shocked and devastated. During that period of loss, he had come closer to God. Things had started to change; God had started to work on his life, as he had never let God in his life. He had been offered a job, which was beyond his capacity. When we let God prune our life, He will take us higher than our imagination. Sometimes, God removes things or takes us away from our safer comfort zone in order to place us in a better position.

We are called to bear fruit. Fruit is the natural result of abiding. The more we abide, the better we bear fruit. In this broken world, how are we being fruitful to others? Who is my neighbour? How am I being fruitful to our community, our church and neighbours? We are called to read and meditate on his words every day. It's our daily bread. And we are called to act according to His words. Let our knee bow before His throne. Every knee shall bow and every tongue shall confess. Let our life be filled with love, joy, peace, patience, kindness and more.

Jesus is giving us a sobering reminder, saying, "Apart from me you can do nothing." He is calling each one of us. He wants all of us to come close to him. He desires for us to be under his flock, in his tender care, and for him to be our shepherd. How many of us are ready to give our lives unto him, not for his sake but for ours, so as to bear more fruits? Peter



Sunday 5th October will be our Harvest Festival, a time of gathering in the crops and giving thanks, not just for the harvest of food, but for all the gifts that are bestowed upon us; our homes, our families, our friends, our jobs.

To celebrate the harvest, we will be having a simple lunch of home-made soup and bread, with cakes and fruit and tea and coffee as we celebrate together. If anyone is able to make a batch of soup or make a cake, please let Pauline know. The cost is £5 for adults and £3 for children. The proceeds will be shared between the church and Christian Aid.

Our gifts for harvest will be non-perishable foods for the food bank and sweets and chocolate for our shoeboxes.

Coming next month.....

Saturday 15th November - Shoebox Saturday, our biggest mission event of the year - in the hall. Come along and help us pack our shoeboxes that we have been collecting all year for. Starting at 10.00am, no experience required, we will show you what to do—it's great fun and a simple lunch will be provided! If anybody can wrap shoeboxes, I am being buried behind a pile in the office and would appreciate if anybody could take a few and wrap them—I will even supply the wrapping paper.



YOU'RE INVITED CHRISTMAS MARKET

Saturday 22nd November—Christmas Market, one of our highlights of the year. If you would like to get involved in the Christmas Market, please speak to Iain, or anyone on the committee (see noticeboard for list of members). We always welcome new members to the team, or even if you just want to get involved in the Christmas Market, do come and see us. If you would like to buy a table for £25 to sell your goods, again please see Iain.

Saturday 29th November—Quizmas. Christmas Quiz with Quiz Masters Extraordinaire, Jenny and Matt! Teams of up to 8 people, bring your own nibbles and drinks, prize for winning team and raffle! Please contact the church office to book your table.



Our monthly collections for shoeboxes are going well. In October, we will be collecting gloves and scarves. We have lots of hats but always run out of gloves and scarves. If you have any unwanted fleece blankets, they cut up and make lovely warm scarves. Thank you x



9.45am in the Royal Room.

Mondays
Term Time
for parents
and carers
and babies
up to 15
months.

Ignite is our Youth Group. We meet every Monday in the Youth Room (above the Royal Room) during term time, from 6.30pm. For more details, speak to Martin, Joel or Deji.



Tuesday 7th October is a day of prayer and fasting. Here are some prayer points:

- Pray for the world—this fallen world is damaged; climatically and economically broken: war-torn, governed by hatred, greed and corruption.
- Pray for the NHS, Police and other emergency services and for Education
- Pray for the world at war, for Israel and Palestine, for Ukraine and Russia, India and Pakistan and others. Pray that Leaders of all Nations would turn to God for Godly counsel. Pray for the peace of Jesus throughout the world
- Prayer for asylum seekers, for the Unemployed, homeless and lonely
- Pray for Support workers and for all those caring for loved ones.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations, or struggling in their faith
- Pray for who those who are mourning loved ones
- For Martin and Christine as they lead us and Neil and Daryl as they bring God's word to us. For our new curate Deji, for Helen, Grace, Miriam and Ruth as they settle into their new home. Continue to pray for the staff team and all our volunteers, for the PCC and all the different groups in St Chads
- Pray that God will continue to cover the whole church family
- For the Church globally, especially where Christians cannot openly worship.
- **Simple Scriptures for this month:**
- **Colossians 1:11—for patience** "May you be strengthened with all power according to his glorious might so that you may have great endurance and patience." **"(for the completion of the coffee shop)."**
- **Matthew 5:9.—for peace** "Blessed are the peacemakers, for they will be called children of God."
- **Psalms 23.—for those mourning loved ones.** "The Lord is my shepherd; I have all that I need"
- **Jeremiah 29:11—for hope** "But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."
- **Colossians 3:12—for compassion** "clothe yourselves with compassion, kindness, humility, gentleness and patience"
- **1 Corinthians 16:14 - for love** "Let all that you do be done in love"



This year, for a change, our 'Blessings' project will be poppies for Remembrance Day instead of our usual Christmas blessings. Patterns for crocheted, sewn and knitted poppies are available from church, along with a pattern for felt poppies. Please pick up your patterns and get knitting, sewing etc.



October 2025 services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 5th October	All Age worship Harvest Festival
Sunday 12th October	Family Church
Sunday 19th October	Family Church with Holy Communion
Sunday 26th October	Family Church with Baptism

Mid-week Services (Wednesday 10am)

Wed 1st Oct:	Holy communion in the Royal Room
Wed 15th Oct:	Holy communion in the Royal Room

A reminder that you can help to raise money for St. Chad's by using Easy Fundraising. Since we started, we have raised £194, but this could be much more as you can use it for so many online shops—food shopping, holidays, furniture, days out and much more. Take a look at their website by following this link: www.easyfundraising.org.uk/cause/st-chads-church/ It's really easy to sign up and if you recommend a friend, we get £5 !



The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind.
Pauline Loomes, our Church Administrator,
can be contacted by: **tel: 020 8597 8076**
email: churchoffice@stchads.church
website: www.stchads.church

Please continue to support our local food bank if you are able; the need is greater now than ever. Please prayerfully consider how you can support your community with donations of non-perishable foods, toiletries and baby items. including nappies.



FUNDRAISING And Social Events 2025

5th OCTOBER	HARVEST Lunch Harvest Lunch in either the hall or church. A simple lunch of home made soup and bread followed by fruit and cake. Proceeds halved between the church and a worthy charity.
15th NOVEMBER	Shoebbox Day Saturday in the church. From 10.00am.
22nd NOVEMBER	Christmas Market Saturday 22nd November 11.00am—2.30pm In the church
29th NOVEMBER	Merry Quizmas , with Jenny and Matt. In the church or hall, a fun Christmas Quiz, for teams of 8, bring your own drinks and nibbles. Plus raffle. Tickets £8.
7th DECEMBER	TOY SERVICE Shoebbox and Toy Service, Sunday 6th December at 10.45am.

A huge thank you to everybody who helped at the Jumble Sale. We raised about £870 after expenses.



 MCC (Mature Companions Club) is every 2nd, 3rd and 4th Wednesday in the Royal Room. A friendship and lunch club for over 60's.



Zoom Prayer Meeting, Monday 6th October at 1.00pm. Here is a simplified connection to the prayer meeting. You can either scan this QR code—download 'Zoom Workplace' onto your phone—or follow this simpler link bit.ly/StChadsPrayer

WE NEED YOU Please see Pauline if you would like to volunteer and be part of the team that keeps St. Chad's going. We are always looking for volunteers for services, either prayers, reading or serving refreshments. We are also looking for people to learn how to do the tech/sound side for services.

We desperately need volunteers to help at our Coffee Shop and MCC (Mature Companions Club).

No experience needed, just a servant heart .



Kids@St Chad's Family Light Party!

Come as a family to enjoy lots of fun, some crafts, lots of dancing & light refreshments included. Wear your brightest clothes!

When: Friday, 31st October 2025
Where: St Chad's Church Hall, Eric Road, RM6 6JH
Time: 6pm - 7.30pm
How: To book, please contact Julie.stchads@gmail.com
Cost: £3 per child

Guides

9th Chadwell Heath

Come and join the fun

For 10 - 14 year olds
 Tuesday's 7.30pm - 9.00pm
 at St Chads Church Hall
 Contact Sian: 07482344332



Brownies

3rd Chadwell Heath
 Tuesdays 6.00 - 7.15pm

Come and join the fun

For 7 - 10 year olds
 At St Chads Church hall
 Contact Siân: 07482344332



If you have been attending St. Chad's regularly for six months or more, you are eligible to join the electoral roll of the church. Ask Pauline for a form.



The next Men's Breakfast is on Saturday 18th October in the Royal Room at 8.00am til 9.30am. Good food, good fellowship and good conversation guaranteed.



Lighthouse Home Group
 Next meeting 7th October. At 7.30 Meets in Lady Chapel in church.

For more details contact Martin Brown on 07760 674120



Don't forget to put your clocks back one hour on Sunday 26th October and claim your extra hour in bed!